Appendix 17c: psychological therapy forest plots

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Psych 06.01 all available trials: anxiety measures (clinician-rated)	
Psych 06.02 all available trials: anxiety measures (self-rated)	
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Psych 07.02 all available trials: depression measures (self-rated)	
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Psych 17.01 all available trials: acceptability and tolerability measures	

Psych 01.01 complex interventions: anger measures

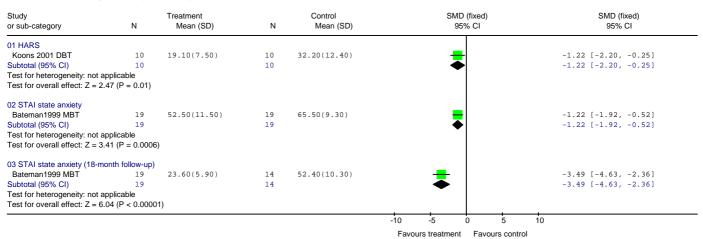
Review: BPD psychology
Comparison: 01 Complex interventions
Outcome: 01 Anger outcomes

Study or sub-category	N	Treatment Mean (SD)	N	Control Mean (SD)		S	SMD (fixed) 95% CI			SMD (fixed) 95% CI
01 State-trait anger scale										
Linehan'91 coht2 DBT	13	32.15(7.19)	13	40.08(8.37)			-		-0.98 [-1.81, -0.16]
Subtotal (95% CI)	13		13				•		-0.98 [-1.81, -0.16]
Test for heterogeneity: not applica	able						1			
Test for overall effect: $Z = 2.35$ (F	P = 0.02									
02 State-trait anger scale (12-mo	nth follow-	up)								
Linehan'91 coht2 DBT	8	30.97(7.75)	7	37.46(5.35)			-		-0.91 [-1.99, 0.18]
Subtotal (95% CI)	8		7						-0.91 [-1.99, 0.18]
Test for heterogeneity: not applica	able						*			
Test for overall effect: $Z = 1.64$ (F	P = 0.10)									
03 State-trait anger scale (24-mo	nth follow-	up)								
Linehan'91 coht2 DBT	8	32.99(7.48)	11	38.19(9.08)			-		-0.59 [-1.52, 0.35]
Subtotal (95% CI)	8		11						-0.59 [-1.52, 0.35]
Test for heterogeneity: not applica	able						1			
Fest for overall effect: $Z = 1.23$ (F										
					-10	-5	0	5	10	
					Favou	urs treatm	ent Fav	ours contr	ol	

Psych 01.02 complex interventions: anxiety measures (clinician-rated)

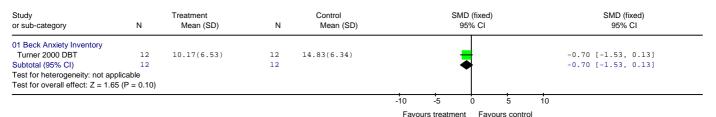
Review: BPD psychology
Comparison: 01 Complex interventions

Outcome: 02 Anxiety outcomes (clinician-completed)



Psych 01.03 complex interventions: anxiety measures (self-rated)

Review: BPD psychology
Comparison: 01 Complex interventions
Outcome: 03 Anxiety outcomes (self-rated)



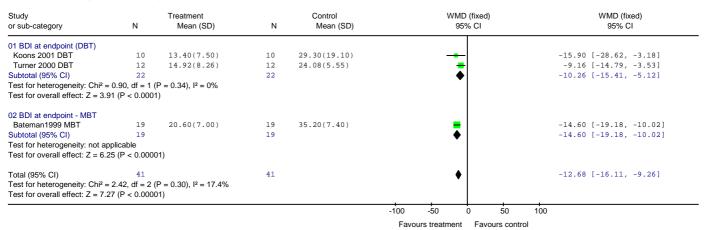
Psych 01.04 complex interventions: depression measures (clinician-rated)

Review: BPD psychology
Comparison: 01 Complex interventions
Outcome: 04 Depression outcomes (clinician-rated)

Study or sub-category	N	Treatment Mean (SD)	N	Control Mean (SD)		SMD (fixe 95% CI	,	SMD (fixed) 95% CI
01 HRSD at endpoint								
Koons 2001 DBT	10	17.10(5.70)	10	24.30(7.80)				-1.01 [-1.95, -0.07]
Linehan 2006 DBT	50	14.00(7.30)	39	17.00(8.20)				-0.39 [-0.81, 0.04]
Turner 2000 DBT	12	7.50(5.96)	12	12.58(3.90)		-		-0.97 [-1.83, -0.12]
Subtotal (95% CI)	72		61			•		-0.57 [-0.92, -0.22]
Test for heterogeneity: Chi ²	= 2.42, df = 2 (P = 0.30), I ² = 17.3%				,		
Test for overall effect: Z = 3	.19 (P = 0.001)	,						
					-10	-5 0	5	10
					Favou	rs treatment Fa	avours cont	rol

Psych 01.05 complex interventions: depression measures (self-rated)

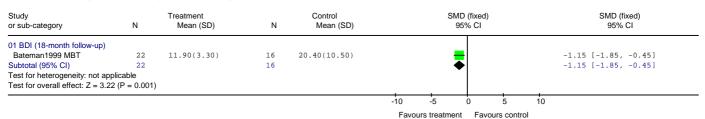
Review: BPD psychology
Comparison: 01 Complex interventions
Outcome: 05 Depression outcomes (self-rated)



Psych 01.06 complex interventions: anxiety measures (self-rated, follow-up)

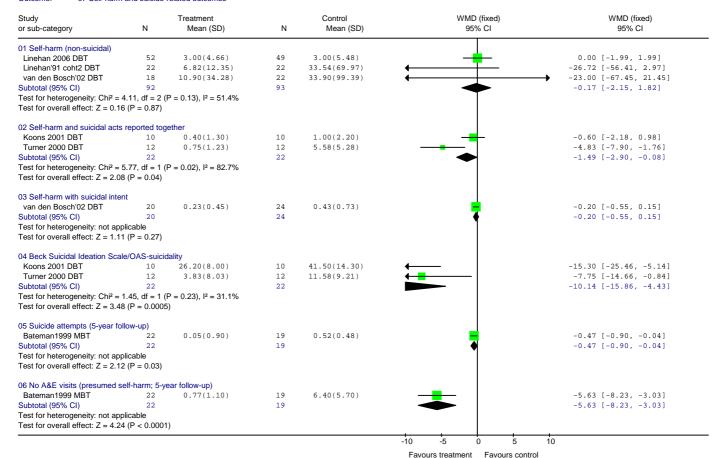
Review: BPD psychology
Comparison: 01 Complex interventions

Outcome: 06 Depression outcomes (self-rated at follow-up)



Psych 01.07 complex interventions: self-harm and suicidality measures

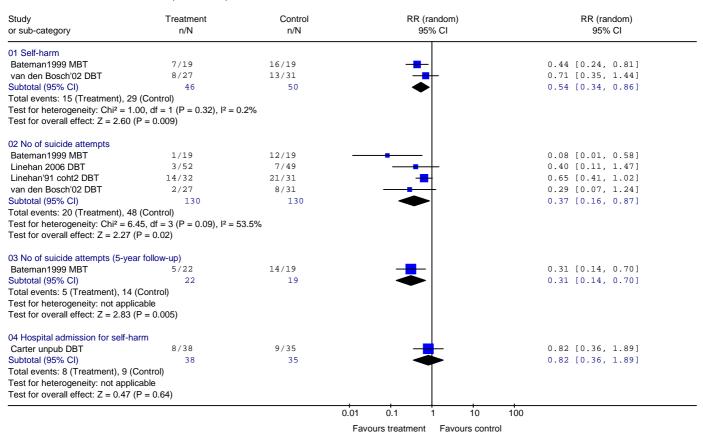
Review: BPD psychology
Comparison: 01 Complex interventions
Outcome: 07 Self-harm and suicide-related outcomes



