

Irritable bowel syndrome: Guideline update

1 Background

The irritable bowel syndrome guideline (CG61) was reviewed in 2011 and 2013 as part of NICE's routine surveillance programme to decide whether the guideline requires updating.

2 Surveillance programme findings

The surveillance programme identified new evidence in relation to the management of irritable bowel syndrome. Here is the link to the full report:

[IBS review decision](#)

3 Guideline update

The update will consider the following questions:

In adults, are the following treatments effective in the management of irritable bowel disease (IBS)?

- low-dose tricyclic antidepressants (TCAs), SSRIs and SNRIs (including which are more effective)
- linaclotide
- lubiprostone
- relaxation therapy
- psychological interventions
- the low FODMAP diet

4 Guideline update process

The guideline update will be produced using a standing committee. NICE are piloting the use of a standing committee for guideline updates. More information about the pilot can be found here: [Guideline Updates](#)

Committee meeting dates: 15 and 16 July; 12 September 2014; 8 October

Consultation dates: 5 November – 3 December 2014

Expected publication date: March 2015