

Weight management guideline committee 4 meeting minutes

Weight Management Guideline Update – Committee Meeting 4 (Day 1)

Date: 09/11/2021

Location: Virtual

Minutes: Final

Committee members present:	
Marie Burnham (Chair) (MB)	Present for notes 1 – 6
Kate Anderson	Present for notes 1 – 6
Mfon Archibong	Present for notes 1 – 6
Margaret Ashwell	Present for notes 1 – 6
Nivedita Aswani	Present for notes 1 – 6
Jamie Blackshaw	Present for notes 1 – 6
Sarah Britton	Present for notes 1 – 6
Preetpal Doklu	Present for notes 1 – 6
Julian Hamilton-Shield	Present for notes 2 – 6
Lisa Hodgson	Present for notes 1 – 6
Sarah le Brocq	Present for notes 1 – 6
Grace O'Malley	Present for notes 4 – 6
Helen Parretti	Present for notes 1 – 6
Laurence Taggart	Present for notes 1 – 6
Suzy Taylor	Present for notes 1 – 6
Billy White	Present for notes 1 – 3, 5 – 6

In attendance:		
Alex Allen (AA)	Technical Analyst	Present for notes 1 – 6
Victoria Axe	Guideline Commissioning Manager	Present for notes 1 – 6
Lindsay Claxton (LC)	Technical Adviser – Health Economics	Present for notes 1 – 6
Jackie Durkin	Administrator	Present for note 1
Amy Finnegan	Information Services	Present for notes 1 – 6
Kirsty Hounsell	Technical Analyst – Health Economics (observing)	Present for notes 1 – 6
James Jagroo (JJ)	Technical Analyst	Present for notes 1 – 6
Kusal Lokuge (KL)	Technical Analyst – Health Economics	Present for notes 1 – 6
Jon Littler (JL)	Project Manager	Present for notes 1 – 6

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Judith McBride	Content Editor	Present for notes 3 – 6
Caroline Mulvihill	Interim Associate Director	Present for notes 3 – 6
Louisa Regan	Implementation Lead	Present for notes 1 – 6
Shreya Shukla (SS)	Technical Adviser	Present for notes 1 – 6
Miaoqing Yang (MY)	Technical Analyst – Health Economics	Present for notes 1 – 6
Apologies:		
Rachel Batterham	Committee Member – Specialist Academic	
Phoebe Kalungi	Committee Member – Public Health Practitioner	

1. Welcome and objectives for the meeting

The Chair welcomed the committee members and NICE attendees to the third weight management guideline committee.

The Chair then informed the committee that apologies had been received which are noted above.

The Chair outlined then outlined the objectives of the meeting before asking all committee members to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Sarah le Brocq	Lay Member	Panel member of Ipsos Mori Webinar on weight stigma - https://www.ipsos.com/ipsos-mori/en-uk/webinar-obesity-empathy-blind-spot	Non - financial, professional and personal	Declare and participate
Sarah le Brocq	Lay Member	Trustee of The Association for the Study of Obesity (ASO),	Non - financial, professional and personal	Declare and participate
Grace O'Malley	Exercise/Physiotherapist	Co-author - McGirr J, O'Malley G, Walsh Ó. Identification and Management of Children and Adolescents with Obesity Referred to a General Paediatric Outpatient Department. <i>Irish Medical Journal</i> 2021 114 (7);416-420.	Non - financial, professional and personal	Declare and participate
Grace O'Malley	Exercise/Physiotherapist	Co-author - Does the severity of obesity influence bone density, geometry and strength in adolescents? V Julian, G O'Malley, L Metz, D Weghuber, D Courteix, A Fillon, Y Boirie, ...Pediatric	Non - financial, professional and personal	Declare and participate

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		Obesity, e12826		
Grace O'Malley	Exercise/Physiotherapist	Co-author - Exploring Associations Between Children's Obesogenic Behaviors and the Local Environment Using Big Data: Development and Evaluation of the Obesity Prevention Dashboard D Filios, I Lekka, V Kilintzis, L Stefanopoulos, Y Karavidopoulou, ...JMIR mHealth and uHealth 9 (7), e26290	Non - financial, professional and personal	Declare and participate
Grace O'Malley	Exercise/Physiotherapist	Co-author - Pediatric Weight Management Through mHealth Compared to Face-to-Face Care: Cost Analysis of a Randomized Control Trial L Tully, J Sorensen, G O'Malley JMIR mHealth and uHealth 9 (9), e31621	Non - financial, professional and personal	Declare and participate
Grace O'Malley	Exercise/Physiotherapist	Co-author - Tully L, Case L, Arthurs N, Sorensen J, Marcin JP, O'Malley G. Barriers and facilitators for implementing paediatric telemedicine: rapid review of user perspectives. Frontiers in Pediatrics. 2021;9:180	Non - financial, professional and personal	Declare and participate

The Chair and senior members of the Developer team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

The Chair and committee members then reviewed the minutes from committee meeting 3 and agreed them as an accurate record of the meeting.

2. Recap of review question 1.2

The Chair introduced Alex Allen (AA) who presented a recap of the evidence for review question 1.2:

1.2 – What are the most accurate and suitable anthropometric methods and associated boundary values for different ethnicities, to assess the health risk associated with overweight and obesity in adults, particularly those in black, Asian and minority ethnic groups?

The committee reviewed and discussed the evidence before the Chair thanked AA for his presentation and drew this section of the committee to a close.

3. Recommendation drafting

The Chair then introduced Shreya Shukla (SS) who lead a discussion on drafting recommendations from evidence review 1.2.

The committee provided suggestions on how to refine NICE's suggested recommendations before the Chair thanked SS for her presentation and drew this section of the committee to a close.

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4. Evidence review – review question 1.1

The Chair then introduced AA who led a discussion and evidence interpretation session on the now drafted evidence review for review question 1.1:

1.1 – What are the most accurate and suitable anthropometric methods and thresholds for different ethnicities for measuring the health risk associated with overweight and obesity in adults, particularly those in Black, Asian and minority ethnic groups?

The Chair thanked AA for their presentation, and the committee for their feedback, and concluded this section of the meeting.

5. Recommendation drafting

With the evidence interpretation presentation complete, SS then lead a further discussion on drafting recommendations from evidence review 1.1.

The committee provided suggestions on how to refine NICE's suggested recommendations.

The Chair thanked the committee for their feedback and concluded this section of the meeting.

6. AOB, Summary and next steps

The Chair thanked the committee and the NICE team for their contributions, reminder them all to reconvene for day 2 at 9:15am on the 10th, and then closed the meeting.

Date of next meeting: 10/11/2021

Location of next meeting: Virtual