

## **Bipolar Disorder (Update) Guideline Development Group Meeting**

**Date and Time:** 26 November 2013, 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists'  
21 Prescott Street  
London  
E1 8BB

**Present:** **GDG members**  
Richard Morriss (Chair) (RM)  
Tim Kendall (Facilitator) (TK)  
Richard Byng (RB)  
Andrea Cipriani (AC)  
Richard Byng (RB)  
Anthony James (AJ)  
Carnice John (CJ)  
Steven Jones (SJ)  
Tim McDougall (TmD)  
Thomas Meyer (TM)  
Carol Paton (CP)  
Matthias Schwannauer (MS)  
Donna Swinden (DS)  
Robert Westhead (RW)  
Faye Wilson (FW)

**Experts**

None

**In attendance:**

NCCMH Staff: Evan Mayo-Wilson (EMW)  
Ifigeneia Mavranezouli (IM)  
Sabrina Naqvi (SN)  
Elena Marcus (EM)

NICE staff Clifford Middleton (CM)  
Maria Dias (MD)

Observers: None

**Notes**

1. RM welcomed the group. Apologies were received from Kate Hughes, Katherine Leggett and Korin Garcia-Niño.
2. Some GDG members declared their additional interests.
3. The minutes were agreed as a true and accurate record of the previous meeting.
4. The GDG discussed the diagnosis of Bipolar Disorder.
5. EMW gave a presentation regarding the experience of care for people with serious mental health disorders.
6. TK presented the evidence on weight management and physical health.
7. The GDG discussed how to review the data for the long term management of people with Bipolar Disorder.
8. IM presented the economic evidence for the long term management of people with Bipolar Disorder.
9. EMW and IM presented the data for service level interventions.
10. Next meeting: 10.30am-4pm, 21 and 22 January 2014.