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Organ donation for transplantation: improving donor identification and consent rates for deceased organ donation

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NICE clinical guideline

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Draft for consultation, February 2011

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This guideline was developed following the NICE short clinical guideline process. This document includes all the recommendations, details of how they were developed and summaries of the evidence they were based on.

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42 Disclaimer

43 NICE clinical guidelines are recommendations about the treatment and care of
 44 people with specific diseases and conditions in the NHS in England and
 45 Wales.

46 This guidance represents the view of NICE, which was arrived at after careful
 47 consideration of the evidence available. Healthcare professionals are
 48 expected to take it fully into account when exercising their clinical judgement.
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 2011)

49 However, the guidance does not override the individual responsibility of
50 healthcare professionals to make decisions appropriate to the circumstances
51 of the individual patient, in consultation with the patient and/or guardian or
52 carer.

53 Implementation of this guidance is the responsibility of local commissioners
54 and/or providers. Commissioners and providers are reminded that it is their
55 responsibility to implement the guidance, in their local context, in light of their
56 duties to avoid unlawful discrimination and to have regard to promoting
57 equality of opportunity. Nothing in this guidance should be interpreted in a way
58 that would be inconsistent with compliance with those duties.

59 **Introduction**

60 'Organ donation for transplantation: improving donor identification and
61 consent rates for deceased organ donation' (NICE clinical guideline [XX]) is a
62 NICE short clinical guideline. For a full explanation of how this type of
63 guideline is developed, see 'The guidelines manual' (2009) at
64 www.nice.org.uk/GuidelinesManual

65 **Patient-centred care**

66 This guideline offers best practice advice on improving donor identification
67 and consent rates.

68 Treatment and care should take into account patients' needs and preferences.
69 People at the end of their life should have the opportunity to make informed
70 decisions about their care and treatment, in partnership with their healthcare
71 professionals. If patients do not have the capacity to make decisions,
72 healthcare professionals should follow the Department of Health's advice on
73 consent (available from www.dh.gov.uk/consent) and the code of practice that
74 accompanies the Mental Capacity Act (summary available from
75 www.publicguardian.gov.uk). In Wales, healthcare professionals should follow
76 advice on consent from the Welsh Assembly Government (available from
77 www.wales.nhs.uk/consent).

78 If the patient is under 16, healthcare professionals should follow the guidelines
79 in 'Seeking consent: working with children' (available from www.dh.gov.uk).

80 Good communication between healthcare professionals and patients is
81 essential. It should be supported by evidence-based written information
82 tailored to the patient's needs. Treatment and care, and the information
83 patients are given about it, should be culturally appropriate. It should also be
84 accessible to people with additional needs such as physical, sensory or
85 learning disabilities, and to people who do not speak or read English.

86 If the patient agrees, families and carers should have the opportunity to be
87 involved in decisions about treatment and care.

88 Families and carers should also be given the information and support they
89 need.

90 **1 Summary**

91 **1.1 *List of all recommendations***

92 **Identification and referral of patients who are potential donors**

93 1.1.1 Organ donation should always be considered as a normal part of
94 'end of life care' planning and, where possible, be discussed with
95 the patient and parents, family, or guardians.

96 1.1.2 Identify all patients who are potentially suitable donors as early as
97 possible, through a systematic approach. To maximise potential
98 donation, identification should be based on either of the following
99 criteria, while recognising that clinical situations vary:

- 100
- 101 • defined clinical trigger factors in patients who have death
102 confirmed against neurological criteria and who have had a
catastrophic brain injury, namely:
 - 103 – the absence of one or more cranial nerve reflexes **and**
 - 104 – a Glasgow Coma Scale (GCS) score of 4 or less that is not
 - 105 explained by sedation

106 unless there is a clear reason why the above clinical triggers are
107 not met (for example because of sedation) and/or a decision has
108 been made to perform brain stem death tests, whichever is the
109 earlier

110 • the intention to withdraw treatment in patients with a life-
111 threatening or life-limiting condition which will, or is expected to,
112 result in cardiac death.

113 1.1.3 The healthcare team caring for the patient should immediately
114 initiate discussions with the specialist nurse for organ donation for
115 every patient at the time the criteria in recommendation 1.1.2 are
116 met.

117 1.1.4 Clinically stabilise all patients who meet the clinical trigger factors
118 (see recommendation 1.1.2) and for whom a decision to withdraw
119 treatment has been made, so that the donation potential can be
120 assessed. This assessment should take place in an appropriate
121 critical care setting, for example an adult critical care unit or a
122 regional paediatric intensive unit.

123 1.1.5 If a patient has the capacity to make their own decisions, obtain
124 their views on organ donation.

125 1.1.6 If a patient is close to death and lacks the capacity to consent to
126 organ donation:

127 • refer to and act in accordance with an advanced care directive if
128 available
129 • establish whether the individual has registered and recorded
130 their wish to donate on the NHS organ donor register¹
131 • explore with those close to the individual whether the patient had
132 expressed any views about organ donation.

¹ www.uktransplant.org.uk/

133 **Obtaining consent**

134 1.1.7 Allow sufficient time for the parents, family, or guardians to come to
135 terms with the anticipated death and to spend time with the patient
136 before approaching them about organ donation.

137 1.1.8 Discuss withdrawal of life-sustaining treatment and neurological
138 death before, and at a different time from, discussing organ
139 donation unless the parents, family or guardians initiate these
140 discussions in the same conversation.

141 1.1.9 The multidisciplinary team (MDT) responsible for planning the
142 approach and obtaining the consent for organ donation should
143 include:

- 144 • the medical and nursing staff involved in the care of the patient
- 145 • the specialist nurse for organ donation **and**
- 146 • local faith representatives where relevant.

147 1.1.10 Whenever possible, continuity of care should be provided by team
148 members who have been directly involved in caring for the patient.

149 1.1.11 The MDT involved in the initial approach should have the
150 necessary skills and knowledge to provide appropriate support to
151 parents, families or guardians and accurate information about
152 organ donation.

153 1.1.12 Before discussing consent for donation with the parents, family, or
154 guardians the healthcare team caring for the patient should:

- 155 • identify a patient's potential for donation in consultation with the
156 specialist nurse for organ donation
- 157 • check the NHS organ donor register and any advance care
158 directives
- 159 • clarify coronial, judicial and safeguarding issues.

160 1.1.13 Before approaching the parents, family, or guardians about

- 161 consent, seek information that includes:
- 162 • knowledge of the clinical history of the patient who is a potential
 - 163 donor
 - 164 • identification of key family members
 - 165 • assessment of whether family support is required – for example
 - 166 faith representative, family liaison officer, bereavement service,
 - 167 trained interpreter
 - 168 • identification of other key family issues
 - 169 • identification of cultural and religious issues that may have an
 - 170 impact on consent.
- 171 1.1.14 Approach parents, families, or guardians for consent in a setting
- 172 suitable for private and compassionate discussion.
- 173 1.1.15 Every approach to the parents, family, or guardians should be
- 174 planned with the MDT and at a time that suits the family's
- 175 circumstances.
- 176 1.1.16 In all cases parents, family, and guardians should be approached in
- 177 a professional, compassionate and caring manner and given
- 178 sufficient time to consider the information.
- 179 1.1.17 Only approach parents, family, or guardians for consent when it is
- 180 clearly established that they understand the inevitability of the
- 181 death.
- 182 1.1.18 When approaching the parents, family or guardians about consent:
- 183 • discuss with them that donation is a usual part of the end of life
 - 184 care that the patient will receive
 - 185 • use open questions
 - 186 • use positive ways to describe organ donation, especially when
 - 187 patients are on the organ donor register or they have expressed
 - 188 a wish to donate during their lifetime
 - 189 • avoid the use of apologetic or negative language (for example, 'I

190 am asking you because it is policy' or 'I am sorry to have to ask
191 you').

192 1.1.19 Provide parents, family, or guardians of patients who are potential
193 donors with the following, as appropriate:

- 194 • For all patients who are potential donors:
 - 195 – assurance that the primary focus is on the care and dignity of
 - 196 the patient (whether the donation occurs or not) and that the
 - 197 parents', family's, or guardians' wishes will be respected
 - 198 – explicit confirmation and reassurance that the standard of
 - 199 care received will be the same whether consent for organ
 - 200 donation is given or not
 - 201 – the rationale behind the decision to withdraw or withhold life-
 - 202 sustaining treatment and how the timing will be coordinated to
 - 203 support organ donation
 - 204 – a clear explanation of and information on the process of organ
 - 205 donation and retrieval, including post-retrieval arrangements
 - 206 – where and when organ retrieval is likely to occur
 - 207 – a clear explanation of and information on what interventions
 - 208 may be required between consent and organ retrieval
 - 209 – how current legislation applies to their situation², including the
 - 210 status of being a registered organ donor or any written
 - 211 advance care directive
 - 212 – how the requirements for coronial referral apply to their
 - 213 situation
 - 214 – consent documentation
 - 215 – reasons why organ donation may not take place, even if
 - 216 consent is granted
- 217 • For brainstem death patients who are potential donors:
 - 218 – a clear explanation of how death is diagnosed using
 - 219 neurological criteria, and how this is confirmed

² Mental Capacity Act (2005) and Human Tissue Act (2004)
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- 220 • For cardiac death patients who are potential donors:
- 221 – a clear explanation on what end-of-life care involves and
- 222 where it will take place – for example, theatre, critical care
- 223 department
- 224 – a clear explanation on how death is confirmed
- 225 – a clear explanation on what happens if death does not occur
- 226 within a defined time period.

227 **Organisation of the identification, referral and consent processes**

228 1.1.20 Each hospital should have a policy and protocol for identifying

229 patients who are potential donors and managing the consent

230 process.

231 1.1.21 The pathway for organ donation (from identification to consent)

232 should be coordinated by the MDT, led by an identifiable consultant

233 working in close collaboration with the specialist nurse for organ

234 donation.

235 1.1.22 The MDT involved in the identification, referral and consent

236 processes should have the specialist skills and competencies

237 necessary to deliver the recommended process for organ donation

238 outlined in this guideline. The skills and competencies required of

239 the individual members of the team will depend on their role in the

240 process.

241 1.1.23 All healthcare professionals involved in identification, referral and

242 consent processes should:

- 243 • have knowledge of the basic principles and the relative benefits
- 244 of, and differences between, DCD and DBD
- 245 • understand the principles of the diagnosis of death using
- 246 neurological or cardiorespiratory criteria and how this relates to
- 247 the organ donation process
- 248 • be able to explain neurological death clearly to families
- 249 • understand the use of clinical triggers to identify patients who
- 250 may be potential organ donors

- 251 • understand the processes, policies and protocols relating to
252 donor management
- 253 • adhere to relevant professional standards of practice regarding
254 organ donation and end of life care.

255 1.1.24 Consultant staff who have clinical responsibility for patients who are
256 potential donors have a duty according to General Medical Council
257 (GMC) guidance to consider organ donation as part of end of life
258 care. They should have specific knowledge and skills in:

- 259 • the law surrounding organ donation
- 260 • medical ethics as applied to organ donation
- 261 • the diagnosis and confirmation of death using neurological or
262 cardiorespiratory criteria
- 263 • the greater potential for transplantation of organs retrieved from
264 DBD donors compared with organs from DCD donors
- 265 • clinical techniques to secure physiological optimisation in
266 patients who are potential organ donors
- 267 • communication skills and knowledge necessary to increase
268 consent ratios for organ donation.

269

270 **1.2 Overview**

271 **1.2.1 Consent for organ donation**

272 Organ transplantation has a major role in the management of organ failure –
273 that is, of a single organ system of the kidneys, small bowel, liver, pancreas,
274 heart, lung, or thymus; and of combined organ failure of the heart and lung,
275 the kidney and pancreas, the liver and kidney, or liver and small bowel.
276 Transplants may be needed because of primary organ disease, such as
277 chronic inflammatory disease of the kidneys or cardiomyopathy, or because of
278 secondary effects of a disease – for example, people with diabetes needing
279 kidney, islet cell and/or pancreas transplants, and people with cystic fibrosis
280 needing lung transplants.

281 There is a shortage of organs for transplant resulting in long waits for
282 transplantation and a significant number of deaths while awaiting
283 transplantation.

284 A UK transplant survey in 2003 showed that the public is very supportive of
285 organ donation in principle, with 90% of those responding in favour. Nearly 17
286 million people are already on the NHS Organ Donor Register. However, the
287 actual donation rate in the UK remains poor. This may be partly because of
288 bereaved relatives not consenting to organ donation. Many reviews of organ
289 donation have been done, but all failed to resolve the problems that result
290 from the lack of a structured and systematic approach to organ donation.

291 This guideline focuses on identifying potential donors and obtaining consent
292 for solid organ donation under current legislation. It aims to help address the
293 burden of disease by increasing the availability of organs for transplant. It also
294 addresses current inequalities in approach by helping to make organ donation
295 a usual part of NHS practice, meaning that families of all potential organ
296 donors are approached and supported, irrespective of factors such as
297 ethnicity and religion.

298 This short clinical guideline aims to increase consent rates by making
299 evidence-based recommendations on the structures and processes of
300 identifying potential donors and the approach for consent.

301 **1.2.2 Who this guideline is for**

302 This document is intended to be relevant to healthcare professionals involved
303 in the process of organ donation, from identification to consent. The target
304 population is families, carers or guardians of potential donors.

305

306 **2 How this guideline was developed**

307 **2.1 *Increasing donation rates through identification,*** 308 ***referral and consent***

309 **2.1.1 Evidence review**

310 The five review questions were:

- 311 • Review question 1:
 - 312 – What structures and processes including timing for referral and criteria
 - 313 for consideration are appropriate and effective for identifying potential
 - 314 DBD and DCD donors?
- 315 • Review question 2:
 - 316 – What structures and processes are appropriate and effective for
 - 317 obtaining consent from families, relatives and legal guardians of potential
 - 318 DBD and DCD donors?
- 319 • Review question 3:
 - 320 – When is the optimal time for approaching the families, relatives and legal
 - 321 guardians of potential DBD and DCD donors for consent?
- 322 • Review question 4:
 - 323 – How should the care pathway of deceased organ donation be
 - 324 coordinated to improve potential donors giving consent?
- 325 • Review question 5:
 - 326 – What key skills and competencies are important for healthcare
 - 327 professionals to improve the structures and processes for identifying
 - 328 potential DBD and DCD, to improve structures and processes for
 - 329 obtaining consent, and to effectively coordinate the care pathway from
 - 330 identification to obtaining consent?

