

Membership of Weight Management Guideline Committee

The Committee will operate as an advisory Committee to NICE's Board, developing clinical and public health guidelines on Weight Management.

The terms of reference and standing orders for the Committee can be found in [appendix D of Developing NICE guidelines: the manual](#).

The Committee has 21 members, to include 14 core members and 3 lay members. In addition, there are 4 co-opted members]

Membership list

Agreed Constituency	Name	Job Title, Organisation	Comment
Chair			
Chair	Marie Burnham	Lay Chair of West Yorkshire and Harrogate Clinical Commissioning Groups	
Core members / Members			
Health Visitor	Mfon Archibong	Specialist Health Visiting Research Lead, Children's Health and Headstart 0-19 years, Brighter Futures.	
Specialist with an interest in weight management	Margaret Ashwell, OBE	Director, Ashwell Associates Independent Scientific Consultancy. Honorary Senior Visiting Fellow, Bayes Business School.	
Paediatric Lifestyle Weight Management Specialist	Nivedita Aswani	Consultant in General Paediatrics and Diabetes, Derbyshire Children's Hospital	
Public Health Practitioner	Kate Anderson	Public Health Specialist – Health Improvement, Somerset County Council	
Specialist/Academic with an interest in weight management	Rachel Batterham OBE	Professor of Obesity, Diabetes & Endocrinology, Centre for Obesity Research, Department of Medicine, University College London	Resigned from the committee due to a new work role – March 2023
OHID Topic Advisor	Jamie Blackshaw	National Lead: Physical Activity and Healthy Weight Diet, Obesity and Physical Activity Division, Public Health England	Left the committee – Membership reviewed and changed due to a change in work circumstances
Local Authority/CCG Commissioner	Sarah Britton	Primary care lead dietitian, Cambridgeshire and Peterborough CCG	
Lay Member	Preetpal Doklu		

Specialist/Academic with an interest in weight management	Susan Jebb	Professor of Diet and Population Health, Nuffield Department of Primary Care Health Sciences, University of Oxford	Resigned from the committee – April 2021
Healthcare Professional Delivering Weight Management Services for Early Years	Julian Hamilton-Shield	Professor in Diabetes and Metabolic Endocrinology and Honorary Consultant Paediatrician	
Psychologist specialising in behavioural weight management and children	Lisa Hodgson	Consultant Clinical Psychologist Clinical Lead for Paediatric Psychology	
Public Health Practitioner	Phoebe Kalungi	Community Child Healthy Weight Lead, Tower Hamlets GP Care Group	
Lay Member	Sarah Le Brocq		
Provider	Kathryn Melia	Head of Clinical Excellence, Reed Wellbeing	
Exercise therapist, physiotherapist children and young people.	Grace O'Malley	StAR Research Lecturer & Principal Investigator, Obesity Research and Care Group	
Specialist/Academic with an interest in weight management	Alex Miras	Professor of Endocrinology at Ulster University and Visiting Professor of Endocrinology at Imperial College	
GP	Helen Parette	Consultant Clinical Senior Lecturer, Norwich Medical School	
Lay Member	Suzy Taylor		
Specialist in children and young people's weight management	Billy White	Consultant Paediatrician (Adolescent Diabetes and Obesity), University College London Hospital	
Co-opted members			
Specialist Dietician	Twane Celliers	Obesity Lead, ABL Health	
Surgeon	Omar Khan	Consultant General Surgeon & Honorary Senior Lecturer	

Psychiatrist	Samantha Scholtz	Director of Research and Development, and Consultant Psychiatrist, West London Mental Health Trust	
Topic Expert on Learning Disabilities	Laurence Taggart	Lead: Centre for Caring for People with Complex Needs - Institute of Nursing & Health Research, Ulster University	

Date last reviewed: 24/04/2022