

Appendix 17c: psychological therapy forest plots

The forest plots for psychological treatments are referenced ‘Psych xx.xx’ in the evidence profiles (appendix 18) and summary evidence profiles in the chapters.

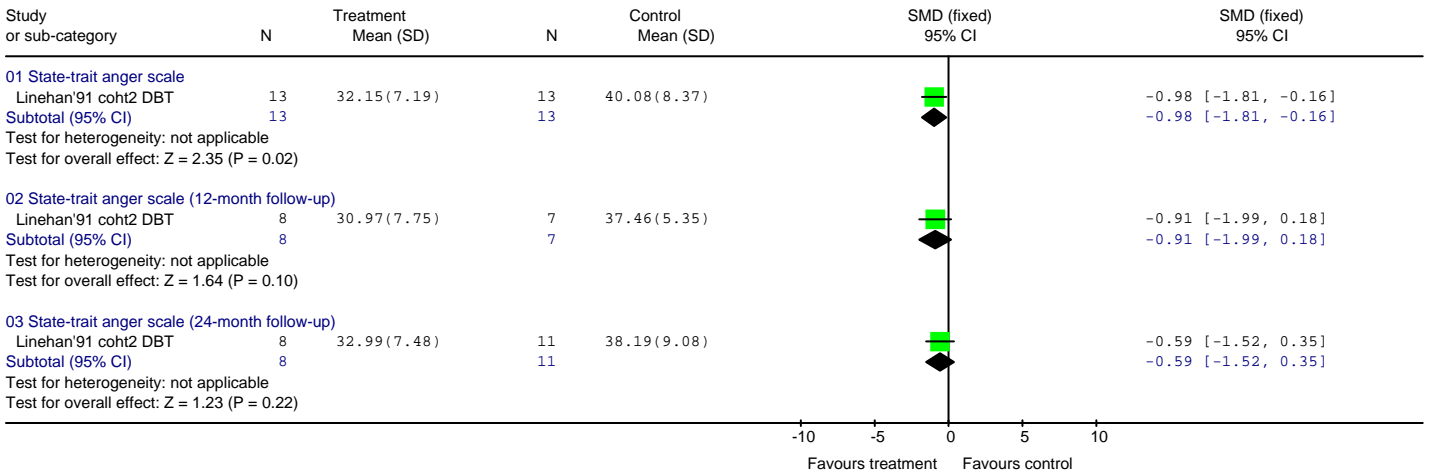
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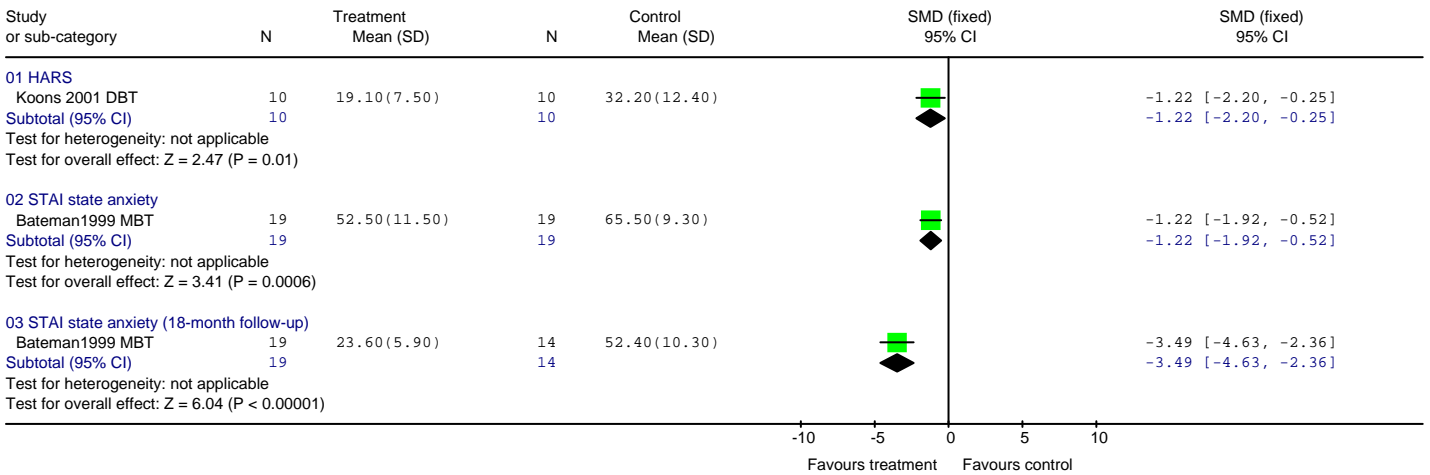
## Combo 01.01 complex interventions: anger measures

Review: BPD psychology  
 Comparison: 01 Complex interventions  
 Outcome: 01 Anger outcomes



