

Diagnosis and management of headaches in young people and adults

7th Guideline Development Group Meeting

National Clinical Guideline Centre

Date and Time: ***15th July 2011 10:00 – 16:00***

Place: *NCGC, 180 Great Portland Street, London*

GDG Present: Martin Underwood (Chair, morning session)
Sam Chong
Brendan Davies
Mark Dunne-Willows
Devina Halsall
Kay Kennis
Manjit Matharu
Peter May
Wendy Thomas
William Whitehouse

Co-opted GDG: Dons Coleston-Shields, *Chartered clinical psychologist*
George Rix, *Chiropractor, Senior lecturer, Anglo-European College of Chiropractic*
Persis Tamboly, *Acupuncturist, British Acupuncture Council*

NCGC Present: Sara Buckner
Serena Carville (SC)
Elisabetta Fenu (pm only)
Zahra Naqvi (ZN)
Norma O'Flynn (Chair, afternoon session)
Smita Padhi (SP)
Tim Reason
Carlos Sharpin

NICE Present: n/a

In attendance: Izaba Younis, NCGC

Minutes

1. **Introductions and apologies.** The Chair welcomed everyone to the meeting, introductions were given for the co-opted GDG members and apologies noted for Ria Bhola, Carole Gavin, David Kernick and Claire Turner.

The GDG were reminded to update their declarations of interest if any changes had occurred since the last meeting. Two GDG members notified changes. Due to some non-personal pecuniary conflicts of interest in the area of non-pharmacological treatments (not specific to headache) it was agreed that Martin Underwood would not Chair the afternoon session of the meeting when recommendations were made. Norma O'Flynn would Chair this part of the

meeting.

The minutes of GDG 6 were agreed as an accurate reflection of the meeting, there were no outstanding matters arising.

2. **Prophylactic non-pharmacological treatment of primary headaches - acupuncture**
Persis Tamboly presented an introduction to the use of acupuncture for the treatment of primary headaches. SC presented the clinical evidence. The GDG had the opportunity to ask questions about the use of acupuncture and the evidence.
3. **Prophylactic non-pharmacological treatment of primary headaches – manual therapies**
George Rix presented an introduction to the use of manual therapies for the treatment of primary headaches. SP presented the clinical evidence. The GDG had the opportunity to ask questions about the use of manual therapies and the evidence.
4. **Prophylactic non-pharmacological treatment of primary headaches – psychological therapies**
Dons Coleston-Shields presented an introduction to the use of psychological therapies for the treatment of primary headaches. ZN presented the clinical evidence. The GDG had the opportunity to ask questions about the use of psychological therapies and the evidence.
5. **Prophylactic non-pharmacological treatment of primary headaches – dietary supplements**
SB presented the clinical evidence for the prophylactic pharmacological treatment of primary headaches with dietary supplements. There was no economic evidence to report.
6. **Prophylactic non-pharmacological treatment of primary headaches – herbal remedies**
SB presented the clinical evidence for the prophylactic pharmacological treatment of primary headaches with dietary supplements. There was no economic evidence to report.
 - The co-opted GDG members left the meeting.
 - Norma O'Flynn took over as Chair.
7. **Discussing the evidence and linking evidence to recommendations**
SC presented a review of the evidence for the pharmacological prophylactic treatment of primary headaches (presented at GDG 6). The group discussed the evidence from today's clinical evidence reviews and recommendations were drafted for the prophylactic treatment of primary headaches.
The economic evidence will be presented at GDG 8.
8. **Economic model for the prophylactic treatment of migraine**
TR presented the plan for the economic model for prophylactic treatment of migraine. The group discussed and agreed the assumptions. The analysis will be presented at GDG 8.

Date, time and venue of the next meeting

Friday 9th September 2011, 10:00–16:00, Censors Room, Royal College of Physicians, 11 St Andrews Place, London, NW1 4LW