NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

Centre for Health Technology Evaluation

# Medical Technologies Advisory Committee (MTAC) meeting minutes

**Minutes:** Confirmed

**Date and time: 118th MTAC meeting - Friday 21st October 2022**

**Location:** Hybrid meeting in person in NICE London office and virtually via Zoom

## Attendees

Committee members present

1. Shaheen Hamdy (Interim Vice Chair) Present for all items
2. Jacob Brown (Chair) Present for all items
3. Katherine Boylan Present for 1-4.2 items
4. Stacey Chang-Douglass Present for all items
5. Julian Dunnett Present for all items
6. Teik Goh Present for all items
7. Stephen Habgood Present for all items
8. Cynthia Iglesias Present for 1-4.2 items
9. Michael Kolovetsios Present for all items
10. Avril McCarthy Present for all items
11. Duncan McPherson Present for 1-4.2 items
12. Huseyin Naci Present for all items
13. Jai Patel Present for 1-4.2 items
14. Kazem Rahimi Present for 1-4.2 items
15. Mark Tooley Present for all items
16. Alun Williams Present for 1-4.2 items

NICE staff present

Anastasia Chalkidou, Associate Director Present for all items

Sarah Byron, CHTE Programme Director – Devices, Diagnostics

and Digital Present for all items

Lee Berry, Programme Manager Present for all items

Catherine Pank, Project Manager Present for all items

Izabela Syrek, Administrator Present for all items

Chris Chesters, Senior Health Technology Assessment Adviser Present for all items

Lizzy Latimer, Health Technology Assessment Adviser Present for items 5-6

Bernice Dillon, Health Technology Assessment Adviser Present for items 5-6

Kimberley Carter, Health Technology Assessment Adviser Present for all items

Ying-Ying Wang, Health Technology Assessment Analyst Present for items 5-6

Dionne Bowie, Health Technology Assessment Analyst Present for all items

Amy Barr, Health Technology Assessment Analyst Present for all items

Charlotte Pelekanou, Health Technology Assessment Analyst Present for items 5-6

Lirije Hyseni, Health Technology Assessment Analyst Present for items 5-6

Ivan Maslyankov, Health Technology Assessment Analyst Present for all items

Peslie Ngambi, Health Technology Assessment Analyst Present for all items

Rebecca Owens, Health Technology Assessment Analyst Present for all items

Rosalee Mason, MIP Coordinator, Corporate Office team Present for items 1-4.1 & 5-5.1

Emma Gordon, Coordinator, Corporate Office team Present for items 1-4.1 & 5-5.1

Hayley Garnett, Senior Medical Editor, Editorial and Publishing

Team Present for all items

Rachael Cazaly, Medical Editor, Publishing and Editorial team Present for items 1-4.2

Jenniffer Prescott, CHTE Programme Director, Process and

operations team Present for all items

Vandana Ayyar Gupta, Scientific Adviser, Data & Analytics team Present for items 5-6

Harriet Wilson, Project Manager, Diagnostics Assessment

Programme Present for items 5-6

Maroulla Whiteley, Business Analyst, Resource Impact Assessment

Team Present for items 5-6

Edward Steinson, Media Relations Executive, Media Relations

(external communications) team Present for items 5-6

Helen Crosbie, Public Involvement Adviser, Public Involvement

Programme Present for all items

Thomas Lawrence, Data scientist, Managed Access team Present for items 5-6

Tara Chernick, Health Technology Adoption Manager, Adoption

& Implementation Team Present for items 1-4.2

Alexa Forrester, Health Technology Adoption Manager, Adoption

& Impact Team Present for items 5-6

Lucy Hillcoat, Research Assistant, York Health Economics Present for all items

Consortium (YHEC)