Psych 01.08 complex interventions: self-harm measures (dichotomous)

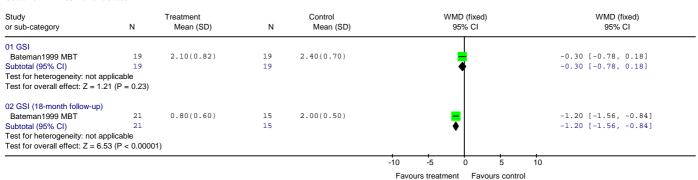
Review: BPD psychology
Comparison: 01 Complex interventions

Outcome: 08 Self-harm outcomes (dichotomous)



Psych 01.09 complex interventions: mental distress measures

Review: BPD psychology
Comparison: 01 Complex interventions
Outcome: 09 Mental distress



Psych 01.10 complex	interventions: se	ervice use meas	ures (dichotomo	ous). See next page) <u>.</u>

Review: Comparison: Outcome:

BPD psychology 01 Complex interventions 10 Service use outcomes (dichotomous)

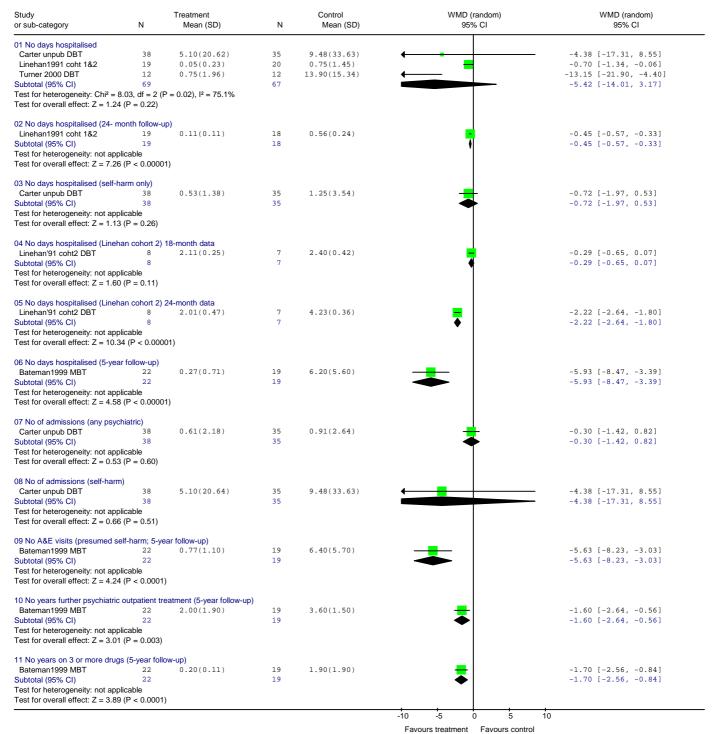
Study or sub-category	Treatment n/N	Control n/N	RR (fixed) 95% CI	RR (fixed) 95% CI
O1 Emergency Department Vi Linehan 2006 DBT Subtotal (95% CI) Total events: 22 (Treatment), Test for heterogeneity: not ap Test for overall effect: Z = 2.6	22/50 50 28 (Control) plicable	28/39 39	*	0.61 [0.42, 0.89] 0.61 [0.42, 0.89]
02 Emergency Department Vi Linehan 2006 DBT Subtotal (95% CI) Total events: 12 (Treatment), Test for heterogeneity: not ap Test for overall effect: Z = 1.3	12/46 46 14 (Control) plicable	24 months) 14/35 35		0.65 [0.35, 1.23] 0.65 [0.35, 1.23]
03 Emergency Department Vi Linehan 2006 DBT Subtotal (95% CI) Total events: 8 (Treatment), 1 Test for heterogeneity: not ap Test for overall effect: Z = 1.8	sits for suicide ideation (end 8/50 50 3 (Control) plicable	point) 13/39 39		0.48 [0.22, 1.04] 0.48 [0.22, 1.04]
04 Emergency Department Vi Linehan 2006 DBT Subtotal (95% CI) Total events: 5 (Treatment), 6 Test for heterogeneity: not ap Test for overall effect: Z = 0.8	5/46 46 (Control) plicable	6/35 35		0.63 [0.21, 1.91] 0.63 [0.21, 1.91]
05 Hospital admission for psyc Carter unpub DBT Linehan 2006 DBT Subtotal (95% CI) Total events: 17 (Treatment), Test for heterogeneity: Chi² = Test for overall effect: Z = 2.3	7/38 10/50 88 26 (Control) 1.94, df = 1 (P = 0.16), l ² = 4	7/35 19/39 74		0.92 [0.36, 2.36] 0.41 [0.22, 0.78] 0.54 [0.32, 0.91]
06 Hospital admission for psyl Linehan 2006 DBT Subtotal (95% CI) Total events: 11 (Treatment), Test for heterogeneity: not ap Test for overall effect: Z = 0.1	chiactric reasons (24-month 11/46 46 8 (Control) plicable	follow-up) 8/35 35		1.05 [0.47, 2.32] 1.05 [0.47, 2.32]
07 Hospital admission for suic Linehan 2006 DBT Subtotal (95% CI) Total events: 5 (Treatment), 1 Test for heterogeneity: not ap Test for overall effect: Z = 2.6	cidal ideation 5/50 50 4 (Control) plicable	14/39 –	-	0.28 [0.11, 0.71] 0.28 [0.11, 0.71]
08 Hospital admission for suic Linehan 2006 DBT Subtotal (95% CI) Total events: 7 (Treatment), 6 Test for heterogeneity: not ap Test for overall effect: Z = 0.2	cidal ideation (24-month follo 7/46 46 6 (Control) plicable	w-up) 6/35 35		0.89 [0.33, 2.41] 0.89 [0.33, 2.41]
09 Hospital admission for self- Carter unpub DBT Subtotal (95% CI) Total events: 8 (Treatment), 9 Test for heterogeneity: not ap Test for overall effect: Z = 0.4	8/38 38 I (Control) plicable	9/35 35		0.82 [0.36, 1.89] 0.82 [0.36, 1.89]
10 No on medication at endpo Bateman1999 MBT Subtotal (95% CI) Total events: 7 (Treatment), 1 Test for heterogeneity: not ap Test for overall effect: Z = 2.3	7/19 19 5 (Control) plicable	15/19 19	-	0.47 [0.25, 0.88] 0.47 [0.25, 0.88]

Psych 01.11 complex interventions: service use measures (continuous)

Review: BPD psychology

Comparison: 01 Complex interventions

Outcome: 11 Service use outcomes (continuous)



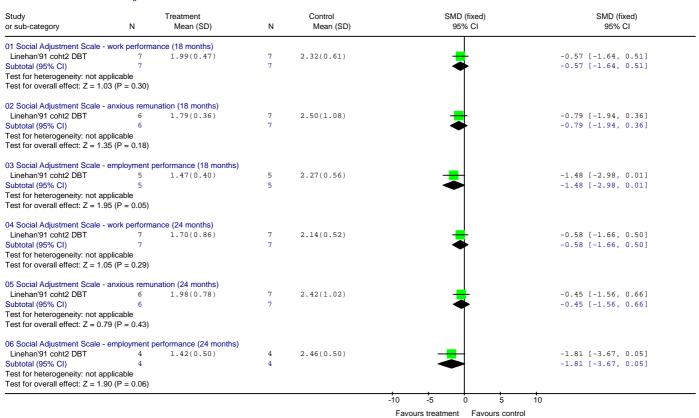
Psych 01.12 complex interventions: BPD symptoms

