

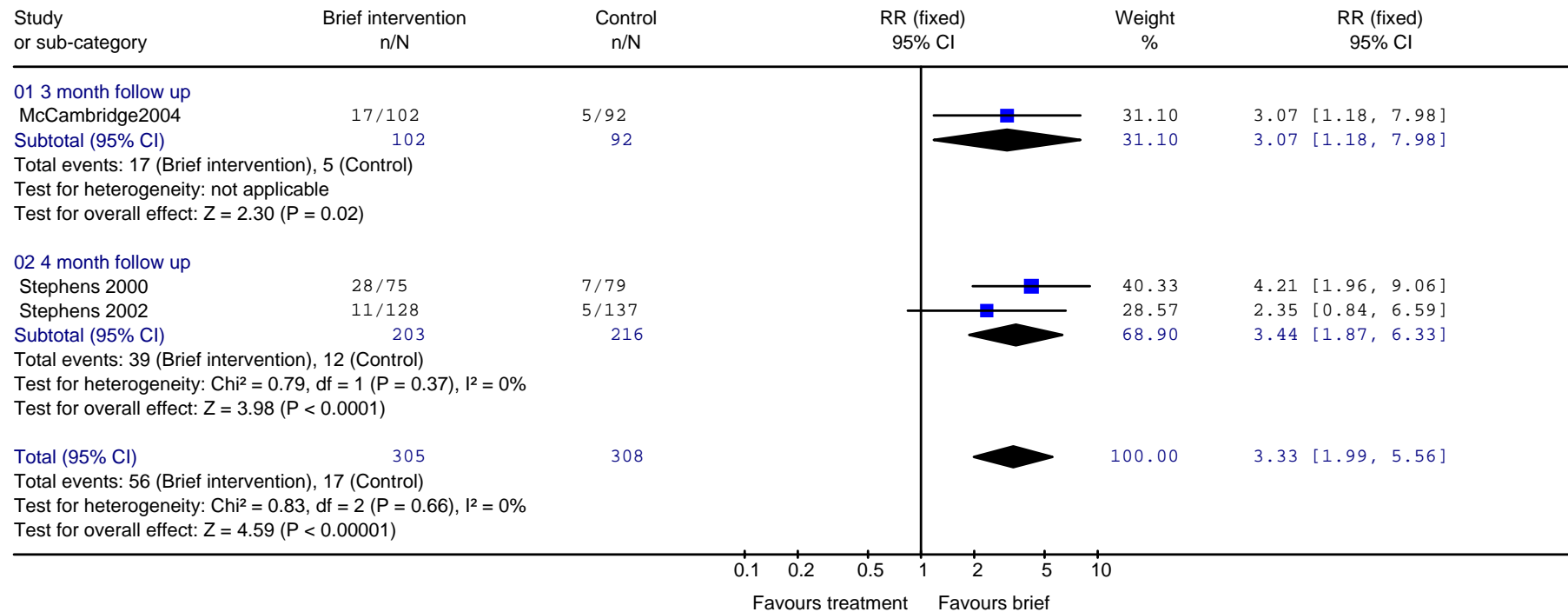
## Appendix 15a: Clinical evidence forest plots (brief interventions)

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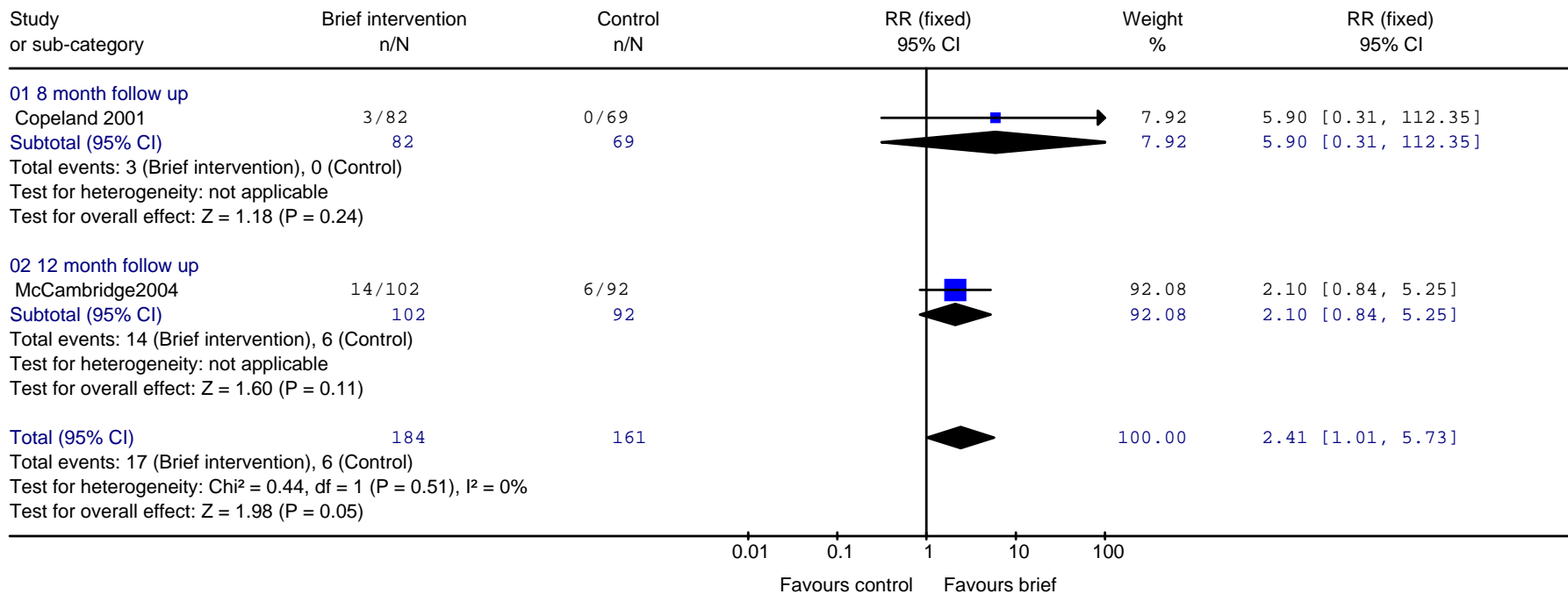
# Brief interventions

## Stand alone brief interventions

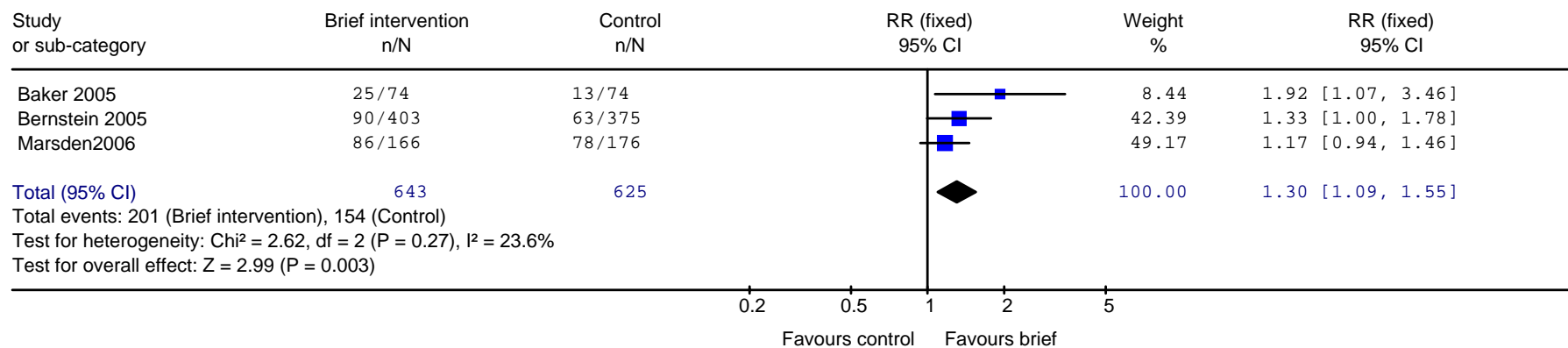
Review: DMP TG2 - 01: Brief interventions  
 Comparison: 01 Brief intervention for people not in formal drug treatment versus control  
 Outcome: 02 Abstinence from cannabis (3-4-month follow up)



