

# **Bipolar Disorder (Update) Guideline Development Group Meeting**

**Date and Time:** Tuesday 25<sup>th</sup> February 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists  
21 Prescott Street  
London E1 8BB

**Present:** **GDG members**  
Richard Morriss (Chair) (RM)  
Tim Kendall (Facilitator) (TK)  
Andrea Cipriani (AC)  
Anthony James (AJ)  
Carnice John (CJ)  
Steven Jones (SJ)  
Tim McDougall (TmD)  
Carol Paton (CP)  
Matthias Schwannauer (MS)  
Robert Westhead (RW)  
Faye Wilson (FW)

**Experts**  
None

**In attendance:**  
NCCMH Staff: Elena Marcus (EM)  
Evan Mayo-Wilson (EMW)  
Ifigeneia Mavranezouli (IM)  
Katherine Leggett (KL)  
Clare Taylor (CT)

NICE staff: Clifford Middleton (CM)

Observers: Marisa Dias (MD)

## **Notes**

1. Apologies were received from Donna Swindon, Richard Byng and Thomas Meyer.
2. The GDG declared their new interests.
3. The minutes were agreed as an accurate account of the previous meeting.
4. TK discussed the main aims of the 2-day GDG meeting.
5. EMW reviewed the final results from the long term management data.
6. IM presented the results of a cost analysis of lithium treatment in the long term management of adults with bipolar disorder.
7. The GDG discussed discontinuation studies.
8. The GDG discussed the psychological interventions used in the treatment and management of bipolar disorder.
9. The GDG discussed writing tasks.
10. The GDG discussed the draft recommendations.

## **Date, time and venue of the next meeting**

Friday 13 June 2014 at 10.30am – 4pm at The Royal College of Obstetricians and Gynaecologists, 27 Sussex Pl, London NW1 4RG.