Sam Woods, Research Assistant, York Health Economics

Consortium (YHEC) Present for items 1-4.2

Rebecca Naylor, Research Consultant, York Health Economics

Consortium (YHEC) Present for items 5-6

Tom Bromilow, Research Consultant, York Health Economics

Consortium (YHEC) Present for all items

Ed Wilson, Associate Professor of Health Economics and Health

Policy, Peninsula Technology Assessment Group (PenTAG) Present for items 1-4.2

Max Barnish, Research Fellow, University of Exeter, Peninsula

Technology Assessment Group (PenTAG) Present for all items

Laura Trigg, Research Assistant, University of Exeter, Peninsula

Technology Assessment Group (PenTAG) Present for items 5-6

Huey Yi Chong, Health economist, Cedar Health Technology

Research Centre Present for all items

Amy Dymond, Senior consultant, York Health Economics

Consortium (YHEC) Present for all items

EAC representatives present

Megan Dale, Health Economist, Cedar Present for items 1-4.1

Simone Willis, Systematic Reviewer, Cedar Present for items 1-4.1

Samuel Bird, Senior Researcher, Cedar Present for items 1-4.1

Prof Ed Wilson, Associate Professor of Health Economics and

Health Policy, Peninsula Technology Assessment Group (PenTAG) Present for items 5-5.1

Dr Amanda Brand, Research Associate, Peninsula Technology

Assessment Group (PenTAG) Present for items 5-5.1

Specialist committee members present

Professor Chris Hollis, Chair of Child & Adolescent Psychiatry and

Digital Mental Health, University of Nottingham Present for items 5-6

Dr Eunice Ayodeji, Lecturer In Child and Adolescent Mental Health

Nursing, University of Salford Present for items 5-6

Dr Maria Loades, Clinical Psychologist, University of Bath Present for items 5-6

Jeana George, General Practitioner, St Martin's Medical Centre,

Ruislip Present for items 5-5.1

Mr Viraj Shah, Lay specialist committee member Present for items 5-6

Mrs Marie Simons, Lay specialist committee member Present for items 5-6

Professional experts present

Toby Smith, Associate Professor in Physiotherapy, University

of East Anglia Present for items 1-4.1

Robyn Hickey, First Contact Physiotherapist / Apos Certified

Senior Physiotherapist, Circle Integrated Care Present for items 1-4.1

Alistair Shaw, Clinic Director and Chartered Physiotherapist,

ICE Integrated Clinical Excellence Limited. Present for items 1-4.1

Susan Field, Patient expert Present for items 1-4.1

## 1. Introduction to the meeting

* 1. The chair welcomed members of the committee and other attendees present to the meeting.
  2. The chair noted apologies from committee members: Donna Cowan, Neil Hawkins, Mohammad Ilyas, Emily Lam, Karen McCutcheon, Naomi McVey, Abdullah Pandor, David Partridge, Carl Roobottom and Roger Whittaker.

## 2. News and announcements

* 1. Welcome to new committee chair:
* Dr Jacob Brown, Consultant Emergency Physician, Winchester Site Lead, Hampshire Hospitals NHS Foundation Trust
  1. Farewell to committee members:
* Shaheen Hamdy (Interim Vice-Chair), Cynthia Iglesias, Mohammad Ilyas, Stephen Habgood, Julian Dunnett and Duncan McPherson.

## 3. Minutes from the last meeting

* 1. The committee approved the minutes of the committee meeting held on 16th September 2022.

## 4. Evaluation of GID-MT570 AposHealth for osteoarthritis (OA) of the knee

* 1. Part 1 – Open session
     1. The chair welcomed the invited professional experts, external group representatives, members of the public and company representatives from AposTherapy.
     2. The chair asked all committee members, professional experts, external group representatives and NICE staff present to declare any relevant interests in relation to the item being considered.

* Mr Alistair Shaw has declared a direct financial interest as they are paid to deliver AposHealth for the NHS in Bedfordshire and charge for private delivery of Aposhealth largely to patients who live outside of Bedfordshire.

It was agreed that his declaration would not prevent Mr Shaw from providing expert advice to the committee.

No other conflicts of interests were declared for this item.