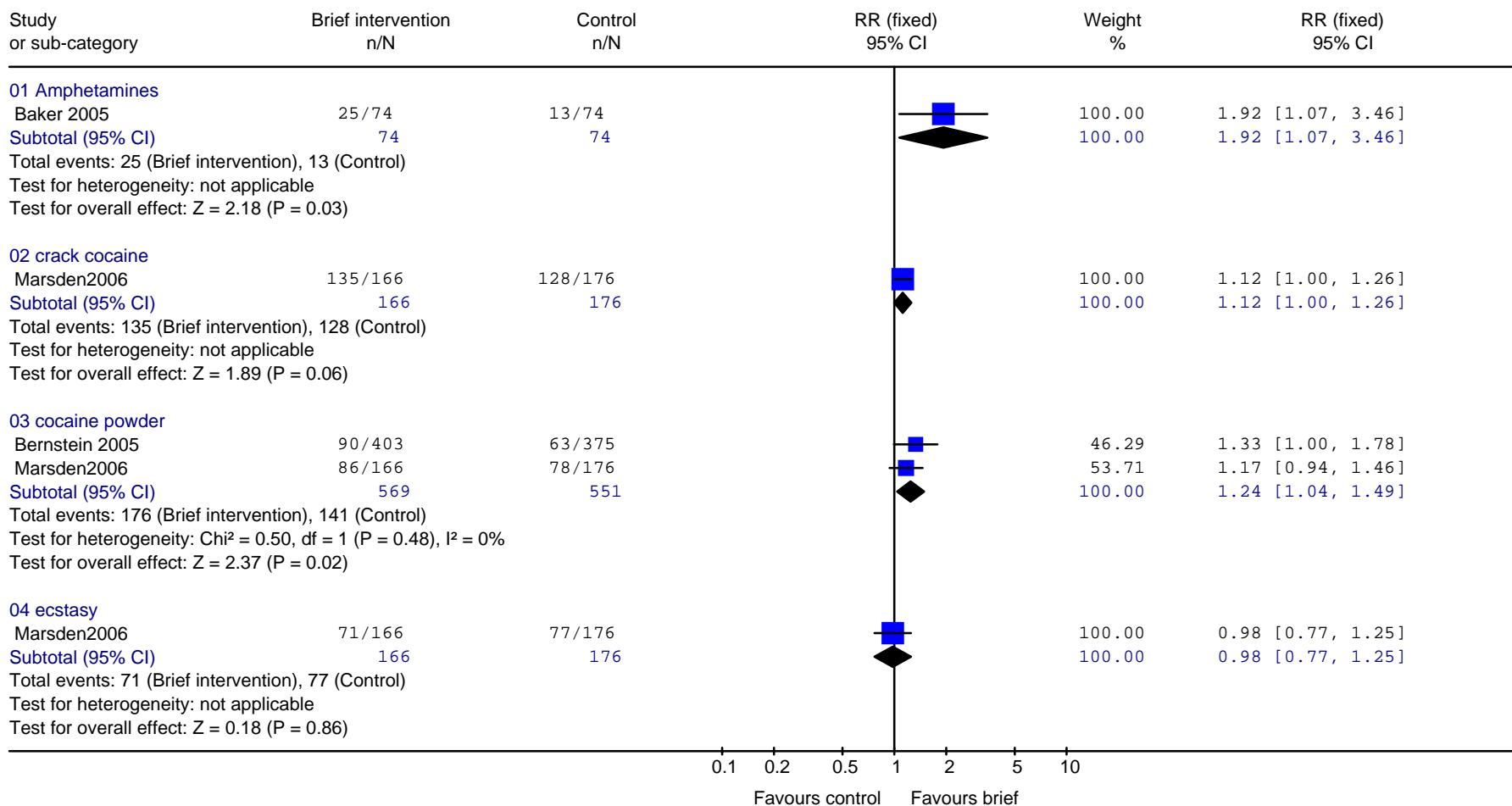
Review: DMP TG2 - 01: Brief interventions  
 Comparison: 01 Brief intervention for people not in formal drug treatment versus control  
 Outcome: 03 Abstinence from cannabis (8-12-month follow up)



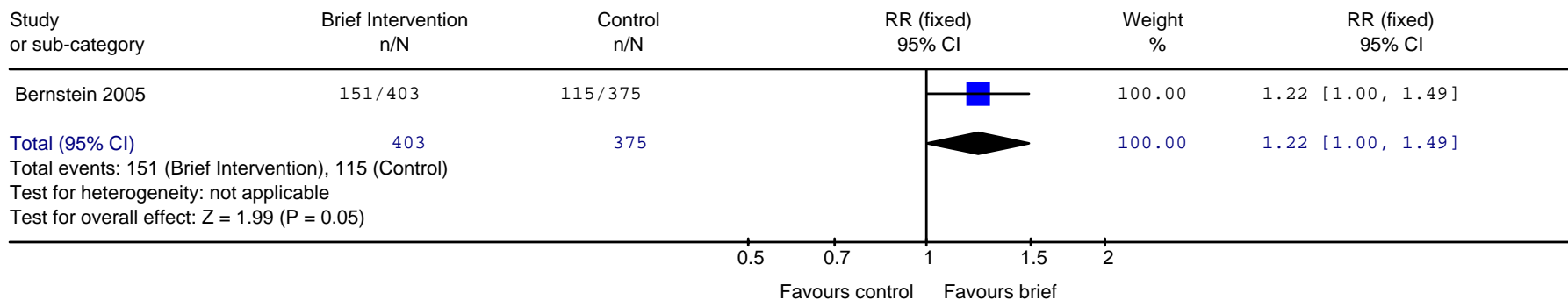
Review: DMP TG2 - 01: Brief interventions  
 Comparison: 01 Brief intervention for people not in formal drug treatment versus control  
 Outcome: 06 Abstinence from stimulants (6-month follow up)



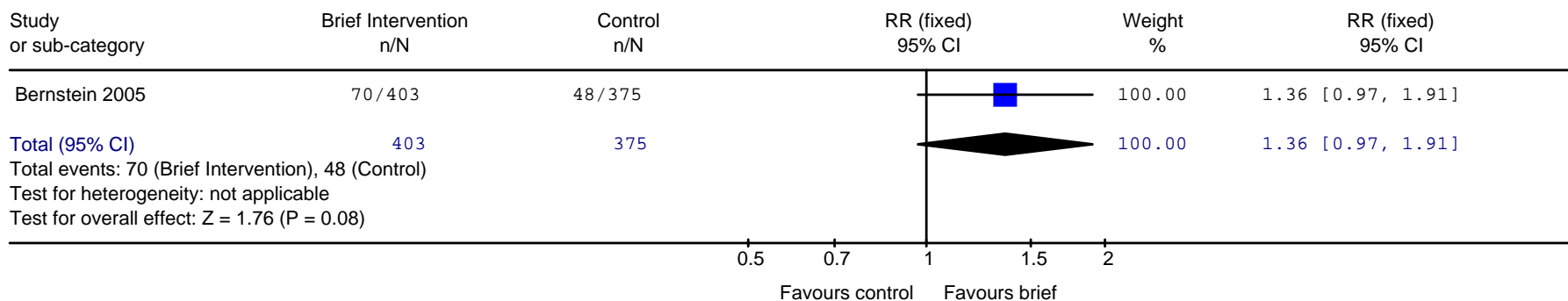
Review: DMP: Brief Interventions  
 Comparison: 01 Brief intervention for people not in formal drug treatment vs Control  
 Outcome: 08 Abstinence from stimulants (by drug)



Review: DMP TG2 - 01: Brief interventions  
 Comparison: 01 Brief intervention for people not in formal drug treatment versus control  
 Outcome: 08 Abstinence from heroin (6-month follow up)

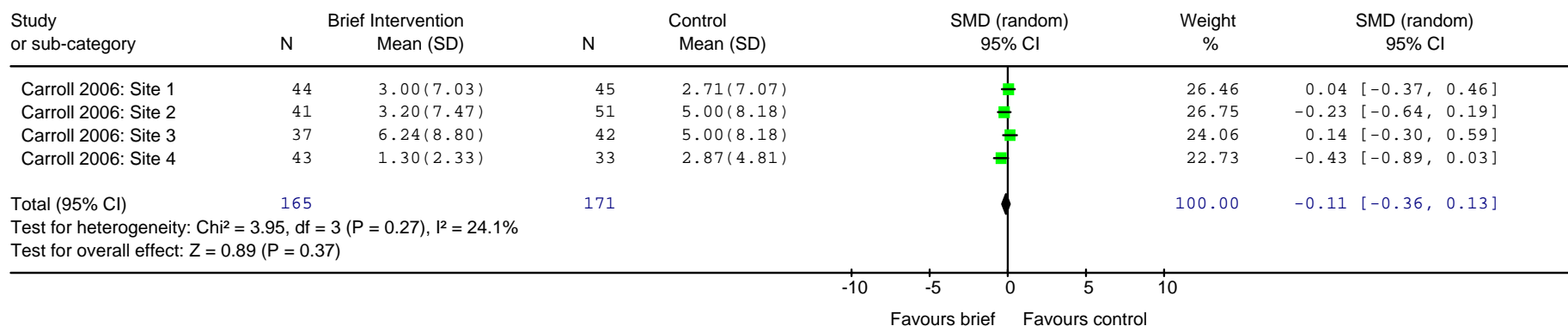


Review: DMP TG2 - 01: Brief interventions  
 Comparison: 01 Brief intervention for people not in formal drug treatment versus control  
 Outcome: 14 Abstinence from cocaine and heroin (6-month follow up)

