APPENDIX 16: INTERVENTIONS FOR CHILDREN AND YOUNG PEOPLE - STUDY CHARACTERISTICS TABLE

7.4 PHARMACOLOGICAL INTERVENTIONS

Study	Country	Interview	Age	% Female	% White	% Med	N Rand	N Post	Group	Dose	Freq	Dur
Selective serotonin reuptake inhibitors (SSRIs) and serotonin norepinephrine reuptake inhibitors (SNRIs) compared with pill placebo												
Fluoxetine												
BEIDEL2007	USA	ADIS - C/P (DSM-IV)	12	47%	78%	0%	NR	32	Pill Placebo	N/A	7	12
							NR	33	Fluoxetine	30	7	12
							NR	57	CBT, group with social skills	1.75	2	12
Paroxetine												
DINEEN-WAGNER2004	BEL; CAN; RSA; USA	ADIS (DSM-IV)	13	50%	85%	0%	45	45	Pill Placebo	N/A	7	16
							47	46	Paroxetine	29.1	7	16
Venlafaxine												
MARCH2007	USA	ADIS - C/P (DSM-IV)	14	57%	75%	0%	150	148	Pill Placebo	N/A	7	16
							140	137	Venlafaxine (>75mg/day)	141.5	7	16

Study	Country	Interview	Age	% Female	% White	% Med	N Rand	N Post	Group	Dose	Freq	Dur
Fluoxetine compared with CBT												
BEIDEL2007	USA	ADIS -	12	47%	78%	0%	NR	32	Pill Placebo	N/A	7	12

		C/P (DSM-IV)					NR	33	Fluoxetine	30	7	12
							NR	57	CBT, group with social skills	1.75	2	12

Study	**Country**	**Interview**	**Age**	**% Female**	**% White**	**% Med**	**N Rand**	**N Post**	**Group**	**Dose**	**Freq**	**Dur**
Pharmacotherapy for selective mutism: fluoxetine compared with placebo												
BLACK1994	USA	Clinical Interview (DSM-III R)	9	60%	NR	0%	9	9	Pill Placebo	N/A	7	12
							6	6	Fluoxetine	21.4	7	12

7.5 PSYCHOLOGICAL INTERVENTIONS

7.5.1

Study	Country	Interview	Age	% Female	% White	% Med	N Rand	N Post	Group	Dose	Freq	Dur
Cognitive behavioural therapies compared with waitlist												
CBT (group), specific												
GALLAGHER2004	USA	ADIS - C/P (DSM-IV)	NR	52%	57%	NR	11	11	Wait list	N/A	N/A	3
							12	12	CBT, group	3	1	3
SPENCE2000	AUS	ADIS (DSM-III R)	11	38%	NR	NR	14	14	Wait list	0	0	12
							19	19	CBT, group with social skills	1.5	1	12
							17	17	CBT, group with social skills (with parent involvement)	1.5	1	12
SANCHEZ-GARCIA2009	ESP	ADIS - C/P (DSM-IV)	12	73%	NR	0%	25	25	Wait list	N/A	N/A	12
							28	28	CBT, group with social skills	1.5	1	12
							29	29	CBT, group with social skills (no restructuring)	1.5	1	12
CBT (group), general												
LYNEHAM2012	AUS	ADIS - C/P (DSM-IV)	10	NR	NR	NR	NR	7	Wait list	N/A	N/A	16
							NR	11	Self-help (book) with support	1.5	0.3125	16

									(delivered to parents), all anxiety disorders			
							NR	7	CBT, group (all anxiety disorders)	2	0.625	16
LAU2010	HKO	Clinical Interview (DSM-IV)	9	47%	0%	NR	13	13	Wait list	N/A	N/A	13
							8	8	CBT, group (all anxiety disorders)	2	0.7	13
CBT (individual),specific												
MELFSEN2011	GER	ADIS - C/P (DSM-IV)	11	48%	100%	0%	23	23	Wait list	N/A	N/A	0
							21	21	CBT, individual	0.8	1	20
									CBT, parent	1	1	4
CBT (individual),general												
SPENCE2011	AUS	ADIS - C/P (DSM-IV)	14	59%	NR	NR	10	10	Wait list	0	0	10
							14	13	Self-help (internet) with support (children and parents, all anxiety disorders)	0	0	10
							12	12	CBT, individual (all anxiety disorders)	1	1	10

Study	**Country**	**Interview**	**Age**	**% Female**	**% White**	**% Med**	**N Rand**	**N Post**	**Group**	**Dose**	**Freq**	**Dur**

Cognitive behavioural therapies compared with psychological placebo												
CBT (group), specific												
MASIA-WARNER2007	USA	ADIS (DSM-IV)	15	83%	72%	NR	17	15	Psychological placebo	0.7	1	12
							19	17	CBT, group with social skills (with parent involvement)	0.7	1	12
BEIDEL2000	USA	ADIS - C/P (DSM-IV)	11	60%	70%	NR	31	20	Psychological placebo	1	2	12
							36	30	CBT, group with social skills	1	2	12
HERBERT2009	USA	ADIS (DSM-IV)	15	58%	47%	14%	26	23	Psychological placebo	2	1	12
							23	22	CBT, group with social skills	2	1	12
							24	23	CBT, individual with social skills	1	1	12
CBT (group), general												
HUDSON2009	AUS	ADIS – C/P (DSM-IV)	10	44%	83%	NR	15	14	Psychological placebo	2	1	10
							12	7	CBT, group (all anxiety disorders)	2	1	10
CBT (individual),specific												
HERBERT2009	USA	ADIS (DSM-IV)	15	58%	47%	14%	26	23	Psychological placebo	2	1	12

							23	22	CBT, group with social skills	2	1	12
							24	23	CBT, individual with social skills	1	1	12

