

Characteristics Table for The Clinical Question: In the treatment of GAD, what are the risks and benefits associated with the following combination therapies compared with other interventions (including treatment as usual)?

Comparisons Included in this Clinical Question

Busiprone + anxiety management training vs. Busiprone + non-directive therapy
BOND2002b

Busiprone + anxiety management training vs. Placebo + anxiety management training
BOND2002b

Busiprone + anxiety management training vs. placebo + non directive therapy
BOND2002b

Busiprone + non-directive therapy vs. Placebo + anxiety management training
BOND2002b

Busiprone + non-directive therapy vs. Placebo + non-directive therapy
BOND2002b

Placebo + anxiety management training vs. placebo + non directive therapy
BOND2002b

Characteristics of Included Studies

Methods	Participants	Outcomes	Interventions	Notes
<p>BOND2002b</p> <p>Study Type: RCT</p> <p>Study Description: Examined the effectiveness of a short course of psychological therapy (AMT or non-directive therapy) combined with busiprone or placebo.</p> <p>Type of Analysis: Completers</p> <p>Blindness: No mention</p> <p>Duration (days): Mean 7</p> <p>Followup: no mention</p> <p>Setting: Recruited patients from anxiety disorders clinic at Maudsley Hospital, London, UK</p> <p>Notes: RANDOMISATION: no details</p> <p>Info on Screening Process: No details</p>	<p>n= 60</p> <p>Age: Mean 34 Range 18-65</p> <p>Sex: 17 males 27 females</p> <p>Diagnosis: 100% Generalised Anxiety Disorder (GAD) by DSM-III-R</p> <p>Exclusions: Any other current psychiatric comorbidity as a primary diagnosis, the use of any psychotropic drug in the past 6 wks, or benzodiazepines in the past 6 months</p> <p>Baseline: HADS-anxiety: bus+ amt = 28.8 (4.8), bus + ndt = 29 (4.5), pl + amt = 27.7 (4.3), pl + ndt = 28.1 (2.7)</p>	<p>Data Used</p> <p>HAMA</p> <p>Hospital Anxiety and Depression Scale (anxiety)</p> <p>Hospital Anxiety and Depression Scale (depression)</p> <p>Notes: Outcomes are based on completer analysis. In total, 16 dropped out, no details for each group. Taken at baseline, 4 & 8 wks.</p>	<p>Group 1 N= 11</p> <p>Busiprone + AMT. Mean dose 7 - Busiprone (5mg) was given in flexible dosage, starting at 3 capsules a day during 1st wk but allowing for an increase of up to 6 capsules thereafter. AMT was designed to be educational & interactive therapy.</p> <p>Group 2 N= 7</p> <p>Busiprone + non-directive therapy. Mean dose 7 - Busiprone : see previous. NDT allowed clients to talk freely with feelings acknowledged, reflecting back content, adopting a non-judgmental stance.</p> <p>Group 3 N= 12</p> <p>Placebo + AMT. Mean dose 7 - same as before</p> <p>Group 4 N= 14</p> <p>Placebo + non-directive therapy. Mean dose 7 - same as before</p>	<p>Funding = supported by the UK medical research council. Quality assessed: Selection bias: unclear risk of bias, performance bias: high risk, attrition bias: unclear risk, detection bias: low risk</p>

Characteristics of Excluded Studies

References of Included Studies

BOND2002b (Published Data Only)
 Bond, A.J., Wingrove, J., Curran, H.V., et al. (2002) Treatment of generalised anxiety disorder with a short course of psychological therapy, combined with busiprone or placebo. Journal of Affective Disorders, 72, 267-271.

References of Excluded Studies