Review: BPD psychology
Comparison: 01 Complex interventions
Outcome: 12 BPD symptoms

Study or sub-category	N	Treatment Mean (SD)	N	Control Mean (SD)			MD (fixed) 95% CI		WMD (fixed) 95% CI
01 No of BPD criteria (DSM)									
Koons 2001 DBT	10	3.60(1.60)	10	4.20(2.30)		_	_		-0.60 [-2.34, 1.14]
Subtotal (95% CI)	10		10			•			-0.60 [-2.34, 1.14]
Test for heterogeneity: not a	pplicable								
Test for overall effect: $Z = 0$.	68 (P = 0.50)								
02 ZAN-BPD total (5-year fol	llow-up)								
Bateman1999 MBT	22	5.50(5.20)	19	15.10(5.30)	←				-9.60 [-12.83, -6.37]
Subtotal (95% CI)	22		19						-9.60 [-12.83, -6.37]
Test for heterogeneity: not a	pplicable				_				
Test for overall effect: $Z = 5$.	 83 (P < 0.0000	1)							
		·				- -			- !-
					-10	-5	U	5	10
					Favours	s treatme	nt Favo	ours contro	ol .

Psych 01.13 complex interventions: social functioning

Review: BPD psychology
Comparison: 01 Complex interventions
Outcome: 13 Social functioning



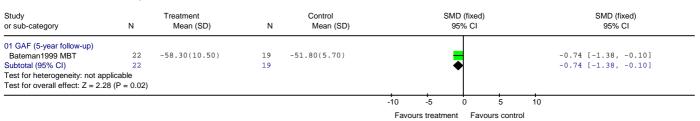
Psych 01.14 complex interventions: employment-related measures

Review: BPD psychology
Comparison: 01 Complex interventions
Outcome: 14 Employment-related outcomes

Study or sub-category	N	Treatment Mean (SD)	N	Control Mean (SD)		WMD (fixed) 95% CI				WMD (fixed) 95% CI
01 No years employment (5-	year follow-up)									
Bateman1999 MBT	22	-3.20(2.30)	19	-1.20(1.90)		-				-2.00 [-3.29, -0.71]
Subtotal (95% CI)	22		19			•				-2.00 [-3.29, -0.71]
Test for heterogeneity: not a	pplicable					•				
Test for overall effect: $Z = 3$.	.05 (P = 0.002)									
					-10	-5	0	5	10	
					Favou	rs treatment	Favou	ırs contr	ol	

Psych 01.15 complex interventions: general functioning

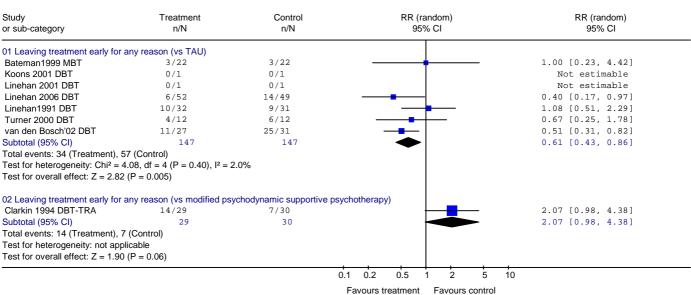
Review: BPD psychology
Comparison: 01 Complex interventions
Outcome: 15 General functioning



Psych 01.16 complex interventions: acceptability and tolerability measures

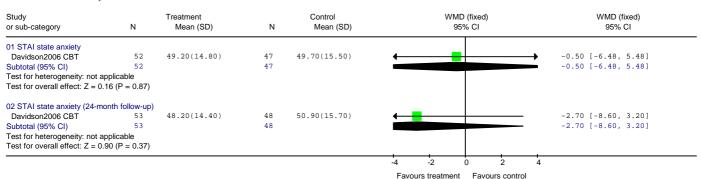
Review: BPD psychology
Comparison: 01 Complex interventions

Outcome: 16 Acceptability and tolerability outcomes



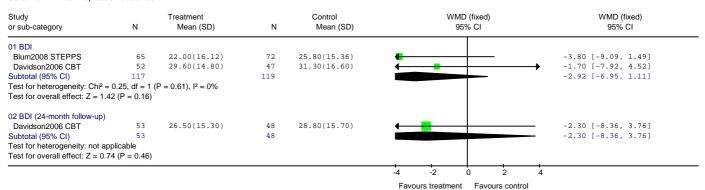
Psych 02.01 individual psychological therapies: anxiety measures

Review: BPD psychology
Comparison: 02 Individual psychological therapies
Outcome: 01 Anxiety outcomes



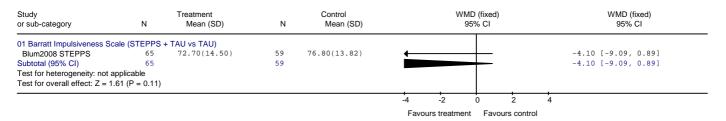
Psych 02.02 individual psychological therapies: depression measures

Review: BPD psychology
Comparison: 02 Individual psychological therapies
Outcome: 02 Depression outcomes



Psych 02.03 individual psychological therapies: impulsiveness measures

Review: BPD psychology
Comparison: 02 Individual psychological therapies
Outcome: 03 Impulsiveness outcomes

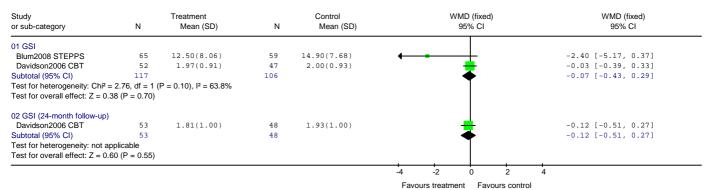


Psych 02.04 individual psychological therapies: mental distress

Review:

BPD psychology
02 Individual psychological therapies Comparison:

04 Mental distress Outcome:



Psych 02.05 individual psychological therapies: self-harm measures (continuous)

Review: BPD psychology

Comparison: 02 Individual psychological therapies

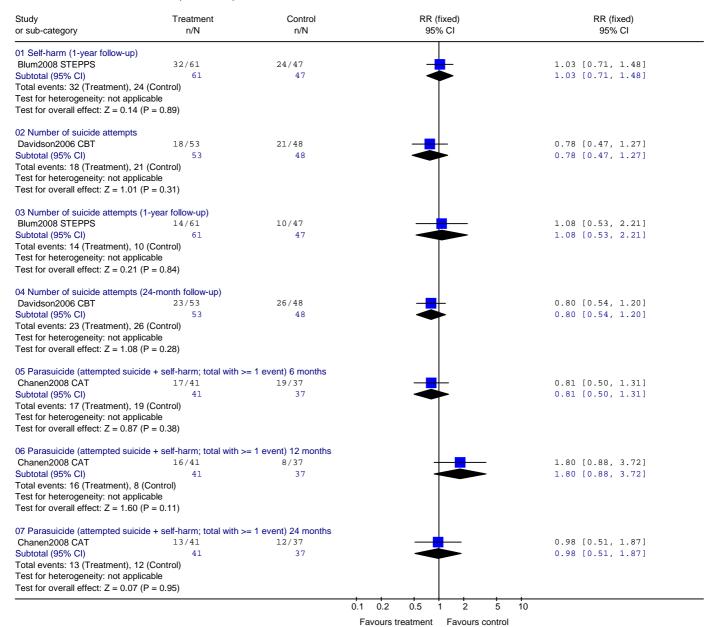
Outcome: 05 Self-harm outcomes

Study or sub-category	N	Treatment Mean (SD)	N	Control Mean (SD)			MD (fixed 95% CI	i)	WMD (fixed) 95% CI
01 No of suicidal acts									
Davidson2006 CBT	53	0.61(0.95)	48	1.02(0.61)			_		-0.41 [-0.72, -0.10]
Subtotal (95% CI)	53		48				•		-0.41 [-0.72, -0.10]
Test for heterogeneity: not a	applicable						*		
Test for overall effect: Z = 2	2.60 (P = 0.009)								
02 No of suicidal acts (24-m	nonth follow-up)								
Davidson2006 CBT	53	0.87(1.47)	48	1.73(3.11)			-		-0.86 [-1.82, 0.10]
Subtotal (95% CI)	53		48			4			-0.86 [-1.82, 0.10]
Test for heterogeneity: not a	applicable					_			
Test for overall effect: Z = 1	.75 (P = 0.08)								
					-4	-2	0	2	4
					Favo	ours treatme	ent Fav	ours contro	ol