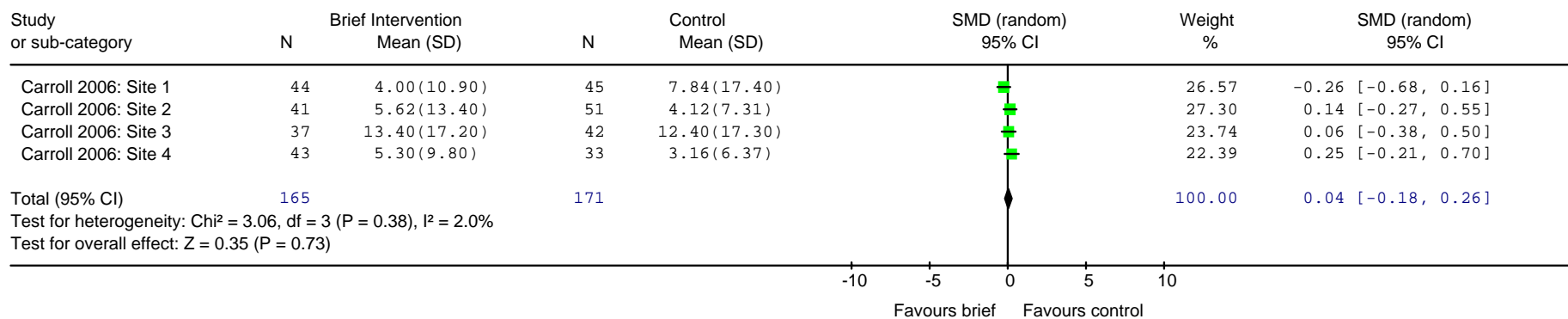


## Adjunctive brief interventions for people in formal drug treatment

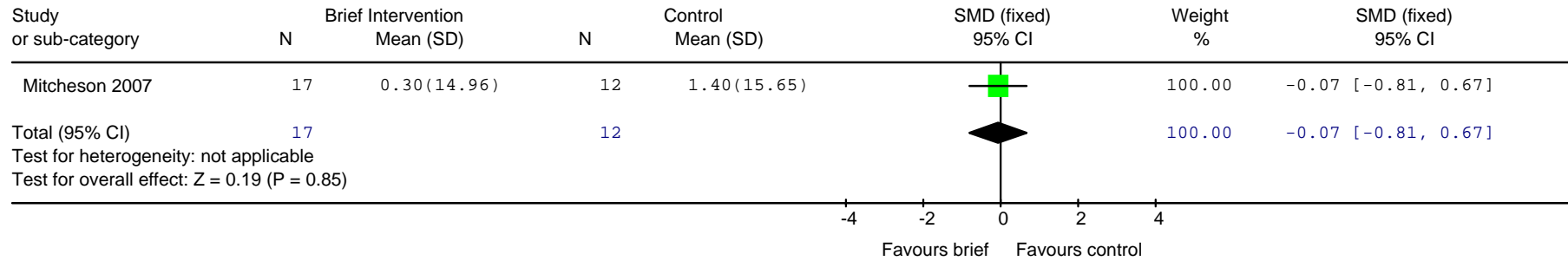
Review: DMP: Brief Interventions  
 Comparison: 03 Brief intervention for people within drug treatment programme vs Standard Care  
 Outcome: 01 Days of Use (28 day follow up) - alcohol, cannabis, opiates, stimulants



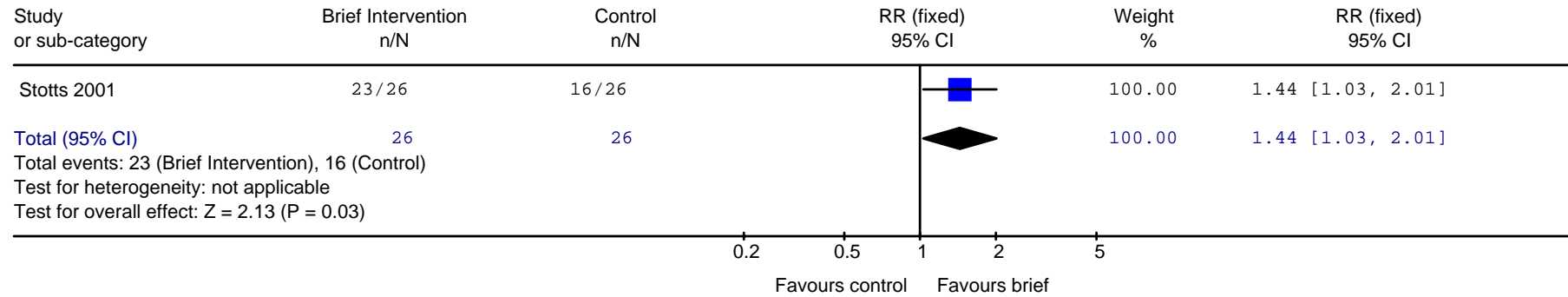
Review: DMP: Brief Interventions  
 Comparison: 03 Brief intervention for people within drug treatment programme vs Standard Care  
 Outcome: 02 Days of use (84 day follow up) - alcohol, cannabis, opiates, stimulants



Review: DMP TG2 - 01: Brief interventions  
 Comparison: 03 Brief intervention for people within drug treatment programme versus standard care  
 Outcome: 03 Days of crack cocaine use

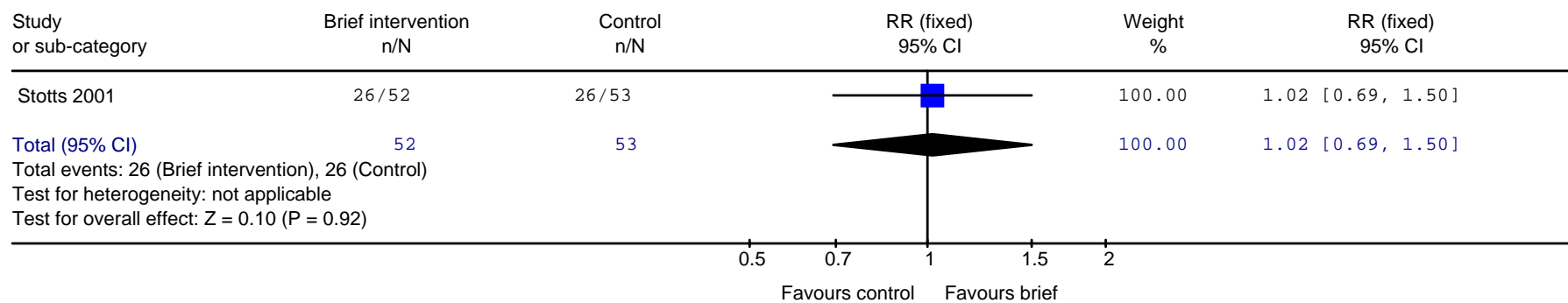


Review: DMP TG2 - 01: Brief interventions  
 Comparison: 03 Brief intervention for people within drug treatment programme versus standard care  
 Outcome: 04 Post-detoxification cocaine use



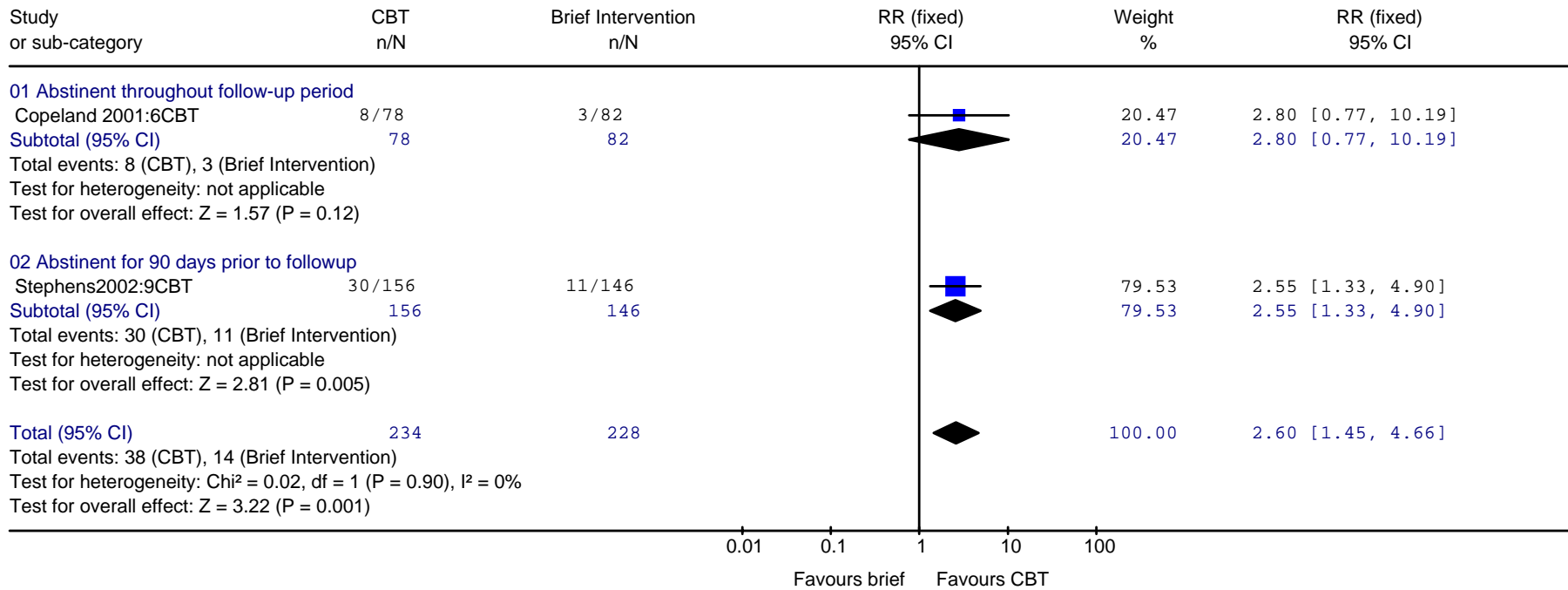


Review: DMP TG2 - 01: Brief interventions  
 Comparison: 03 Brief intervention for people within drug treatment programme versus standard care  
 Outcome: 08 Completion of cocaine detoxification

