

## **Bipolar Disorder (Update) Guideline Development Group Meeting**

**Date and Time:** 10 July 2013, 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists'  
4<sup>th</sup> Floor Standon House  
21 Mansell Street  
London  
E1 8AA

**Present:** **GDG members**  
Richard Morriss (Chair) (RM)  
Tim Kendall (Facilitator) (TK)  
Richard Byng (RB)  
Kate Hughes (KH)  
Carnice John (CJ)  
Tim McDougall (TM)  
Thomas Meyer (TM)  
Carol Paton (CP)  
Donna Swinden (DS)  
Faye Wilson (FW)

**Experts**

None

**In attendance:**

NCCMH Staff: Evan Mayo-Wilson (EMW)  
Ruth Braidwood (RB)  
Ifigeneia Mavranezouli (IM)  
Katherine Leggett (KL)  
Saima Ali (SA)

NICE staff Clifford Middleton (CM)  
Marisa Dias (MD)

Observers: Toshi Baba (TB)

## Notes

1. RM welcomed the group. Apologies were received from Richard Byng, Andrea Cipriani, Anthony James, Matthias Schwannauer, Robert Westhead, Steven Jones, and Korin Garcia-Niño.
2. Some GDG members declared their additional interests.
3. The minutes were agreed as a true and accurate record of the previous meeting
4. IM presented the existing systematic literature review for the cost-effectiveness of medication for acute depression in adults with bipolar disorder.
5. EMW updated the GDG on the structure of the model for medication for acute depression in adults.
6. IM presented the draft economic models for acute depression and long term-management of people with Bipolar Disorder.
7. IM presented the utility data.
8. EMW presented the data for psychological interventions for people with Bipolar Disorder.
9. SA presented the qualitative data for the interventions to improve the experience of carers.
10. Next meeting: 10.30am-4pm, 11 September 2013.