Psych 02.06 individual psychological therapies: self-harm measures (dichotomous)

Review: BPD psychology

Comparison: 02 Individual psychological therapies Outcome: 06 Self-harm outcomes (dichotomous)

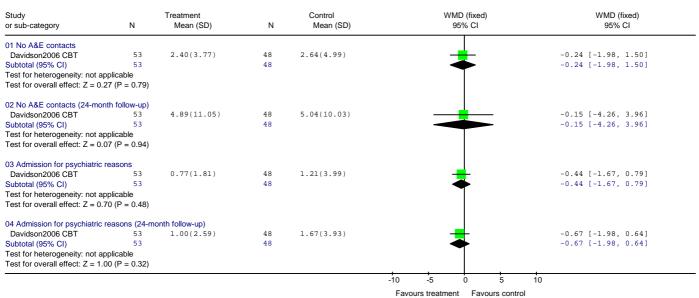


Psych 02.07 individual psychological therapies: service-use measures (continuous)

Review: BPD psychology

Comparison: 02 Individual psychological therapies

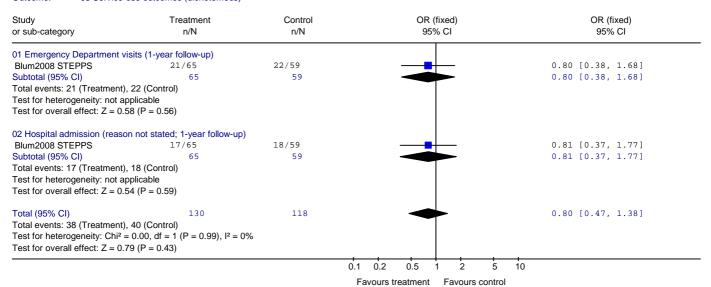
Outcome: 07 Service-use outcomes



Psych 02.08 individual psychological therapies: service-use measures (dichotomous)

Review: BPD psychology

Comparison: 02 Individual psychological therapies
Outcome: 08 Service-use outcomes (dichotomous)



Psych 02.09 individual psychological therapies: BPD symptoms

Review:

BPD psychology 02 Individual psychological therapies 09 BPD symptoms Comparison:

Outcome:

Study or sub-category	N	Treatment Mean (SD)	N	Control Mean (SD)		W	/MD (fixed) 95% CI			WMD (fixed) 95% CI
01 ZAN-BPD										
Blum2008 STEPPS	65	9.80(8.06)	59	13.40(7.68)		_	_			-3.60 [-6.37, -0.83]
Subtotal (95% CI)	65		59				▶			-3.60 [-6.37, -0.83]
Test for heterogeneity: not applicable	e					_				
Test for overall effect: $Z = 2.55$ (P = 0	0.01)									
02 SCID-II BPD total 6 months										
Chanen2008 CAT	41	18.60(3.35)	37	18.97(3.73)			-			-0.37 [-1.95, 1.21]
Subtotal (95% CI)	41		37				•			-0.37 [-1.95, 1.21]
Test for heterogeneity: not applicable	e									
Test for overall effect: $Z = 0.46$ (P = 0	0.65)									
03 SCID-II BPD total 12 months										
Chanen2008 CAT	41	17.99(3.71)	37	18.58(4.14)			-			-0.59 [-2.34, 1.16]
Subtotal (95% CI)	41		37			•				-0.59 [-2.34, 1.16]
Test for heterogeneity: not applicable	9									
Test for overall effect: $Z = 0.66$ (P = 0	0.51)									
04 SCID-II BPD total 24 months										
Chanen2008 CAT	41	16.83(4.49)	37	17.10(4.99)		-	_			-0.27 [-2.39, 1.85]
Subtotal (95% CI)	41		37			•				-0.27 [-2.39, 1.85]
Test for heterogeneity: not applicable	e									
Test for overall effect: $Z = 0.25$ (P = 0	0.80)									
					-10	-5	0	5	10	
					Favoi	urs treatm	ent Favo	urs contro	ol	

Psych 02.10 individual psychological therapies: social functioning measures

BPD psychology Comparison:

02 Individual psychological therapies Outcome: 10 Social functioning measures

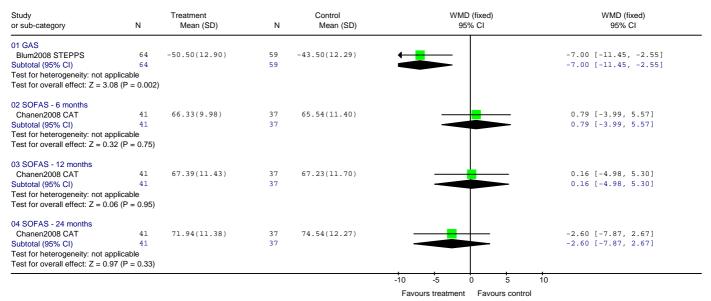
Study or sub-category	N	Treatment Mean (SD)	N	Control Mean (SD)			ID (randor 95% CI	m)	WMD (random) 95% CI
01 SFQ									
Davidson2006 CBT	52	13.10(4.40)	47	13.10(4.60)			_		0.00 [-1.78, 1.78]
Subtotal (95% CI)	52		47			-	حف	_	0.00 [-1.78, 1.78]
Test for heterogeneity: not ag	oplicable								
Test for overall effect: $Z = 0.0$	00 (P = 1.00)								
02 SFQ (24-month follow-up)									
Davidson2006 CBT	53	13.00(5.00)	48	12.30(5.30)		_			0.70 [-1.31, 2.71]
Subtotal (95% CI)	53		48			-			0.70 [-1.31, 2.71]
Test for heterogeneity: not ap	oplicable								
Test for overall effect: $Z = 0.6$	68 (P = 0.50)								
					-4	-2	0	2	4
					Favo	urs treatme	nt Fav	ours contro	bl

Psych 02.11 individual psychological therapies: general functioning

Review: BPD psychology

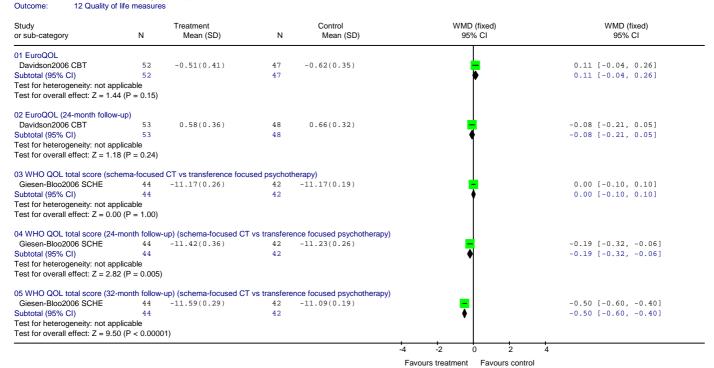
Comparison: 02 Individual psychological therapies

