

NICE PUBLIC HEALTH GUIDANCE

Managing overweight and obesity among children and young people: lifestyle weight management services

1st Meeting of the Programme Development Group

Thursday 26th July 2012

Red Room, Floor 24, City Tower, Piccadilly Plaza
Manchester M1 4BD

Attendees	<p><i>PDG Members</i> Peymane Adab, Paige Ataou, Claire Bennett, Janice Christie, Orla Flannery, Alexandra Jones, Alan Maryon-Davis (Chair), Sarah Mills, Helen Pittson, Paula Watson, Laura Webber, Jane Wells, Stephen Westgarth, Sarah West-Sadler</p> <p><i>NICE</i> Hugo Crombie (HC), Alastair Fischer (AF), Patricia Mountain (PM), Caroline Mulvihill (CM), Karen Peplow (KP), Tricia Younger (TY)</p> <p><i>Contractors</i> SURE and DECIPHer - Review Team: Fiona Morgan, Ruth Kipping, Alison Weightman</p> <p>National Heart Forum: Martin Brown (am only), Tim Marsh (am only)</p>
Apologies	<p><i>PDG Members</i> Julia Burrows, Elisabeth Fenwick, Rajeev Gupta, Julian Hamilton-Shield</p> <p><i>NICE Team</i> Nicola Ainsworth</p>

Authors	PM
Audience	PDG members, NICE team, the public (via web publication)
Version	final

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No.	Item	Action
1	<p>Welcome, Introductions and Aims of the Meeting</p> <p>The Chair welcomed members to the first meeting of the Programme Development Group. The Chair also welcomed the Alison Weightman and Fiona Morgan from the Support Unit for Research Evidence (SURE) at Cardiff University and their colleague Ruth Kipping from Bristol University. The Chair introduced Paige Ataou, a new community member and conveyed the apologies received.</p> <p>The Chair informed the group of the aims of the meeting:</p> <ul style="list-style-type: none"> • To discuss the findings of Review 1: Effectiveness and cost effectiveness of lifestyle weight management services for children and young people (WMC1.2) • To consider any implications of Review 1 for tentative recommendations, considerations and research recommendations • To discuss an outline of the health economic model • To receive an update from the NICE team on the response to the call for evidence • To consider suggested expert testimony at future meetings 	
2	<p>Declarations of Interest</p> <p>The Chair explained that verbal declarations of interest are a standing item on every agenda and are recorded in the minutes. PDG members declared the interests they had made their application and any additional interests that had arisen since:</p> <p>PDG members:</p> <p>Peymane Adab Senior Clinical Lecturer in Public Health Department of Public Health, Epidemiology and Biostatistics, University of Birmingham</p> <ul style="list-style-type: none"> • Principal investigator for Health Development Agency funded trial of childhood obesity prevention – non personal pecuniary • Co-investigator for the trial of weight management in adults – funded by NPRI, intervention funded by Slimming World and Rosemary Conley– non personal pecuniary • Co – author of paper reporting trial of weight management in adults which included commercial weight management services (Weight Watchers, Slimming World and Rosemary Conley) – non personal pecuniary <p>Paige Ataou Community member –</p> <ul style="list-style-type: none"> • Previously supported by Slimming world - personal non pecuniary <p>Claire Bennett - Assistant Public Health Strategist, NHS North</p>	