331 A total of 3465 articles were found by systematic searches for review
332 questions 1 to 4. Full text was ordered for 311 articles based on the title and
333 abstract. Sixty-one papers met the eligibility criteria (for review protocol and
334 inclusion and exclusion criteria, see appendix C). Although searches were
335 undertaken for review question 5, the technical team and the GDG considered

336 that evidence already reviewed and included for review questions 1 to 4 would
337 adequately inform evidence-based recommendations on the skills and
338 competencies needed by healthcare professionals. For example, where a lack
339 of knowledge or skills was identified for healthcare professionals as part of
340 review question 2, a recommendation was made that healthcare professionals
341 should have those skills and knowledge in order to implement the other
342 recommendations made in the guideline.

343 Although systematic reviews were undertaken for each of the review
344 questions (except review question 5 as noted above), this evidence review
345 provides a summary of the whole evidence base used for this guideline. The
346 reviews for each question can be seen separately in appendix G. However,
347 when drafting the evidence statements and recommendations, it became clear
348 that the evidence reviewed often covered more than one area of interest (that
349 is, the search strategies used were not able to be specific enough to separate
350 out the detailed components of the process that we were interested in);
351 therefore the process of identifying the evidence and drafting
352 recommendations was iterative and reflective.

353 GRADE assessment was adapted, and the following variables were
354 considered: limitations, inconsistency, and indirectness. Imprecision was rated
355 as not relevant for some areas because it did not apply to the type of evidence
356 considered (for example, qualitative studies).

357 Summary GRADE tables are presented below. For full GRADE profiles, see
358 appendix E.

359 **Review question 1**

360 What structures and processes including timing for referral and criteria for
361 consideration are appropriate and effective for identifying potential DBD and
362 DCD donors?

363

364 **GRADE profile 1 Summary of structures and processes for identifying**
 365 **potential DBD and DCD donors**

Summary of findings		
Number of studies	Analysis	Quality
9 studies 3 x Audit retrospective studies - [A], [P], [Ma] 1 x Audit report - [G&E] 1 x Medical records retrospective review - [G] 3 x Survey questionnaires - [O], [W], [M] 1 x Audit prospective study - [T]	Studies showed that one of the factors for low identification rates was healthcare professionals missing identifying potential donors.	Very low
1 study 1 x Audit study - [Pu]	A study showed that there was an improvement in identification of potential donors in hospitals with a donor action programme implemented.	Very low
2 studies 1 x Audit retrospective study - [A] 1 x Survey using a questionnaire - [Mo]	Studies showed that a lack of organ donation protocol or knowledge of the referral process in emergency departments may be a cause for non-identification of potential donors.	Very low
2 studies 1 x Medical records retrospective reviews - [G] 1 x Survey questionnaire - [O]	Studies showed that healthcare professionals did not approach family members to make a decision about donation.	Very low
1 study 1 x Survey questionnaire - [Pe]	A study showed that healthcare staff felt that families were too stressed to be approached for organ donation.	Very low

Summary of findings		
Number of studies	Analysis	Quality
1 study 1 x Audit retrospective study - [A]	A study showed the lack of available contact details of the donor transplant coordinator in emergency departments as a factor for lack of identification of potential donors.	Very low
1 study 1 x Audit retrospective study - [A]	A study showed the following personnel should be part of the identification process in the emergency department: <ul style="list-style-type: none"> • hospital consultants - A&E, anaesthetists and neurosurgeons • emergency trauma team • A&E nursing and medical staff. 	Very low
1 study 1 x Audit retrospective study - [A]	A study showed that HM coroner's involvement was seen as too complex, acting as a barrier cited by healthcare staff as to why patients may not be recognised as potential donors in the A&E department.	Very low
1 study 1 x Audit retrospective study - [A]	A study showed that lack of confidence and experience of A&E staff in offering the option of donation to acutely bereaved families acted as a barrier cited by healthcare staff as to why patients may not be recognised as potential donors in the A&E department.	Very low
2 studies 1 x Audit retrospective study - [A] 1 x Survey questionnaire - [Pe]	Studies showed that healthcare professionals perceived that a lack of resources and shortage of intensive care beds in the hospital may have contributed to non-identification and referral.	Very low
1 study 1 x Structured questionnaire - [PI]	A study showed that the following factors influenced the decision to discuss with families regarding organ donation: <ul style="list-style-type: none"> • number of potential organs in a particular donor • knowledge of contraindications by physician • cause of death with natural causes of death • sex of the physician – female physicians are more likely to 	Very low

Summary of findings		
Number of studies	Analysis	Quality
	ask than male colleagues.	
2 studies 1 x Medical records retrospective review - [G] 1 x Survey questionnaire - [Pe]	Studies showed that people of African-American origin and people with perceived cultural differences were less likely to donate and also healthcare professionals were less likely to approach them.	Very low
1 study 1 x Medical records retrospective review - [G]	A study showed that rates of organ donation were higher when the cause of death was a motor vehicle accident, a gunshot wound or stabbing, or other head trauma compared with cerebrovascular, asphyxiation, or cardiovascular events	Very low
1 study 1 x Survey questionnaire - [Pe]	A study showed that threats to staff from family members acted as a barrier to identification of potential donors.	Very low
1 study 1 x Survey questionnaire - [Pe]	A study showed that healthcare staff experienced language difficulties in explaining to families about organ donation which acted as a barrier to identification of potential donors.	Very low
1 study 1 x Survey using a questionnaire - [Mo]	A study showed that healthcare staff felt that approaching families for organ donation was too emotionally demanding and acted as a barrier to identification of potential donors.	Very low
1 study 1 x Survey using a questionnaire - [Mo]	A study showed that healthcare professionals' fear of potential litigation was a factor for non-identification and donation.	Very low
1 study 1 x Structured questionnaire - [P]	A study showed that healthcare professionals identified the following factors that acted as barriers for non-identification of potential donors: <ul style="list-style-type: none"> • lack of time • did not think • difficult situation. 	Very low
Abbreviations [A] = Aubrey et.al (2008) [G&E] = Gabel and Edstrom (1993) [P] = Petersen et al. (2009)		

Summary of findings		
Number of studies	Analysis	Quality
[G] = Gortmaker et al. (1996) [O] = Opdham et al. (2004) [T] = Thompson et al. (1995) [W] = Wood et al. (2003) [M] = Moller et al. (2009) [Ma] = Madsen et al. (2006) [Pu] = Pugliese et al. (2003) [Mo] = Molzahn et al. (1997) [Pe] = Pearson et al. (1995) [Pl] = Ploeg et al. (2003)		

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GRADE profile 2: Summary of use of clinical triggers

Study characteristics	Summary of findings		Quality	
Number of studies	Analysis		Quality	
Conversion rate				
1 study			Very low	
1 x observational study - [B]	Outcome	2004		2005
	Conversion rate	50%		80%
A study showed that the conversion rate statistically significantly increased when clinical triggers were used to screen all intensive care unit (ICU) patients.				
Number of organ donors				
1 study	A study showed that the number of organ donors in collaborative hospitals increased by 14.1% in the first year, a 70% greater increase than the 8.3% increase experienced by non-collaborative hospitals. Moreover, the increased organ recovery continued into the post-collaborative periods.		Very low	
1 x observational study - [S]				
Number of potential and effective donors				
2 studies	The number of potential donors increased between 4% to 27.46%.		Very low	
2 x observational studies - [Sh] and [V]	The number of effective donors increased by 22% to 30.86%.			

Study characteristics	Summary of findings	
Number of studies	Analysis	Quality
Total number of referrals		
1 study 1 x observational study - [Sh]	Total referrals increased by 26% in the project IHC LITCs vs. 14% in the comparison hospitals.	Very low
Abbreviations [B] = Bair et al. (2006) [S] = Shafer et al. (2008) [Sh] = Shafer et al. (2004) [V] = Van gelder et al. (2006) IHC = in-house coordinators LITC = Level I trauma centres		

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GRADE profile 3: Summary of use of required referral

Study characteristics	Summary of findings																					
Number of studies	Analysis	Quality																				
Referral rate and number of potential donors																						
1 study 1 x observational study - [M]	<table border="1"> <thead> <tr> <th></th> <th colspan="2">2006-7</th> <th colspan="2">2007-8</th> </tr> <tr> <th>Number</th> <th>Heart beating donors</th> <th>Non-heart beating donors</th> <th>Heart beating donors</th> <th>Non-heart beating donors</th> </tr> </thead> <tbody> <tr> <td>Referred</td> <td>2</td> <td>1</td> <td>7</td> <td>31</td> </tr> <tr> <td>Accepted</td> <td>1</td> <td>1</td> <td>6</td> <td>7</td> </tr> </tbody> </table> <p>There was an increase in referral rate.</p> <p>There was an increase in the number of potential donors referred to the organ procurement organisation (OPO) representative.</p>		2006-7		2007-8		Number	Heart beating donors	Non-heart beating donors	Heart beating donors	Non-heart beating donors	Referred	2	1	7	31	Accepted	1	1	6	7	Low
	2006-7		2007-8																			
Number	Heart beating donors	Non-heart beating donors	Heart beating donors	Non-heart beating donors																		
Referred	2	1	7	31																		
Accepted	1	1	6	7																		
Referral rate and number of potential donors																						
5 studies 4 x observational studies - [H], [Hi], [R], and [S] 1 x retrospective study - [B]	<p>There was an increase in referral rate of between 56% and 450%.</p> <p>There was an increase in the number of potential donors referred to the OPO representative of between 3% and 80%.</p>	Very low																				
Number of donors																						
6 studies 3 x observational studies - [S], [R], and [Sh] 3 x retrospective studies - [B], [D], and [G]	Studies showed that there was an increase in the number of donors of between 24% and 275% from potential donors.	Very low																				
Number of organs retrieved per donor																						
1 study 1 x observational study - [S]	A study showed that there was an increase of 312% for the number of organs retrieved per donor.	Very low																				
Number of organs retrieved per donor																						

Study characteristics	Summary of findings	
Number of studies	Analysis	Quality
1 study 1 x retrospective study - [G]	But one study showed that the overall number of organs per donor was essentially unchanged from the baseline year.	Very low
Abbreviations [M] = Murphy et al. (2009) [H] = Higashiwaga et al. (2001) [Hi] = Higashiwaga et al. (2002) [R] = Robertson et al. (1998) [S] = Shafer et al. (1998) [B] = Burris et al. (1996) [Sh] = Shafer et al. (2008) [D] = Dickerson et al. (2002) [G] = Graham et al. (2009)		

370

371 **Review question 2**

372 What structures and processes are appropriate and effective for obtaining
 373 consent from families, relatives and legal guardians of potential DBD and
 374 DCD donors?

375 **GRADE profile 4: Summary of effect of 'collaborative requesting' on**
 376 **consent rate for organ donation**

Study characteristics		Summary of findings			
		No of patients		Effect	Quality
Number of studies	Design	Collaborative	Routine	Results (95% CI)	
Consent to organ donation (ITT)					
1 [Y]	RCT	57/100 (57.0%)	62/101 (61.4%)	OR 0.83 (95% CI 0.47 to 1.46)	Low
Consent to organ donation (Adjusted for ethnicity, gender, and age)					
1 [Y]	RCT	57/100 (57%)	62/101 (61.4%)	OR 0.80 (95% CI 0.43 to 1.53, p = 0.49)	Low
Any solid organ retrieved from all patients (ITT)					
1 [Y]	RCT	45/100 (45.0%)	57/101 (56.4%)	OR 0.63 (95% CI 0.36 to 1.10)	Low
Any solid organ retrieved from patients who consented (ITT)					
1 [Y]	RCT	45/79 (57.0%)	57/92 (62.0%)	OR 0.81 (95% CI 0.44 to 1.50)	Low
Abbreviations: [Y] = Young et. al (2009). Collaborative request (Relatives approached by clinical team and a donor transplant coordinator) vs. routine request (Relatives approached by the clinical team alone)					

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GRADE profile 5: Summary of views of families of potential adult donors

Study characteristics	Summary of findings	
No. of studies	Analysis	Quality
Influence of staff involved in organ donation		
1 study 1 x Qualitative Study - [J]	A study showed that family members felt that presence of and interaction with nursing staff were strongly valued by both donor and non-donor family members. Satisfaction with nurses' behaviour and care was expressed by all, and nurses were seen as a source of emotional support.	Very low
1 study 1 x Qualitative Study - [J]	A study showed that family members felt that treating physicians are not readily available to families, don't provide continuity of care and information, don't use simple language, and don't verify whether the families have understood everything being explained to them by the physicians.	Very low
1 study 1 x Qualitative retrospective study - [H]	A study showed that donor families found it easier to talk to donor coordinators because they did not wear any uniform.	Very low
1 study 1 x Qualitative Study - [J]	A study showed that there were variations in the family experiences while being approached for consent on organ donation.	Very low
Continuity of care		
1 study 1 x Qualitative Study - [J]	A study showed that families preferred continuity of care for their loved ones. Continuity of care was sometimes considered inadequate to increase consent for organ donation.	Very low
1 study 1 x Qualitative Study - [J]	A study showed that families of potential donors preferred to interact with a single physician.	Very low
Quality of approach		
2 studies 1 x Qualitative retrospective study - [H]	Studies showed that families of donors and non-donors wanted compassionate care of their loved one (potential donor) and wanted them to be treated with dignity and respect.	Very low