Outcome: 11 General functioning



Psych 02.12 individual psychological therapies: quality of life measures

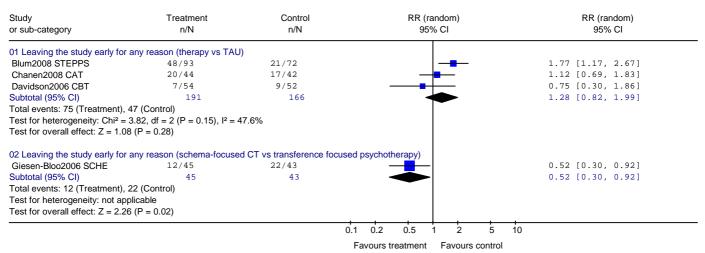
Review: BPD psychology
Comparison: 02 Individual psychological therapies
Outcome: 12 Quality of life measures



Psych 02.13 individual psychological therapies: acceptability and tolerability

Review: BPD psychology

02 Individual psychological therapies Comparison: Outcome: 13 Acceptability and tolerabilty outcomes



Psych 03.01 brief interventions: anxiety measures

Review BPD psychology

03 Low-intensity psychological therapies 01 Anxiety outcomes Comparison:

Outcome:

Study or sub-category	N	Treatment Mean (SD)	N	Control Mean (SD)		SMD (fixed) 95% CI			SMD (fixed) 95% CI
01 HADS anxiety									
Tyrer 2004 MACT	31	11.06(5.29)	33	11.00(4.18)		_	-		0.01 [-0.48, 0.50]
Subtotal (95% CI)	31		33			•			0.01 [-0.48, 0.50]
Test for heterogeneity: not a	applicable								
Test for overall effect: $Z = 0$	0.05 (P = 0.96)								
					-4	-2	0	2	4
					Favou	s treatment	Favour	s control	

Psych 03.02 brief interventions: depression measures

Review: BPD psychology

Comparison: 03 Low-intensity psychological therapies

Outcome: 02 Depression outcomes

Study or sub-category	N	Treatment Mean (SD)	N	Control Mean (SD)			MD (fixed) 95% CI		SMD (fixed) 95% CI
01 MADRS (MACT vs TAU)									
Tyrer 2004 MACT	31	13.86(10.63)	33	13.12(10.43)			-		0.07 [-0.42, 0.56]
Subtotal (95% CI)	31		33				•		0.07 [-0.42, 0.56]
Test for heterogeneity: not app	plicable								
Test for overall effect: $Z = 0.2$									
02 HADS depression (MACT)	vs TAU)								
Tyrer 2004 MACT	31	7.87(6.08)	33	7.18(5.34)			-		0.12 [-0.37, 0.61]
Subtotal (95% CI)	31		33				•		0.12 [-0.37, 0.61]
Test for heterogeneity: not app	plicable								
Test for overall effect: Z = 0.4									
							<u> </u>		-
					-4	-2	U	2	4
					Favo	urs treatme	ent Fav	ours control	I

Psych 03.04 brief interventions: self-harm measures (continuous)

Review:

BPD psychology 03 Low-intensity psychological therapies Comparison:

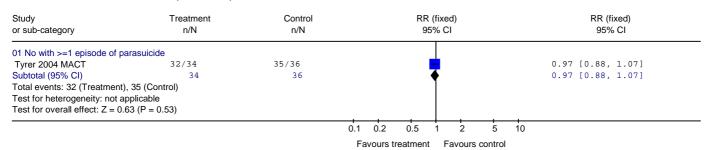
Outcome: 04 Self-harm outcomes

Study or sub-category	N	Treatment Mean (SD)	N	Control Mean (SD)			MD (fixed 95% CI)	WMD (fixed) 95% CI
01 Self-harm and suicidal acts	s reported tog	ether							
Weinberg 2006 MACT	15	0.60(0.91)	13	3.63(4.80)	←		_		-3.03 [-5.68, -0.38]
Subtotal (95% CI)	15		13				_		-3.03 [-5.68, -0.38]
Test for heterogeneity: not ap	plicable								
Test for overall effect: Z = 2.2	4 (P = 0.03)								
02 Self-harm and suicidal acts	s reported tog	ether (6-month follow-up)						
Weinberg 2006 MACT	15	1.98(3.57)	15	6.69(12.23)	←				-4.71 [-11.16, 1.74]
Subtotal (95% CI)	15		15					_	-4.71 [-11.16, 1.74]
Test for heterogeneity: not ap	plicable								
Test for overall effect: Z = 1.4	3 (P = 0.15)								
						-2	<u> </u>		'
					-4	-2	U	2	4
					Favou	irs treatme	ent Fav	ours control	l

Psych 03.05 brief interventions: self-harm measures (dichotomous)

BPD psychology

Comparison: 03 Low-intensity psychological therapies 05 Self-harm outcomes (dichotomous) Outcome:

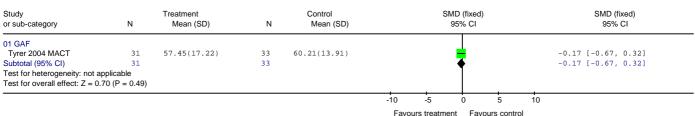


Psych 03.07 brief interventions: general functioning

BPD psychology

Comparison: 03 Low-intensity psychological therapies

Outcome: 07 General functioning



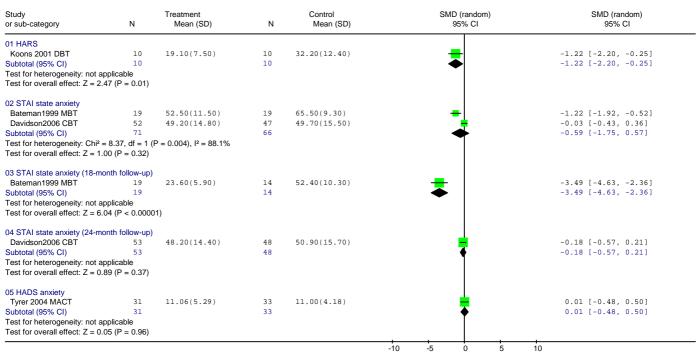
Psych 05.01 all available trials: anger measures

Review: BPD psychology
Comparison: 05 Anger measures
Outcome: 01 Clinician-rated

Study or sub-category	N	Treatment Mean (SD)	N	Control Mean (SD)		S	SMD (fixed) 95% CI			SMD (fixed) 95% CI
01 State-trait anger scale										
Linehan'91 coht2 DBT	13	32.15(7.19)	13	40.08(8.37)			-			-0.98 [-1.81, -0.16]
Subtotal (95% CI)	13		13				lacktriangle			-0.98 [-1.81, -0.16]
Test for heterogeneity: not appli										
Test for overall effect: Z = 2.35	(P = 0.02)									
02 State-trait anger scale (12-m	onth follow-	·up)								
Linehan'91 coht2 DBT	8	30.97(7.75)	7	37.46(5.35)			-			-0.91 [-1.99, 0.18]
Subtotal (95% CI)	8		7							-0.91 [-1.99, 0.18]
Test for heterogeneity: not appli	icable									
Test for overall effect: Z = 1.64	(P = 0.10)									
03 State-trait anger scale (24-m	onth follow-	·up)								
Linehan'91 coht2 DBT	8	32.99(7.48)	11	38.19(9.08)			-			-0.59 [-1.52, 0.35]
Subtotal (95% CI)	8		11							-0.59 [-1.52, 0.35]
Test for heterogeneity: not appli	cable						•			
Test for overall effect: Z = 1.23	(P = 0.22)									
					-10	-5	0	5	10	
					Favou	urs treatm	ent Fav	ours contro	ol	