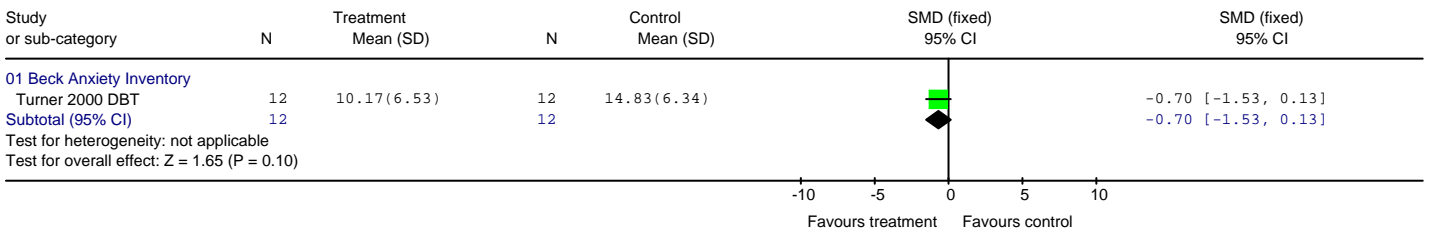
## Combo 01.02 complex interventions: anxiety measures (clinician-rated)

Review: BPD psychology  
 Comparison: 01 Complex interventions  
 Outcome: 02 Anxiety outcomes (clinician-completed)



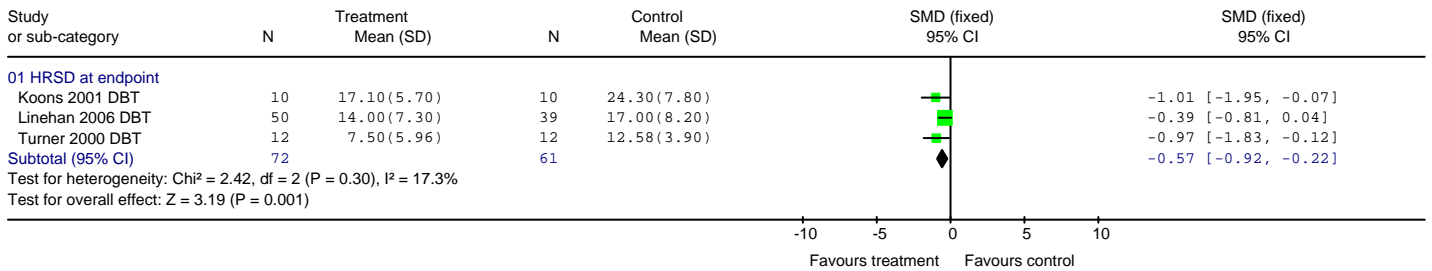
## Combo 01.03 complex interventions: anxiety measures (self-rated)

Review: BPD psychology  
 Comparison: 01 Complex interventions  
 Outcome: 03 Anxiety outcomes (self-rated)



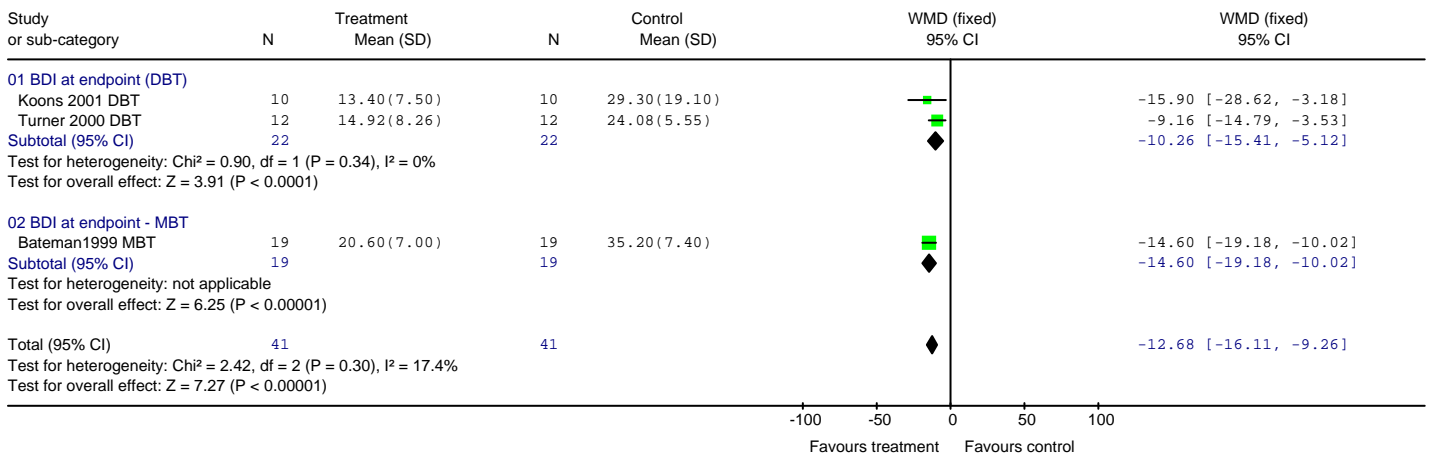
### Combo 01.04 complex interventions: depression measures (clinician-rated)