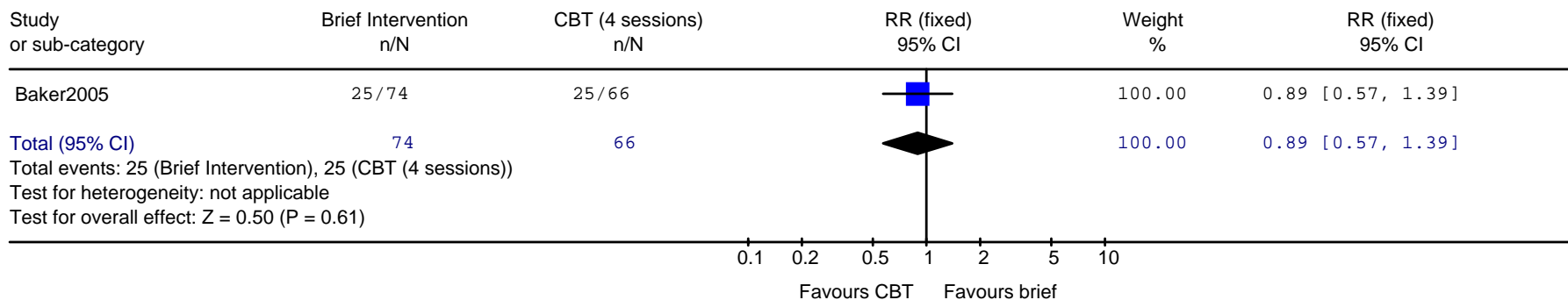


## Brief interventions versus cognitive behavioural therapy

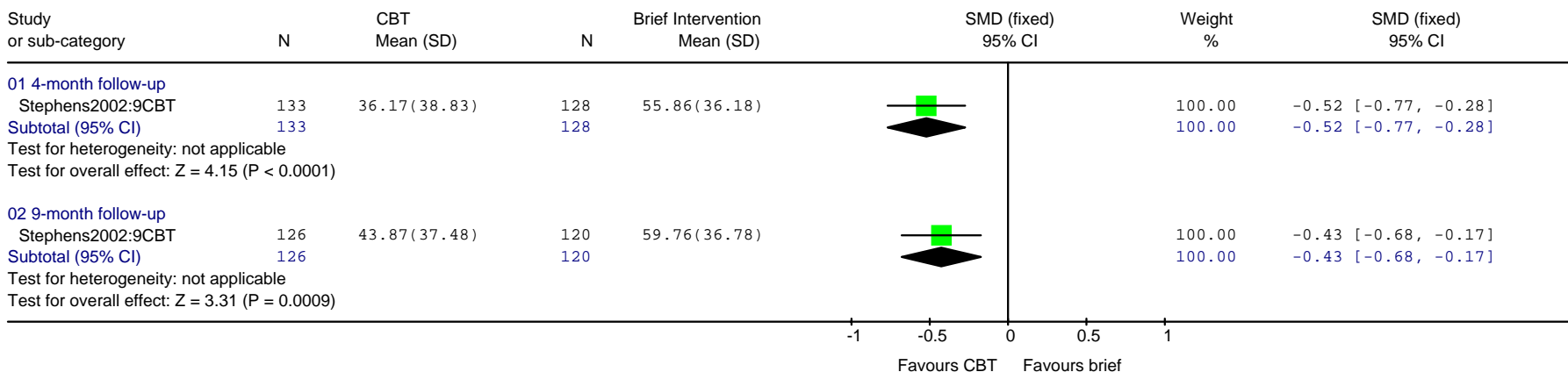
Review: DMP TG2 - 01: Brief interventions  
 Comparison: 05 Brief Intervention versus individual CBT (RP)  
 Outcome: 01 Abstinence for cannabis at follow up



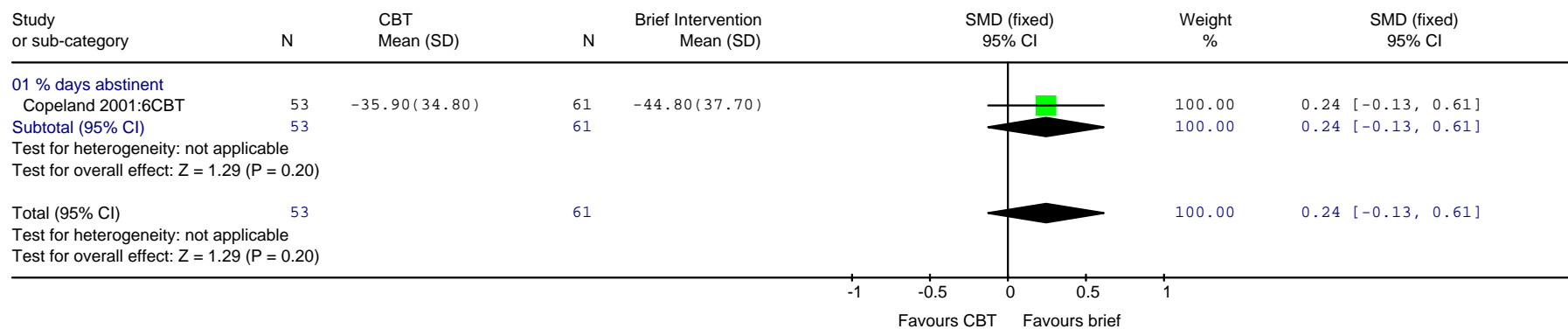
Review: DMP TG2 - 01: Brief interventions  
 Comparison: 05 Brief Intervention versus individual CBT (RP)  
 Outcome: 02 Abstinence for amphetamine



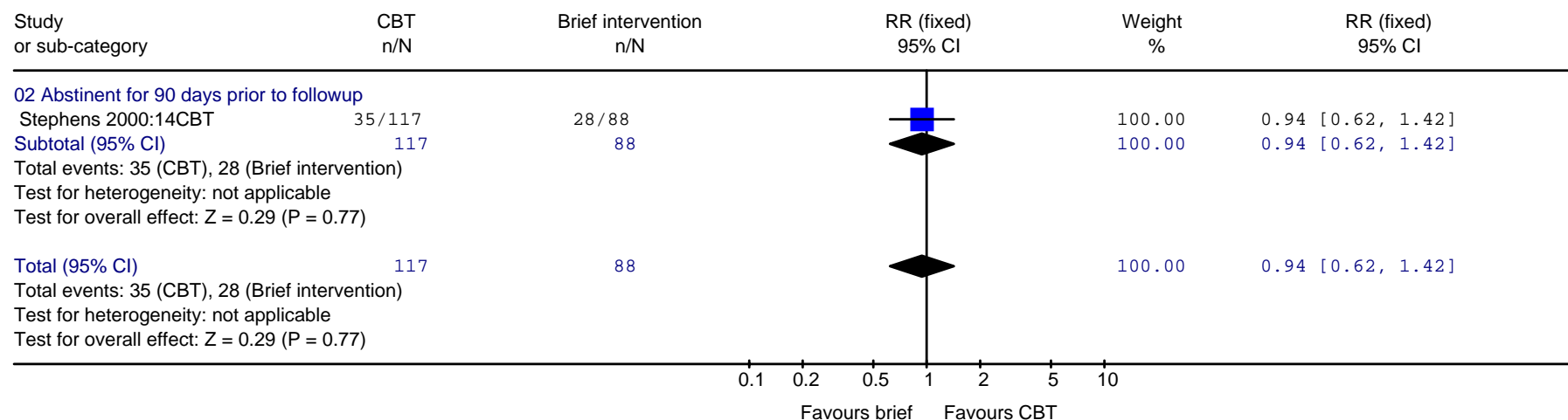
Review: DMP TG2 - 01: Brief interventions  
 Comparison: 05 Brief Intervention versus individual CBT (RP)  
 Outcome: 03 Cannabis use



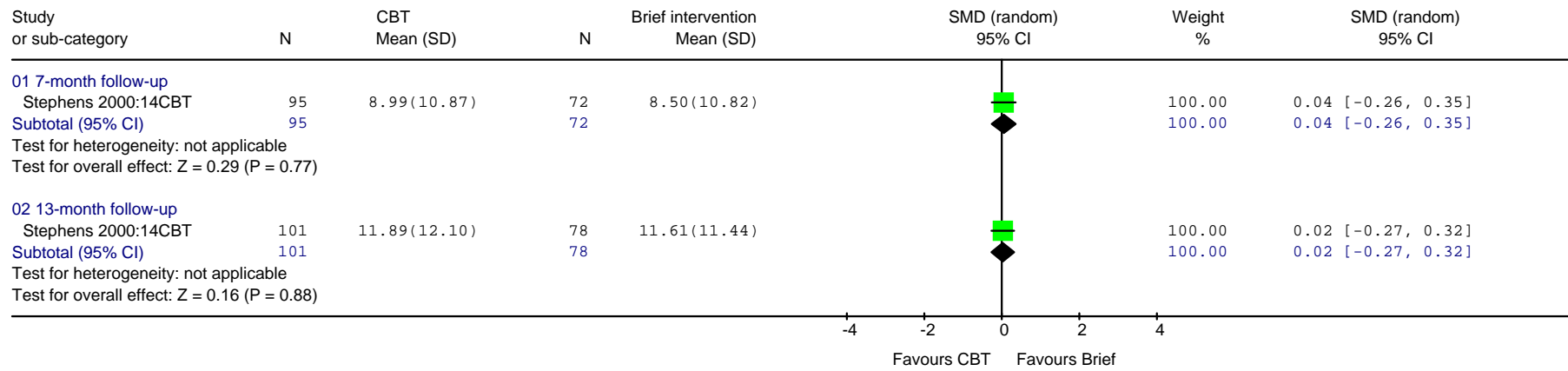
Review: DMP TG2 - 01: Brief interventions  
 Comparison: 05 Brief Intervention versus individual CBT (RP)  
 Outcome: 05 Abstinence for cannabis



Review: DMP TG2 - 01: Brief interventions  
 Comparison: 06 Brief Intervention versus group CBT (RP)  
 Outcome: 01 Abstinence for cannabis at follow up

