

Date and Time: Friday 6 November 2015, 10:00-16:00

Boardroom, NCGC, 180 Great Portland Street, London, W1W 5QZ

#### Minutes: Confirmed

Place:

Guideline Development Group Meeting 20 – Low back pain and sciatica

**GDG members Present:** Stephen Ward (SW) - Chair - Consultant in Pain Medicine, Brighton & Sussex University Hospitals NHS trust Ian Bernstein (IB) - General Practitioner, Gordon House Surgery, London Suzanne Blowey (SB) - Consultant Nurse Chronic Pain, Mount Gould Hospital, Plymouth Patrick Hill (PH) – Honorary Consultant Clinical Psychologist, Royal United Hospital, Bath Gary MacFarlane (GM) - Chair (clinical) in Epidemiology, University of Aberdeen Neil O'Connell (NOC) - Lecturer, School of Health Sciences & Social **Care Brunel University** Diana Robinson (DR) - Patient member Philip Sell (PS) - Consultant Orthopaedic Surgeon, University Hospitals of Leicester NHS Trust Simon Somerville (SS) - General Practitioner, Park Medical centre, Leek, Staffordshire Steven Vogel (SV) - Vice Principal (Research), British School of Osteopathy David Walsh (DW) – Honorary Consultant Rheumatologist, Sherwood Forest Hospitals NHS Foundation Trust Chris Wells (CW) - Consultant in Pain Medicine

#### NCGC

Mikaela Bartlett (MB) – Document Editor / Process Assistant, NCGC Serena Carville (SC) – Associate Director, NCGC (from 11am) Margherita Fanos (MF) – Research Fellow, NCGC Elisabetta Fenu (EF - Health Economic Lead, NCGC Sana Khan (SK) – Research Fellow, NCGC Qudsia Malik (QM) – Senior Research Fellow, NCGC Rachel O'Mahony (ROM) – Senior Research Fellow, NCGC Ben Pordes (BP) – Project Manager, NCGC

#### NICE

Gareth Haman (GH) – Editor, NICE Louise Shires (LS) – Programme Manager, NICE

#### NIHR

Pamela Young - NIHR representative

#### Notes

### 1. Introduction, apologies and minutes

SW welcomed the group to the twentieth meeting of this GDG. Apologies were received from MM. The minutes were signed off from GDG19.

### **2.** Declaration of interests

	GDG Declarations of Interest		
N.B. The Chair and GDG members were recruited to this guideline using NICE DOI policy published Oct 2008			
Insert initials	Declaration	Classification (as per the NICE DOI policy wording*)	Chair's action
SS	Editing of content about back pain for a patient self-help app. I am to be paid £80 for this work.	Personal pecuniary interest	Declare and participate
DW	Consultancy for Novartis Consumer Health S.A. – a GSK Consumer Healthcare Company, by participation in Advisory Board on over-the-counter topical products currently in development for the treatment of pain, Montreal, Canada 14th and 15th October 2015. I have been offered travel expenses plus a consultancy fee in return for this consultancy.	Personal pecuniary interest	Declare and participate
DR	Quality Standards Advisory Committee for Referral for suspected cancer. Attended meeting on the potential harm of non-pharmacological treatment (unrelated to back pain, included stroke, diabetes and Alzheimer's), paid £30 by Queen Mary University.	Personal pecuniary interest	Declare and participate
CW	Speaker EFIC Pain School Bergamo (flights, meals and accommodation paid, no honoraria) 6-7th October. Speaker Slovakian/Czech Pain Meeting, Bratislava (flights, meals and accommodation paid, no honoraria) 7-8th October. Attended, as delegate, EULAR meeting on EU cross border treatment, Brussels, 12th October and meeting of Brain Mind and Pain action group in Brussels Parliament 13th October (flights, meals and accommodation paid, no honoraria). Chaired meeting of EFIC Patient Liaison Committee, Brussels, Oct 12th, 18.00-20.00 followed by meal with delegates. Will attend EFIC Executive Board Meeting in Brussels November 3rd-5th (flights, meals and accommodation paid, no honoraria).	Personal pecuniary interest	Declare and participate

# **3.** LETRs for sign off

The GDG reviewed and made edits to the 'LETR' tables for the disc replacement review.

# 4. Presentation of reruns

MF/ROM/SK presented the reruns from the MBR, Manual therapy, Electrotherapy, Spinal decompression and Orthotics review. The GDG amended the recommendations based on their discussion.

# 5. Reviewing recommendations

The GDG revisited the recommendations based on the new evidence and where they had not previously made a recommendation.

## 6. Research recommendation

PY from NIHR gave a presentation on research recommendations.

## 7. Any other business

There was no other business.

## Date, time and venue of the next meeting

Wednesday 2<sup>nd</sup> December 2015, 1000-1600, Boardroom, NCGC, 180 Great Portland Street, London, W1W 5QZ