Study characteristics	Summary of findings	
No. of studies	Analysis	Quality
1 x Qualitative Study - [J]		
1 study 1 x Qualitative Study - [J]	A study showed that families wanted to be listened to by the staff and wanted the staff to be there for them when needed.	Very low
Provision of information		
2 studies 2 x Qualitative Studies - [J] and [S]	Studies showed that families of donors and non-donors wanted understandable, prompt, accurate, in-depth and consistent information.	Very low
2 studies 1 x Qualitative retrospective study - [H] 1 x Qualitative Study - [J]	Studies showed that the different kinds of information required by families included the meaning of brainstem death, the confirmation of death, the reasons for brainstem testing, other medical information related to the condition of the potential donor, and the whole process of organ donation. Also, it should be made sure that families have understood clearly what they were told and what they asked for.	Very low
1 study 1 x Qualitative Study - [J]	A study showed that families of donors and non-donors considered the tone and pace of information giving to be crucial. Families considered that they were rushed and pressured, and information was conveyed insensitively. They wanted the information to be conveyed with empathy, concern, and consideration.	Very low
1 study 1 x Qualitative Study - [J]	A study showed that families of donors and non-donors considered privacy for the discussion to gain consent for organ donation as being critically important.	Very low
Sources of support		
1 study 1 x Qualitative Study - [J]	A study showed that families viewed nurses as a source of support during the discussion to gain consent for organ donation.	Very low
1 study	A study showed that families of donors believed that that faith and spiritual support was important to them during the discussion to gain consent for organ donation but non-donor	Very low

Study characteristics	Summary of findings	
No. of studies	Analysis	Quality
1 x Qualitative Study - [J] 1 study 1 x Qualitative retrospective study - [H]	families believed this support to be of less importance. A study showed that some donor families found follow-up care to be useful. It enabled them to ask further questions and to make the process of donation feel more personal and sincere following discussion to gain consent for organ donation. But, not all donor families thought that follow-up care was useful.	Very low
Views of physicians involved in organ donation		
1 study 1 x Qualitative Study - [S]	A study showed that physicians involved in the organ donation process considered the need to be certain of their decisions and of the process to be important. They also found the entire process very stressful.	Very low
Factors associated with decision stability or satisfaction		
1 study 1 x Retrospective study - [B]	A study showed that one factor associated with consent in potential adult donors was an understanding of the term brain death.	Very low
Factors associated with decision instability or dissatisfaction		
1 study 1 x Retrospective study- [R]	A study showed that the factors associated with denial of consent in potential adult donors were: <ul style="list-style-type: none"> • a lack of discussion of donation with the deceased • poor timing of donation discussion • not being told of the death before the first mention of donation • not being given enough time to discuss the donation decision with others. 	Very low
Factors associated with the decision to grant consent		
12 studies 7 x Retrospective studies- [B], [Br], [M], [F], [D], [N], [Si & L] 1 x Retrospective study (chart review and interviews) - [Si-b]	Studies showed that the following factors were associated with families of potential donors granting consent to organ donation: <ul style="list-style-type: none"> • understanding that transplantation was a proven procedure with a high success rate, and knowledge of the benefits of organ donation • an understanding of the term brain death • acceptance of death, and confidence in the 	Very low

Study characteristics	Summary of findings	
No. of studies	Analysis	Quality
2 x Retrospective studies (survey) - [Si], [P] 1 x Cross sectional survey- [C] 1 x Retrospective cross sectional qualitative study- [Sq]	'diagnosis of death' <ul style="list-style-type: none"> • consideration and knowledge of the deceased's wishes (through carrying a donor card or discussion) • earlier timing of request • involving more family members with the decision • the level of comfort with which the healthcare professional requested consent • good relationships between the family and the healthcare professionals • satisfaction with treatment (either of the family or the deceased) • congruence between the views of healthcare professionals and the families at initial approach • request for donation being initiated by a healthcare professional (not a physician) with further discussion with an organ donation professional • request by different healthcare professionals • more time spent with an organ donation professional • knowledge of the impact of donation on other processes, such as funeral arrangements • knowledge of the costs of donation • choice of organs for donation • families being able to discuss both specific and wider issues and getting answers to questions. 	
Factors associated with the decision to refuse consent		
18 studies 11 x Retrospective studies- [B], [Br], [M], [D], [Si & L], [La S], [No], [So], [Do], [Sh] and [Ch] 1 x Cross sectional survey - [C] 1 x Retrospective cross sectional qualitative study -	Studies showed that the following factors were associated with families of potential donors refusing consent to organ donation: <ul style="list-style-type: none"> • feelings of pressure to consent • feeling emotionally overwhelmed • feeling of surprise on being asked about consent • fear of causing more 'suffering' or disfigurement, and not wanting the deceased to have more medical intervention • concern that donation may cause more distress to 	Very low

Study characteristics		Summary of findings	
No. of studies	Analysis	Quality	
[Sq] 1 x Retrospective study (chart review and interviews) - [Si-b] 2 x Retrospective studies (survey)- [Si], [P] 1 x Prospective study - [Si- a]	family members <ul style="list-style-type: none"> • uncertainty about the deceased's wishes • reluctance to accept the death • social resentment • lack of understanding and confidence in the concept of brainstem death • lack of family consensus and the family being 'upset' • family reticence • making the decision before information was provided by a healthcare or organ donation professional • an absence of key decision makers • the length of the process • not liking the hospital or healthcare professionals • feeling that the medical care was not optimal • initial approach by a healthcare professional • perception that the healthcare professional did not care or was not concerned, or the healthcare professional showing a lack of respect • healthcare professionals stating that the request was required • lack of knowledge of the impact of donation on other processes, such as funeral arrangements • lack of detailed information on the process of organ donation, including the timing of retrieval and information on recipients • initial perception of healthcare professionals that the family were likely to refuse consent. 		
Other factors influencing consent for organ donation			
12 studies 7 x Retrospective studies- [B], [Br], [M], [Si & L], [La S], [F] and [No] 1 x Retrospective study (chart review and	Studies showed that other factors that influenced the families of potential donors in obtaining consent were: <ul style="list-style-type: none"> • donor ethnicity • donor age • donor sex • type of death (trauma or not) • familial (or consentor) 	Very low	

Study characteristics	Summary of findings	
No. of studies	Analysis	Quality
interviews) - [Si-b] 2 x Retrospective studies (survey) - [Si], [P] 1 x Prospective study (survey) - [Yo] 1 x Retrospective study (audit) - [Pi]	<ul style="list-style-type: none"> • level of education • socioeconomic status • marital status, previous examples of belief in or support for organ donation (such as carrying a donor card or donating to relevant charities) • religious, cultural or spiritual beliefs • personal experience or knowledge of transplantation • setting of donation or death. <p>However, some associations were not consistent across studies.</p>	
<p>Abbreviations</p> <p>[J] = Jacoby et al. (2005) [H] = Haddow (2004) [S] = Sanner et al. (2007) [B] = Burroughs et Al. (1998) [R] = Rodrigue et al. (2008) [Si-b] = Siminoff et al. (2001b) [Br] = Brown et al. (2010) [Si] = Siminoff et al. (2002) [P] = Pearson et al. (1995) [M] = Martinez et al. (2001) [F] = Frutos et al. (2002) [D] = Douglas (1994) [C] = Cleiren and Van Zoelen (2002) [Sq] = Sque et al. (2007) [N] = Niles et al. (1996) [Si & L] = Siminoff and Lawrence (2002) [La S] = La Spina et al. (1993) [No] = Noury et al. (1996) [So] = Sotillo et al. (2009) [Ch] = Chapman et al. (1995) [Yo] = Yong et al. (2000) [Pi] = Pike et al. (1990) [Do] = Douglass et al. (1995) [Si-a] = Siminoff et al. (2001a)</p>		

Study characteristics	Summary of findings	
No. of studies	Analysis	Quality
[Sh] = Shaheen et al. (1996)		

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381**GRADE profile 6: Summary of views of families of potential paediatric donors**

Study characteristics	Summary of findings	
No. of studies	Analysis	Quality
Influence of staff involved in organ donation		
1 study 1 x qualitative study - [B], [Be-a], [Be-b]	A study showed that parents of potential paediatric donors were more likely to give consent if they had a good relationship with the ICU personnel; they were then more likely accept the irreversibility of their child's death. Conversely, where this relationship was poor or when staff did not allow parents to be at the child's bedside, parents of potential paediatric donors were less likely to give consent.	Very low
Influence of family members		
1 study 1 x qualitative study - [Be-a], [Be-b]	A study showed that parents of potential paediatric donors tended to make the final decision about consent with their spouse but extended family members played a significant role in the decision-making process. In cases where parents of potential paediatric donors lacked spousal or mate support, consent for donation was less likely.	Very low
Factors related to consent		
1 study 1 x qualitative study - [B], [Be-a], [Be-b]	A study showed that parents of potential paediatric donors gave consent when they were able to accept their child's death, attribute meaning to the donation (for example, the benefits to the recipient) and when they believed that consent was consistent with their child's wishes.	Very low
1 study 1 x qualitative study - [B], [Be-a], [Be-b]	A study showed that parents of potential paediatric donors were more likely to decline consent when they had no previous knowledge about organ donation, wanted to know the recipient, considered that their child had been inappropriately cared for, or were unaware of their church's position on organ donation.	Very low
1 study 1 x qualitative study - [B], [Be-a], [Be-b]	A study showed that other factors related to obtaining consent from parents of potential paediatric donors included: <ul style="list-style-type: none"> • fear of mutilation or disfigurement • subjecting the child to further 'ordeal' • a reluctance to assume responsibility for another's organs. 	Very low
1 study	A study showed that parents of potential paediatric donors who	Very

Study characteristics		Summary of findings	
No. of studies	Analysis	Quality	
1 x qualitative study - [Be-a], [Be-b]	gave consent reported feeling that their grief was eased, through helping others to live or feeling that their child was living on through others.	low	
Method of approach			
1 study 1 x qualitative study - [B]	A study showed that parents of potential paediatric donors were more likely to give consent when family members or friends were approached by healthcare professionals, and they then approached the parents (indirect approach).	Very low	
Quality of approach			
1 study 1 x qualitative study - [B], [Be-a], [Be-b]	A study showed that parents of potential paediatric donors were more likely to decline consent when the parents were informed in an inappropriate manner and pressured to make a decision.	Very low	
Provision of information			
1 study 1 x qualitative study - [Be-a], [Be-b]	A study showed that parents of potential paediatric donors requested the following information before giving consent for organ donation: <ul style="list-style-type: none"> • the process of organ retrieval • the outcomes of transplantation • the identity of the recipient • the possibility of making contact with the recipient. 	Very low	
1 study 1 x qualitative study - [Be-a], [Be-b]	A study showed that parents of potential paediatric donors experienced more distress and were less likely to give consent if they were not given information on: <ul style="list-style-type: none"> • the child's condition • the chance of survival of the child • the concept of brain death. 	Very low	
1 study 1 x qualitative study - [Be-a], [Be-b]	A study showed that parents of potential paediatric donors who had given consent for organ donation wanted more information on what happened next, including the process of burial. Some parents of potential paediatric donors expressed resentment and anger at healthcare professionals who never expressed concern about their wellbeing during the period following the child's death.	Very low	

Study characteristics	Summary of findings	
No. of studies	Analysis	Quality
	They also felt that their act was not socially recognised and that they were quickly forgotten. A few even believed that they had been exploited.	
Factors associated with the decision to grant consent		
2 studies 1 x Retrospective study - [V] 1 x Retrospective study (survey) - [W]	Studies showed that the following factors were associated with families of potential paediatric donors granting consent to organ donation: <ul style="list-style-type: none"> • belief in the process of donation, and feeling that it was 'the right thing to do' • perception that the child would go on living in others • good interaction with healthcare professionals involved in organ donation • type of healthcare professional who asked for consent. 	Very low
Factors associated with the decision to refuse consent		
2 studies 2 x Retrospective studies (survey) - [W] and [F]	Studies showed that the following factors were associated with families of potential paediatric donors refusing consent to organ donation: <ul style="list-style-type: none"> • a perception that the doctors who determined death were not part of the organ donation process • lack of information • fear or lack of belief in organ donation • perception that timing of approach was not optimal • feeling that the child had been through enough and fear of further trauma • concern that donation would have an impact on survival • consideration of donation was too upsetting • poor interaction with healthcare professionals involved in organ donation, including a perception of insensitivity. 	Very low
Other factors influencing consent for organ donation		
2 studies 1 x Retrospective study (survey) - [F] 1 x Retrospective study	Studies showed that other factors that influenced the families of potential paediatric donors in obtaining consent were: <ul style="list-style-type: none"> • donor ethnicity • familial (or consentor) ethnicity • religious beliefs 	Very low

Study characteristics	Summary of findings	
No. of studies	Analysis	Quality
- [P]	<ul style="list-style-type: none"> previous examples of belief in or knowledge of transplantation. 	
<p>Abbreviations</p> <p>[B] = Bellali et al. (2006)</p> <p>[Be-a] = Bellali et al. (2007-a)</p> <p>[Be-b] = Bellali et al. (2007-b)</p> <p>[V] = Vane et al. (2001)</p> <p>[W] = Weiss et al. (1997)</p> <p>[F] = Frauman et al. (1987)</p> <p>[P] = Pietz et al. (2004)</p>		

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383 **Review question 3**

384 When is the optimal time for approaching the families, relatives and legal
385 guardians of potential DBD and DCD donors for consent?

