

April 2021: statement about the weight management update

This weight management update will partially update the following existing NICE guidelines:

- [Obesity prevention \(CG43\)](#)
- [Weight management: lifestyle services for overweight or obese children and young people \(PH47\)](#)
- [BMI: preventing ill health and premature death in black, Asian and other minority ethnic groups \(PH46\)](#)
- [Obesity: identification, assessment and management \(CG189\)](#)

It will also incorporate the NICE guidelines on:

- [Obesity: working with local communities \(PH42\)](#)
- [Weight management: lifestyle services for overweight or obese adults \(PH53\)](#)
- [Weight Management before, during and after pregnancy \(PH27\)](#) (to incorporate only the recommendations that apply before and after pregnancy; the recommendations on weight management during pregnancy will be covered in a separate guideline).
- [Preventing excess weight gain \(NG7\)](#)