

## Diagnosis and management of headaches in young people and adults: Guideline Update

### 1 Background

The diagnosis and management of headaches in young people and adults (HEAD) guideline (CG150) was reviewed in 2014 as part of NICE's routine surveillance programme to decide whether the guideline requires updating.

### 2 Surveillance programme findings

The NICE guideline on headaches was reviewed by the NICE surveillance team, and new evidence on pharmacological treatment for migraine prophylaxis was identified. The aim of this update is to review current evidence on pharmacological prophylactic treatment for migraine. The full report can be found [here](#).

### 3 Guideline Update

We are answering the following question:

- In people with migraine with or without aura, what is the clinical evidence and cost-effectiveness for prophylactic pharmacological treatment with:
  - ACE inhibitors and angiotensin II receptor antagonists
  - Antidepressants (SNRIs, SSRIs, tricyclics)
  - Centrally acting alpha-receptor agonists
  - Beta blockers
  - Calcium channel blockers
  - Antiepileptics
  - Other serotonergic modulators

## 4 Guideline Update process

The guideline update will be produced using a standing Committee. NICE are piloting the use of a standing Committee for guideline updates. More information about the pilot can be found here:

[Guideline Updates](#)

Field Code Changed

Committee meeting dates: 1 April, 12 May and 22 June 2015

Consultation dates: 3 August to 31 August 2015

Expected publication date: 25 November 2015