Review: BPD psychology  
 Comparison: 01 Complex interventions  
 Outcome: 04 Depression outcomes (clinician-rated)



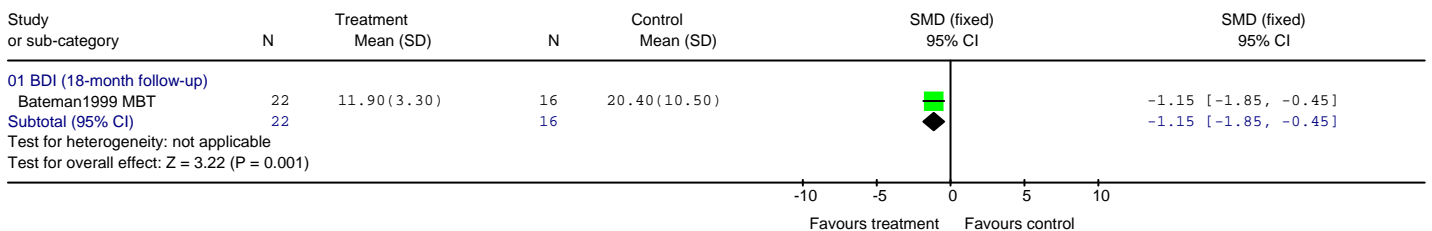
### Combo 01.05 complex interventions: depression measures (self-rated)

Review: BPD psychology  
 Comparison: 01 Complex interventions  
 Outcome: 05 Depression outcomes (self-rated)



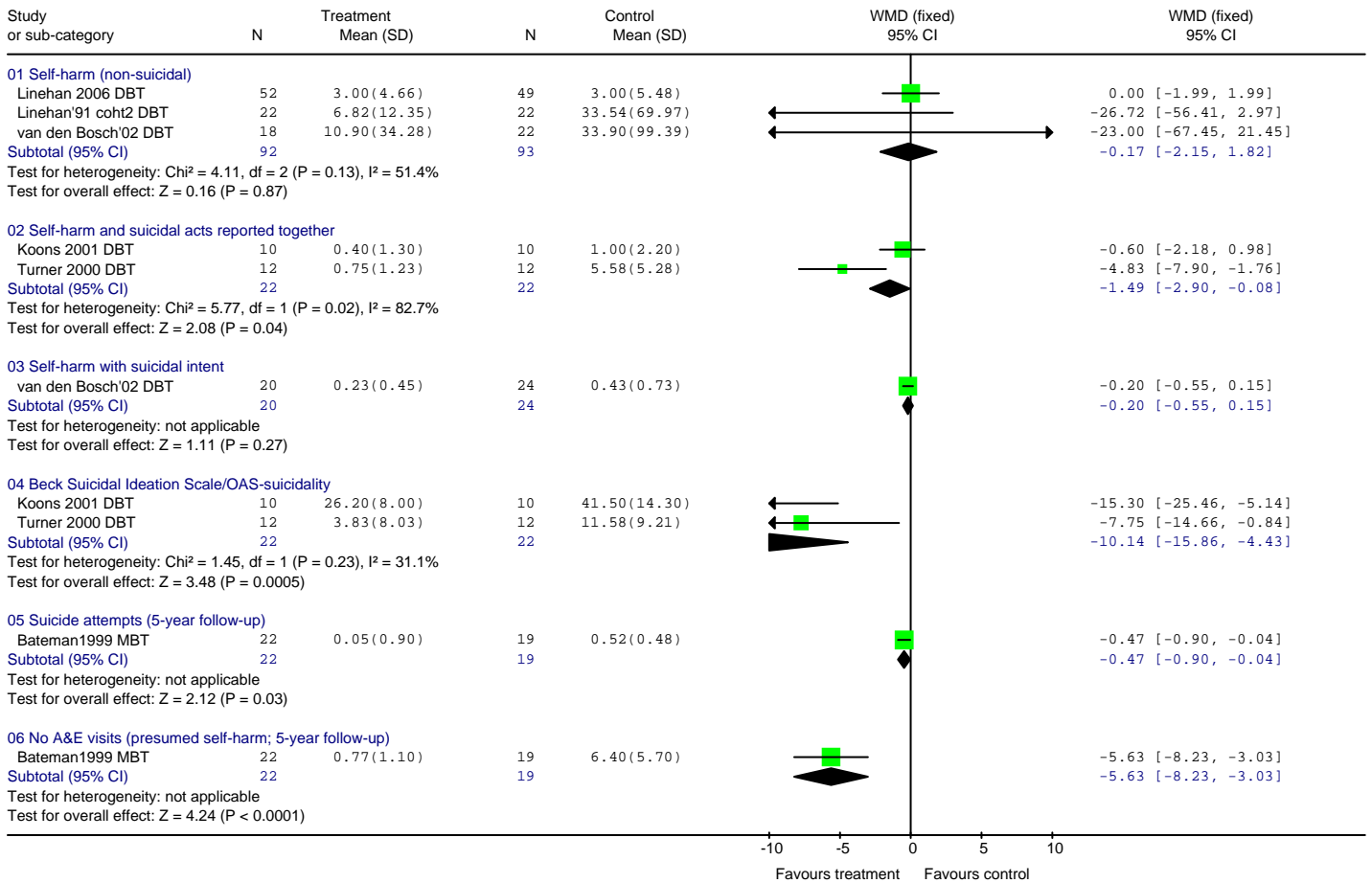
### Combo 01.06 complex interventions: anxiety measures (self-rated, follow-up)