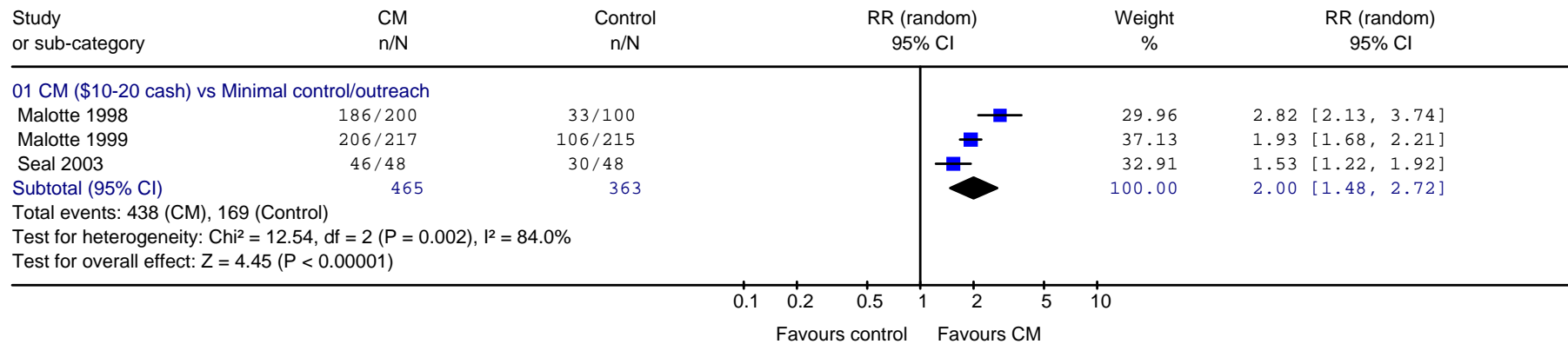


Review: DMP TG2 - 01: Brief interventions  
 Comparison: 06 Brief Intervention versus group CBT (RP)  
 Outcome: 02 Cannabis use

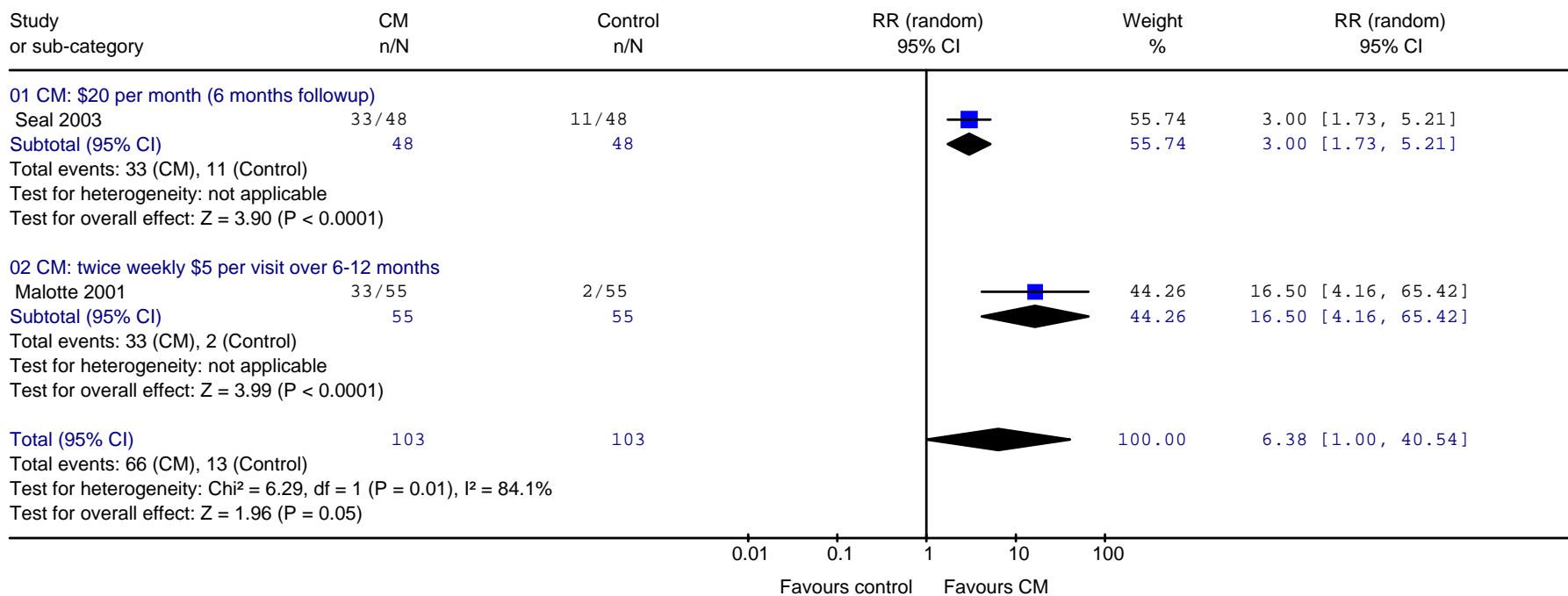


## Contingency management for harm reduction

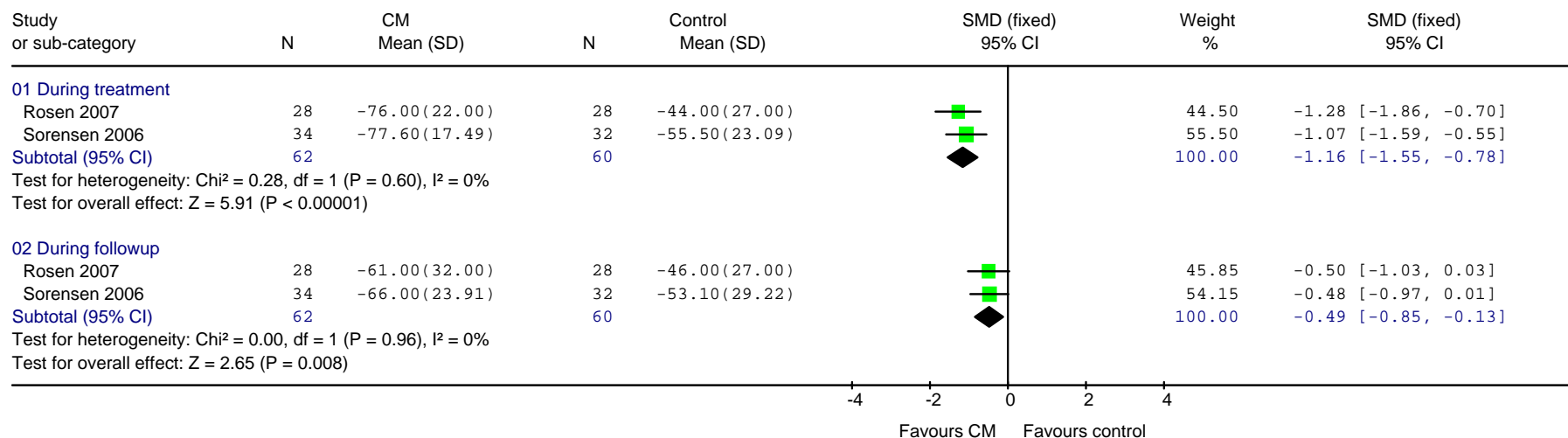
Review: DMP TG2 - 02: CM for improving concordance with physical healthcare  
 Comparison: 02 One-off CM vs Control  
 Outcome: 01 Returned for TB test or HBV vaccination (pooled)



Review: DMP TG2 - 02: CM for improving concordance with physical healthcare  
 Comparison: 04 Long-term CM vs Control  
 Outcome: 01 Returned for vaccination or completed treatment



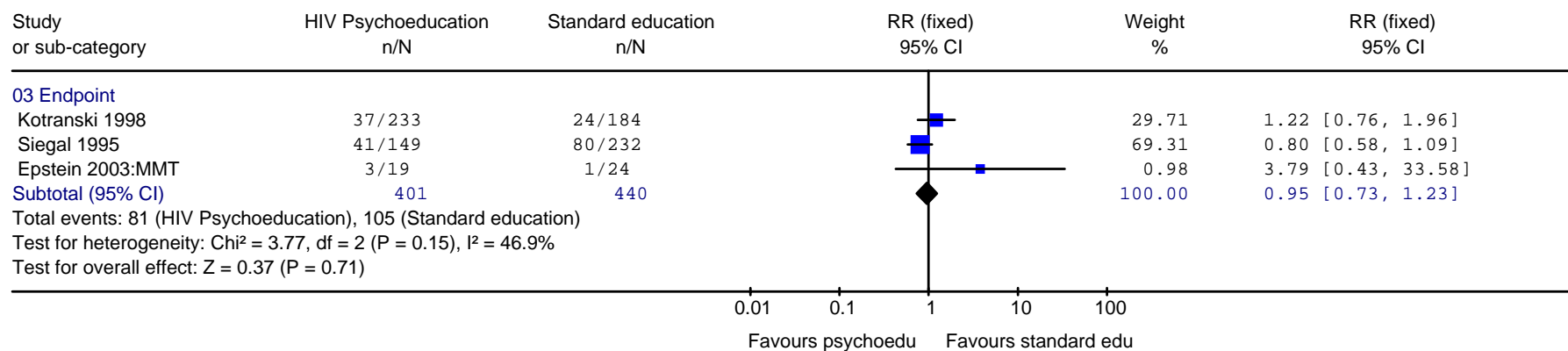
Review: DMP TG2 - 02: CM for improving concordance with physical healthcare  
 Comparison: 04 Long-term CM vs Control  
 Outcome: 02 Proportion of HIV medication taken on time (ITT)



