

## **Bipolar Disorder (Update) Guideline Development Group Meeting**

**Date and Time:** 22 October 2013, 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists'  
21 Prescott Street  
London  
E1 8BB

**Present:** **GDG members**  
Richard Morriss (Chair) (RM)  
Tim Kendall (Facilitator) (TK)  
Richard Byng (RB)  
Andrea Cipriani (AC)  
Richard Byng (RB),  
Anthony James (AJ)  
Carnice John (CJ)  
Steven Jones (SJ)  
Tim McDougall (TmD)  
Thomas Meyer (TM)  
Carol Paton (CP)  
Matthias Schwannauer (MS)  
Robert Westhead (RW)  
Faye Wilson (FW)

**Experts**  
None

**In attendance:**  
NCCMH Staff: Evan Mayo-Wilson (EMW)  
Ifigeneia Mavranouzouli (IM)  
Katherine Leggett (KL)  
Elena Marcus (EM)  
David Glynn (DG)

NICE staff Clifford Middleton (CM)  
Maria Dias (MD)

Observers: None

**Notes**

1. RM welcomed the group. Apologies were received from Kate Hughes, Donna Swinden and Korin Garcia-Niño.
2. Some GDG members declared their additional interests.
3. The minutes were agreed as a true and accurate record of the previous meeting.
4. The GDG discussed the remaining writing tasks.
5. EMW gave a presentation regarding the long term management of people with Bipolar Disorder.
6. EMW gave a presentation regarding interventions for children and young people.
7. Next meeting: 10.30am-4pm, 26 November 2013.