Review: BPD psychology  
 Comparison: 01 Complex interventions  
 Outcome: 06 Depression outcomes (self-rated at follow-up)



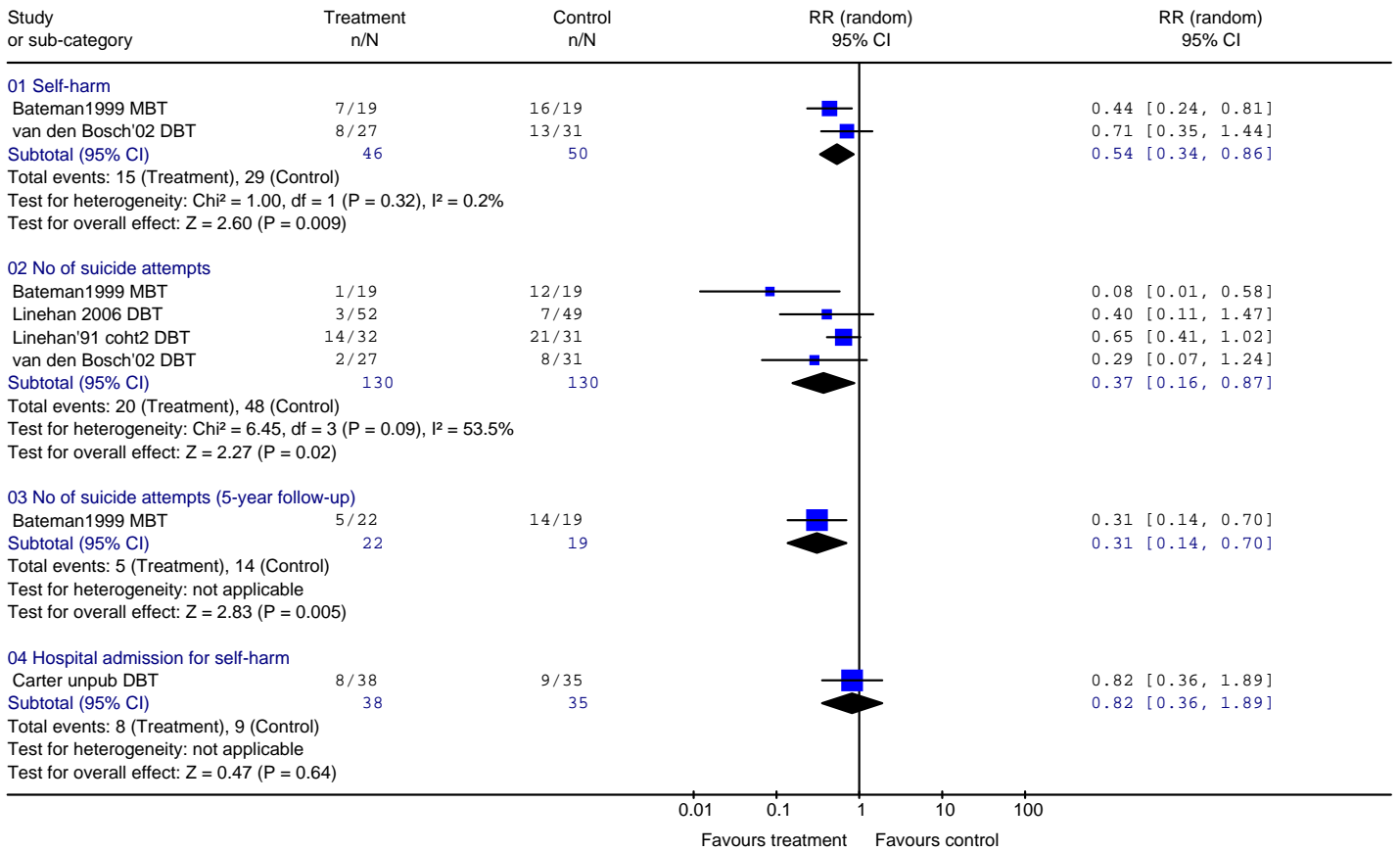
## Combo 01.07 complex interventions: self-harm and suicidality measures

