

**Date and Time:** *Wednesday 7<sup>th</sup> May 2014, 10:00 – 16:00*  
**Guideline development group meeting 5: Obesity**

**Minutes:** Confirmed

**Place:** *Linacre Room, Royal College of Physicians, 11 St Andrews Place,  
Regents Park, NW1 4LE*

**Present:**

**GDG members**

Peter Barry	GDG Chair (Chair)
Rachel Batterham	Head of obesity & bariatric services, UCLH
Alexandra Blakemore	Patient representative
Ken Clare	Patient representative
Claire Connell	Lead obesity clinical nurse specialist, Cambridge University Hospitals NHS Foundation Trust
Rachel Holt	Consultant clinical psychologist, Derbyshire Community Health Services
Carly Hughes	GP partner, Fakenham medical practice and Clinical lead, Fakenham weight management service (Tier 3 service)
Mary O’Kane	Consultant dietician, Leeds Teaching Hospitals NHS Trust
Mars Skae	Consultant paediatric endocrinologist, Royal Manchester Children’s Hospital
Lucy Turnbull	Clinical lead for chronic disease and weight management services, Central London Community Healthcare
Richard Welbourn	Consultant upper GI and bariatric Surgeon, Musgrove Park Hospital
John Wilding	Professor of medicine & Head of department of obesity & endocrinology, University of Liverpool

**NCGC technical team**

Katie Broomfield	Document editor/process assistant
Alexander Haines	Health economist
Clare Jones	Senior research fellow
Katie Jones	Project Manager
Susan Latchem	Guideline lead
Emma Madden	Research fellow
Grace Marsden	Senior health economist
Alan Osborne	Co-opted specialist trainee
Heather Stegenga	Research fellow

## In attendance:

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NICE Staff:	Jessica Mai Sims, Public Involvement Advisor  Katie Perryman-Ford, Guidelines Commissioning Manager	
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## Notes

1. The chair welcomed everyone to the fifth meeting of this GDG. No apologies were received. The chair reviewed and requested updates to the declarations of interest register. The following declarations of interest were made, for which no action was required:

### Mary O’Kane

Personal pecuniary interests declared:

- Book chapter on Dietary Evaluation of the Bariatric Surgery Patient. Not yet published – small payment of £100 to £200 when published and copy of book.
- Book chapter on bariatric surgery and dietetics for the Manual of Dietetic Practice (co-author). Not yet published—small payment of £100 when published and copy of book.
- Book chapter for British Dietetic Association (BDA) Obesity on Dietary Management: Diet to Support Bariatric Surgery. Not yet published –small payment of £100 when published and copy of book.

Personal non-pecuniary interests declared:

- MSc Dissertation 2013 – Bariatric Surgery, Vitamins, Minerals and Nutritional Monitoring. A survey of current practice within BOMSS
- BDA member
- ASO member
- BOMSS – member and Council member
- NHS England Obesity CRG – BDA representative
- Writing national guidelines for BOMSS on bariatric surgery, nutritional monitoring and vitamin and mineral supplements
- Involved in writing guidelines for the management of bariatric surgery patients in primary care
- Has given presentations at BOMSS training day (Jan 2013) and AUGIS (Sept 2014) on managing weight regain in bariatric surgery patients.

### Ken Clare

- Approached by a company in the US who runs a course on bariatric surgery.

### Alexandra Blakemore

- Involved in a grant application and the funder is Slimmers World, however this has not been funded and she is not receiving any money personally.

2. Rachel Holt raised an amendment to the GDG4 meeting notes (27<sup>th</sup> March) – she is to be recorded as an apology. Otherwise the minutes of GDG3 and GDG4 were accepted as an accurate record of GDG3 and 4.

### **3. Clinical evidence review: Effectiveness of VLCD**

EM gave a presentation on the evidence review for the effectiveness of VLCD.

## Notes

### **4. Clinical evidence review: Safety of VLCD**

HS gave a presentation on the evidence review for the safety of VLCD.

### **5. Update on VLCD reviews**

- i) AH gave a presentation on the economic evidence review for VLCD.
- ii) AH updated the costings for 'low intensity VLCDs' in response to GDG comments
- iii) Suggested recommendations and LETRs

### **6. Update on amended recommendations from CG43**

The GDG reviewed and made updates to the CG43 recommendations.

### **7. Summary of next steps, meeting dates, any other business**

LETRs to be sent round for GDG comments.

### **Date, time and venue of the next meeting**

Thursday 8<sup>th</sup> May 2014, 10:00-16:00, Boardroom, NCGC, 5<sup>th</sup> floor, 180 Great Portland St., London, W1W 5QZ