Psych 06.01 all available trials: anxiety measures (clinician-rated)

Review: BPD psychology
Comparison: 06 Anxiety measures
Outcome: 01 Clinician-rated



Favours treatment Favours control

Psych 06.02 all available trials: anxiety measures (self-rated)

Review: BPD psychology
Comparison: 06 Anxiety measures
Outcome: 02 Self-rated

Study or sub-category	N	Treatment Mean (SD)	N	Control Mean (SD)			0 (fixed) 5% CI			SMD (fixed) 95% CI
01 DBT: Beck Anxiety Inver	ntory									
Turner 2000 DBT	12	10.17(6.53)	12	14.83(6.34)		-	•			-0.70 [-1.53, 0.13]
Subtotal (95% CI)	12		12				-			-0.70 [-1.53, 0.13]
est for heterogeneity: not a	applicable					•				
Test for overall effect: $Z = 1$	1.65 (P = 0.10)									
					-10	-5	0	5	10	
					Favou	urs treatment	Favo	urs contr	ol	

Psych 07.01 all available trials: depression measures (clinician-rated)

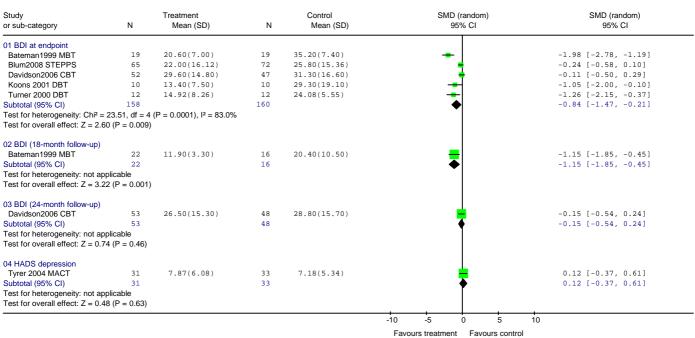
Review: BPD psychology
Comparison: 07 Depression measures

Outcome: 01 Depression outcomes (clinician-rated)

Study or sub-category	N	Treatment Mean (SD)	N	Control Mean (SD)		SMD (random) 95% CI	SMD (random) 95% CI
01 HRSD at endpoint							
Koons 2001 DBT	10	17.10(5.70)	10	24.30(7.80)		-	-1.01 [-1.95, -0.07]
Linehan 2006 DBT	50	14.00(7.30)	39	17.00(8.20)		<u> </u>	-0.39 [-0.81, 0.04]
Turner 2000 DBT	12	7.50(5.96)	12	12.58(3.90)		-	-0.97 [-1.83, -0.12]
Subtotal (95% CI)	72		61			♦	-0.62 [-1.04, -0.20]
Test for heterogeneity: Chi ² = 1 Test for overall effect: Z = 2.89							
02 MADRS (MACT vs TAU)							
Tyrer 2004 MACT	31	13.86(10.63)	33	13.12(10.43)		†	0.07 [-0.42, 0.56]
Subtotal (95% CI)	31		33			•	0.07 [-0.42, 0.56]
Test for heterogeneity: not app Test for overall effect: Z = 0.28							
Total (95% CI)	103		94			•	-0.45 [-0.92, 0.02]
Test for heterogeneity: $Chi^2 = 1$ Test for overall effect: $Z = 1.89$		$(P = 0.08), I^2 = 55.6\%$					
					10 -	5 0 5	10
					Favours to	reatment Favours contr	rol

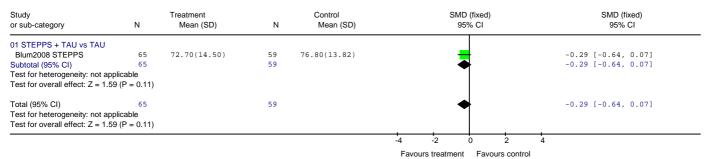
Psych 07.02 all available trials: depression measures (self-rated)

Review: BPD psychology
Comparison: 07 Depression measures
Outcome: 02 Depression outcomes (self-rated)



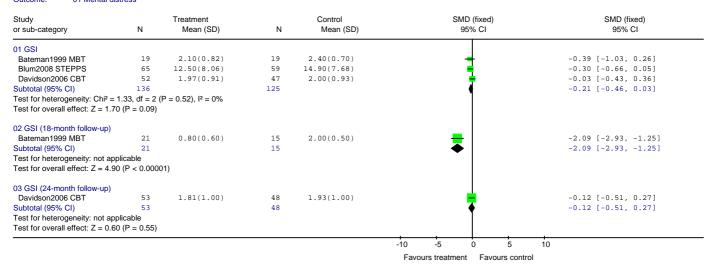
Psych 08.01 all available trials: impulsiveness measures

Review: BPD psychology
Comparison: 08 Impulsiveness measures
Outcome: 01 Barratt Impulsiveness Scale



Psych 09.01 all available trials: mental distress

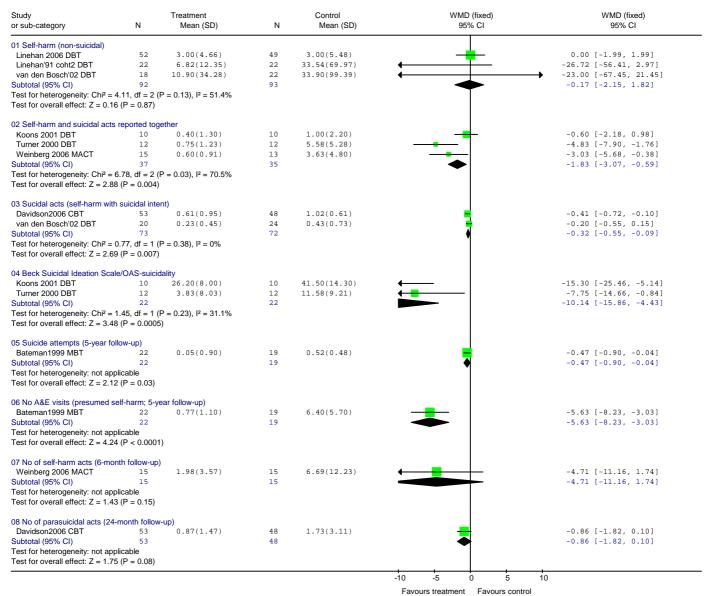
Review: BPD psychology
Comparison: 09 Mental distress measures
Outcome: 01 Mental distress



Psych 10.01 all available trials: self-harm and suicide-related measures (continuous)

BPD psychology Review: Comparison:

10 Self-harm and suicide-related measures Outcome: 01 Self-harm and suicide-related outcomes



Psych 10.02 all a	vailable trials: se	elf-harm and su	iicide-related m	easures (dich	otomous)