Review: BPD psychology  
 Comparison: 01 Complex interventions  
 Outcome: 07 Self-harm and suicide-related outcomes



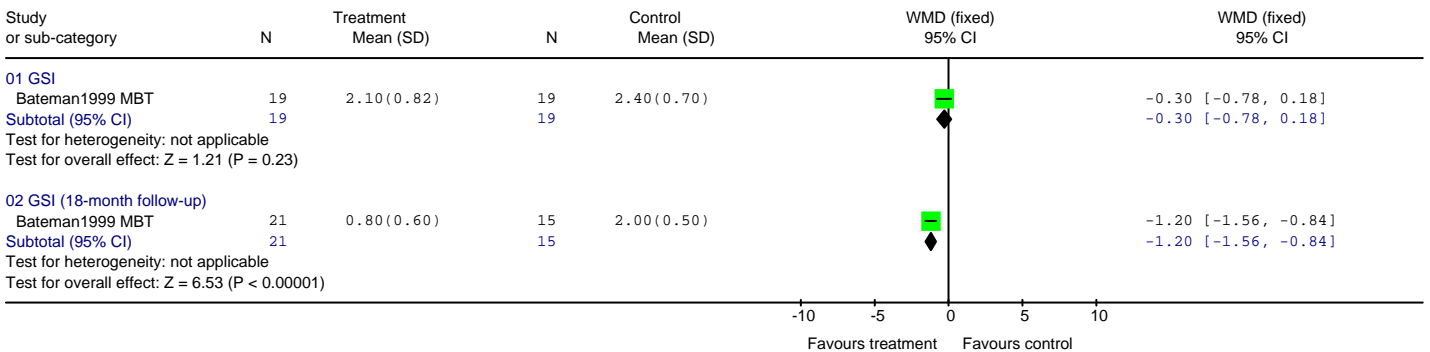
### Combo 01.08 complex interventions: self-harm measures (dichotomous)

Review: BPD psychology  
 Comparison: 01 Complex interventions  
 Outcome: 08 Self-harm outcomes (dichotomous)



### Combo 01.09 complex interventions: mental distress measures

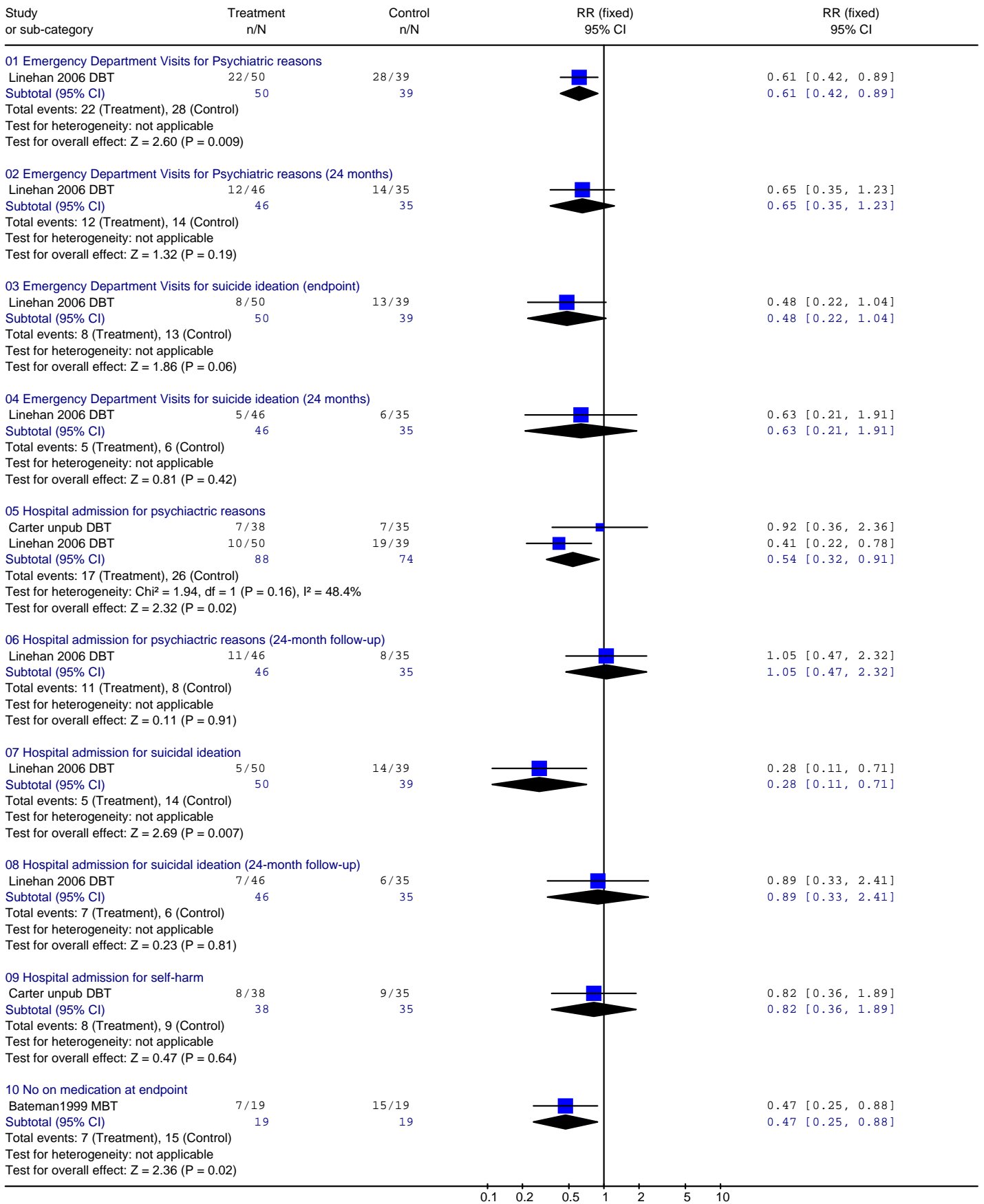
Review: BPD psychology  
 Comparison: 01 Complex interventions  
 Outcome: 09 Mental distress



