

Date and Time: Thursday 30 July 2015, 10:00-16:30

Place: Boardroom, NCGC, 180 Great Portland Street, London, W1W 5QZ

Minutes: Confirmed

### Guideline Development Group Meeting 16 - Low back pain and sciatica

#### **Present:** GDG members

Stephen Ward (SW) – Chair - Consultant in Pain Medicine, Brighton & Sussex University Hospitals NHS trust

Babak Arvin (BA) - Consultant Neurosurgeon, Queens Hospital

Ian Bernstein (IB) - General Practitioner, Gordon House Surgery, London

Patrick Hill (PH) – Honorary Consultant Clinical Psychologist, Royal United Hospital, Bath

Gary MacFarlane (GM) - Chair (clinical) in Epidemiology, University of Aberdeen

Mark Mason (MM) – Patient member

Neil O'Connell (NOC) – Lecturer, School of Health Sciences & Social Care Brunel University

Diana Robinson (DR) – Patient member

Philip Sell (PS) - Consultant Orthopaedic Surgeon, University Hospitals of Leicester NHS Trust

Simon Somerville (SS) – General Practitioner, Park Medical centre, Leek, Staffordshire

Steven Vogel (SV) - Vice Principal (Research), British School of Osteopathy

David Walsh (DW) – Honorary Consultant Rheumatologist, Sherwood Forest Hospitals NHS Foundation Trust

Chris Wells (CW) - Consultant in Pain Medicine (via WebEx)

### **Co-opted expert**

Nadine Foster (NF) - NIHR Research Professor of Musculoskeletal Health in Primary Care

#### NICE

Mark Baker (MB) - Director of the Centre for Clinical Practice, NICE Louise Shires (LS) - Programme Manager, NICE

#### NCGC

Mikaela Bartlett (MiB) – Document Editor / Process Assistant

Serena Carville (SC) - Associate Director

Elisabetta Fenu (EF) - Health Economic Lead

Sophia Kemmis-Betty (SKB) – Senior Health Economist

Sana Khan (SK) - Research Fellow

Bethany King (BK) – Document Editor / Process Assistant

Qudsia Malik (QM) - Senior Research Fellow

Rachel O'Mahony (ROM) - Senior Research Fellow, NCGC

**Apologies** Suzanne Blowey (SB) – Consultant Nurse Chronic Pain, Mount Gould

Hospital, Plymouth

Ben Pordes (BP) – Project Manager, NCGC

### **Notes**

# 1. Introduction, apologies and minutes

SW welcomed the group to the sixteenth meeting of this GDG. Apologies were received from BP. The minutes from GDG15 were signed off.

### 2. Declaration of interests

The following new declarations of interest were received for this GDG:

| Insert<br>initials | Declaration  | Classification (as per<br>the NICE DOI policy<br>wording*) | Chair's action          |
|--------------------|--|--|-------------------------|
| SW                 | I presented a talk on mechanisms of facet pain at St Thomas' 2 weeks ago. No reimbursements  | Personal non-pecuniary interest                            | Declare and participate |
| IB                 | I delivered a lecture and interactive teaching session on the management of chronic pain in primary care to the Ealing GP Vocational Training Scheme on 25th June 2015. I received an honorarium from Ealing GP Vocational Training Scheme for £100. | Personal pecuniary interest                                | Declare and participate |
|                    | I have been appointed as a Clinical Advisor (MSk) to the Royal College of General Practitioners. This work includes research advice and responding to queries from the media department. (Unpaid)  | Personal non- pecuniary interest                           | Declare and participate |
|                    | I have been appointed as a Clinical Advisor (MSk) to Arthritis Research UK. This work includes responding to queries from the media department, liaison with the press office, liaison directly with journalists. (Unpaid)                           | Personal non- pecuniary interest                           | Declare and participate |
|                    | I have had an article accepted for the on-line Royal College of  | Personal non- pecuniary interest                           | Declare and participate |

| PS  | will be paid for  Attendance at Eurospine Copenhagen 1-4th September. Executive role for Spine Society. Chair session 'Rise and fall of new technologies' Hotel and travel by society.  | Personal non-pecuniary interest | Declare and participate |
|-----|---|---------------------------------|-------------------------|
| ВА  | Attending 'Eurospine' in September. Flights, accommodation and registration   | Personal non-pecuniary interest | Declare and participate |
| NOC | and meniscal degeneration of the knee. The article has been reviewed by the NICE OA GDG Chair and copied to the NICE press office. (Unpaid)  Funded by private physiotherapy company to deliver a two day course in Chicago to physios and massage therapists. Teachers fee and accommodation/flights were reimbursed | Personal pecuniary interest     | Declare and participate |
|     | General Practitioners newsletter reviewing the primary care management of osteoarthritis  |                                 |                         |

## 3. LETRs for sign off

The GDG reviewed and made minor edits to the 'LETR' table for Referral for surgery.

### 4. Evidence review: Risk assessment tools

ROM presented the clinical evidence review for risk assessment tools. SKB presented the health economic evidence.

### 5. Evidence review: Risk stratification

SK presented the clinical evidence review for referral for surgery. SKB presented the health economic evidence. The GDG discussed the evidence.

### 6. Health economic model

EF presented the health economic model. The GDG discussed the model.

### 7. Making recommendations

MB attended to answer GDG questions regarding making recommendations.

### 8. Any other business

There was no other business.

### Date, time and venue of the next meeting

Tuesday 1<sup>st</sup> September 2015, 1000-1600, Boardroom, NCGC, 180 Great Portland Street, London, W1W 5QZ