<p>Central London/ Islington Public Health – nothing to declare</p> <p>Janice Christie Senior Lecturer in Public Health and Primary Care, City University London– nothing to declare</p> <p>Orla Flannery Lecturer in Exercise and Health Psychology - University of Salford</p> <ul style="list-style-type: none"> • Weight evaluation research funded by PCT – non personal pecuniary <p>Alexandra Jones Lead Commissioner: Early Intervention and Prevention, Wigan Council and NHS Ashton, Leigh and Wigan.</p> <ul style="list-style-type: none"> • Wigan Council and NHS Aston, Leigh and Wigan has commissioned some services funded by Johnson & Johnson - non personal pecuniary <p>Alan Maryon-Davis (Chair) Honorary Professor of Public Health Department of Primary Care & Public Health Sciences, Kings College London School of Medicine</p> <ul style="list-style-type: none"> • Writer and broadcaster on obesity and children and general health matters – personal pecuniary • Trustee of National Heart Forum (NHF) which comments on policy which relates to obesity - non personal pecuniary • Recently resigned as a Board member of the subsidiary organisation of National Heart Forum - Micro health simulations – which is funded by GlaxoSmithKline • Chair of Best Beginnings (charity) – personal non pecuniary • Spokesperson for UK Faculty of Public Health – non personal non pecuniary <p>Sarah Mills Commissioning Manager – Nutrition & Weight Management Birmingham Public Health– nothing to declare</p> <p>Helen Pittson Service Manager Nutrition and Obesity: Children and Families, Shropshire Community Health NHS Trust</p> <ul style="list-style-type: none"> • Service Manager Nutrition and Obesity: Children and Families, NHS Telford and Wrekin – non personal pecuniary • On behalf of NHS Telford and Wrekin, has spoken at conferences and published papers - personal non pecuniary • Author of paper that has been referenced by the review - personal non pecuniary <p>Paula Watson Lecturer, John Moores University.</p> <ul style="list-style-type: none"> • Previously GOALS Project Manager and Principal Researcher, Research Institute for sport and exercise Sciences at Liverpool John Moores University. This is funded by Liverpool PCT – non personal pecuniary 	
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<ul style="list-style-type: none"> • Published articles that were referenced by the review team – personal non pecuniary • Past consultancy work funded by Blackburn with Darwen PCT – personal pecuniary <p>Laura Webber Modelling Researcher, National Heart Forum.</p> <ul style="list-style-type: none"> • Researcher, National Heart Forum (NHF). Also the subsidiary organisation of NHF - Micro health simulations – funded by GlaxoSmithKline For clarification: Laura stated that National Heart Forum is a review team for economic modelling on this guidance, contracted by NICE through an open tender process. Laura Webber stated that she was not involved in the economic modelling being carried out by NHF and the University of East Anglia. <p>Jane Wells Assistant Director of Public Health, NHS Berkshire</p> <ul style="list-style-type: none"> • Consultant in Public Health for NHS Berkshire, who commission NHS- funded weight management services for children and adults -non personal pecuniary • Consultant advisor for the HTA programme which is part of the National Institute for Health Research (NIHR). The Trials and Studies Coordinating Centre (NETSCC), part of whose remit could include commissioning research into services for overweight and obese children – non personal pecuniary <p>Stephen Westgarth Consultant Child and Adolescent Psychiatrist, Specialist Child and Adolescent Mental Health Services.</p> <ul style="list-style-type: none"> • Received payment for lecturing from Eli Lilly – personal pecuniary • In addition to NHS practice, has private psychiatry practice – personal pecuniary • Secretary of local playing fields association - personal non pecuniary • Spouse applying for work at Living Streets Charity -Personal family interest <p>Sarah West-Sadler Community Member– nothing to declare</p> <p>Review Team: Fiona Morgan- For clarification: Fiona stated that she was previously employed by GlaxoSmithKline but had no current involvement and was not a shareholder Ruth Kipping- non personal pecuniary works as a consultant in Public Health for NHS and through this work commissions MEND and Weight watchers consultancy work for NHS, funded by Weight Watchers and MEND – Alison Weightman – nothing to declare</p> <p>National Heart Forum: Martin Brown – participated in work on a randomised controlled trial</p>	
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	<p>for MRC/NPRI which was funded by Weightwatchers - non personal pecuniary Tim Marsh– participated in work on a randomised controlled trial for MRC/NPRI which was funded by Weightwatchers - non personal pecuniary NICE team: no declarations of interest were made by the team</p> <p>The Chair ruled that none of the interests declared prevented anyone present from taking full part in the meeting.</p>	
3,4	<p>Review 1: Effectiveness and cost effectiveness of lifestyle weight management services for children and young people</p> <p>Fiona Morgan gave a presentation to outline the main findings in the review. The team tabled two papers for the PDG illustrating forest plots and one paper with a table to illustrate the gender patterns of the studies that they found. Action: SURE offered to investigate the effect of the duration of the intervention as well as the intensity.</p> <p>Action: SURE to look at baseline BMI z scores of those referred by specialists and at attrition rates by baseline BMI z score</p>	<p>SURE</p> <p>SURE</p>
5,6	<p>.Economic modelling overview Martin Brown and Tim Marsh from National Heart Forum provided declarations of interest as recorded in item 2. Tim Marsh explained the model and invited suggestions from the PDG on its direction for further development.</p>	
7	<p>Response to the Call for Evidence</p> <p>CM outlined the Call for Evidence process and outlined the responses that had been received from stakeholders. Action: Any PDG members aware of papers that meet the inclusion criteria to send to the NICE team</p>	<p>PDG members</p>
8	<p>Formulating recommendations based on review 1</p> <p>The PDG discussed the evidence statements and how they would be developed into draft recommendations, considerations and areas where further research is needed. Action: NICE to draft research recommendations based on the PDGs’ comments for their consideration</p>	<p>NICE team</p>
9	<p>Suggestions for expert testimony</p> <p>HC outlined the suggestions for expert testimony already received and asked the PDG to suggest further contacts, and areas where expertise would be useful, such as promising practice, ongoing research, and current policy. He explained that experts do not contribute to the development of the guidance. Action: PDG to send any further suggestions to the NICE team</p>	

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	Action: NICE team to invite experts to future PDG meetings	PDG members NICE team
10	AOB The next meeting is Wednesday 3rd October 2012, Royal College of Surgeons, 35-43 Lincolns Inn Fields, London WC2A 3PE	
The meeting closed at 3.25pm		