

Post-traumatic stress disorder (PTSD) (update) Committee meeting 2

Date: 11/11/2016

Location: RCOG, London

Minutes: Final

Committee members present:	
Steve Hajioff, Chair (SH)	(Present for notes 1 – 6)
Philip Bell (PB)	(Present for notes 1 – 5)
Gita Bhutani (GB)	(Present for notes 1 – 6)
Sharif El-Leithy (SEL)	(Present for notes 1 – 6)
Nick Grey (NGy)	(Present for notes 1 – 6)
Cornelius Katona (CK)	(Present for notes 1 – 6)
Jonathan Leach (JL)	(Present for notes 1 – 6)
Richard Meiser-Stedman (RMS)	(Present for notes 1 – 6)
Rebecca Regler (RR)	(Present for notes 1 – 6)
Victoria Touzel (VT)	(Present for notes 1 – 6)
David Trickey (DT)	(Present for notes 1 – 6)

In attendance:		
Clifford Middleton pm only (CM)	NICE Guidelines Commissioning Manager	(Present for notes 4 – 6)
Edgar Masanga (EM)	NICE Business Analyst	(Present for notes 1 – 5)
Anne Carty (AC)	NGA Project Manager	(Present for notes 1 – 6)
Sadia Janjua (SJ)	NGA Systematic Reviewer	(Present for notes 1 – 6)
Ifigeneia Mavranezouli (IM)	NGA Senior Health Economist	(Present for notes 1 – 6)
Moira Mugglestone (MM)	NGA Director and Guideline Lead	(Present for notes 1 – 6)
Steve Pilling until 15.00 (SP)	NGA Clinical Advisor	(Present for notes $1-5$)
Emma Seymour (ES)	NGA Assistant Systematic Reviewer	(Present for notes 1 – 6)
Sarah Stockton (SS)	NGA Senior Information Scientist	(Present for notes 1 – 6)

Apologies:	
Neil Greenberg (NGb)	Committee member
Andy Pike (AP)	Committee member
Odette Megnin-Viggars (OMV)	NGA Senior Systematic Reviewer

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the second meeting for the post-traumatic stress disorder (PTSD) guideline update.

The Chair informed the Committee that apologies had been received as noted above.

The Chair outlined the objectives of the meeting, which included:

- Presentation of evidence on pharmacological prevention and treatment of PTSD in children and young people
- Drafting recommendations on pharmacological prevention and treatment of PTSD in children and young people

- Finalising remaining review protocols
- Discussing economic priorities and the economic plan

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was PTSD.

The Chair asked everyone to verbally declare any interests.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Jonathan Leach	General Practitioner, Davenal House Surgery	Associate Clinical Lead Redditch and Bromsgrove Clinical Commissioning Group 2 July 2016	Personal, non- financial, non-specific	Declare and participate
Jonathan Leach	General Practitioner, Davenal House Surgery	Chair NHS England Armed Forces and their Families Clinical Reference Group 2 July 2016	Personal, non- financial, non-specific	Declare and participate
Jonathan Leach	General Practitioner, Davenal House Surgery	Chair Midlands Faculty of Royal College of General Practitioners 2 July 2016	Personal, non- financial, non-specific	Declare and participate
Jonathan Leach	General Practitioner, Davenal House Surgery	Council member Royal College of General Practitioners 2 July 2016	Personal, non- financial, non-specific	Declare and participate
Jonathan Leach	General Practitioner, Davenal House Surgery	Trustee Royal College of General Practitioners 2 July 2016	Personal, non- financial, non-specific	Declare and participate
Jonathan Leach	General Practitioner, Davenal House Surgery	Governing Body Member (non-executive director) Primary Care Commissioning 2 July 2016	Personal, non- financial, non-specific	Declare and participate
Jonathan Leach	General Practitioner, Davenal House Surgery	Assessor National Clinical Assessment Service 2 July 2016	Personal, non- financial, non-specific	Declare and participate
Jonathan Leach	General Practitioner, Davenal	Member British Medical Association 2 July 2016	Personal, non- financial,	Declare and

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	House Surgery		non-specific	participate
Jonathan Leach	General Practitioner, Davenal House Surgery	Expert witness medico-legal work predominantly for the Government Legal Department regarding the standards of care in military practices, mainly but not exclusively with patients with musculoskeletal problems 2 July 2016	Personal, financial, non-specific	Declare and participate

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that subject to a correction to the owner of a declaration of interest the minutes were a true and accurate account of the meeting.

4. Presentations

The Chair introduced SJ who gave a presentation on the evidence found for the relative benefits and harms of pharmacological interventions for children and young people at risk of PTSD. SJ took questions from the Committee.

The Chair introduced ES who gave a presentation on the evidence found for the relative benefits and harms of pharmacological interventions for children and young people with clinically important post-traumatic stress symptoms and presented the remaining draft review protocols to resolve queries with the Committee. ES took questions from the Committee.

The Chair introduced IM who presented the draft health economic plan. IM took questions from the Committee.

The Committee thanked SJ, ES and IM for their presentations and contribution to the development of the guideline.

5. Questions and discussion

The Committee discussed the evidence for the relative benefits and harms of pharmacological interventions for children and young people at risk of PTSD and the relative benefits and harms of pharmacological interventions for children and young people with clinically important post-traumatic stress symptoms and drafted recommendations based on that evidence.

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The Committee discussed issues that affect lay members of the committee.

The Committee discussed the possibility of further work with children and young people with PTSD and their families and carers.

The Committee finalised the remaining review protocols.

The Committee discussed the economic priorities and economic plan for the guideline and the framework for considering resource impact issues.

6. Any other business

The Chair informed the Committee that the next meeting would be on 26th January 2017.

Date of next meeting: 26/01/2017

Location of next meeting: RCOG, London