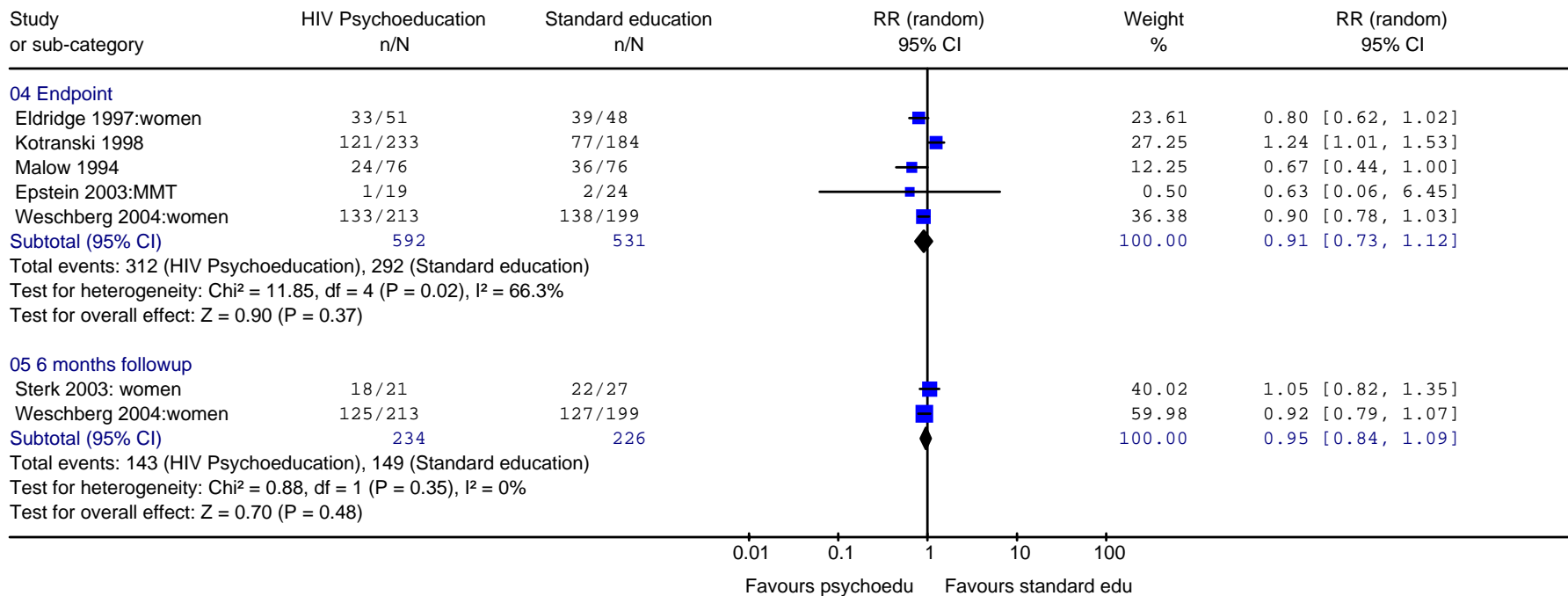


## HIV risk reduction

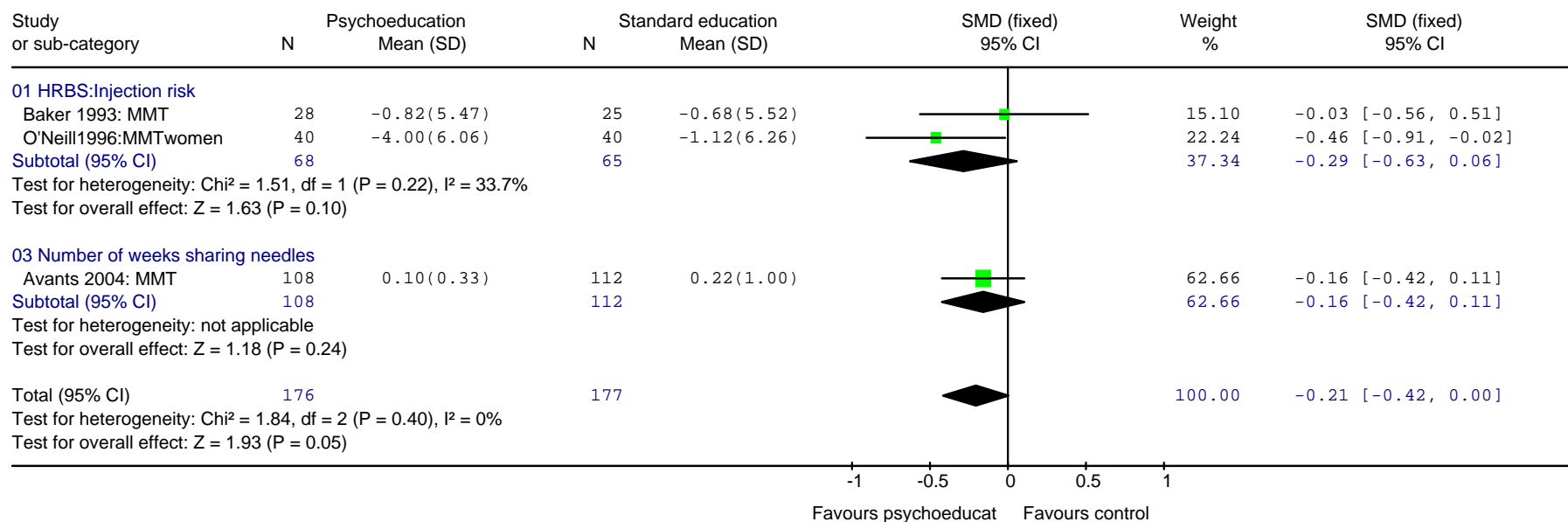
Review: DMP TG2 - 03: HIV risk reduction  
 Comparison: 01 HIV psychoeducation versus HIV standard education  
 Outcome: 01 Engaging in risk behaviours: injection



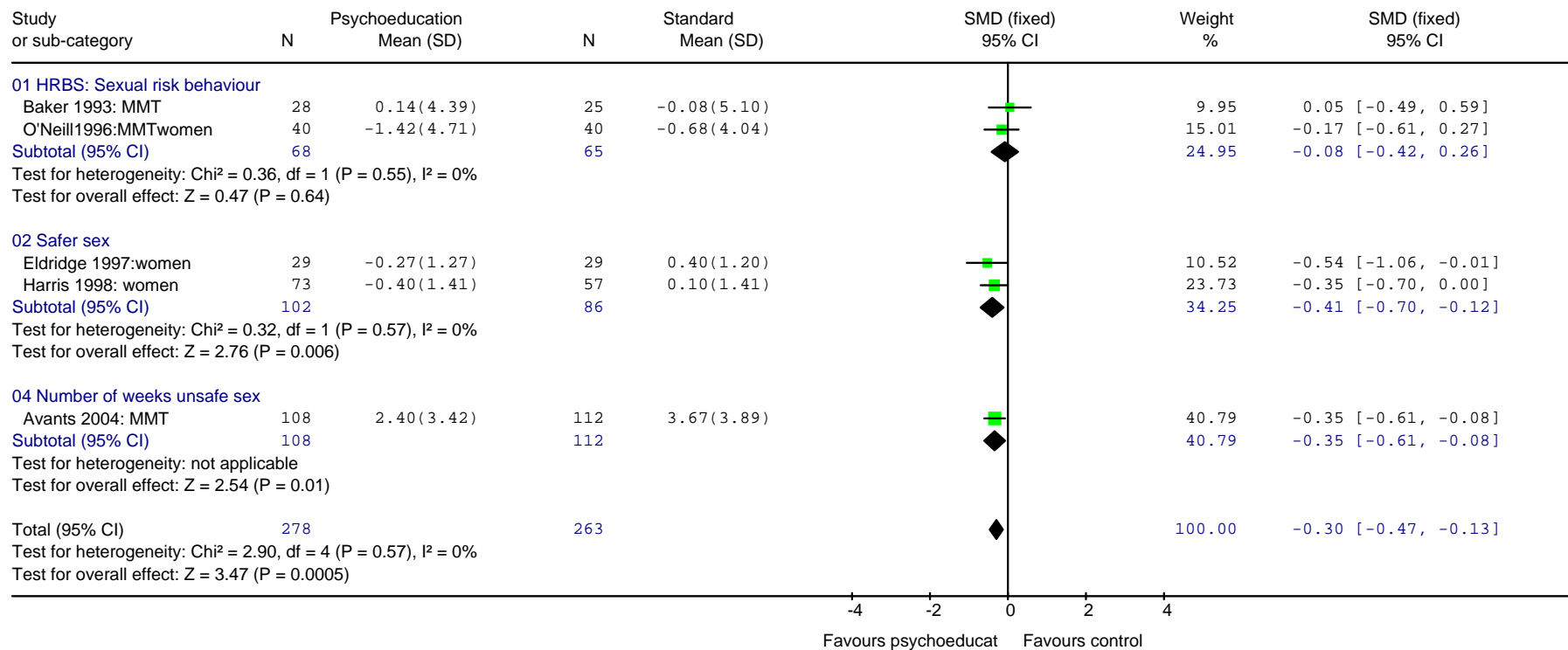
Review: DMP TG2 - 03: HIV risk reduction  
 Comparison: 01 HIV psychoeducation versus HIV standard education  
 Outcome: 02 Engaging in risk behaviours: sexual



