NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

Centre for Health Technology Evaluation

# Medical Technologies Advisory Committee (MTAC) meeting minutes

**Minutes:** Confirmed

**Date and time: 120th MTAC meeting - Friday 17th February 2023**

**Location:** Virtual meeting via Zoom

## Attendees

Committee members present

1. Jacob Brown (Chair) Present for items 1-4.1
2. Neil Hawkins (acting Vice Chair) Present for all items
3. Kiran Bali Present for all items
4. Katherine Boylan Present for all items
5. Stacey Chang-Douglass Present for all items
6. Michael Kolovetsios Present for all items
7. Emily Lam Present for all items
8. Avril McCarthy Present for all items
9. Karen McCutcheon Present for items 5-6
10. Naomi McVey Present for items 5-6
11. Abdullah Pandor Present for all items
12. Kazem Rahimi Present for all items
13. Mark Tooley Present for all items
14. Roger Whittaker Present for all items

NICE staff present

Anastasia Chalkidou, Associate Director Present for all items

Lee Berry, Programme Manager Present for all items

Catherine Pank, Project Manager Present for all items

Izabela Syrek, Administrator Present for all items

Lizzy Latimer, Health Technology Assessment Adviser Present for all items

Paul Dimmock, Health Technology Assessment Adviser Present for all items

Kimberley Carter, Health Technology Assessment Adviser Present for all items

Amy Crossley, Health Technology Assessment Adviser Present for items 1-4.3

Dionne Bowie, Health Technology Assessment Analyst Present for all items

Amy Barr, Health Technology Assessment Analyst Present for items 5-6

Peslie Ngambi, Health Technology Assessment Analyst Present for all items

Charlotte Pelekanou, Health Technology Assessment Analyst Present for all items

Lirije Hyseni, Health Technology Assessment Analyst Present for all items

Oye Afolabi, Health Technology Assessment Analyst Present for all items

Rosalee Mason, MIP Coordinator, Corporate Office team Present for items 1-4.1 & 5-5.1

Anna Sparshatt, Senior Medical Editor, Publishing and Editorial

team Present for items 5-6

Thomas Lawrence, Data scientist, Managed Access team Present for all items

Ann Greenwood, Market access analyst, Life sciences team Present for all items

Helen Crosbie, Public Involvement Adviser, Public Involvement

Programme Present for all items

Gavin Tucker, Clinical Fellow, Health + Social Care Directorate Present for all items

Anna Brett, Market Access Adviser, Accelerated Access

Collaborative Secretariat Present for all items

Benjamin Gregory, Finance/Business Analyst, Resource Impact

Assessment team Present for all items

Edward Steinson, Media Relations Executive, Media Relations

(external communications) Present for all items

Emilene Coventry, Senior Medical Editor, Publishing team Present for items 1-4.3

Cheryl Pace, Implementation Manager, System Support for

Implementation Present for items 1-4.3

Ayesha Rahim, Evaluation Scientist, Cedar Health Technology

Research Centre Present for all items

Huey Yi Chong, Health Economist, Cedar Health Technology

Research Centre Present for all items

Mat Campbell-Hill, Senior Fellow, College of Medical and Dental

Sciences, University of Birmingham Present for items 1-4.3

Joseph Mano, Student, University of Birmingham Present for all items

Jasleen Kaur Mohr, Student, University of Birmingham Present for all items

Ben Hammond, Student, University Of Birmingham Present for all items

EAC representatives present

Megan Dale, Health Economist, Cedar Health Technology

Research Centre Present for items 1-4.1

Susan O’Connell, Cedar Health Technology Research Centre Present for items 1-4.1

Max Barnish, PenTAG Present for items 5-5.1

Dawn Lee, PenTAG Present for items 5-5.1

Specialist committee members present

Ms Elizabeth Hanson, IAPT North Yorkshire Present for items 1-4.3 & 5-5.3

Ms Rebecca Morley, IAPT North Yorkshire Present for items 1-4.3 & 5-5.3

Dr Imrana Siddiqui, Woodgrange Medical Practice, North East

London ICB Present for items 1-4.3 & 5-5.3

Ms Elizabeth Mullenger, Lay Specialist Committee member Present for items 1-4.3 & 5-5.3

Mrs Gail Skinner, Lay Specialist Committee member Present for items 1-4.3 & 5-5.3

Professional experts present

Prof Dame Til Wykes, Professor of Clinical Psychology and

Rehabilitation / Head of the School of Mental Health & Psychological

Sciences, King's College London Present for items 1-4.2 & 5-5.2

Prof Stephen Pilling, Research Department of Clinical Health and

Educational Psychology, University College London Present for items 1-4.2 & 5-5.2

## 1. Introduction to the meeting

* 1. The chair welcomed members of the committee and other attendees present to the meeting.
	2. The chair noted apologies from committee member: Donna Cowan, Teik Goh, Huseyin Naci, David Partridge, Jai Patel, Carl Roobottom and Alun Williams.

## 2. News and announcements

* 1. n/a

## 3. Minutes from the last meeting

* 1. The committee approved the minutes of the committee meeting held on 20th January 2023.

## 4. Evaluation of Early Value Assessment (EVA) of GID-MT589 Digitally enabled therapies for adults with anxiety disorders

* 1. Part 1 – Open session
		1. The chair welcomed the invited specialist committee members, lay specialist committee members, professional experts, external group representatives, members of the public and company representatives from 365 Health Solutions Ltd, NoSuffering Ltd., iCT-PTSD, Iona Mind, Koa Health, Resony, SilverCloud Health, Spring, Wysa Ltd. and Cerina.
		2. The chair asked all committee members, specialist committee members, lay specialist committee members, professional experts, external group representatives and NICE staff present to declare any relevant interests in relation to the item being considered.