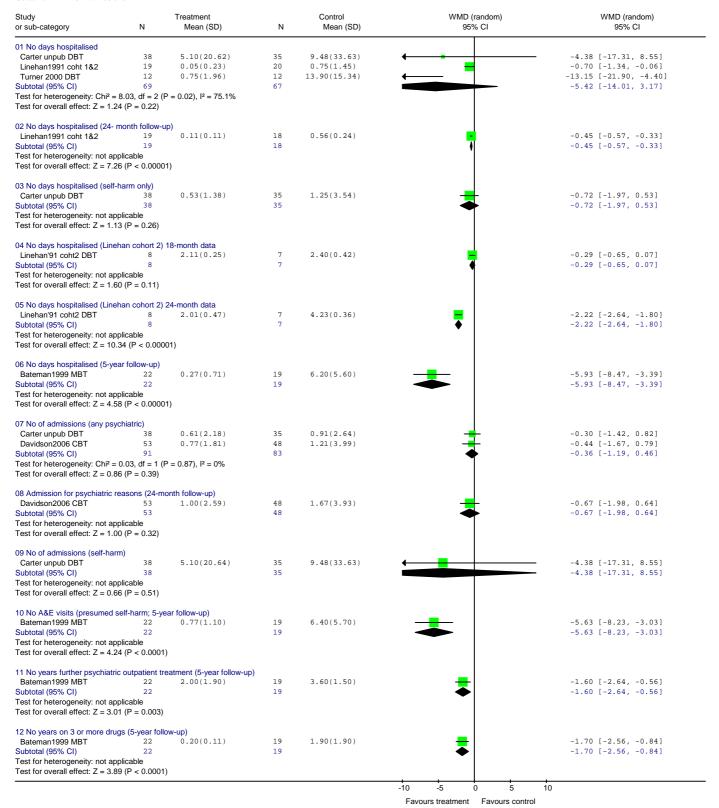
BPD psychology 10 Self-harm and suicide-related measures 02 Self-harm outcomes (dichotomous) Review: Comparison: Outcome:

Study or sub-category	Treatment n/N	Control n/N	RR (random) 95% CI	RR (random) 95% CI
01 Self-harm				
Bateman1999 MBT	7/19	16/19	-	0.44 [0.24, 0.81]
van den Bosch'02 DBT	8/27	13/31	_	0.71 [0.35, 1.44]
Subtotal (95% CI)	46	50	•	0.54 [0.34, 0.86]
Total events: 15 (Treatment), 29	(Control)		<u> </u>	
Test for heterogeneity: Chi ² = 1.0	$0, df = 1 (P = 0.32), I^2 =$	0.2%		
Test for overall effect: $Z = 2.60$ (F	P = 0.009)			
02 Self-harm (1-year follow-up)				
Blum2008 STEPPS	32/61	24/47	#	1.03 [0.71, 1.48]
Subtotal (95% CI)	61	47	•	1.03 [0.71, 1.48]
Total events: 32 (Treatment), 24	,			
Test for heterogeneity: not applic				
Test for overall effect: $Z = 0.14$ (F	² = 0.89)			
03 No of suicide attempts				
Bateman1999 MBT	1/19	12/19 —		0.08 [0.01, 0.58]
Davidson2006 CBT	18/53	21/48	_=	0.78 [0.47, 1.27]
Linehan 2006 DBT	3/52	7/49		0.40 [0.11, 1.47]
Linehan'91 coht2 DBT van den Bosch'02 DBT	14/32 2/27	21/31 8/31		0.65 [0.41, 1.02] 0.29 [0.07, 1.24]
Subtotal (95% CI)	183	178		0.52 [0.07, 1.24]
Total events: 38 (Treatment), 69		2.0	—	0.52 [0.51, 0.65]
Test for heterogeneity: Chi ² = 7.4 Test for overall effect: Z = 2.41 (F	0 , df = 4 (P = 0.12), I^2 =	46.0%		
04 Number of suicide attempts (1			\perp	
Blum2008 STEPPS	14/61	10/47		1.08 [0.53, 2.21]
Subtotal (95% CI)	61	47	~	1.08 [0.53, 2.21]
Total events: 14 (Treatment), 10 Test for heterogeneity: not applic Test for overall effect: Z = 0.21 (F	able			
05 No of suicide attempts (5-year	follow-up)			
Bateman1999 MBT	5/22	14/19		0.31 [0.14, 0.70]
Subtotal (95% CI)	22	19		0.31 [0.14, 0.70]
Total events: 5 (Treatment), 14 (
Test for heterogeneity: not applic Test for overall effect: $Z = 2.83$ (F				
06 Hospital admission for self-ha	rm			
Carter unpub DBT	8/38	9/35		0.82 [0.36, 1.89]
Subtotal (95% CI)	38	35	•	0.82 [0.36, 1.89]
Total events: 8 (Treatment), 9 (C Test for heterogeneity: not applic Test for overall effect: Z = 0.47 (F	able			
07 Number of suicide attempts (2 Davidson2006 CBT		26/48	<u> </u>	0.80 [0.54, 1.20]
Subtotal (95% CI)	53	48	=	0.80 [0.54, 1.20]
Total events: 23 (Treatment), 26			\blacksquare	0.00 [0.01, 1.20]
Test for heterogeneity: not applic Test for overall effect: Z = 1.08 (F	able			
08 No with >=1 episode of parasi	uicide			
Chanen2008 CAT	17/41	19/37	-	0.81 [0.50, 1.31]
Tyrer 2004 MACT	32/34	35/36	<u> </u>	0.97 [0.88, 1.07]
Subtotal (95% CI)	75	73	•	0.93 [0.70, 1.22]
Total events: 49 (Treatment), 54 Test for heterogeneity: Chi ² = 1.7 Test for overall effect: Z = 0.54 (F	1 6, df = 1 (P = 0.18), I^{2} =	43.1%		
09 Parasuicide (attempted suicid	e + self-harm; total with :	>= 1 event) 24 months		
Chanen2008 CAT	13/41	12/37	- 	0.98 [0.51, 1.87]
Subtotal (95% CI)	41	37	•	0.98 [0.51, 1.87]
Total events: 13 (Treatment), 12				
Test for heterogeneity: not applic				
Test for overall effect: $Z = 0.07$ (F	P = 0.95)			

Psych 11.01 all available trials: service use measures - admissions	

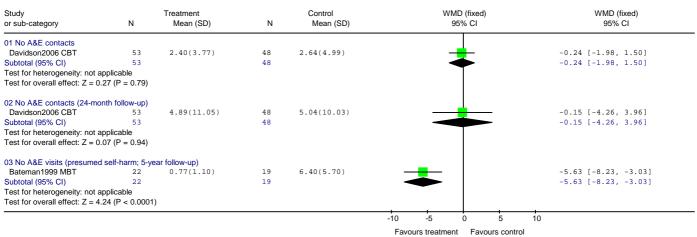
Review: BPD psychology
Comparison: 11 Service use measures

Outcome: 01 Admissions



Psych 11.02 all available trials: service use measures - emergency department use

Review: BPD psychology
Comparison: 11 Service use measures
Outcome: 02 Emergency department use

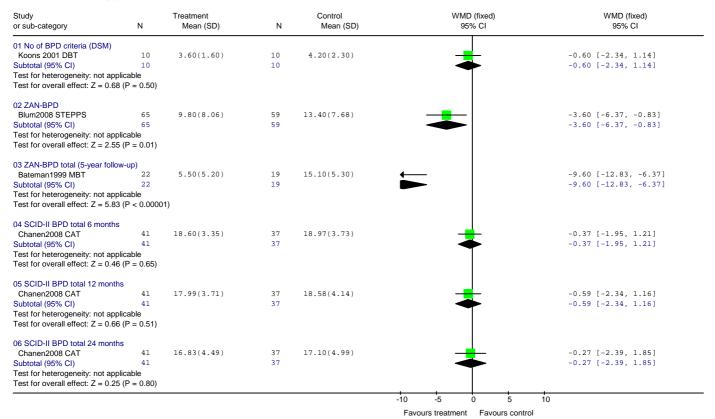


Psych 11.03 all available	trials: service use	measures (other, c	lichotomous)	
			·	

