

**APPENDIX 25:  
SURVEY OF ANTENATAL AND POSTNATAL  
MENTAL HEALTH PRIMARY CARE SERVICES  
IN ENGLAND AND WALES – QUESTIONNAIRE**



**NICE GUIDELINE ON ANTENATAL AND POSTNATAL MENTAL  
HEALTH SERVICES**

**Services for Women with Antenatal and Postnatal Mental Health Problems  
A Survey of NHS Primary Care Trusts by  
The National Institute for Health and Clinical Excellence**

**Dear Chief Executive**

This survey is being carried out as an essential part of the development of the NICE Guideline on Antenatal and Postnatal Mental Health by the National Collaborating Centre for Mental Health. This is one of three surveys which will help describe services for women with antenatal and postnatal mental health problems at all levels, including primary, maternity and secondary mental health services. The involvement of all PCTs is very important to achieve a complete national picture of current provision, and to support the development of NICE service guidance on antenatal and postnatal mental health. Your assistance with this is greatly appreciated.

**Details of person completing the questionnaire**

If necessary, please pass on to an individual in the Trust best placed to give the information requested.

**Name**

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**Position**

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**PCT name**

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**Address**

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**Postcode**

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**Telephone number**

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**Email address**

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Please answer the following questions as accurately as possible. There are spaces provided for more information and comments if it is not possible to answer the questions using the options provided. If extra space is required, please attach an additional sheet.

- a. Is there an identified lead clinician/manager within the Trust responsible for the development and/or coordination of mental health services for women with antenatal or postnatal mental health problems?**

**Yes/No**

Is this you?

**Yes/No**

If No please provide details of the individual below:

**Name**

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**Position**

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**PCT name**

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**Address**

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**Postcode**

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**Telephone number**

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**Email address**

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**2. What services are available for women who have identified mental health problems during pregnancy and the postnatal period?**

**Policies and training**

2.1 Is there an agreed policy for the PCT which:

- a) requires all pregnant women, and those in the postnatal period, in contact with primary care services to be routinely asked about their past or current mental health problems?

**Yes / No**

b) specifies that all pregnant women, and those in the postnatal period, should be asked about their mental health problems at the following times:

- on initial contact with the service **Yes/No**
- at subsequent appointments during pregnancy **Yes/No**
- postnatally **Yes/No**

c) is agreed and implemented throughout the whole PCT area as follows:

- agreed **Yes/No**
- fully implemented **Yes/No**
- partially implemented **Yes/No**
- not implemented **Yes/No**

**2.2 Is there a pathway/protocol within the PCT for the care of women with current mental health problems during the perinatal period?**

- a) Developed **Yes/No**
- b) Implemented throughout the PCT area
  - fully implemented **Yes/No**
  - partially implemented **Yes/No**
  - not implemented **Yes/No**

**2.3 Is there an identified mental health training programme for health visitors in the PCT?**

- a) Training programme developed **Yes/No**
- b) What proportion of health visitors have received training:
  - All **Yes/No**
  - Most **Yes/No**
  - Few or none **Yes/No**

**2.4 Please describe any other dedicated antenatal and postnatal mental health services in the PCT**

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**Services for women with severe mental health problems**

Severe mental illness (SMI) refers to psychotic disorders (schizophrenia and bipolar disorder), depressive disorders and other mental disorders of sufficient severity that they significantly impair the daily personal and social functioning of an individual.

**2.5 All women with SMI have access to a specialist antenatal and postnatal mental health service**

Yes/No

**2.6 Women with SMI who require inpatient care have access to a specialist mother and baby unit**

Yes/No

If known, please indicate the number of admissions to specialist mother and baby units for the financial year 2004/2005

N = \_\_\_\_\_

**3. Does the Trust have an APMH/Perinatal Mental Health Strategy?**

- Yes – Multi-agency (If available please attach)
- Yes – PCT only (If available please attach)
- No – but in preparation – multi-agency
- No – but in preparation – PCT only
- No

**Comments**

Please provide any further comments or information that you feel may be relevant in the space below:

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*Appendix 25*

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**Signed:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Please return the completed questionnaire to (SAE enclosed):

Antenatal and Postnatal Mental Health Services Survey  
NICE APMH Guideline  
National Collaborating Centre for Mental Health Centre for Outcomes Research and  
Effectiveness  
British Psychological Society  
Sub-Department of Clinical Health Psychology  
University College London  
1-19 Torrington Place  
London  
WC1E 7HB

If you have any queries please contact Jenny Turner

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Email: [jenny.turner@ucl.ac.uk](mailto:jenny.turner@ucl.ac.uk)