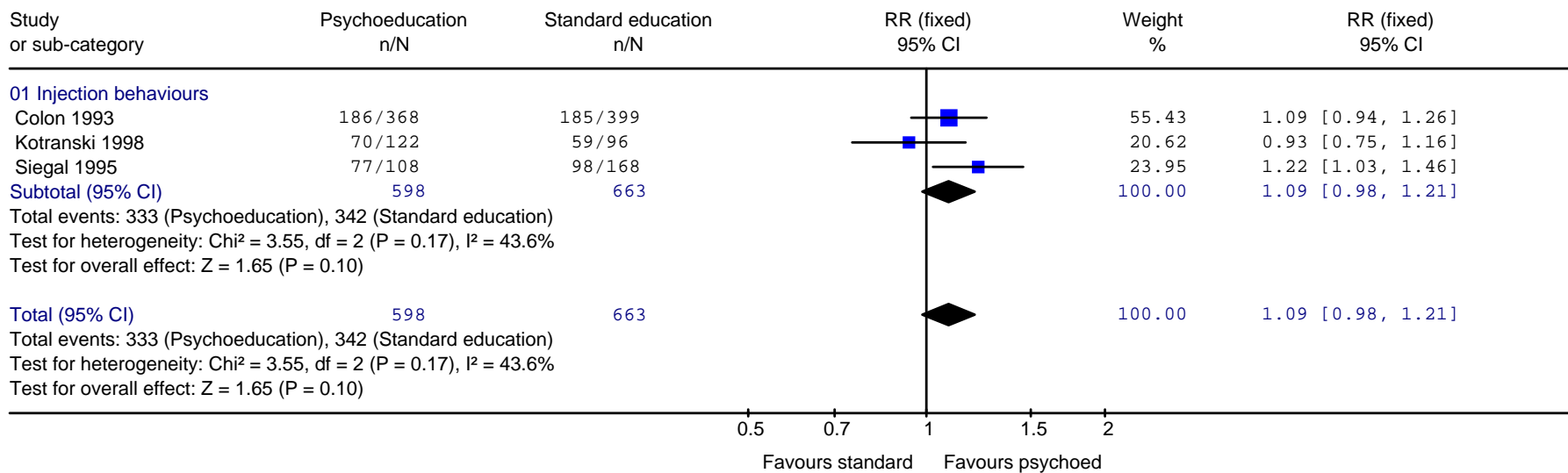
Review: DMP TG2 - 03: HIV risk reduction  
 Comparison: 01 HIV psychoeducation versus HIV standard education  
 Outcome: 06 Injection risk behaviour



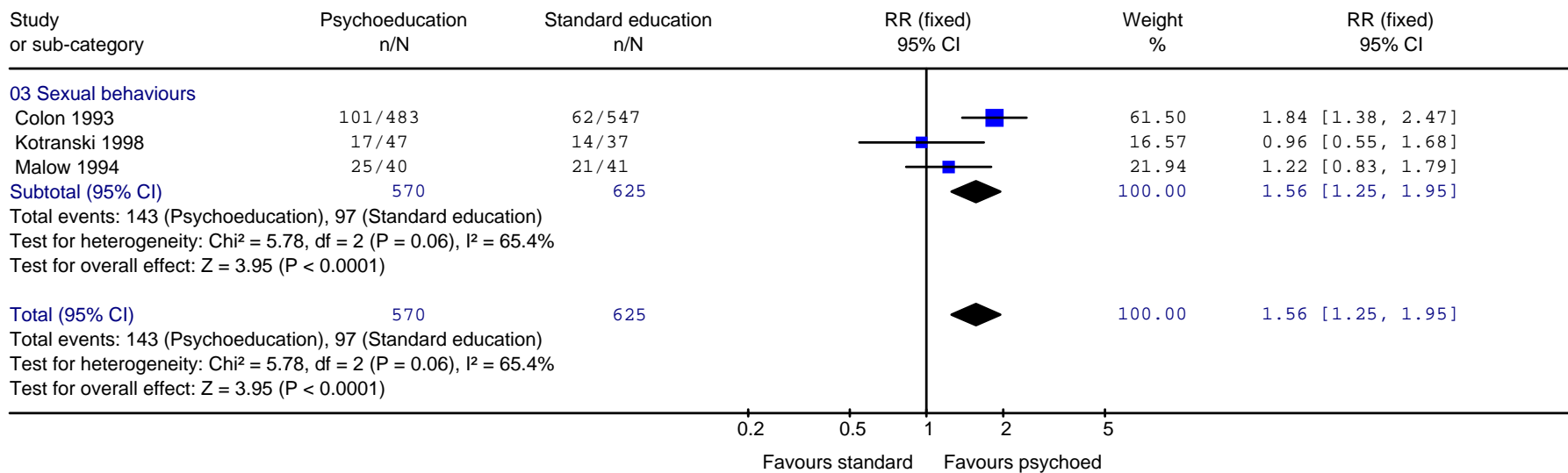
Review: DMP TG2 - 03: HIV risk reduction  
 Comparison: 01 HIV psychoeducation versus HIV standard education  
 Outcome: 07 Sexual risk behaviour



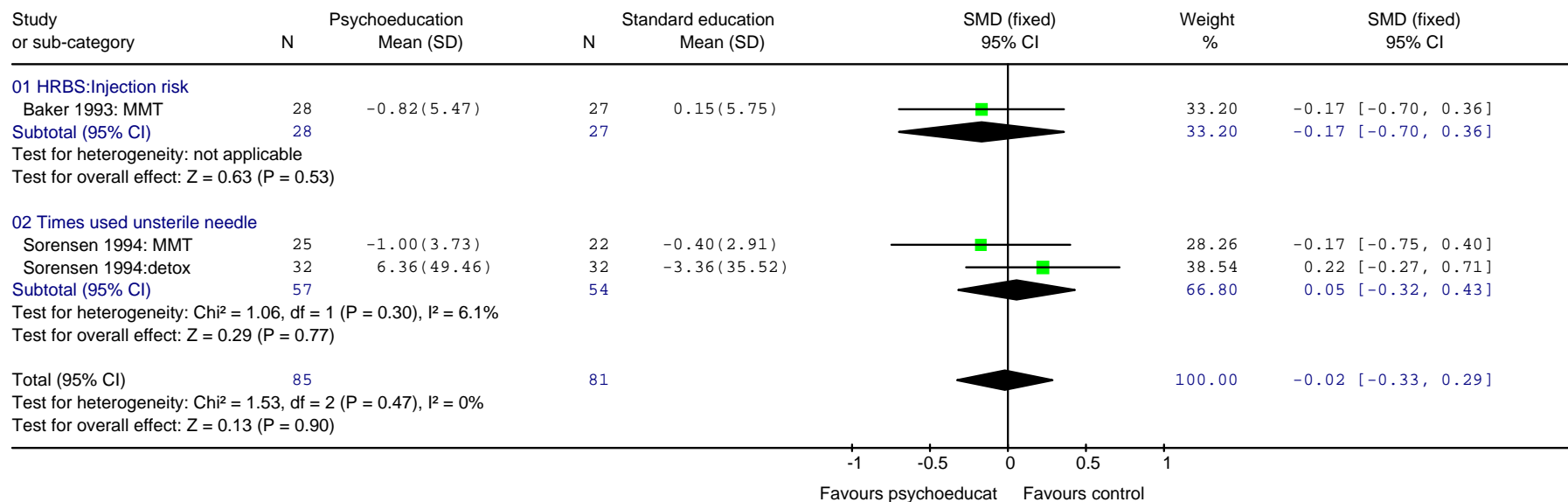
Review: DMP TG2 - 03: HIV risk reduction  
 Comparison: 02 HIV psychoeducation versus HIV standard education (at-risk population)  
 Outcome: 04 Unsafe at baseline, safer at endpoint: injection



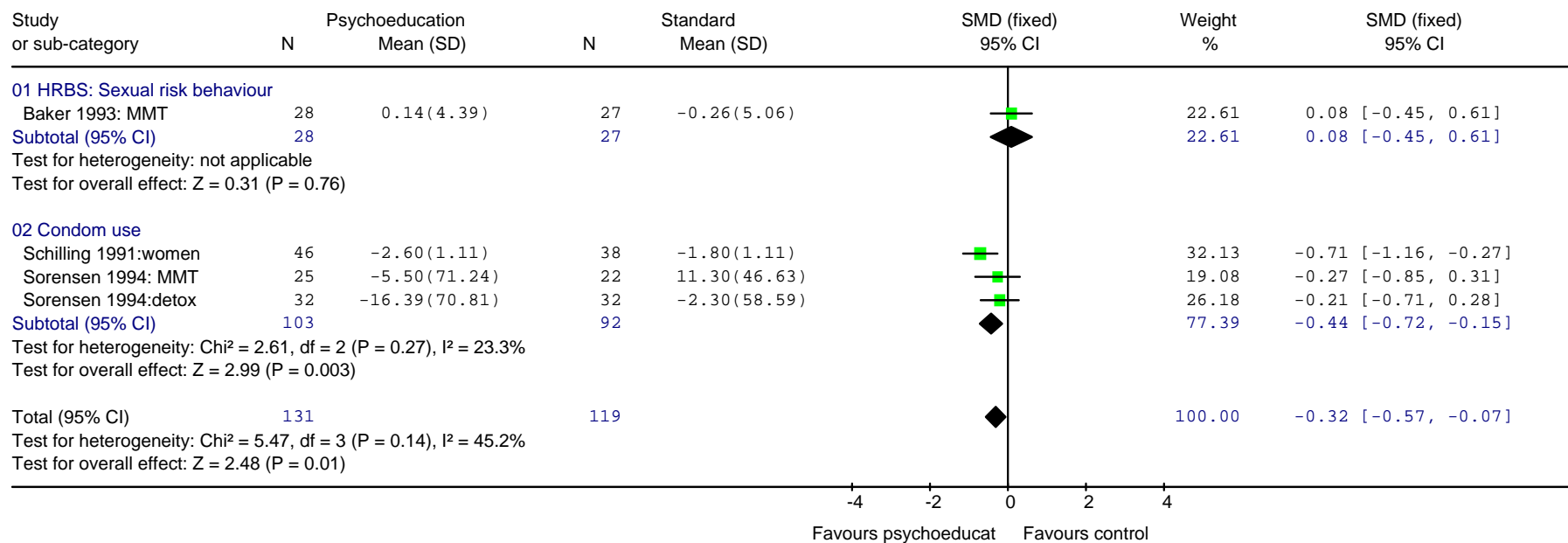
Review: DMP TG2 - 03: HIV risk reduction  
 Comparison: 02 HIV psychoeducation versus HIV standard education (at-risk population)  
 Outcome: 05 Unsafe at baseline, safer at endpoint: sexual