* Professor Steven Pilling has declared an indirect non-financial interest as he is Head of Department Clinical, Educational and Health Psychology UCL - there are number of digital interventions undergoing evaluation or being considered for evaluation in his department:

Undergoing evaluation Prof J King (PI) – Compassion Focused VR Trial - NIHR i4i funded - no industry funding

Prof J King (PI) – Compassion Focused VR Trial - NIHR i4i funded - no industry funding

Prof P Fonagy (PI) – Mind Your Mood – Digital Assessment Tool in UCL Students – development of system funded by KoaHealth – no direct funding to UCL

Ms J Leibowitz\* (PI) Physical Activity in IAPT (Camden and Islington and Buckinghamshire) – evaluation funded by Sports England – focused on CBT and Psychoeducational groups but also uses Foundations Digital Programme developed by KoaHealth - no direct funding to UCL from KoaHealth \*(note J Leibowitz is his wife).

Prof Pilling is a member of Scientific Advisory Board Koa Health – non-renumerated position to provide on advice on mental health interventions.

It was agreed that his declaration would not prevent Prof Pilling from providing expert advice to the committee.

* Professor Dame Til Wykes has declared an indirect financial interest as she does/is:
* Education lecture, Dainippon Sumitomo
* Click Therapeutics consultancy
* Education Lecture, Boehringer Ingelheim
* OneMind Psyberguide Advisory Board (US charity)
* Lecture fee Korean Society for Schizophrenia Research
* Editor Journal of Mental Health
* Editor Oxford Encyclopaedia of Psychology
* Creator and evaluation of online therapies – CIRCuiTS
* Researcher and commentator on digital health
* Trustee Weight Concern
* President and now past President of Schizophrenia International Research Society

It was agreed that her declaration would not prevent Prof Wykes from providing expert advice to the committee.

No other conflicts of interests were declared for this item.

* + 1. The Chair led a discussion of the evidence presented to the committee. This information was presented to the committee by Prof Neil Hawkins, Ms Elizabeth Hanson and Prof Dame Til Wykes.
	1. Part 2a – Closed session (external group representatives, company representatives and members of the public were asked to leave the meeting)
	2. Part 2b – Closed session (professional experts were asked to leave the meeting)
		1. The committee then agreed on the content of the draft Early Value Assessment. The committee decision was reached by consensus.
		2. The committee asked the NICE technical team to prepare the draft Early Value Assessment in line with their decisions.

## 5. Evaluation of Early Value Assessment (EVA) of GID-MT588 Digitally enabled therapies for adults with depression

## Part 1 – Open session

* + 1. The chair welcomed the invited specialist committee members, lay specialist committee members, professional experts, external group representatives, members of the public and company representatives from Silvercloud Health, 365 Health solutions Ltd., Ethypharm Digital Therapy, Wysa Ltd., Iona Mind and Koa Health.
		2. The chair asked all committee members, specialist committee members, lay specialist committee members, professional experts, external group representatives and NICE staff present to declare any relevant interests in relation to the item being considered.
* Professor Steven Pilling has declared an indirect non-financial interest as he is Head of Department Clinical, Educational and Health Psychology UCL - there are number of digital interventions undergoing evaluation or being considered for evaluation in his department:

Undergoing evaluation Prof J King (PI) – Compassion Focused VR Trial - NIHR i4i funded - no industry funding

Prof J King (PI) – Compassion Focused VR Trial - NIHR i4i funded - no industry funding

Prof P Fonagy (PI) – Mind Your Mood – Digital Assessment Tool in UCL Students – development of system funded by KoaHealth – no direct funding to UCL

Ms J Leibowitz\* (PI) Physical Activity in IAPT (Camden and Islington and Buckinghamshire) – evaluation funded by Sports England – focused on CBT and Psychoeducational groups but also uses Foundations Digital Programme developed by KoaHealth - no direct funding to UCL from KoaHealth \*(note J Leibowitz is his wife).

Prof Pilling is a member of Scientific Advisory Board Koa Health – non-renumerated position to provide on advice on mental health interventions.

It was agreed that his declaration would not prevent Prof Pilling from providing expert advice to the committee.

* Professor Dame Til Wykes has declared an indirect financial interest as she does/is:
* Education lecture, Dainippon Sumitomo
* Click Therapeutics consultancy
* Education Lecture, Boehringer Ingelheim
* OneMind Psyberguide Advisory Board (US charity)
* Lecture fee Korean Society for Schizophrenia Research
* Editor Journal of Mental Health
* Editor Oxford Encyclopaedia of Psychology
* Creator and evaluation of online therapies – CIRCuiTS
* Researcher and commentator on digital health
* Trustee Weight Concern
* President and now past President of Schizophrenia International Research Society

It was agreed that her declaration would not prevent Prof Wykes from providing expert advice to the committee.

No other interests were declared at the meeting.

* + 1. The Chair led a discussion of the evidence presented to the committee. This information was presented to the committee by Dr Stacey Chang-Douglass, Dr Avril McCarthy and Prof Dame Til Wykes.
	1. Part 2a – Closed session (company representatives, external group representatives and members of the public were asked to leave the meeting).
	2. Part 2b – Closed session (professional experts were asked to leave the meeting).
		1. The committee then agreed on the content of the draft Early Value Assessment. The committee decision was reached by consensus.
		2. The committee asked the NICE technical team to prepare the draft Early Value Assessment line with their decisions.

## 6. Date of the next meeting

The next virtual meeting of the Medical Technologies Advisory Committee (MTAC) will be held on 21st April 2023 and will start promptly at 09:00am.