386 **GRADE profile 7: Summary of the optimal time for approaching the**
387 **families, relatives and legal guardians of potential DBD and DCD donors**
388 **to gain consent**

Study characteristics	Summary of findings	
No. of studies	Analysis	Quality
Approach before death		
2 studies 2 x retrospective studies - [N] and [S]	Studies showed that when families of potential donors were asked about donation before death of their loved one, they tended to have a higher chance of giving consent than those asked at the time of death or after death.	Very low
Approach after death		
1 study 1 x retrospective study - [C]	A study also showed that when families of potential donors were asked about donation following notification of death of their loved one, as opposed to before or simultaneously with notification of death, they tended to have a higher chance of giving consent.	Very low
Time difference between approaches		
1 study 1 x retrospective study - [V]	A study showed that when time to initiation of brain death protocol was examined, success was obtained when a mean delay of 15.5 hours was respected compared with a mean delay of 7.0 hours, when donation was requested but denied.	Very low
Factors associated with optimal time to approach families of adult potential donors		
1 study 1 x Qualitative Study - [J]	A study showed that families who had denied consent had not been given enough time to prepare for organ donation and had not been clearly informed that their loved one (potential donor) was brain dead.	Very low
3 studies 2 x Qualitative Studies -[J] and [S] 1 x Qualitative retrospective study - [H]	Studies showed that families of potential adult donors thought that time was needed to allow families to recover from shock, to consider the benefits of donation, allow them sufficient time to discuss the decision with other family members, and to understand the concept of brainstem death.	Very low

Study characteristics	Summary of findings	
No. of studies	Analysis	Quality
1 study 1 x Qualitative Study - [J]	A study showed that families of potential adult donors who gave consent thought that the timing of the approach was 'as good as could have been' and had time to spend with the family member and to say goodbye.	Very low
Factors associated with optimal time to approach families of paediatric potential donors		
1 study 1 x qualitative study - [B]	A study showed that parents of potential paediatric donors felt that the indirect approach for consent gave them time to consider the request for donation before the discussion with the physician.	Very low
1 study 1 x qualitative study - [Be-a], [Be-b]	A study showed that parents of potential paediatric donors felt distressed and tended to refuse consent if they were not given the chance to see their child and say goodbye.	Very low
<p>Abbreviations</p> <p>[N] = Niles et al. (1996)</p> <p>[S] = Siminoff et al. (2002)</p> <p>[C] = Cutler et al. (1993)</p> <p>[V] = Vane et al. (2001)</p> <p>[J] = Jacoby et al. (2005)</p> <p>[H] = Haddow (2004)</p> <p>[S] = Sanner et al. (2007)</p> <p>[B] = Bellali et al. (2006)</p> <p>[Be-a] = Bellali et al. (2007-a)</p> <p>[Be-b] = Bellali et al. (2007-b)</p>		

390 **Review question 4**

391 How the care pathway of deceased organ donation should be coordinated to
 392 improve potential donors giving consent?

393 **GRADE profile 8: Summary of co-ordination of the pathway for organ**
 394 **donation and consent from families**

Study characteristics	Summary of findings	
No. of studies	Analysis	Quality
Donor referrals		
2 studies 1 x Observational study - [S] 1 x Retrospective study - [R]	Studies showed that there was an increase in the number of donor referrals of between 46% and 450% when hospitals had in-house coordinators coordinating the process in hospitals.	Very low
Consent rates		
1 study 1 x Observational study - [Sh]	A study showed that despite demographic differences, the 8 centres with in-house coordinators had higher consent rates (60% vs 53%) than hospitals without in-house coordinators.	Very low
Conversion rates and number of donors		
4 studies 2 x Observational studies - [S] and [Sh] 2 x Retrospective studies - [R] and [A]	Studies showed that there was an increase in the conversion rates of potential donors of between 32% and 67% when hospitals had in-house coordinators coordinating the process in hospitals compared with hospitals without in-house coordinators. Also there was an increase of about 275% in the number of donors when hospitals had in-house coordinators coordinating the process in hospitals compared with hospitals without in-house coordinators.	Very low
Number of organs recovered		
1 study 1 x Observational study - [S] 1 x Retrospective study - [R]	Studies showed that there was an increase of between 70% and 312% in the number of organs recovered from donors when hospitals had in-house coordinators coordinating the process in hospitals compared with hospitals without in-house coordinators.	Very low

Study characteristics	Summary of findings	
No. of studies	Analysis	Quality
Abbreviations [S] = Shafer et al. (1998) [R] = Roth et Al. (2003) [Sh] = Shafer et al. (2004) [A] = Al-Sebayel et al. (2004)		

395

396 **Review question 5**

397 What key skills and competencies are important for healthcare professionals
 398 to improve the structures and processes for identifying potential DBD and
 399 DCD, to improve structures and processes for obtaining consent, and to
 400 effectively coordinate the care pathway from identification to obtaining
 401 consent?

402 As noted above, evidence from other questions was used to inform
 403 recommendations on skills and competencies needed. There are therefore no
 404 summary GRADE profiles for this question.

405 **2.1.2 Evidence statements**406 **Identification and referral of patients who are potential donors**

407 *2.1.2.1 Nine studies (Aubrey et al. 2008; Gabel and Edstrom 1993;
 408 Gortmaker et al. 1996; Madsen and Bogh 2005; Moller et al. 2009;
 409 Opdam and Silvester 2006; Petersen et al. 2009; Thompson et al.
 410 1995; Wood et al. 2003) showed that healthcare professionals do
 411 not recognise potential donors (very low quality evidence).*

412 *There was a belief that protocols/structures would lead to improved
 413 rates; however, no high quality evidence to support this was found
 414 (very low quality evidence).*

415 *2.1.2.2 One study (Pugliese 2003) showed improvement in identification
 416 after implementation of a donor action programme (very low quality
 417 evidence).*

418 2.1.2.3 *Two studies (Aubrey 2008; Molzahn 1997) recognised that a lack of*
419 *organ donation protocol or knowledge of the referral process in*
420 *emergency departments was a cause for non-identification (very*
421 *low quality evidence).*

422 2.1.2.4 *Two studies (Gortmaker 1996; Opdam 2006) showed that*
423 *healthcare professionals did not consistently approach the families*
424 *about organ donation (very low quality evidence).*

425 2.1.2.5 *One study (Pearson 1995) identified that healthcare staff perceived*
426 *that families were too distressed to be approached for consent*
427 *(very low quality evidence).*

428 2.1.2.6 *One study (Aubrey et al. 2008) showed that no contact details of*
429 *the donor transplant coordinator were available in the emergency*
430 *department (very low quality evidence).*

431 2.1.2.7 *One study (Aubrey et al. 2008) identified the following key*
432 *personnel that should be involved in the identification process in*
433 *the emergency department (very low quality evidence):*

- 434 • *hospital consultants – A&E, anaesthetists and neurosurgeons*
- 435 • *emergency trauma team*
- 436 • *A&E nursing and medical staff.*

437 2.1.2.8 *One study (Aubrey et al. 2008) showed that lack of identification of*
438 *potential donors in the emergency department was associated with*
439 *HM coroner's involvement being seen as too complex (very low*
440 *quality evidence).*

441 2.1.2.9 *One study (Aubrey et al. 2008) showed that emergency department*
442 *staff lacked confidence and experience in offering the option of*
443 *donation to bereaved families (very low quality evidence).*

444 2.1.2.10 *Two studies (Aubrey 2008; Pearson 1995) suggested that a*
445 *perception among healthcare staff of a lack of resources and*
446 *shortage of intensive care beds in the hospital may have*

447 *contributed to non-identification and referral of potential donors*
448 *(very low quality evidence).*

449 2.1.2.11 *One study (Molzahn 1997) identified that healthcare professionals*
450 *found it difficult to explain brain death to families (very low quality*
451 *evidence).*

452 2.1.2.12 *One study (Ploeg 2003) identified the following factors that*
453 *influenced whether discussions with families regarding donation*
454 *occur (very low quality evidence):*

- 455 • *number of potential organs in a potential donor*
- 456 • *physician's knowledge of contraindications to organ donation*
- 457 • *cause of death with natural causes of death*
- 458 • *sex of the physician (female physicians are more likely to ask*
459 *than male physicians).*

460 2.1.2.13 *Two studies (Gortmaker 1996; Pearson 1995) identified that*
461 *African-Americans and people with perceived cultural differences*
462 *were less likely to donate and the healthcare professionals were*
463 *less likely to approach them (very low quality evidence).*

464 2.1.2.14 *One study (Gortmaker et al. 1996) identified that rates of organ*
465 *donation were higher when the cause of death was a motor vehicle*
466 *accident, a gunshot wound or stabbing or head trauma compared*
467 *with cerebrovascular, asphyxiation and cardiovascular events (very*
468 *low quality evidence).*

469 2.1.2.15 *One study (Pearson 1995) identified threats to staff as a barrier to*
470 *organ donation (very low quality evidence).*

471 2.1.2.16 *One study (Pearson 1995) identified language difficulties in*
472 *explaining about organ donation to families as a barrier to organ*
473 *donation (very low quality evidence).*

474 2.1.2.17 *One study (Molzahn 1997) identified that healthcare professionals*
475 *feel that organ donation is emotionally demanding (very low quality*

476 *evidence).*

477 2.1.2.18 *One study (Molzahn 1997) identified that fear of potential litigation*
478 *to healthcare professionals is a factor for non-identification and*
479 *non-donation (very low quality evidence).*

480 2.1.2.19 *One study (Ploeg 2003) identified the following factors for non-*
481 *identification (very low quality evidence):*

- 482 • *lack of time*
- 483 • *did not think*
- 484 • *difficult situation.*

485 ***Use of clinical triggers***

486 2.1.2.20 *One study (Bair et al. 2006) showed that the conversion rate*
487 *statistically significantly increased when clinical triggers were used*
488 *to screen all ICU patients (very low quality evidence).*

489 2.1.2.21 *One study (Shafer et al. 2008) showed that the number of organ*
490 *donors increased when centres introduced clinical triggers (GCS 5)*
491 *compared with centres that did not (very low quality evidence).*

492 2.1.2.22 *Two studies (Shafer 2004; Van 2006) showed that there was an*
493 *increase in potential donors and effective donors when some form*
494 *of donation criteria was used to identify patients (very low quality*
495 *evidence).*

496 2.1.2.23 *One study (Shafer 2004) showed that the total number of referrals*
497 *increased when clinical triggers were used (very low quality*
498 *evidence).*

499 ***Use of required referral***

500 2.1.2.24 *Five studies (Burriss 1996; Higashigawa 2002; Higashigawa 2001;*
501 *Robertson 1998; Shafer 1998) showed that there was an increase*
502 *in referral rate and the number of potential donors referred to the*
503 *OPO representative when required referral was used in hospitals*

504 *(very low quality evidence).*

505 2.1.2.25 *One study (Murphy 2009) showed that there was an increase in*
506 *referral rate and the number of potential donors referred to the*
507 *OPO representative when required referral was used in hospitals*
508 *(low quality evidence).*

509 2.1.2.26 *Six studies (Burris and Jacobs 1996; Dickerson et al. 2002;*
510 *Graham et al. 2009; Robertson et al. 1998; Shafer et al. 1998;*
511 *Shafer et al. 2008) showed that there was an increase in the*
512 *number of organ donors from potential donors when required*
513 *referral was used in hospitals (very low quality evidence).*

514 2.1.2.27 *One study (Shafer 1998) showed that the number of organs*
515 *retrieved per donor increased when required referral was used in*
516 *hospitals (very low quality evidence).*

517 2.1.2.28 *One study (Graham 2009) showed that there was no change in the*
518 *number of organs retrieved per donor when required referral was*
519 *used in hospitals. (very low quality evidence).*

520 **Process of obtaining consent**

521 **Method of approach**

522 2.1.2.29 *One RCT (Young 2009) showed that approaching families of*
523 *potential donors using ‘collaborative requests’ did not result in any*
524 *increased rates of consent for donation, or increased rates of organ*
525 *retrieval when compared with routine requests (low quality*
526 *evidence).*

527 2.1.2.30 *One study (Bellali 2006) found that if family members or friends*
528 *were approached by healthcare professionals, and they then*
529 *approached the parents of potential paediatric donors (indirect*
530 *approach), parental consent was more likely (very low quality*
531 *evidence).*

532 **Family experience and factors related to consent**

533 2.1.2.31 *One study (Jacoby et al. 2005) found that the presence of the*
534 *nursing staff was valued by both donor and non-donor families and*
535 *families expressed satisfaction with the nurses' behaviour and care.*
536 *Nurses were also a valued source of emotional support (very low*
537 *quality evidence).*

538 2.1.2.32 *However, one study (Jacoby et al. 2005) showed that families*
539 *considered that treating physicians tended not to be available to*
540 *families, provided inadequate continuity of care and information, did*
541 *not use simple language and did not verify whether the families had*
542 *understood everything being explained to them (very low quality*
543 *evidence).*

544 2.1.2.33 *One study (Haddow 2004) showed that donor families reported that*
545 *because donor coordinators did not wear uniforms, they found it*
546 *easier to talk to them (very low quality evidence).*

547 2.1.2.34 *One study (Jacoby et al. 2005) showed that there was, however,*
548 *considerable variation in the experience of all families (very low*
549 *quality evidence).*

550 2.1.2.35 *One study (Bellali 2007; Bellali 2006; Bellali 2007) showed that*
551 *parents of potential paediatric donors tended to give consent for*
552 *donation when they were able to accept their child's death, to*
553 *attribute meaning to the donation (for example, the benefits to the*
554 *recipient) and to believe that consent was consistent with the*
555 *child's wishes (very low quality evidence).*

556 2.1.2.36 *One study (Bellali 2007; Bellali 2006; Bellali 2007) showed that*
557 *parents of potential paediatric donors were more likely to decline*
558 *consent if they had no previous knowledge about organ donation,*
559 *wanted to know the recipient, considered that their child had been*
560 *inappropriately cared for, or were unaware of their church's position*
561 *on organ donation (very low quality evidence).*

562 2.1.2.37 One study (Bellali 2007; Bellali 2006; Bellali 2007) showed that
563 other factors related to the decision for consent of potential
564 paediatric donors were fear of mutilation or disfigurement,
565 subjecting the child to further 'ordeal', and a reluctance to assume
566 responsibility for another's organs (very low quality evidence).

567 2.1.2.38 One study (Bellali 2007; Bellali 2007) showed that where consent
568 was granted, some parents of potential paediatric donors reported
569 feeling that their grief was eased through helping others to live or
570 feeling that their child was living on through others (very low quality
571 evidence).