udy	Treatment	Control	RR (random)	RR (random)
sub-category	n/N	n/N	95% CI	95% CI
Emergency Departi nehan 2006 DBT	ment Visits for Psychiatric reasons 22/50	28/39	-	0.61 [0.42, 0.89]
btotal (95% CI)	tment), 28 (Control)	39	•	0.61 [0.42, 0.89]
st for heterogeneity	not applicable			
st for overall effect:	Z = 2.60 (P = 0.009)			
Emergency Departi nehan 2006 DBT	ment Visits for Psychiatric reasons (24 months 12/46	i) 14/35		0.65 [0.35, 1.23]
btotal (95% CI)	46	35		0.65 [0.35, 1.23]
tal events: 12 (Trea est for heterogeneity: est for overall effect:	not applicable			
	ment Visits for suicide ideation (endpoint)			
nehan 2006 DBT	8/50	13/39		0.48 [0.22, 1.04] 0.48 [0.22, 1.04]
ibtotal (95% CI) tal events: 8 (Treatr		39		0.40 [0.22, 1.04]
st for heterogeneity: st for overall effect:	not applicable $Z = 1.86 (P = 0.06)$			
	ment Visits for suicide ideation (24 months)		_	
nehan 2006 DBT ibtotal (95% CI)	5/46 46	6/35 35		0.63 [0.21, 1.91] 0.63 [0.21, 1.91]
otal events: 5 (Treatr	nent), 6 (Control)			- · · · · ·
est for heterogeneity: est for overall effect:				
Emergency Departi	ment visits (1-year follow-up)	22/59		0.87 [0.53, 1.40]
ibtotal (95% CI)	65	59	•	0.87 [0.53, 1.40]
tal events: 21 (Trea st for heterogeneity:				
st for overall effect:				
Hospital admission arter unpub DBT	for psychiactric reasons 7/38	7/35		0.92 [0.36, 2.36]
nehan 2006 DBT	10/50 88	19/39 74		0.41 [0.22, 0.78]
ibtotal (95% CI) tal events: 17 (Trea		74		0.57 [0.26, 1.24]
st for heterogeneity st for overall effect:	Chi ² = 1.94, df = 1 (P = 0.16), l ² = 48.4% Z = 1.42 (P = 0.16)			
	(reason not stated; 1-year follow-up)	10./50		0.06 [0.40 1.50]
lum2008 STEPPS ubtotal (95% CI)	17/65 65	18/59 59		0.86 [0.49, 1.50] 0.86 [0.49, 1.50]
tal events: 17 (Trea				
est for heterogeneity: est for overall effect:				
Hospital admission nehan 2006 DBT	for psychiactric reasons (24-month follow-up) 11/46	8/35		1.05 [0.47, 2.32]
ibtotal (95% CI)	46	35		1.05 [0.47, 2.32]
tal events: 11 (Trea st for heterogeneity:	not applicable			
st for overall effect:	, ,			
Hospital admission nehan 2006 DBT	for suicidal ideation 5/50	14/39 -		0.28 [0.11, 0.71]
btotal (95% CI) tal events: 5 (Treatr	nent) 14 (Control)	39		0.28 [0.11, 0.71]
st for heterogeneity				
	for suicidal ideation (24-month follow-up)			
nehan 2006 DBT btotal (95% CI)	7/46 46	6/35 35		0.89 [0.33, 2.41] 0.89 [0.33, 2.41]
tal events: 7 (Treatr	nent), 6 (Control)	33		5.55 (0.55, 2.41)
st for heterogeneity: st for overall effect:	not applicable Z = 0.23 (P = 0.81)			
Hospital admission	, ,			
arter unpub DBT	8/38	9/35		0.82 [0.36, 1.89]
btotal (95% CI) tal events: 8 (Treatr	nent), 9 (Control)	35		0.82 [0.36, 1.89]
st for heterogeneity: st for overall effect:	not applicable			
No on medication a			_	
ateman1999 MBT ubtotal (95% CI)	7/19 19	15/19 19		0.47 [0.25, 0.88] 0.47 [0.25, 0.88]
tal events: 7 (Treatr	nent), 15 (Control)			1111 (2112), 0100,
st for heterogeneity:	not applicable $Z = 2.36 (P = 0.02)$			

Psych 12.01 all available trials: BPD symptoms

Review: BPD psychology Comparison: 12 BPD symptoms Outcome: 01 BPD symptoms

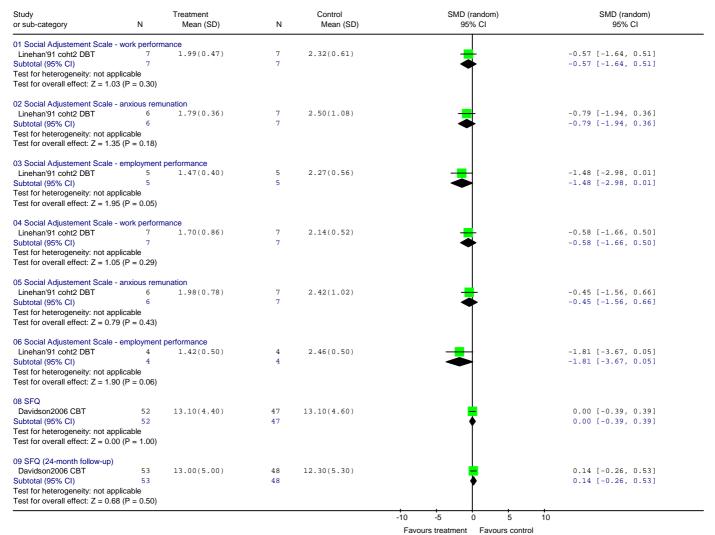


Psych 13.01 all available trials: social functioning measures

BPD psychology Review:

Comparison: 13 Social functioning measures Outcome:

01 Social functioning

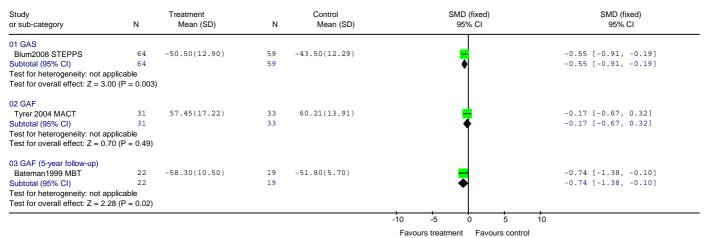


Psych 14.01 all available trials: general functioning measures

Review:

BPD psychology 14 General functioning measures Comparison: Outcome:

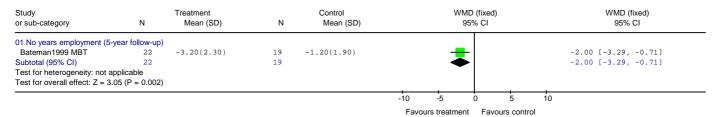
01 General functioning



Psych 15.01 all available trials: employment-related measures

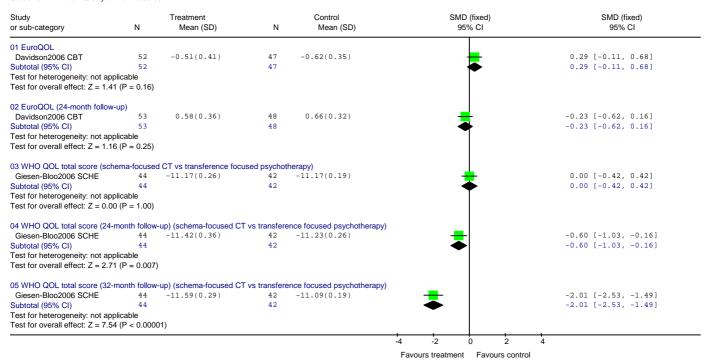
BPD psychology

15 Employment-related outcomes 01 Employment-related outcomes Comparison: Outcome:



Psych 16.01 all available trials: quality of life measures

Review: BPD psychology
Comparison: 16 Quality of life measures
Outcome: 01 Quality of life measures



Psych 17.01 all available trials: acceptability and tolerability measures

Review: BPD psychology

Comparison: 17 Acceptability and tolerability measures
Outcome: 01 Acceptability and tolerability outcomes