* + 1. The Chair led a discussion of the evidence presented to the committee. This information was presented to the committee by Prof Kazem Rahimi and Dr Teik Goh.
  1. Part 2 – Closed session (professional experts, external group representatives, company representatives and members of the public were asked to leave the meeting)
     1. The committee then agreed on the content of the Medical Technology Consultation Document (MTCD). The committee decision was reached by consensus.
     2. The committee asked the NICE technical team to prepare the Medical Technology Consultation Document (MTCD) in line with their decisions

## 5. Evaluation of Early Value Assessment (EVA) topic GID-MT580 Digital Cognitive Behavioural Therapy for children and young people with symptoms of anxiety and low mood

* 1. Part 1 – Open session
     1. The chair welcomed the invited professional experts, external group representatives, members of the public and company representatives from OSI technology, BfB Labs (for Lumi Nova technology), SilverCloud Health and Healios Limited.
     2. The chair asked all committee members, specialist committee members, external group representatives and NICE staff present to declare any relevant interests in relation to the item being considered.
* Prof Chris Hollis has declared a financial interest as he is expert independent member of Kooth’s Advisory Board. Providing expert advice on child and adolescent mental health and digital technologies (including research and evaluation).
* Prof Hollis has also declared a non-financial interest as he is Director of NIHR MindTech Medtech Co-operative. MindTech is a publicly-funded national research centre focusing on the development, evaluation and implementation of digital health technologies for mental health.

He is a principle investigator for Digital Youth, a £4m UKRI funded research programme focusing on digital health technologies and adolescent mental health. He leads a study on SPARX (digital CBT for CYP with low mood) – investigating how providing human (therapist/ coach) support may influence engagement and retention with SPARX and how SPARX (supported or unsupported) should best be integrated in CYP mental health services and care pathways.

He is a lead author of a systematic and meta-review of digital health interventions for child and adolescent mental health conditions. This review includes digital CBT for CYP with symptoms of anxiety and low mood:

Hollis C, Falconer CJ, Martin JL, Whittington C, Stockton S, Glazebrook C, Davies EB (2017) Annual Research Review: Digital health interventions for children and young people with mental health problems: a systematic and meta-review. Journal of Child Psychology & Psychiatry 2017 Apr; 58(4):474-503 doi:10.1111/jcpp.12663 Epub 2016 Dec 10

It was agreed that his declaration would not prevent Prof Hollis from providing expert advice to the committee.

* Dr Maria Loades has declared a financial interest as she undertakes 2 hours per week of private practice as part of the Bristol Child Psychology Practice.

Dr Loades also declared a non-financial interest as she is currently doing an observational placement with the TOPIC research group at the University of Oxford (Prof Cathy Creswell). This means she joins some of their team meetings and also some of their trial committee meetings in an observational capacity. (Company: OSI)

She is also currently doing an observational placement with the MINDTECH research group at the University of Nottingham (Prof Chris Hollis). This means she joins some of their meetings and is also co-authoring a book chapter on digital clinical assessment and treatment for Rutter’s Child and Adolescent Psychiatry with them.

Dr Loades also declared an indirect interest as she has applied for funding from the NIHR through the Advanced Fellowship scheme to trial a single session internet-based intervention for adolescents with elevated symptoms of depression. As such, she is also collaborating with Asst. Prof Jessica Schleider, who has developed and trialed these single session interventions in the USA (not-for-profit).

It was agreed that her declaration would not prevent Dr Loades from providing expert advice to the committee.

No other interests were declared at the meeting.

* + 1. The Chair led a discussion of the evidence presented to the committee. This information was presented to the committee by Prof Huseyin Naci and Prof Chris Hollis.
  1. Part 2 – Closed session (company representatives, external group representatives and members of the public were asked to leave the meeting).
     1. The committee then agreed on the content of the draft Early Value Assessment. The committee decision was reached by consensus.
     2. The committee asked the NICE technical team to prepare the draft Early Value Assessment line with their decisions.

## 6. Date of the next meeting

The next meeting of the Medical Technologies Advisory Committee (MTAC) will be held on 20th January 2023 and will start promptly at 09:00am.