572 2.1.2.39 One study (Sanner 2007) showed that physicians reported that
573 clear and consistent use of terminology was related to the families'
574 decision to consent (very low quality evidence).

575 2.1.2.40 One study (Sanner 2007) showed that physicians considered
576 certainty in their decisions and the process important. They also
577 reported finding the process of consent very stressful (very low
578 quality evidence).

579 2.1.2.41 A factor associated with decision stability or satisfaction was an
580 understanding of the term brain death (Burroughs 1998) (very low
581 quality evidence).

582 2.1.2.42 Factors associated with decision instability or dissatisfaction were:

- 583 • a lack of discussion of donation with the deceased
- 584 • poor timing of donation discussion
- 585 • not being told of the death before the first mention of donation
- 586 • not being given enough time to discuss the donation decision
- 587 with others (Rodrigue 2008) (very low quality evidence).

588 2.1.2.43 Factors associated with the decision to grant consent were:

- 589 • understanding that transplantation was a proven procedure had
- 590 a high success rate, and knowledge of the benefits or organ

- 591 *donation*
- 592 • *an understanding of the term brain death*
- 593 • *acceptance of death, and confidence in the ‘diagnosis of death’*
- 594 • *consideration and knowledge of the deceased’s wishes (through*
595 *carrying a donor card or discussion)*
- 596 • *earlier timing of request*
- 597 • *involving more family members with the decision*
- 598 • *the level of comfort with which the healthcare professional*
599 *requested consent*
- 600 • *good relationships between the family and the healthcare*
601 *professionals*
- 602 • *satisfaction with treatment (either of the family or the deceased)*
- 603 • *congruence between the views of healthcare professionals and*
604 *the families at initial approach*
- 605 • *request for donation being initiated by a healthcare professional*
606 *(not a physician) with further discussion with an organ donation*
607 *professional*
- 608 • *request by different healthcare professionals*
- 609 • *more time spent with an organ donation professional*
- 610 • *knowledge of the impact of donation on other processes, such*
611 *as funeral arrangements*
- 612 • *knowledge of the costs of donation*
- 613 • *choice of organs for donation*
- 614 • *families being able to discuss both specific and wider issues and*
615 *getting answers to questions*
616 *(Brown 2010; Burroughs 1998; Cleiren 2002; Douglas 1994;*
617 *Frutos 2002; Martinez 2001; Niles 1996; Pearson 1995; Siminoff*
618 *2002; Siminoff 2001; Siminoff 2002) (very low quality evidence).*

619 2.1.2.44 *Factors associated with the decision to refuse consent were:*

- 620 • *feelings of pressure to consent*
- 621 • *feeling emotionally overwhelmed*
- 622 • *feeling of surprise on being asked about consent*

- 623 • *fear of causing more ‘suffering’ or disfigurement, and not*
624 *wanting the deceased to have more medical intervention*
- 625 • *concern that donation may cause more distress to family*
626 *members*
- 627 • *uncertainty about the deceased’s wishes*
- 628 • *reluctance to accept the death*
- 629 • *social resentment*
- 630 • *lack of understanding and confidence in the concept of*
631 *brainstem death*
- 632 • *lack of family consensus and the family being ‘upset’*
- 633 • *family reticence*
- 634 • *making the decision before information was provided by a*
635 *healthcare or organ donation professional*
- 636 • *an absence of key decision makers*
- 637 • *the length of the process*
- 638 • *not liking the hospital or healthcare professionals*
- 639 • *feeling that the medical care was not optimal*
- 640 • *initial approach by a healthcare professional*
- 641 • *perception that the healthcare professional did not care or was*
642 *not concerned, or the healthcare professional showing a lack of*
643 *respect*
- 644 • *healthcare professionals stating that the request was required*
- 645 • *lack of knowledge of the impact of donation on other processes,*
646 *such as funeral arrangements*
- 647 • *lack of detailed information on the process of organ donation,*
648 *including the timing of retrieval and information on recipients*
- 649 • *initial perception of healthcare professionals that the family were*
650 *likely to refuse*
651 *(Brown 2010; Burroughs 1998; Chapman 1995; Cleiren 2002;*
652 *Douglas 1994; La 1993; Martinez 2001; Noury 1996; Pearson*
653 *1995; Siminoff 2001; Siminoff 2002 ; Siminoff 2001 ; Sotillo*
654 *2009; Sque 2008) (very low quality evidence).*

655 2.1.2.45 *Other influences on consent were donor ethnicity, age, sex, type of*
656 *death (trauma or not). However, some associations were not*
657 *consistent across studies (Brown 2010; Martinez 2001; Noury*
658 *1996; Pike 1991; Siminoff 2002; Siminoff 2001; Siminoff 2002)*
659 *(very low quality evidence).*

660 2.1.2.46 *Other influences on consent were familial (or consentor) age;*
661 *ethnicity; level of education; socioeconomic status; marital status;*
662 *previous examples of belief in or support for organ donation (such*
663 *as carrying a donor card or donating to relevant charities); religious,*
664 *cultural or spiritual beliefs; personal experience or knowledge of*
665 *transplantation; setting of donation or death. However, some*
666 *associations were not consistent across studies (Brown 2010;*
667 *Burroughs 1998; Frutos 2002; La 1993; Martinez 2001; Pearson*
668 *1995; Siminoff 2002; Siminoff 2002; Siminoff 2001; Yong 2000)*
669 *(very low quality evidence).*

670 2.1.2.47 *Factors associated with the decision to grant consent of potential*
671 *paediatric donors were:*

- 672 • *belief in the process of donation, and feeling that it was ‘the right*
673 *thing to do’*
- 674 • *perception that the child would go on living in others*
- 675 • *good interaction with healthcare professionals involved in organ*
676 *donation*
- 677 • *type of healthcare professional who asked for consent*
678 *(Vane 2001; Weiss 1997) (very low quality evidence).*

679 2.1.2.48 *Factors associated with the decision to refuse consent of potential*
680 *paediatric donors were:*

- 681 • *perception that the doctors who determined death were not part*
682 *of the organ donation process*
- 683 • *lack of information*
- 684 • *fear or lack of belief in organ donation*

- 685 • *perception that timing of approach was not optimal*
- 686 • *feeling that the child had been through enough and fear of*
- 687 *further trauma*
- 688 • *concern that donation would impact on survival*
- 689 • *consideration of donation was too upsetting*
- 690 • *poor interaction with healthcare professionals involved in organ*
- 691 *donation, including a perception of insensitivity*
- 692 *(Frauman 1987; Weiss 1997) (very low quality evidence).*

693 2.1.2.49 *Another influence on consent of potential paediatric donors was*
 694 *donor ethnicity (Frauman 1987; Pietz 2004) (very low quality*
 695 *evidence).*

696 2.1.2.50 *Other influences on consent of potential paediatric donors were*
 697 *familial (or consentor) ethnicity, religious beliefs, previous examples*
 698 *of belief in or knowledge of transplantation (Frauman 1987; Pietz*
 699 *2004) (very low quality evidence).*

700 **Continuity of care**

701 2.1.2.51 *One study (Jacoby 2005) showed that continuity of care was*
 702 *considered important by families, but this was sometimes*
 703 *considered inadequate (very low quality evidence).*

704 2.1.2.52 *One study (Jacoby 2005) showed that families of potential donors*
 705 *preferred to interact with a single physician (very low quality*
 706 *evidence).*

707 **Quality of approach**

708 2.1.2.53 *Two studies (Haddow 2004; Jacoby 2005) found that*
 709 *compassionate care of the potential donor and their being treated*
 710 *with dignity and respect was important to both donor and non-donor*
 711 *families (very low quality evidence).*

712 2.1.2.54 *One study (Jacoby 2005) showed that families wanted to be*
 713 *listened to and have staff 'be there' for them (very low quality*

714 *evidence).*

715 2.1.2.55 *One study (Bellali 2007; Bellali 2006; Bellali 2007) found that*
716 *parents of potential paediatric donors were informed in an*
717 *inappropriate manner and pressured to make a decision; this*
718 *tended to result in a refusal for donation (very low quality*
719 *evidence).*

720 **Provision of information**

721 2.1.2.56 *Two studies (Jacoby 2005; Sanner 2007) found that both donor*
722 *and non-donor families wanted information that was*
723 *understandable, prompt, accurate, in-depth and consistent (very*
724 *low quality evidence).*

725 2.1.2.57 *Two studies (Haddow 2004; Jacoby 2005) showed that types of*
726 *information requested included the meaning of brainstem death,*
727 *the confirmation of death, the reasons for brainstem testing, other*
728 *medical information related to the condition of the potential donor,*
729 *and the whole process of organ donation. The understanding of*
730 *such information should be verified with the family (Jacoby 2005)*
731 *(very low quality evidence).*

732 2.1.2.58 *One study (Jacoby 2005) showed that tone and pace of information*
733 *giving was considered critical. Both donor and non-donor families*
734 *reported feeling rushed and pressured, and considered that*
735 *information had been conveyed insensitively. Families wanted*
736 *information to be conveyed with empathy, concern, and*
737 *consideration (very low quality evidence).*

738 2.1.2.59 *Two studies (Haddow 2004; Jacoby 2005) showed that families*
739 *considered privacy for the discussion of donation as being critically*
740 *important (very low quality evidence).*

741 2.1.2.60 *One study (Bellali 2007; Bellali 2007) showed that parents of*
742 *potential paediatric donors requested information on the process of*
743 *organ retrieval, the outcomes of transplantation, the identity of the*

744 recipient, and the possibility of making contact with him or her (very
745 low quality evidence).

746 2.1.2.61 One study (Bellali 2007; Bellali 2007) showed that parents of
747 potential paediatric donors experienced more distress when they
748 were not given information on the child's condition, the chance of
749 survival, and the concept of brain death (very low quality evidence).

750 2.1.2.62 One study (Bellali 2007; Bellali 2007) showed that after consenting
751 to donation, parents of potential paediatric donors wanted
752 information on what happened next, including the process of burial.
753 Some parents expressed resentment and anger at healthcare
754 professionals who never expressed concern about their wellbeing
755 during the period following the child's death. They also felt that their
756 act was not socially recognised and that they were quickly
757 forgotten. A few even believed that they had been exploited (very
758 low quality evidence).

759 **Sources of support**

760 2.1.2.63 One study (Jacoby 2005) showed that nurses were a valued source
761 of emotional support (very low quality evidence).

762 2.1.2.64 One study (Jacoby 2005) showed that donor families reported that
763 faith and spiritual support was important to them. This was reported
764 as being less important to non-donor families (very low quality
765 evidence).

766 2.1.2.65 One study (Haddow 2004) found that some donor families found
767 follow-up care allowed them to ask further questions and to make
768 the donation feel more personal and sincere; however, not all donor
769 families thought this would be of any value (very low quality
770 evidence).

771 **Influence of staff involved in organ donation**

772 2.1.2.66 One study (Bellali 2007; Bellali 2006; Bellali 2007) found that if
773 parents of potential paediatric donors had a good relationship with
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2011)

774 *the ICU personnel, they were more likely to accept the irreversibility*
775 *of their child's death and give consent to donation. Where this*
776 *relationship was poor or when staff did not allow parents to be at*
777 *the child's bedside, parents were less likely to consent (very low*
778 *quality evidence).*

779 **Influence of family members**

780 2.1.2.67 *One study (Bellali 2006) showed that although parents of potential*
781 *paediatric donors tended to make the final decision about consent*
782 *with their spouse, extended family members played a significant*
783 *role in the decision making process. Where spousal or mate*
784 *support was not available or possible, consent for donation was*
785 *less likely (Bellali 2007; Bellali 2007) (very low quality evidence).*

786 **Timing of approach for consent**

787 2.1.2.68 *Two studies (Niles 1996; Siminoff 2002) showed that families who*
788 *were asked about organ donation before death (decoupling*
789 *approach) tended to have a higher percentage of consent rate for*
790 *donation than those asked at the time of death, or after death (very*
791 *low quality evidence).*

792 2.1.2.69 *But, one study (Cutler 1993) showed that if the request for donation*
793 *was made following notification of death as opposed to before or*
794 *simultaneously with notification of death, the family was more likely*
795 *to grant consent for donation (very low quality evidence).*

796 2.1.2.70 *One study (Vane 2001) showed parental consent of potential*
797 *paediatric donors was obtained when a mean delay of 15.5 hours*
798 *from time to initiation of brain death protocol was respected vs. a*
799 *mean delay of 7.0 hours when consent was sought but denied*
800 *(very low quality evidence).*

801 2.1.2.71 *One study (Jacoby 2005) found that families in the non-donor*
802 *group had not been given enough time to prepare them for organ*
803 *donation and had not been clearly informed that the potential donor*

804 *was brain dead (very low quality evidence).*

805 2.1.2.72 *Three studies (Haddow 2004; Jacoby 2005; Sanner 2007) showed*
806 *that time was needed to allow families to recover from shock, to*
807 *consider the benefits of donation, to allow people to discuss the*
808 *decision with other family members, and to understand the*
809 *meaning of brainstem death as this was considered to be a difficult*
810 *concept (very low quality evidence).*

811 2.1.2.73 *Conversely, one study (Jacoby 2005) identified that donor families*
812 *described the timing of the approach as ‘as good as could have*
813 *been’ and had time to spend with the family member and to say*
814 *goodbye (very low quality evidence).*

815 2.1.2.74 *One study (Bellali 2006) reported that where the approach to*
816 *consent was indirect, parents of potential paediatric donors felt they*
817 *had had more time to consider the request before discussion with*
818 *the physician (very low quality evidence).*

819 2.1.2.75 *One study (Bellali 2007; Bellali 2007) reported that parents of*
820 *potential paediatric donors experienced more distress when they*
821 *were not given the chance to see their child and to say goodbye*
822 *(very low quality evidence).*

823 **Co-ordination of the care pathway**

824 2.1.2.76 *Two studies (Roth 2003; Shafer 1998) showed that there was an*
825 *increase in the number of organ donor referrals when hospitals had*
826 *in-house coordinators coordinating the process in hospitals (very*
827 *low quality evidence).*

828 2.1.2.77 *One study (Shafer 2004) showed that hospitals with in-house*
829 *coordinators had a higher consent rate than hospitals without in-*
830 *house coordinators (very low quality evidence).*

831 2.1.2.78 *Four studies (Al-Sebayel 2004; Roth 2003; Shafer 2004; Shafer,*
832 *1998) showed that there was an increase in conversion rates and*

833 *number of organ donors when hospitals had in-house coordinators*
834 *coordinating the process in hospitals (very low quality evidence).*

835 2.1.2.79 *Two studies (Roth 2003; Shafer 1998) showed there was an*
836 *increase in the organs recovered when hospitals had in-house*
837 *coordinators coordinating the process in hospitals (very low quality*
838 *evidence).*

839 **2.1.3 Health economic modelling**

840 The decision problem for this guideline is to examine the value of increasing
841 consent and conversion rates. It is not examining the value of transplantation.
842 A search for literature did not find any relevant papers that addressed this
843 particular issue. Papers were identified that examined the cost effectiveness
844 of different allocation processes and the cost effectiveness of certain
845 transplantations.