Study	Country	Interview	Age	% Female	% White	% Med	N Rand	N Post	Group	Dose	Freq	Dur
Cognitive behavioural therapy compared with pill placebo												
BEIDEL2007	USA	ADIS - C/P (DSM-IV)	12	47%	78%	0%	NR	32	Pill Placebo	N/A	7	12
							NR	33	Fluoxetine	30	7	12
							NR	57	CBT, group with social skills	1.75	2	12

Study	Country	Interview	Age	% Female	% White	% Med	N Rand	N Post	Group	Dose	Freq	Dur
Cognitive behavioural therapy compared with CBT plus parent anxiety management												
HUDSON2012	AUS	ADIS - C/P (DSM-IV)	9	51%	NR	NR	19	15	CBT, group (all anxiety disorders)	2	1	10
							19	18	CBT, group (all anxiety disorders) plus intervention for parents	2	1	10

Study	Country	Interview	Age	%	%	%	N	N	Group	Dose	Freq	Dur

				Female	White	Med	Rand	Post				
Group CBT compared with group CBT plus individual CBT												
OLIVARES2008	ESP	ADIS - C/P (DSM-IV)	15	63%	NR	0%	18	18	CBT, group with social skills	1.5	1	12
							19	19	CBT, group + individual (12)	2	1	12
							20	20	CBT, group + individual (6)	1.75	1	12

7.5.2

Study	Country	Interview	Age	% Female	% White	% Med	N Rand	N Post	Group	Dose	Freq	Dur
Cognitive behavioural therapy delivered via parents compared with waitlist												
CBT via parent, general												
CARTWRIGHT-HATTON2012	GBR	ADIS - C/P (DSM-IV)	7	51%	91%	0%	NR	9	Wait list	N/A	N/A	10
							NR	6	CBT, parent delivered (all anxiety disorders)	2	1	10
LYNEHAM2012	AUS	ADIS - C/P (DSM-IV)	10	NR	NR	NR	NR	7	Wait list	N/A	N/A	16
							NR	11	Self-help (book) with support (delivered to parents),	1.5	0.31 25	16

									all anxiety disorders			
							NR	7	CBT, group (all anxiety disorders)	2	0.625	16
THIRLWALL2012	GBR	ADIS - C/P (DSM-IV)	10	48%	86%	NR	17	11	Wait list	N/A	N/A	8
							11	4	Self-help (book) with support (delivered to parents, short), all anxiety disorders	0	0.25	8
							13	8	Self-help (book) with support (delivered to parents), all anxiety disorders	NR	0.5	8
CBT via parent, no support												
RAPEE2006	AUS	ADIS - C/P (DSM-IV)	10	40%	NR	19%	NR	16	Wait list	N/A	N/A	12
							NR	21	Self-help (book) no support (delivered to parents)	0	0	12
							NR	27	CBT, group (all anxiety disorders)	2	0.75	12

Study	**Country**	**Interview**	**Age**	**%**	**%**	**%**	**N**	**N**	**Group**	**Dose**	**Freq**	**Dur**

				Female	White	Med	Rand	Post				
Cognitive behavioural therapy delivered via parents compared with self-help												
CBT (group), general vs book for parents with support												
LYNEHAM2012	AUS	ADIS - C/P (DSM-IV)	10	NR	NR	NR	NR	7	Wait list	N/A	N/A	16
							NR	11	Self-help (book) with support (delivered to parents), all anxiety disorders	1.5	0.3125	16
							NR	7	CBT, group (all anxiety disorders)	2	0.625	16
CBT (individual), general vs internet with support												
SPENCE2011	AUS	ADIS - C/P (DSM-IV)	14	59%	NR	NR	10	10	Wait list	0	0	10
							14	13	Self-help (internet) with support (children and parents, all anxiety disorders)	0	0	10
							12	12	CBT, individual (all anxiety disorders)	1	1	10

7.5.3

Study	Country	Interview	Age	% Female	% White	% Med	N Rand	N Post	Group	Dose	Freq	Dur

Self-help compared with waitlist												
Internet supported for CYP/CYP+ parents, general												
MARCH2009	AUS	ADIS - C/P (DSM-IV)	9	55%	NR	0%	33	11	Wait list	N/A	N/A	10
							NR	9	Self-help (internet) with support (children and parents, all anxiety disorders)	1	1	10
SPENCE2011	AUS	ADIS - C/P (DSM-IV)	14	59%	NR	NR	10	10	Wait list	0	0	10
							14	13	Self-help (internet) with support (children and parents, all anxiety disorders)	0	0	10
							12	12	CBT, individual (all anxiety disorders)	1	1	10
Internet supported CYP, specific												
TILLFORS2011	SWE	SCID (DSM-IV)	17	89%	NR	NR	9	9	Wait list	N/A	N/A	9
							10	9	Self-help (internet) with support	0	0	9

Country: Three letter abbreviations for all countries from which participants were recruited.
Interview: If a structured interview was used, the same of the interview and the diagnostic criteria used.
Age: Mean age of participants.
% **Female**: Percentage of participants enrolled who were female.

% **White**: Percentage of participants enrolled who described themselves white/Caucasian.
% **Med**: Percentage of participants taking medication (e.g. SSRI or benzodiazepine) at baseline. Normally these participants were on a stable dose and agreed not to change their dose during the trial.
N Rand: Number of participants randomised to each group.
N Post: Number of participants who completed assessment at post-treatment.
Group: Name of each group included in the trial.
Dose: For each group, the amount of medication or psychological intervention received. For medication, milligrams per dose (average where possible, otherwise endpoint). For psychological interventions, hours per dose.
Freq: Number of doses per week.
Dur: Number of weeks of intervention. Dose x Freq X Dur = Total amount of medication or psychological intervention received.