

## **Anxiety (update) Guideline Development Group Meeting**

**Date and Time:** Thursday 18 September 2009, 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists'  
6<sup>th</sup> Floor Standon House  
21 Mansell Street  
London  
E1 8AA

**Present:** **GDG members**  
John Cape (JC)  
Marta Buszewicz (MB)  
Jill Keegan (JK)  
Judy Leibowitz (JL)  
Catherine O'Neill (CO)  
Phillip Cowen (PC)  
Joanna Hackman (JH)

**Experts**

None

**In attendance:**

NCCMH Staff: Tim Kendall (TK)  
Nick Meader (NM)  
Ifigeneia Mavranezouli (IM)  
Esther Flanagan (EF)  
Sarah Stockton (SS)  
Marie Halton (MH)  
Melissa Chan (MC)  
Clare Taylor (CTy)  
Ifigeneia Mavranezouli (IM)

NICE staff Claire Turner (CT)

Observers: None

Notes

1. Apologies were received from Carolyn Chew-Graham, Jan Scott & Paul Salkovskis.
2. JC, MB, JK, JL, CO, PC, JH, TK, NM, IM, EF, CT, MH, MC & CTy all declared that they knew of no new personal pecuniary, personal family, non-personal pecuniary or personal non-pecuniary interest in the development of this guideline other than those already reported in the conflict of interest forms already submitted.
3. The minutes of the last meeting were agreed as a true and accurate account.
4. CTy outlined the Experience of Care chapter.
5. The GDG revised the proposed meeting and writing plan.
6. IM gave a presentation on Quality Assured Life Years (QALYS).
7. NM presented the data on pharmacological interventions.
8. IM presented the Health Economics data
9. NM presented on GRADE using examples from the pharmacology data
10. The GDG discussed the review protocol for psychological interventions.
11. Next meeting: 10.30am-4pm, 27 October 2009.