**Combo 01.10 complex interventions: service use measures (dichotomous)**

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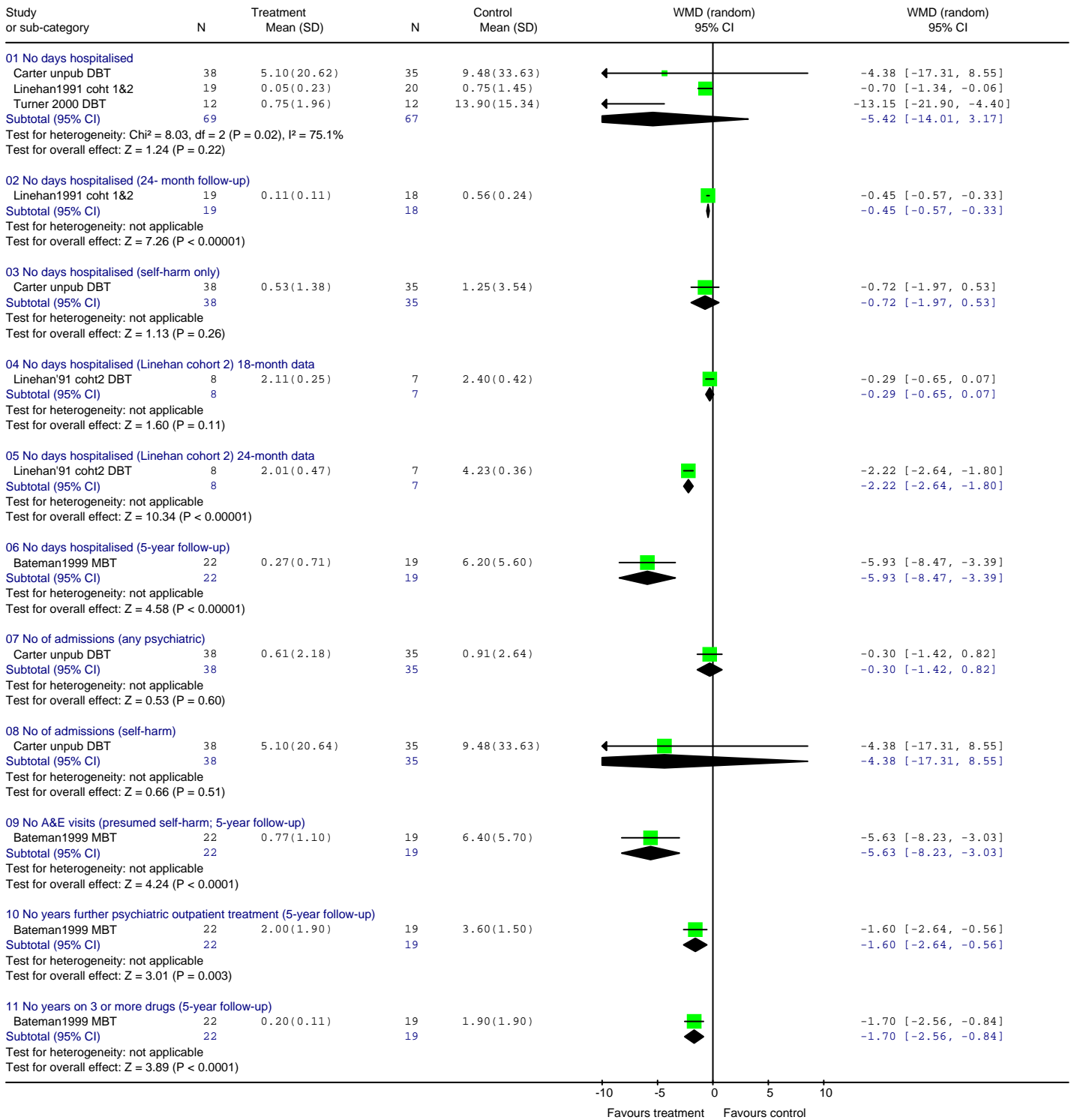
Review: BPD psychology  
 Comparison: 01 Complex interventions  
 Outcome: 10 Service use outcomes (dichotomous)





