

**Psychosis & Schizophrenia in Adults  
Guideline Development Group Meeting 7**

**Date & Time:** Wednesday 10 April 2013; 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists  
Standon House, 6<sup>th</sup> Floor  
21 Mansell Street  
London E1 8AA

**Present:** **GDG members**  
Elizabeth Kuipers (EK) Chair  
David Shiers (DS) facilitator  
Max Birchwood (MB)  
Alison Brabban (AB)  
Debbie Green (BG)  
Zaffer Iqbal (ZI)  
Sonia Johnson (SJ)  
Tom Lochhead (TL)  
Jonathan Mitchell (JM)  
Tony Morrison (TM)  
Clive Travis (CT)  
Peter Woodhams (PW)  
Norman Young (NY)  
**Experts**  
Daniel Tsoi (DT)  
Sophia Winterbourne (SW)

**In attendance:**

**NCCMH Staff:** Bronwyn Harrison (BH)  
Ifigeneia Mavranouzouli (IM)  
Maryla Moulin (MM)  
Eric Slade (ES)  
Amina Udechuku (AU)

**NICE staff:** Peter O'Neil (PO)

## Notes

1. Peter O'Neil, a technical advisor for social care at NICE was introduced to the group. Apologies were received from Zaffer Iqbal, Tim Kendall, Max Marshal, Rachel Waddingham and Caroline Keir.
2. A declaration of interest was shared by DS.
3. The minutes were reviewed for accuracy, after some amendments the minutes were confirmed.
4. No service user and carer concerns were expressed. PW thanked AU for the hard work and great progress made on the carer experience of care.
5. MM ran through the guideline process from the 2 day GDG to publication.
6. AU presented the evidence on interventions to improve carer experience of care, specifically what modifications to health and social services improve the experience of using services for carers of adults with severe mental illness.
7. ES presented the studies which were identified at the previous GDG for the following interventions: crisis houses, peer support, EIS and ICM. These studies will be added to the previously presented review of existing HE literature.
8. BH presented a summary of the data on Crisis resolution/ home treatment teams, which was previously presented to the GDG.
9. ES presented the HE on crisis resolution and home treatment teams.
10. EK and DS presented the 2009 recommendations to the GDG to assess whether the evidence presented warrants an update.
11. AU presented the data on acute day hospitals based on the Cochrane Review
12. ES presented the health economics evidence and draft model on vocational rehabilitation.
13. Daniel Tsoi (DT) from Nottingham and Sophia Winterbourne (SW) from LSE were introduced to the group as special advisors on smoking cessation. No interests were declared.
14. DT presented the final finding of the Cochrane Review on smoking cessation and reduction in individuals with schizophrenia.
15. Sophia Winterbourne, presented the following two economic reports: 'Quitting smoking for young people with schizophrenia' and 'Could an ounce of prevention be worth a pound of cure?'

## Date, time and venue of the next meeting

**Tuesday & Wednesday 14 & 15 May 2013 ; 10.30am – 4pm at The Royal College of Psychiatrists, Standon House, 4th Floor, 21 Mansell Street, London E1 8AA**

