APPENDIX 12: INTERVENTIONS FOR MANIA – STUDY CHARACTERISTICS

Pharmacological interventions

Study	Country	Age	% Female	% BPI	Concomitant medication	N Rand	N Post	Group	Dose	Freq	Dur
Pharmacological interventions											
KANBA2012	CHN, HKG, JPN, PHL, TWN	38	59%	100%	Shortacting benzodiazepine and anti-anxiety agents allowed	128	122	Aripiprazole	20mg	7	3
						130	125	Placebo	N/A	7	3
SZEGEDI2012	AUS, IND, KOR, RUS, THA, USA	39	69%	100%	Lithium or valproate. Benzodiazepines allowed	159	155	Asenapine	12mg	7	12
						167	163	Placebo	N/A	7	12
ASTRAZENECA2011	BEL, BGR, DE, IND, RUS, UKR, ZAF	38	38%	100%	NR	173	173	Lithium and quetiapine	450mg/300mg	14	6
						183	176	Placebo and quetiapine	300mg	14	6

Nutritional interventions

Study	Country	Age	% Female	% BPI	Concomitant medication	N Rand	N Post	Group	Dose	Freq	Dur
Nutritional interventions											
Omega-3 fatty acids compared with placebo											
CHIU2005	CHN	NR	NR	100%	Carbamazepine, lithium or valproate	NR	NR	Eicosapentaenoic acid & docosahexaenoic acid	440mg/240mg	14	4
						NR	NR	Placebo	N/A	14	4
Folic acid compared with placebo											
BEHZADI2009	IRN	35	70%	100%	Valproate	44	41	Folic acid	3mg	7	3
						44	43	Placebo	N/A	7	3

Physical interventions

Study	Country	Age	% Female	% BPI	Concomitant medication	N Rand	N Post	Group	Dose	Freq	Dur
Physical interventions											
Acupuncture compared with sham acupuncture											
DENNEHY2009A	USA	37	55%	60%	Medication as usual	10	5	Acupuncture	N/A	2	5
						10	7	Sham	N/A	2	5
Transcranial magnetic stimulation (TMS) comapred with sham TMS											
KAPTSAN2003	ISR	42	53%	100%	Medication as usual	16	11	TMS	20 mins	7	2
						9	8	Sham	20 mins	7	2