

## **Bipolar Disorder (Update) Guideline Development Group Meeting**

**Date and Time:** 8 February 2013, 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists'  
4<sup>th</sup> Floor Standon House  
21 Mansell Street  
London  
E1 8AA

**Present:** **GDG members**  
Richard Morriss (Chair) (RM)  
Tim Kendall (Facilitator) (TK)  
Richard Byng (RB)  
Andrea Cipriani (AC)  
Anthony James (AJ)  
Carnice John (CJ)  
Thomas Meyer (TM)  
Carol Paton (CP)  
Matthias Schwannauer (MS)  
Robert Westhead (RW)

**Experts**  
None

**In attendance:**  
NCCMH Staff: Evan Mayo-Wilson (EMW)  
Ruth Braidwood (RB)  
Katherine Leggett (KL)

NICE staff: Caroline Keir (CK)  
Marisa Dias (MD)

Observers: Ralph Kupka (RK) Chair of Netherlands Bipolar Disorder GDG

**Notes**

1. RM welcomed the group. Apologies were received from Ifigeneia Mavranouzouli, Donna Swinden, Faye Wilson, Steven Jones, Tim McDougall, Kate Hughes, and Korin Garcia-Niño.
2. Some GDG members declared their additional interests.
3. The minutes were agreed as a true and accurate record of the previous meeting
4. TK presented the assessment and the experience of care recommendations from the 2006 guideline which were discussed by the group.
5. RM presented some considerations that need to be taken into account when making recommendations for the treatment of acute mania in people with Bipolar Disorder.
6. EMW presented the pairwise comparisons for the clinical evidence for psychological interventions.
7. In IM's absence, EMW presented the existing economic evidence for psychological interventions.
8. In IM's absence, EMW presented the economic plan.
9. The GDG discussed the review protocols and inclusion criteria.
10. CP gave a presentation regarding the Prescribing Observatory for Mental Health.
11. Next meeting: 10.30am-4pm, 17 April 2013.