

NICE PUBLIC HEALTH PROGRAMME GUIDANCE

Type 2 diabetes: preventing pre-diabetes among adults in high-risk groups

2nd meeting of the Programme Development Group Thursday 11th February 2010

The Royal College of Surgeons,
35-43 Lincolns Inn Field,
London WC2A3PE

Attendees:	<p><i>Programme Development Group (PDG) Members:</i> Nick Wareham, Bennett Quinn, Neel Basudev, Marie Cummins, Aderonke Jomo-Coco, Saiyyidah Zaidi, Anne Dornhorst, Jennifer Tringham, Mieria Jofre-Bonet, Tim Marsh, Akeem Ali, Sabina Syed, Sarah Wild, Margaret Guy, Wasim Hanif.</p> <p><i>NICE:</i> Catherine Swann, Clare Wohlgemuth, Alastair Fischer, Palida Teelucknavan, Adrienne Cullum, Karen Peploe, Ruaraidh Hill</p> <p><i>Review Team:</i> Maxine Johnson and Nick Payne (SCHARR)</p> <p><i>Presenters:</i> Sue Jelley, Mark Minchin, Shalu Kanal (NICE)</p> <p><i>Observers (morning session only):</i> Tricia Younger and Hillary Chatterton (NICE)</p>
Apologies:	<p><i>Programme Development Group (PDG) Members:</i> Nigel Unwin, Steven Cummins, Sara Spiers, Marc Suhrcke, Ameet Bakhai</p>

Agenda Item		Action
1. Welcome and introductions	<p>Apologies were received from Steve Cummins, Sara Spiers, Marc Suhrcke, Ameet Bakhai, and Nigel Unwin</p> <p>Tricia Younger (associate director) and Hilary Chatterton (lead analyst) who will be leading the second Type 2 Diabetes guidance: Type 2 diabetes: preventing the progression from pre-diabetes attended the meeting as observers.</p> <p>The Chair welcomed Amanda Adler who has joined the PDG as a co-opted member along with Ruaraidh Hill from NICE who has joined the group as an analyst.</p> <p><i>Minutes of the last meeting</i> The minutes were accepted as an accurate record.</p>	

	<p>Action: Palida to publish minutes on website.</p> <p>Update of actions/matters arising:</p> <ul style="list-style-type: none"> • All communication to go through Palida. • Palida has updated website of membership • Expenses system – Palida will give demo at the end of the meeting. • Expert Testimony (T2D 2.7) – PDG suggested potential contacts and Catherine/Clare will circulate list. • Economics Sub-Group meeting (T2D 2.8) – Alastair presented notes of the meeting. Alastair to set up the next meeting of the group, and report back. <p>Declarations of Interest</p> <p>No new DOIs.</p>	<p>Palida Teelucknavan</p> <p>PDG</p> <p>Catherine Swann/ Clare Wohlegmuth</p> <p>Alastair Fischer</p>
<p>2. Expert testimony; Type 2 diabetes and pre-diabetes: Issues of diagnosis and definition</p>	<p>Nick Wareham presented the issues of diagnosis and definition of Type 2 Diabetes and Pre-Diabetes.</p>	
<p>3. Diagnosis and definition: Group discussion</p>	<p>The group discussed some considerations for the guidance and also drafted some suggestions alongside the recommendations.</p> <p>The main points discussed were:</p> <ul style="list-style-type: none"> • Use of different tests and markers for pre-diabetes and T2D (eg HBA1C/retinopathy) • Perspectives of other organisations (eg WHO) on diagnosis and definition. • Relationship between different risk factors and T2D • Usefulness and validity of ‘pre-diabetes’ as a term / category • Effects of labelling ‘pre-diabetes’ on behaviour and outcomes 	
<p>4. Evidence review Introduction to review and Discussion and questions</p>	<p>Maxine and Nick (SchARR) presented Evidence Review 1, followed by discussion/points of clarification.</p> <p>The main points discussed were:</p> <ul style="list-style-type: none"> • Queries from the PDG: SchARR will check and report back on a number of issues , including: 	

	<ul style="list-style-type: none"> ○ Seasonality and food choice / availability ○ Self efficacy ○ Incentives, penalties, subsidies, taxes ○ Family based studies ○ Fibre (inc soluble fibre) and carbohydrate intake ○ Food availability / food deserts ○ Cooking practices and skills ○ Training for health professionals ○ excluded <ul style="list-style-type: none"> ● The PDG were also asked whether they knew of any additional papers / research that would be relevant to the group ● SCHARR will report back any amendments at a future meeting <p>Action:</p> <ul style="list-style-type: none"> ● NICE team to email SchARR a list of action points for Review 1. ● PDG to submit any additional papers to NICE team for SCHARR ● SCHARR to report back amendments at future meeting (June 2010) 	<p>NICE team</p> <p>PDG</p> <p>SCHARR</p>
<p>5. Making recommendations and considerations: A refresher</p>	<p>Clare gave a short refresher presentation on recommendations and considerations to guide the group work</p>	
<p>6. Group work: Drafting recommendations and considerations based on: Expert testimony and Review 1</p>	<p>The PDG divided into 3 groups to draft recommendations and considerations based on Expert testimony and Review 1.</p> <p>Each group considered the following:</p> <p>Whose health will benefit? Who should take action? What action should they have?</p>	
<p>7. Feedback from Groups</p>	<p>Each group presented their draft recommendations and considerations for discussion.</p> <p>The NICE team collected notes from each group.</p> <p>Action: The NICE team will transcribe the recommendations and considerations into a word document, and circulate to the PDG for comment</p>	<p>NICE / PDG</p>
<p>8. Developing PH Guidance - Other NICE Departments:</p>	<p><i>NICE Communications Dept</i></p> <p>Shalu Kanal presented information on the role of the Comms</p>	

	<p>lead and advised how PDG members should handle press enquiries.</p> <p>Action: Comms happy to provide media training for PDG members – PDG members to contact Shalu.</p> <p>NICE Implementation & Costing</p> <p>Mark Minchin presented an introduction to the implementation and costing process.</p> <p>NICE Editing</p> <p>Sue Jelley presented publishing and editing information (e.g. formatting, templates, language, publication dates).</p> <p>The 2 main products will be:</p> <ul style="list-style-type: none"> • The Guidance document • Quick Reference Guide (QRG) 	<p>PDG</p>
<p>9. Summary & AOB</p>	<p>Karen Peploe has compiled a list of related NICE guidance for info for the group. This is detailed in the tabled paper T2D1 – 2.5.</p> <p>Advert for chair for T2D2 is now live on the NICE website.</p>	
<p>Close and date of next meeting</p>	<p>Date of next meeting: Thursday 25th March 2010, NICE offices, MidCity Place, London.</p>	