846 The approach taken therefore is based on the assumption that increases in
847 conversion and consent rates would lead to a reduction in waiting lists for
848 organs and, therefore, increased transplantation rates.

849 The analysis will therefore examine the effect of decreasing the waiting time
850 for organ transplantation. It is not possible to conduct an analysis including all
851 transplantations. However, one can be done examining its effect on kidney
852 transplantation. This is made possible because of the significant amount of
853 data available on kidney transplantation and the ability to use a model
854 developed for another short clinical guideline on peritoneal dialysis.

855 The health economics appendix for peritoneal dialysis contains data on the
856 evidence sources for other renal replacement therapies. Data on
857 transplantation came from the NHS Blood and Transplant report 2009, the
858 health technology assessment on kidney perfusion machines and NHS
859 reference costs. A sensitivity analysis was conducted where the waiting time
860 for kidney transplantation was varied from the current waiting time of 3.04
861 years to 6 months, which was achieved in Spain. Table 1 outlines the results
862 of various waiting times for kidney transplants and the corresponding cost

863 effectiveness results.

864 **Table 1 Health economics – cost effectiveness results associated with**
865 **average waiting times for kidney transplantation**

Waiting time (years)	Costs (£)	Life years gained	QALYs	Incremental		ICER (£) ^b	Net monetary benefit (£) £20,000 threshold
				Costs (£)	QALYs ^a		
3.04	130212	5.78	3.77	-	-	-	-
2.74	128236	5.82	3.83	-1976	0.059	Dominates	3162
2.43	125840	5.87	3.90	-4372	0.132	Dominates	7004
2.13	123086	5.92	3.98	-7126	0.215	Dominates	11432
1.82	119656	5.99	4.09	-10556	0.321	Dominates	16969
1.52	115590	6.07	4.21	-14622	0.447	Dominates	23565
0.5	91904	6.62	5.00	-38308	1.234	Dominates	62983

^a quality-adjusted life year.
^b incremental cost-effectiveness ratio.

866

867 The analysis indicates that as the waiting time is reduced the cost-
868 effectiveness results improve significantly. This is the case even when
869 factoring in more transplantations and the cost of maintenance therapy. These
870 results represent per person costs and benefits and therefore, the actual cost
871 of interventions to reduce waiting lists can be significant and still remain cost
872 effective.

873 A limitation of this analysis is that it only considers kidney transplantations.
874 However, kidney transplants are the most common transplant undertaken by
875 the NHS and approximately 2% of NHS resources are spent on renal
876 replacement therapies. In addition, the recommendations in this guideline are
877 not limited to only one type of organ and therefore, the benefits realised for
878 kidneys could be applied more widely. The recommendations do not appear to
879 be associated with significant costs and therefore their implementation would
880 present a cost-effective use of NHS resources. Because a full economic
881 analysis is not appropriate for this guideline an extensive costing report and
882 template has been prepared.

883 **2.1.4 Evidence to recommendations**

884 Overall, the GDG considered the evidence to be of low to very low quality.
885 There are two main reasons for this. First, most studies were observational
886 (rather than experimental), and second, many studies were from countries
887 other than the UK that have different legislative systems relating to organ
888 donation and different healthcare systems. However, the evidence and
889 recommendations are consistent with the considerable experience that the
890 NHS Blood and Transplant (NHSBT) and patient groups have in using
891 interventions and strategies to increase rates of consent for organ donation.

892 No direct evidence on how to increase rates of consent in black and minority
893 ethnic groups or in people with religious beliefs was identified and no
894 recommendations specific to these groups have been made. However, the
895 guideline includes recommendations on the need to understand the beliefs
896 and needs of the families, and to tailor practice appropriately.

897 **Identification and referral of patients who are potential donors**

898 2.1.5 Organ donation should always be considered as a normal part of
 899 'end of life care' planning and where possible be discussed with the
 900 patient and parents, family, or guardians.

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors by exploring an individual's wish to donate. A recommendation was therefore made on the inclusion of organ donation as a standard part of end of life planning.
Trade-off between benefits and harms	Allowing a patient to discuss their beliefs or values about organ donation is part of best practice at the end of life and should be part of all planned care (as specified by the GMC). Evidence also shows that if the family is aware of the patient's wishes to donate, they are more likely to consent to organ donation.
Economic considerations	None.
Quality of evidence	There was a lack of high quality evidence identified evaluating how the patient's views on organ donation influence the family's consent rate. However, the evidence reviewed showed consistently that where patients' views on donation were known, families were more likely to make a decision conforming with that view.
Other considerations	The GDG highlighted the responsibility of the physician providing care under the GMC guidance 'Treatment and care towards the end of life: good practice in decision making' ³ .

901

902 2.1.6 Identify all patients who are potentially suitable donors as early as
 903 possible, through a systematic approach. To maximise potential
 904 donation, identification should be based on either of the following
 905 criteria, while recognising that clinical situations vary:

- 906 • defined clinical trigger factors in patients who have death
 907 confirmed against neurological criteria and who have had a
 908 catastrophic brain injury, namely:
- 909 – the absence of one or more cranial nerve reflexes **and**
 - 910 – a Glasgow Coma Scale (GCS) score of 4 or less that is not

³ Available at www.gmc-uk.org/guidance/ethical_guidance/6858.asp

- 911 explained by sedation
- 912 unless there is a clear reason why the above clinical triggers are
- 913 not met (for example because of sedation) and/or a decision has
- 914 been made to perform brain stem death tests, whichever is the
- 915 earlier
- 916 • the intention to withdraw treatment in patients with a life-
- 917 threatening or life-limiting condition which will, or is expected to,
- 918 result in cardiac death.

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising identification of potential donors as soon as possible. A recommendation was therefore made on the early identification of both DBD and DCD potential donors.
Trade-off between benefits and harms	Although early identification is key and is expected to result in more donations (as procedures to preserve the viability of organs can be planned and made more timely), the GDG was aware of the concerns of families and healthcare professionals that this may be perceived as denying the potential donor appropriate care. This is not the intention of the recommendation and therefore the use of clinical triggers and the decision to perform brain stem testing or withdraw life-sustaining treatments are used to define when potential donors should be identified.
Economic considerations	Health economic analysis indicates that reducing the waiting list for organ donation is of considerable value to the NHS. The size of this reduction therefore supports the use of potentially expensive interventions or increased training requirements. So, increasing the identification of potential organ donors would be cost effective.
Quality of evidence	There was a lack of high quality evidence identified that specified how potential donors could be identified earlier. However, many services reported that the number of potential donors was not being maximised. Identification was therefore considered to be an area where practice could be optimised with early and consistent identification criteria. The clinical triggers were based on the clinical experience of the GDG.
Other considerations	None.

919

920 2.1.7 The healthcare team caring for the patient should immediately

921 initiate discussions with the specialist nurse for organ donation for
 922 every patient at the time the criteria in recommendation 1.1.2 are
 923 met.

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising referral of potential donors as soon as possible. A recommendation was therefore made on the timely referral of all potential donors to the specialist nurse for organ donation team.
Trade-off between benefits and harms	Early referral of all potential donors to the specialist nurse for organ donation team would have an impact on several factors of the process. First, early referral is key and is expected to result in more donations (as procedures to preserve the viability of organs can be planned and made more timely). In addition, the specialist nurse for organ donation team has the expertise to quickly determine whether a potential donor is unsuitable for further assessment for donation. This will result in fewer inappropriate approaches to families. Conversely, the specialist nurse for organ donation team will have the expertise to determine whether potential donors in whom donation may previously have not been considered possible (for example, older people, people with learning disabilities, or people with hepatitis).
Economic considerations	None.
Quality of evidence	There was a lack of high quality evidence identified specifying the most effective method and timing of referral. However, one study was identified that showed some association between the introduction of a required referral policy and increased referrals and accepted donors. Many services reported that the number of potential donors was not being maximised. Referral was therefore considered to be an area where practice could be optimised with early and consistent referral criteria.
Other considerations	None.

924

925 2.1.8 Clinically stabilise all patients who meet the clinical trigger factors
 926 (see recommendation 1.1.2) and for whom a decision to withdraw
 927 treatment has been made, so that the donation potential can be
 928 assessed. This assessment should take place in an appropriate
 929 critical care setting, for example an adult critical care unit or a
 930 regional paediatric intensive unit.

Relative value of different outcomes	<p>The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the organ donation rate of potential donors, through appropriate management when the decision to withdraw life-sustaining treatment has been made.</p> <p>A recommendation was therefore made on the clinical stabilisation of patients in whom the decision to withdraw treatment has been made.</p>
Trade-off between benefits and harms	<p>Clinical stabilisation of patients in whom life-sustaining treatment is to be withdrawn would be expected to result in more donations (as procedures to preserve the viability of organs can be planned and made more timely). In addition, the specialist nurse for organ donation team has the expertise to quickly determine whether a potential donor is unsuitable for further assessment for donation. This will result in fewer inappropriate approaches to families. Conversely, the specialist nurse for organ donation team will have the expertise to determine whether potential donors in whom donation may previously have not been considered possible should be considered for organ donation (for example, older people, or people with hepatitis).</p>
Economic considerations	<p>Health economic analysis indicates that reducing the waiting list for organ donation is of value to the NHS. The value of this reduction to the NHS is considerable and therefore, supports the use of potentially expensive interventions or increased training requirements. Therefore, increasing the identification of potential organ donors would be cost effective.</p>
Quality of evidence	<p>There was a lack of high quality evidence identified evaluating how the organ donation rate of potential donors could be optimised through the use of clinical stabilisation.</p> <p>However, many services reported that the number of potential donors was not being maximised. Appropriate management before withdrawal of life-sustaining treatment was therefore considered to be an area where practice could be optimised to allow time for the assessment of organ donation potential. Based on GDG expertise, this should be conducted in an appropriate setting, with access to the required skills for withdrawal of life-sustaining treatment.</p>
Other considerations	<p>None.</p>

931

932 2.1.9 If a patient has the capacity to make their own decisions, obtain
933 their views on organ donation.

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through exploring an individual's wish to donate, where possible. A recommendation was therefore made on obtaining a patient's view on donating organs after death.
Trade-off between benefits and harms	Allowing a patient to discuss their beliefs or values about organ donation is part of best practice at the end of life and should be part of all planned care (as specified by the GMC). Evidence also shows that if the family are aware of the patient's wishes to donate, they are more likely to consent to organ donation.
Economic considerations	None.
Quality of evidence	There was a lack of high quality evidence identified evaluating how the patient's views on organ donation influence the family's consent rate. However, the evidence reviewed consistently showed that where patients' view on donation were known, families were more likely to make a decision conforming with that view.
Other considerations	The GDG highlighted the responsibility of the physician providing care under the GMC guidance 'Treatment and care towards the end of life: good practice in decision making' ⁴ . This states that "[d]epending on the patient's circumstances, it may also be appropriate to create opportunities for them to talk about what they want to happen after they die. Some patients will want to discuss their wishes in relation to the handling of their body, and their beliefs or values about organ or tissue donation."

934

935 2.1.10 If a patient is close to death and lacks the capacity to consent to
936 organ donation:

- 937
- refer to and act in accordance with an advanced care directive if available
- 938
- establish whether the individual has registered and recorded their wish to donate on the NHS organ donor
- 939
- 940

⁴ Available at www.gmc-uk.org/guidance/ethical_guidance/6858.asp
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- 941 • register⁵
- 942 • explore with those close to the individual whether the patient had
- 943 expressed any views about organ donation.

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through exploring an individual's wish to donate as specified in advance directives, registration on the organ donor register, or through expressing these wishes to others. A recommendation was therefore made on obtaining a patient's view on donating organs after death.
Trade-off between benefits and harms	Allowing a patient to discuss their beliefs or values about organ donation is part of best practice at the end of life and should be part of all planned care (as specified by the GMC). Evidence shows that if the family are aware of the patient's wishes to donate, they are more likely to consent to organ donation.
Economic considerations	None.
Quality of evidence	There was a lack of high quality evidence identified evaluating how the patient's views on organ donation influence the family's consent rate. However, the evidence reviewed consistently showed that where patients' view on donation were known, families were more likely to make a decision conforming with that view.
Other considerations	The GDG highlighted the responsibility of the physician providing care under the GMC guidance 'Treatment and care towards the end of life: good practice in decision making' ⁶ . This states that "[i]f a patient is close to death and their views cannot be determined, you should be prepared to explore with those close to them whether they had expressed any views about organ or tissue donation, if donation is likely to be a possibility."

944

945 **Obtaining consent**

- 946 2.1.11 Allow sufficient time to allow the parents, family, or guardians to
- 947 come to terms with the anticipated death and to spend time with
- 948 their loved one before approaching them about organ donation.