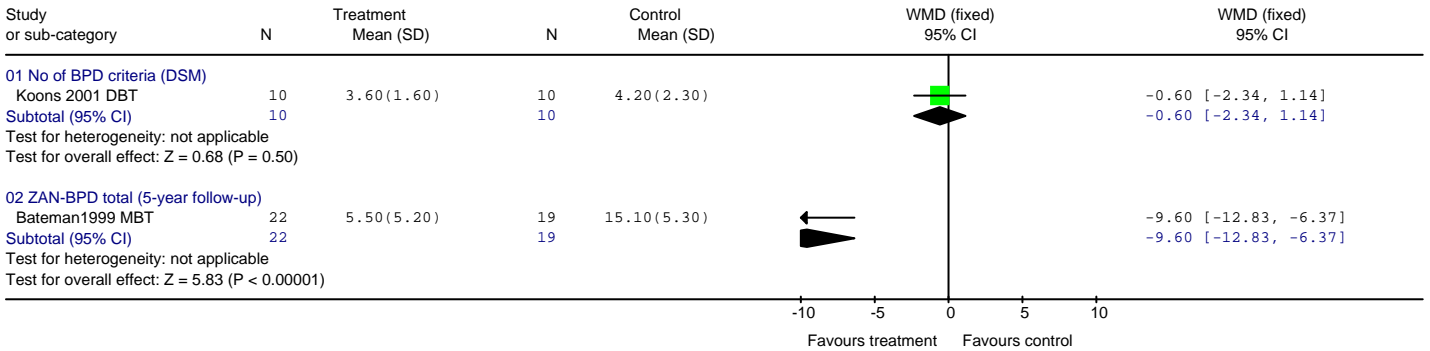
**Combo 01.11 complex interventions: service use measures (continuous)**

Review: BPD psychology  
 Comparison: 01 Complex interventions  
 Outcome: 11 Service use outcomes (continuous)