Review: DMP TG2 - 03: HIV risk reduction  
 Comparison: 03 HIV psychoeducation versus self-help leaflet  
 Outcome: 01 Injection risk behaviour

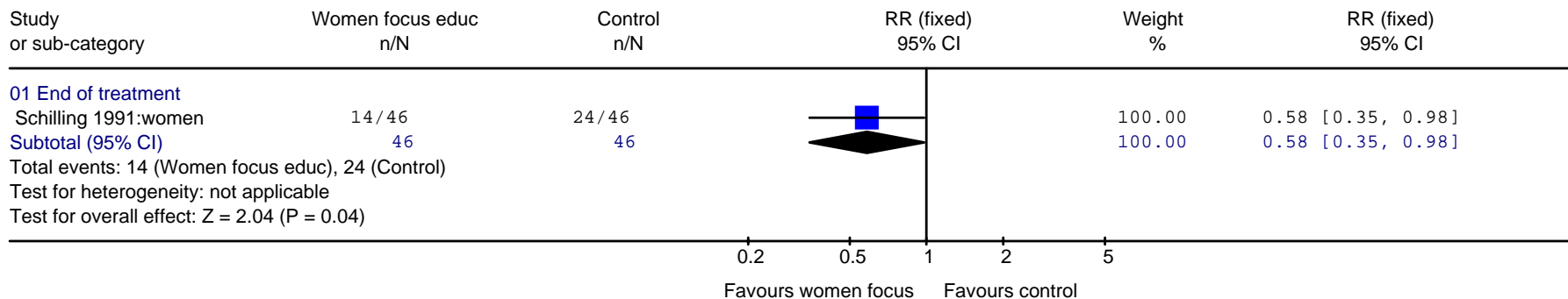


Review: DMP TG2 - 03: HIV risk reduction  
 Comparison: 03 HIV psychoeducation versus self-help leaflet  
 Outcome: 02 Sexual risk behaviour

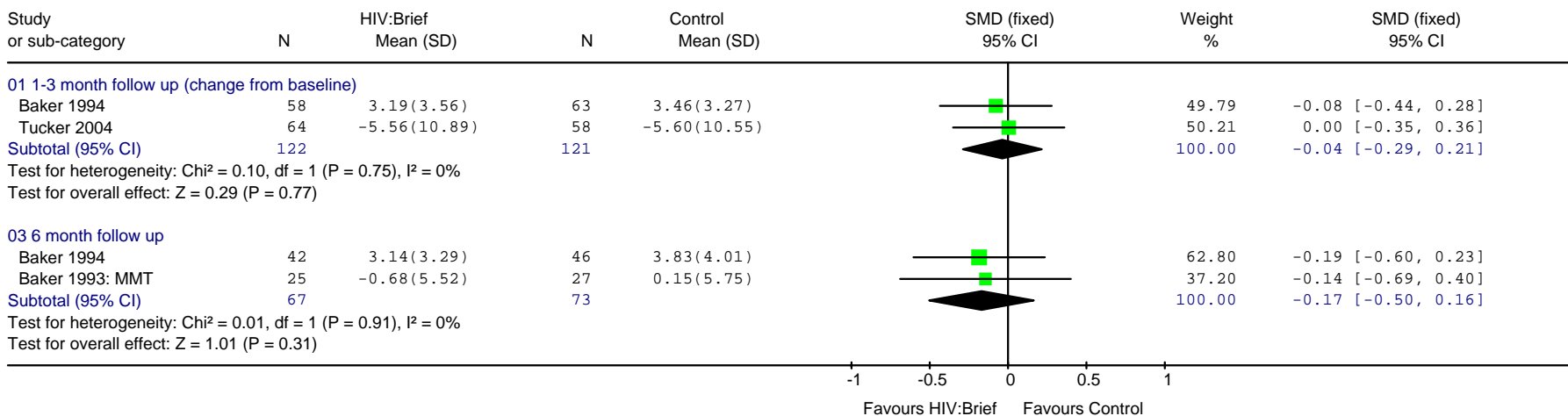




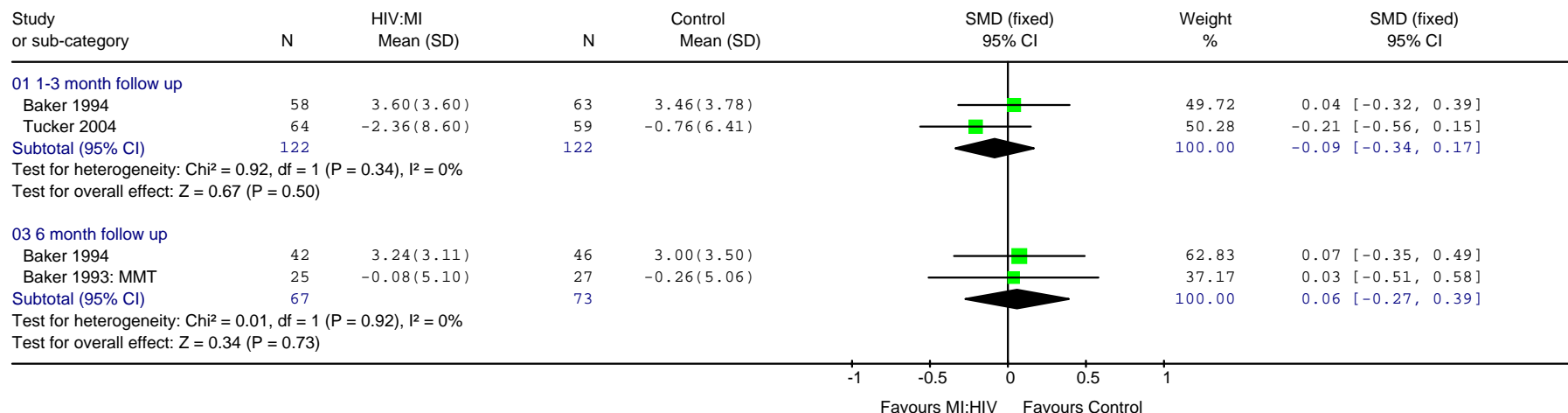
Review: DMP TG2 - 03: HIV risk reduction  
 Comparison: 03 HIV psychoeducation versus self-help leaflet  
 Outcome: 03 Sexual risk behaviour (ITT)



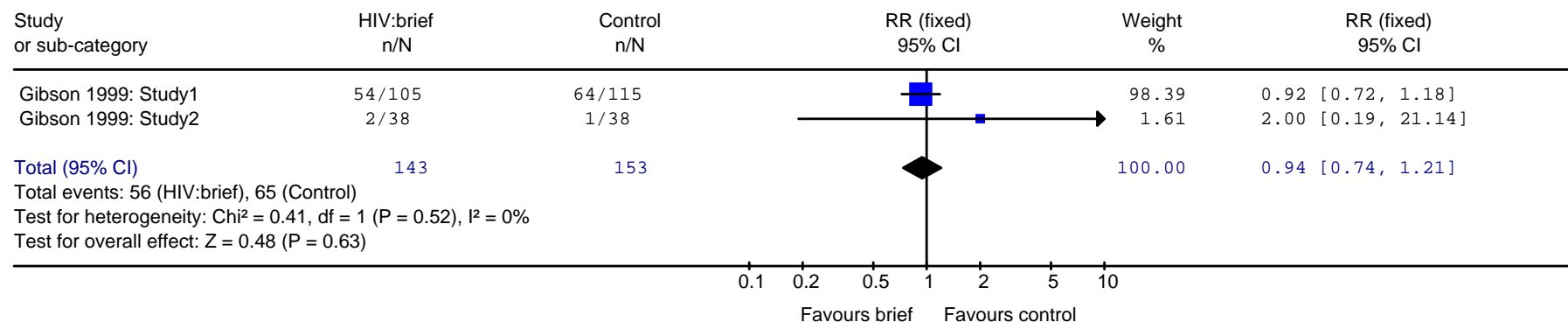
Review: DMP TG2 - 03: HIV risk reduction  
 Comparison: 04 Standard HIV education versus self-help leaflet  
 Outcome: 01 Injecting risk behaviour



Review: DMP TG2 - 03: HIV risk reduction  
 Comparison: 04 Standard HIV education versus self-help leaflet  
 Outcome: 03 Sexual risk behaviour



Review: DMP TG2 - 03: HIV risk reduction  
 Comparison: 04 Standard HIV education versus self-help leaflet  
 Outcome: 04 Sexual risk behaviour (3 month follow up)



Review: DMP TG2 - 03: HIV risk reduction  
 Comparison: 04 Standard HIV education versus self-help leaflet  
 Outcome: 05 Injecting risk behaviour (3 month follow up)