⁵ www.uktransplant.org.uk/

⁶ Available at www.gmc-uk.org/guidance/ethical_guidance/6858.asp
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949

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through planning a considered approach to the family. A recommendation was therefore made on when the approach for consent should be made.
Trade-off between benefits and harms	Evidence shows that the timing of approach for consent was considered more positively by families when the approach was made after the family had time to come to terms with the anticipated death and spend time with their loved one.
Economic considerations	None.
Quality of evidence	There was a lack of high quality evidence identified evaluating when the approach to families should be made. However, evidence reviewed supported the timing of approach being made when families had time to consider the anticipated death and prepare for it.
Other considerations	None.

950

951 2.1.12 Discuss withdrawal of life-sustaining treatment and neurological
952 death before, and at a different time from, discussing organ
953 donation unless the parents, family or guardians initiate these
954 discussions in the same conversation.

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through planning a considered approach to the family. A recommendation was therefore made on how the approach for consent should be made.
Trade-off between benefits and harms	Evidence shows that the timing of approach for consent was considered better by families when the approach was made before death ('decoupling' approach) than those asked at the time of death, or after death. This was also associated with higher rates of consent.
Economic considerations	None.
Quality of evidence	There was a lack of high quality evidence identified evaluating when the approach to families should be made. However, evidence reviewed supported the 'decoupling' approach being made when families were approached before death.
Other considerations	None.

955

956 2.1.13 The multidisciplinary team (MDT) responsible for planning the
957 approach and obtaining the consent for organ donation should
958 include:

- 959
- the medical and nursing staff involved in the care of the patient
 - 960 • the specialist nurse for organ donation **and**
 - 961 • local faith representatives where relevant.

Relative value of different outcomes	<p>The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through planning a considered approach to the family.</p> <p>A recommendation was therefore made on who should be involved when planning the approach and obtaining consent.</p>
Trade-off between benefits and harms	<p>Evidence shows that the experience of approach for consent was considered more positively by families where the approach was tailored, taking into account the history of the patient and the needs of the family. There was also some evidence that families valued the involvement of those healthcare professionals who cared for their family member.</p> <p>Evidence also supported the specialist input of a healthcare professional with expertise in organ donation.</p>
Economic considerations	<p>Health economic analysis indicates that reducing the waiting list for organ donation is of value to the NHS. The value of this reduction to the NHS is considerable and therefore, supports the use of potentially expensive interventions or increased training requirements. Therefore, increased use of staff to facilitate consent is cost effective.</p>
Quality of evidence	<p>There was a lack of high quality evidence identified evaluating who should be involved in the approach to families and who should ask for consent and how this impacted on consent rates.</p> <p>However, based on the limited evidence available, evidence showed that families valued the input of all the recommended professionals. The needs of each family may differ, and so the different level of contribution will differ accordingly.</p>
Other considerations	None.

962

- 963 2.1.14 Whenever possible, continuity of care should be provided by team
 964 members who have been directly involved in caring for the patient.

Relative value of different outcomes	<p>The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through providing optimal care to the potential donor.</p> <p>A recommendation was therefore made on who should be involved when planning the approach and obtaining consent.</p>
Trade-off between benefits and harms	<p>Evidence shows that the families valued the involvement of those healthcare professionals who cared for their family member.</p> <p>As recommended above, early identification is key and is expected to result in more donations (as procedures to preserve the viability of organs can be planned and made more timely). However, the GDG were aware of the concerns of families – that is, that this may be perceived as denying the potential donor appropriate care. The GDG therefore considered that those healthcare professionals who have been involved in the care of patient should continue to provide care throughout the process of consenting where possible.</p>
Economic considerations	None.
Quality of evidence	<p>There was a lack of high quality evidence identified evaluating who should be involved in the continuing care of the patient.</p> <p>However, based on the limited evidence available, evidence showed that families valued continuity of care.</p>
Other considerations	None.

965

966 2.1.15 The MDT involved in the initial approach should have the
 967 necessary skills and knowledge to provide appropriate support to
 968 parents, families or guardians and accurate information about
 969 organ donation.

Relative value of different outcomes	<p>The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through providing accurate information and appropriate support to families throughout the process of consent.</p> <p>A recommendation was therefore made on the provision of skills and knowledge needed to provide accurate information and support to families.</p>
Trade-off between benefits and harms	<p>Evidence shows that the healthcare professionals lacked information and training for approaching for consent. In addition, families wanted accurate information and appropriate support.</p> <p>Although there was no direct link between information and support with consent rate, the GDG considered that by providing accurate information and support appropriate to the family that the experience of consent may be improved, and hence consent rates may increase.</p>
Economic considerations	<p>Health economic analysis indicates that reducing the waiting list for organ donation is of value to the NHS. The value of this reduction to the NHS is considerable and therefore, supports the use of potentially expensive interventions or increased training requirements. So training for the MDT to improve consent will be cost effective.</p>
Quality of evidence	<p>There was a lack of high quality evidence identified showing that providing accurate information and appropriate support increased consent rates.</p> <p>However, based on the limited evidence available, evidence showed that healthcare professionals lacked information and training for approaching for consent. In addition, families wanted accurate information and appropriate support.</p>
Other considerations	<p>None.</p>

970

971 2.1.16 Before discussing consent for donation with the parents, family, or
 972 guardians the healthcare team caring for the patient should

- 973
- 974 • identify a patient's potential for donation in consultation with the specialist nurse for organ donation
 - 975 • check the NHS organ donor register and any advance care

976 directives

977 • clarify coronial, judicial and safeguarding issues.

Relative value of different outcomes	<p>The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through exploring an individual's wish to donate.</p> <p>A recommendation was therefore made to ensure that the wishes of the patient are explored when planning the approach for consent. In addition, the recommendation includes other factors that may impact on the potential to donate.</p>
Trade-off between benefits and harms	<p>Evidence shows that if the family are aware of the patient's wishes to donate, they are more likely to consent to organ donation. The GDG therefore considered that before planning the approach to the family for consent, the healthcare team should explore various sources for information on the wishes of the patient.</p>
Economic considerations	<p>None.</p>
Quality of evidence	<p>There was a lack of high quality evidence identified evaluating how the patient's views on organ donation influence the family's consent rate.</p> <p>However, the evidence reviewed consistently showed that where patients' view on donation were known, families were more likely to make a decision conforming with that view.</p>
Other considerations	<p>The GDG highlighted the responsibility of the physician providing care under the GMC guidance 'Treatment and care towards the end of life: good practice in decision making'⁷. This states that as part of the process of determining the wishes of patients "[p]atients may have recorded their wishes about organ or tissue donation in the NHS Organ Donor Register held by NHS Blood and Transplant (www.nhsbt.nhs.uk)."</p> <p>The GDG also wished to specify the need to clarify coronial, judicial and safeguarding issues as these may be legal requirements that have implications for the potential to donate.</p>

978

979 2.1.17 Before approaching the parents, family, or guardians about
980 consent, seek information that includes:

981 • knowledge of the clinical history of the patient who is a potential

⁷ Available at www.gmc-uk.org/guidance/ethical_guidance/6858.asp

- 982 donor
- 983 • identification of key family members
- 984 • assessment of whether family support is required – for example
- 985 faith representative, family liaison officer, bereavement service,
- 986 trained interpreter
- 987 • identification of other key family issues
- 988 • identification of cultural and religious issues that may have an
- 989 impact on consent.

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through planning a considered approach to the family. A recommendation was therefore made on what should be considered in the planning of approach.
Trade-off between benefits and harms	Evidence shows that the experience of approach for consent was considered more positively by families where the approach was tailored, taking into account the history of the patient and the needs of the family.
Economic considerations	None.
Quality of evidence	There was a lack of high quality evidence identified evaluating how the approach to families should be planned. The GDG considered that the approach should be planned and individualised irrespective of the outcome on consent rates. And although there was no evidence suggesting that a more positive experience results in increased consent, the GDG theorised that if the process of approach could be optimised, this may result in increased rates of consent.
Other considerations	None.

990

991 2.1.18 Approach parents, families, or guardians for consent in a setting
 992 suitable for private and compassionate discussion.

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through planning a considered approach to the family. A recommendation was therefore made on where the approach for consent should be made.
Trade-off between benefits and harms	Evidence shows that the experience of approach for consent was considered more positively by families where the approach was made in a suitable setting.
Economic considerations	None.
Quality of evidence	There was a lack of high quality evidence identified evaluating where the approach to families should be made. Evidence reviewed supported the need for a suitable setting for the approach. Although there was no evidence suggesting that a more positive experience results in increased consent, the GDG theorised that if the process of approach could be optimised, this may result in increased rates of consent.
Other considerations	None.

993

994 2.1.19 Every approach to the parents, family, or guardians should be
 995 planned with the MDT and at a time that suits individual
 996 circumstances.

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through planning a considered approach to the family. A recommendation was therefore made on how timing should be considered in the planning of approach.
Trade-off between benefits and harms	Evidence shows that the experience of approach for consent was considered more positively by families where the approach was tailored, taking account of the timing of the approach and the needs of the family.
Economic considerations	None.
Quality of evidence	There was a lack of high quality evidence identified evaluating how the approach to families should be planned. The GDG considered that the approach should be planned and individualised irrespective of the outcome on consent rates. And although there was no evidence suggesting that a more positive experience results in increased consent, the GDG theorised that if the timing of approach could be optimised, this may result in increased rates of consent.
Other considerations	None.

997

998 2.1.20 In all cases parents, family, and guardians should be approached in
 999 a professional, compassionate and caring manner and given
 1000 sufficient time to consider the information.

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through planning a considered approach to the family. A recommendation was therefore made on how and when the approach for consent should be made.
Trade-off between benefits and harms	See recommendations 2.1.18 and 2.1.22 above on how and when to approach for consent.
Economic considerations	None.
Quality of evidence	See recommendations 2.1.18 and 2.1.22 above on how and when to approach for consent.
Other considerations	None.

1001

1002 2.1.21 Only approach parents, family, or guardians for consent when they
1003 have understood the inevitability of the death.

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through planning a considered approach to the family. A recommendation was therefore made on when the approach for consent should be made.
Trade-off between benefits and harms	Evidence shows that the timing of approach for consent was considered more positively by families when the approach was made after the family had time to understand the process of death, and specifically the concept of brain stem death.
Economic considerations	None.
Quality of evidence	There was a lack of high quality evidence identified evaluating when the approach to families should be made. However, evidence reviewed supported the timing of approach being made when families had understood the process of death.
Other considerations	If families did not understand or accept the inevitability of death, the specialist nurse for organ donation would spend time explaining the process of death and supporting families before an approach for consent is made.

1004

1005 2.1.22 When approaching the parents, family, or guardians about consent:

- 1006 • discuss with them that donation is a usual part of the end of life
- 1007 care that the patient will receive
- 1008 • use open questions
- 1009 • use positive ways to describe organ donation, especially when
- 1010 patients are on the organ donor register or they have expressed
- 1011 a wish to donate during their lifetime
- 1012 • avoid the use of apologetic or negative language (for example, 'I
- 1013 am asking you because it is policy' or 'I am sorry to have to ask
- 1014 you').

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through planning a considered approach to the family. A recommendation was therefore made on how the approach for consent should be made.
Trade-off between benefits and harms	Evidence shows that the experience of approach for consent was considered more positively by families where the approach was made using appropriate language, including framing organ donation as being a usual part of the end of life care.
Economic considerations	None.
Quality of evidence	There was a lack of high quality evidence identified evaluating how the approach to families should be made. However, evidence reviewed consistently supported the avoidance of apologetic and negative language and this was associated with increased rates of consent.
Other considerations	None.

1015

1016 2.1.23 Provide parents, family, or guardians of patients who are potential
1017 donors with the following, as appropriate:

- 1018 • For all patients who are potential donors:
- 1019 – assurance that the primary focus is on the care and dignity of
 - 1020 the patient (whether the donation occurs or not) and that the
 - 1021 parents', family's, or guardians' wishes will be respected
 - 1022 – explicit confirmation and reassurance that the standard of
 - 1023 care received will be the same whether consent for organ
 - 1024 donation is given or not
 - 1025 – the rationale behind the decision to withdraw or withhold life-
 - 1026 sustaining treatment and how the timing will be coordinated to
 - 1027 support organ donation
 - 1028 – a clear explanation of and information on the process of organ
 - 1029 donation and retrieval, including post-retrieval arrangements
 - 1030 – where and when organ retrieval is likely to occur
 - 1031 – a clear explanation of and information on what interventions
 - 1032 may be required between consent and organ retrieval

- 1033 – how current legislation applies to their situation⁸, including the
1034 status of being a registered organ donor or any written
1035 advance care directive
- 1036 – how the requirements for coronial referral apply to their
1037 situation
- 1038 – consent documentation
- 1039 – reasons why organ donation may not take place, even if
1040 consent is granted
- 1041 • For brainstem death patients who are potential donors:
- 1042 – a clear explanation of how death is diagnosed using
1043 neurological criteria, and how this is confirmed
- 1044 • For cardiac death patients who are potential donors:
- 1045 – a clear explanation on what end-of-life care involves and
1046 where it will take place – for example, theatre, critical care
1047 department
- 1048 – a clear explanation on how death is confirmed
- 1049 – a clear explanation on what happens if death does not occur
1050 within a defined time period.

⁸ Mental Capacity Act (2005) and Human Tissue Act (2004)
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Relative value of different outcomes	<p>The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through providing accurate information to families throughout the process of consent.</p> <p>A recommendation was therefore made on what information should be provided to families.</p>
Trade-off between benefits and harms	<p>Evidence shows that healthcare professionals who were not specialists in organ donation lacked knowledge (and therefore were unable to provide accurate information), yet families wanted information on the whole process of consenting and organ donation. The level and type of information needed will differ by family and circumstance.</p>
Economic considerations	<p>Health economic analysis indicates that reducing the waiting list for organ donation is of value to the NHS. The value of this reduction to the NHS is considerable and therefore, supports the use of potentially expensive interventions or increased training requirements.</p>
Quality of evidence	<p>There was a lack of high quality evidence identified showing that providing accurate information increased consent rates.</p> <p>However, based on the limited evidence available, evidence showed that families wanted accurate information on the whole process of organ donation.</p>
Other considerations	<p>None.</p>

1051

1052

- 1053 **Organisation of the identification, referral and consent processes**
- 1054 2.1.24 Each hospital should have a policy and protocol for identifying
- 1055 patients who are potential donors and managing the consent
- 1056 process.

