

Anxiety (update) Guideline Development Group Meeting

Date and Time: Wednesday 17th February 2010, 10.30am – 4pm

Minutes: Confirmed

Place: The Royal College of Psychiatrists'
6th Floor Standon House
21 Mansell Street
London
E1 8AA

Present: **GDG members**
John Cape (JC)
Marta Buszewicz (MB)
Jill Keegan (JK)
Judy Leibowitz (JL)
Paul Salkovskis (PS)
Catherine O'Neill (CO)
Karina Lovell (KL)

Experts
None

In attendance:
NCCMH Staff: Tim Kendall (TK)
Nick Meader (NM)
Ifigeneia Mavranezouli (IM)
Esther Flanagan (EF)
Marie Halton (MH)
Melissa Chan (MC)
Henna Bhatti (HB)

NICE staff: None

Observers: None

Notes

Apologies were received from Carolyn Chew-Graham, Jan Scott, Phillip Cowen & Joanna Hackman.

1. JC, MB, JK, JL, CO, PS, KL, TK, NM, IM, EF, MH, MC & HB all declared that they knew of no new personal pecuniary, personal family, non-personal pecuniary or personal non-pecuniary interest in the development of this guideline other than those already reported in the conflict of interest forms already submitted.
2. The minutes of the last meeting were agreed as a true and accurate account.
3. Service user and carer concerns were discussed.
4. MC recapped on findings for high intensity psychological interventions and related costings were discussed.
5. MC presented findings for low intensity psychological interventions and related costings were discussed.
6. The GDG discussed the overall evidence and went through the draft recommendations
7. The GDG looked at evidence on herbal interventions and considered other evidence on complementary interventions.
8. Next meeting: 10:30-4pm, 23rd March 2010