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through locally developed policies and procedures. A recommendation was therefore made on the need for a policy and protocol for the identification and referral of potential donors and the process of consent.
Trade-off between benefits and harms	None.
Economic considerations	None.
Quality of evidence	There was a lack of high quality evidence identified evaluating how policies and procedures increase consent rates for donation. However, the evidence reviewed consistently showed that the potential donors were being missed, and those healthcare professionals who were not organ donation specialists were not aware of their own organisational policies and procedures in this area.
Other considerations	None.

1057

- 1058 2.1.25 The pathway for organ donation (from identification to consent)
- 1059 should be coordinated by the MDT, led by an identifiable consultant
- 1060 working in close collaboration with the specialist nurse for organ
- 1061 donation.

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through good team working and coordination of processes. A recommendation was therefore made on the process of co-ordination, including the collaborative working with the specialist nurse in organ donation.
Trade-off between benefits and harms	None.
Economic considerations	None.
Quality of evidence	There was a lack of high quality evidence identified evaluating how the coordination of organ donation increased consent rates for donation. However, the evidence reviewed consistently showed that the where the process was coordinated and managed (often by the SN-OD or similar), that rates of identification, referral and consent were improved.
Other considerations	None.

1062

1063 2.1.26 The MDT involved in the identification, referral and consent
1064 processes should have the specialist skills and competencies
1065 necessary to deliver the recommended process for organ donation
1066 outlined in this guideline. The skills and competencies required of
1067 the individual members of the team will depend on their role in the
1068 process.

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through good team working and having the required skills and competencies. A recommendation was therefore made on the skills and competencies needed by the wider healthcare team involved in the process of organ donation.
Trade-off between benefits and harms	None.
Economic considerations	Health economic analysis indicates that reducing the waiting list for organ donation is of value to the NHS. The value of this reduction to the NHS is considerable and therefore, supports the use of potentially expensive interventions or increased training requirements.
Quality of evidence	Evidence from other areas consistently showed that healthcare professionals often lacked the skills and knowledge for organ donation. Although no evidence showing that if these gaps were filled, then consent rates were increased, the GDG considered that teams should have the skills and competencies to deliver the recommendations outlined in this guideline.
Other considerations	None.

1069

1070 2.1.27 All healthcare professionals involved in identification, referral and
1071 consent processes should:

- 1072 • have knowledge of the basic principles and the relative benefits
1073 of, and differences between, DCD and DBD
- 1074 • understand the principles of the diagnosis of death using
1075 neurological or cardiorespiratory criteria and how this relates to
1076 the organ donation process
- 1077 • be able to explain neurological death clearly to families
- 1078 • understand the use of clinical triggers to identify patients who
1079 may be potential organ donors
- 1080 • understand the processes, policies and protocols relating to
1081 donor management
- 1082 • adhere to relevant professional standards of practice regarding
1083 organ donation and end of life care.

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through good team working and having the required skills and competencies. A recommendation was therefore made on the skills and competencies needed by the healthcare team involved in the process of organ donation.
Trade-off between benefits and harms	None.
Economic considerations	Health economic analysis indicates that reducing the waiting list for organ donation is of value to the NHS. The value of this reduction to the NHS is considerable and therefore, supports the use of potentially expensive interventions or increased training requirements.
Quality of evidence	Evidence from other areas consistently showed that healthcare professionals who were not specialists in organ donation often lacked the skills and knowledge for organ donation. Although no evidence showing that if these gaps were filled, then consent rates were increased, the GDG considered that teams should have the skills and competencies to deliver the recommendations outlined in this guideline.
Other considerations	None.

1084

- 1085 2.1.28 Consultant staff who have clinical responsibility for patients who are
1086 potential organ donors have a duty according to General Medical
1087 Council (GMC) guidance to consider organ donation as part of end
1088 of life care. They should have specific knowledge and skills in:
- 1089 • the law surrounding organ donation
 - 1090 • medical ethics as applied to organ donation
 - 1091 • the diagnosis and confirmation of death using neurological or
1092 cardiorespiratory criteria
 - 1093 • the greater potential for transplantation of organs retrieved from
1094 DBD donors compared with organs from DCD donors
 - 1095 • clinical techniques to secure physiological optimisation in
1096 patients who are potential donors
 - 1097 • communication skills and knowledge necessary to increase

1098

consent ratios for organ donation.

Relative value of different outcomes	The GDG considered that the aim of this guideline was to increase rates of consent for organ donation through optimising all stages of the process. This would include maximising the number of potential donors, through good team working and having the required skills and competencies. A recommendation was therefore made on the skills and competencies needed by the healthcare team involved in the process of organ donation.
Trade-off between benefits and harms	None.
Economic considerations	Health economic analysis indicates that reducing the waiting list for organ donation is of value to the NHS. The value of this reduction to the NHS is considerable and therefore, supports the use of potentially expensive interventions or increased training requirements.
Quality of evidence	Evidence from other areas consistently showed that healthcare professionals often lacked the skills and knowledge for organ donation. Although no evidence showing that if these gaps were filled, then consent rates were increased, the GDG considered that teams should have the skills and competencies to deliver the recommendations outlined in this guideline.
Other considerations	The GDG highlighted the responsibility of the physician providing care under the GMC guidance 'Treatment and care towards the end of life: good practice in decision making' ⁹ .

1099

1100

⁹ Available at www.gmc-uk.org/guidance/ethical_guidance/6858.asp

1101 **3 Research recommendations**

1102 We have made the following recommendations for research, based on our
1103 review of evidence, to improve NICE guidance and patient care in the future.

1104 **3.1 *Joining the organ donation register***

1105 What are the factors and processes that would encourage the general public
1106 to sign up on the UK organ donor register (ODR)?

1107 **Why this is important**

1108 90% of the UK general public approve of organ donation, but only 28% have
1109 registered on the ODR. Research is urgently needed to find out what factors
1110 would encourage people to register, and what processes could increase
1111 registration. If these factors could be identified and processes implemented,
1112 the number of people on the ODR could be significantly increased. Therefore
1113 the supply of donor organs should be improved given that evidence shows
1114 that families are more likely to consent if the potential donor is known to be on
1115 the ODR.

1116 **3.2 *Reasons for refusal for consent***

1117 Why do families refuse to give permission for organ donation?

1118 **Why this is important**

1119 High-quality research using mixed methodology is needed to identify the
1120 reasons behind family refusal to see if there are factors that are changeable
1121 (for example, poor understanding of the process, medical mistrust, "knee-jerk"
1122 response that is later regretted). The study could be, for example, a multi-
1123 centre observational study where all family members (those that did and those
1124 that did not give permission for their deceased loved one's organ donation)
1125 are followed up 6 months later.

1126 Such research could determine whether those participants who gave
1127 permission for donation have higher perceived benefits scores, lower
1128 prolonged grief scores and higher quality-of life-scores than those who did
1129 not.

1130 **3.3** *Improving rates of identification and referral of*
1131 *potential donors*

1132 What are the key components of an intervention to improve identification and
1133 referral rates?

1134 **Why this is important**

1135 Currently, the evidence for improving identification and referral rates consists
1136 mainly of observational reports of complex interventions, with most studies
1137 being of limited follow-up. Further research is needed to identify the
1138 components, or combinations of components, of the interventions that are
1139 effective in increasing identification and referral rates. These studies should
1140 have an appropriate length of follow-up to ensure a sustained impact in the
1141 longer term.

1142 **3.4** *Improving consent rates*

1143 What are the key components of an intervention to improve consent rates?

1144 **Why this is important**

1145 Currently, the evidence for improving consent rates consists mainly of
1146 observational reports of complex interventions, with most studies being of
1147 limited follow-up. Further research is needed to identify the components, or
1148 combinations of components, of the identified interventions that are effective
1149 in increasing consent rates. These studies should have an appropriate length
1150 of follow-up to ensure a sustained impact in the longer term.

1151 **3.5** *The experience of consenting for organ donation*

1152 Does a 'positive' experience of approach and process of consent for families
1153 increase consent rates?

1154 **Why this is important**

1155 It is generally accepted that if families have a more 'positive' experience of the
1156 approach and process of consenting, then rates of consent will increase.
1157 However, no high-quality evidence was identified to support this perception.
1158 Further research is needed to confirm this assumption, and if true to identify

1159 those components of the approach and process that are key to improving the
1160 experience, and hence the consent rate.

1161 **4 Other versions of this guideline**

1162 This is the full guideline. It contains details of the methods and evidence used
1163 to develop the guideline. It is available from our website
1164 ([www.nice.org.uk/guidance/CG\[XX\]Guidance](http://www.nice.org.uk/guidance/CG[XX]Guidance)). **[Note: these details will**
1165 **apply to the published full guideline.]**

1166 **Quick reference guide**

1167 A quick reference guide for healthcare professionals is available from
1168 [www.nice.org.uk/guidance/CG\[XX\]QuickRefGuide](http://www.nice.org.uk/guidance/CG[XX]QuickRefGuide)

1169 For printed copies, phone NICE publications on 0845 003 7783 or email
1170 publications@nice.org.uk (quote reference number N1[XXX]). **[Note: these**
1171 **details will apply when the guideline is published.]**

1172 **‘Understanding NICE guidance’**

1173 A summary for patients and carers (‘Understanding NICE guidance’) is
1174 available from [www.nice.org.uk/guidance/CG\[XX\]PublicInfo](http://www.nice.org.uk/guidance/CG[XX]PublicInfo)

1175 For printed copies, phone NICE publications on 0845 003 7783 or email
1176 publications@nice.org.uk (quote reference number N1[XXX]). **[Note: these**
1177 **details will apply when the guideline is published.]**

1178 We encourage NHS and voluntary sector organisations to use text from this
1179 booklet in their own information.

1180 **5 Updating the guideline**

1181 NICE clinical guidelines are updated so that recommendations take into
1182 account important new information. New evidence is checked 3 years after
1183 publication, and healthcare professionals and patients are asked for their
1184 views; we use this information to decide whether all or part of a guideline
1185 needs updating. If important new evidence is published at other times, we
1186 may decide to do a more rapid update of some recommendations.

1187 **6 References, glossary and abbreviations**

1188 **6.1 References**

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1366 **6.2 Glossary**

1367 **Brainstem**

1368 The lower part of the brain, which adjoins and is structurally continuous with
1369 the spinal cord.

1370 **Brainstem death**

1371 Death that is diagnosed and confirmed using neurological criteria.

1372 **Cardiac death**

1373 Death that is diagnosed and confirmed using cardiorespiratory criteria.

1374 **Clinical triggers**

1375 A set of clinical criteria used to indicate a high probability of death, which is
1376 used to define a standard point in care when the hospital is expected to
1377 initiate referral.

1378 **Conversion rate**

1379 Depending on the stage of the process for organ donation, this can mean the
1380 percentage of potential donors for whom consent is obtained, the percentage
1381 of potential donors with consent who then become actual (DBD or DCD)
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1382 donors, or the percentage of potential donors (before consent) who become
1383 actual donors.

1384 **GRADE (Grading of Recommendations Assessment, Development and**
1385 **Evaluation)**

1386 A systematic and explicit approach to grading the quality of evidence and the
1387 strength of recommendations.

1388 **Required referral**

1389 A system where all deaths (including anticipated death) are referred to the
1390 healthcare professional(s) responsible for organ donation.

1391 **Specialist nurse for organ donation**

1392 A healthcare professional with specific expertise in the promotion and
1393 facilitation of the entire donation process through working with all staff in
1394 critical care areas to support and maximise organ/tissue donation and
1395 providing support and information to families of potential donors.

1396 **6.3 Abbreviations**

Abbreviation	Meaning
A&E	Accident and Emergency
BSD	Brainstem death
CI	Confidence interval
CQI	Continuous quality improvement
DA	Donor Action Programme
DBD	Donation after brainstem death
DCD	Donation after cardiac death
D-form	Donation form
DTC	Donor transplant coordinator
EEG	Electroencephalogram
GCS	Glasgow Coma Scale
GDG	Guideline Development Group
GMC	General Medical Council
GRADE	Grading of Recommendations, Assessment, Development and Evaluation
HIV	Human immunodeficiency virus

HM	Her Majesty
ICU	Intensive care unit
IHC	In-house coordinators
ITT	Intention to treat
LITC	Level I trauma centres
MDT	Multidisciplinary team
NA	Not assessable or applicable
NATCO	North American Transplant Coordinators Organizations
NDR	No donation request
NICU	Neuro-intensive care unit
NS	Not serious
NSW	New South Wales
NYPHS	New York-Presbyterian Healthcare system
OD	Organ donation
ODC	Organ donation consent
ODR	Organ donation refusal
OPC	Organ procurement coordinators
OPO	Organ procurement organisation
OR	Odds ratio
PICU	Paediatric intensive care unit
RCT	Randomised control trial
SD	Standard deviation
SN-OD	Specialist nurse for organ donation
TOSA	Texas Organ Sharing Alliance

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1434 A short clinical guidelines technical team was responsible for this guideline
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1457 **7.4 *The Guideline Review Panel***

1458 The Guideline Review Panel is an independent panel that oversees the
1459 development of the guideline and takes responsibility for monitoring
1460 adherence to NICE guideline development processes. In particular, the panel

1461 ensures that stakeholder comments have been adequately considered and
1462 responded to. The panel includes members from the following perspectives:
1463 primary care, secondary care, lay, public health and industry.

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1475 **7.6 Declarations of interest**

1476 A full list of all declarations of interest made by this Guideline Development
1477 Group is available on the NICE website (www.nice.org.uk).

1478 **7.7 Authorship and citation**

1479 Authorship of this document is attributed to the NICE Short Clinical Guidelines
1480 Technical Team and members of the Guideline Development Group under
1481 group authorship.

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