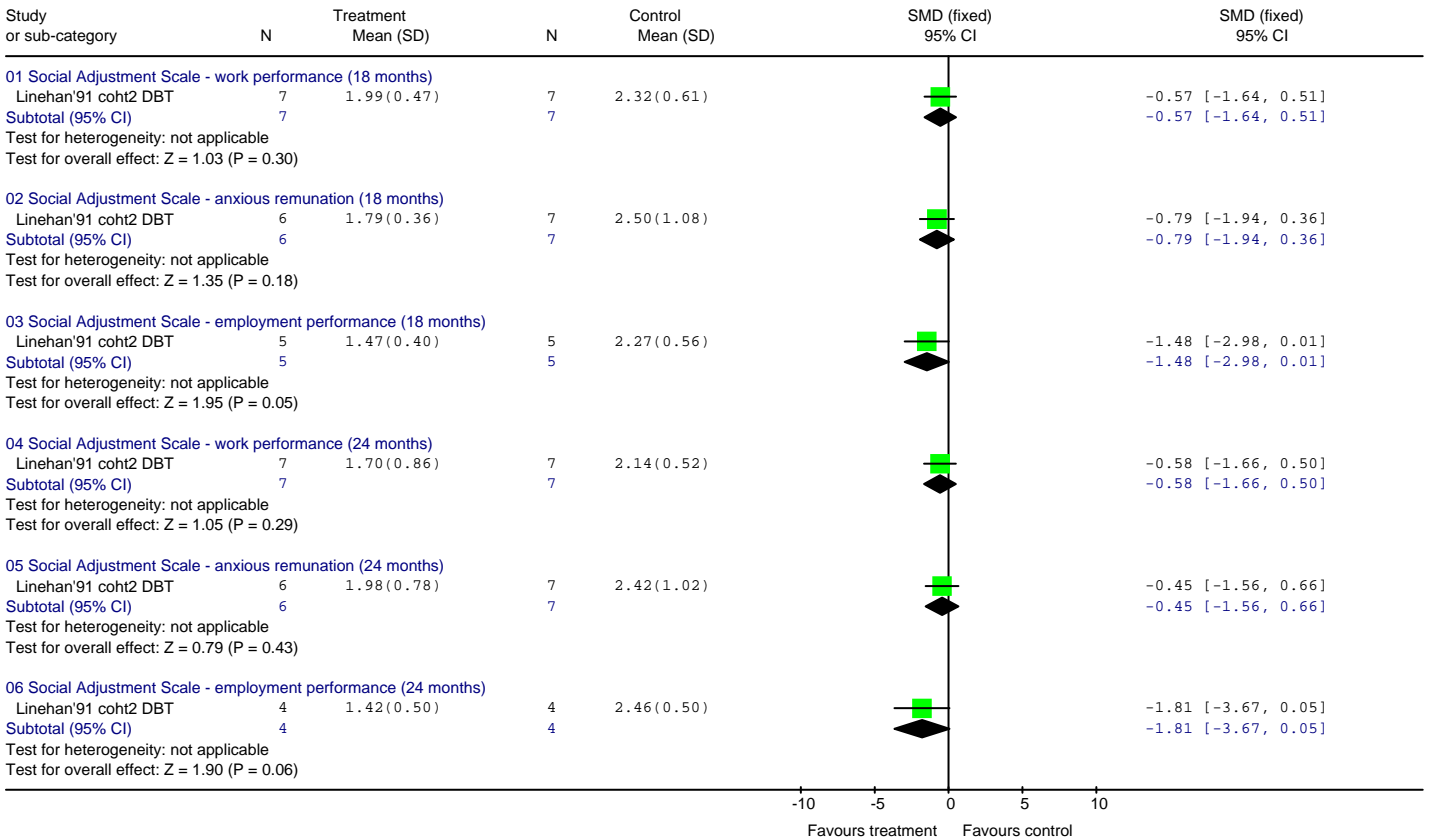
### Combo 01.12 complex interventions: BPD symptoms

Review: BPD psychology  
 Comparison: 01 Complex interventions  
 Outcome: 12 BPD symptoms



### Combo 01.13 complex interventions: social functioning

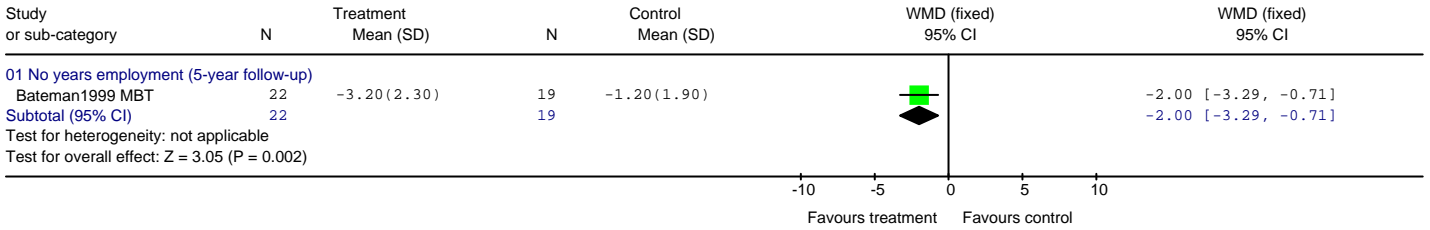
Review: BPD psychology  
 Comparison: 01 Complex interventions  
 Outcome: 13 Social functioning



### Combo 01.14 complex interventions: employment-related measures

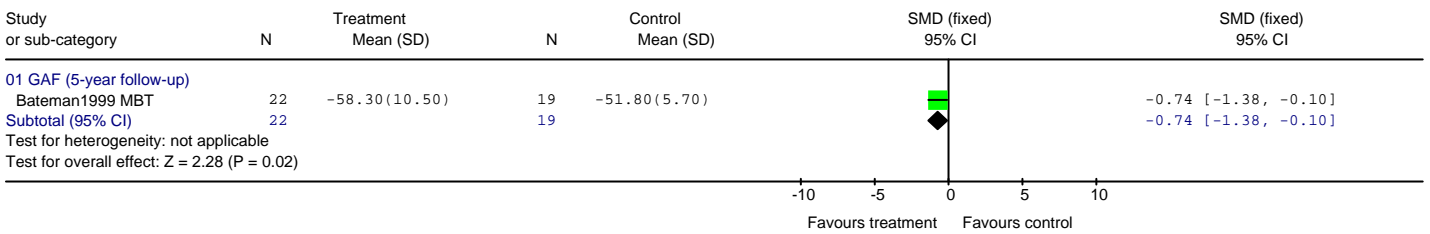
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Review: BPD psychology  
 Comparison: 01 Complex interventions  
 Outcome: 14 Employment-related outcomes



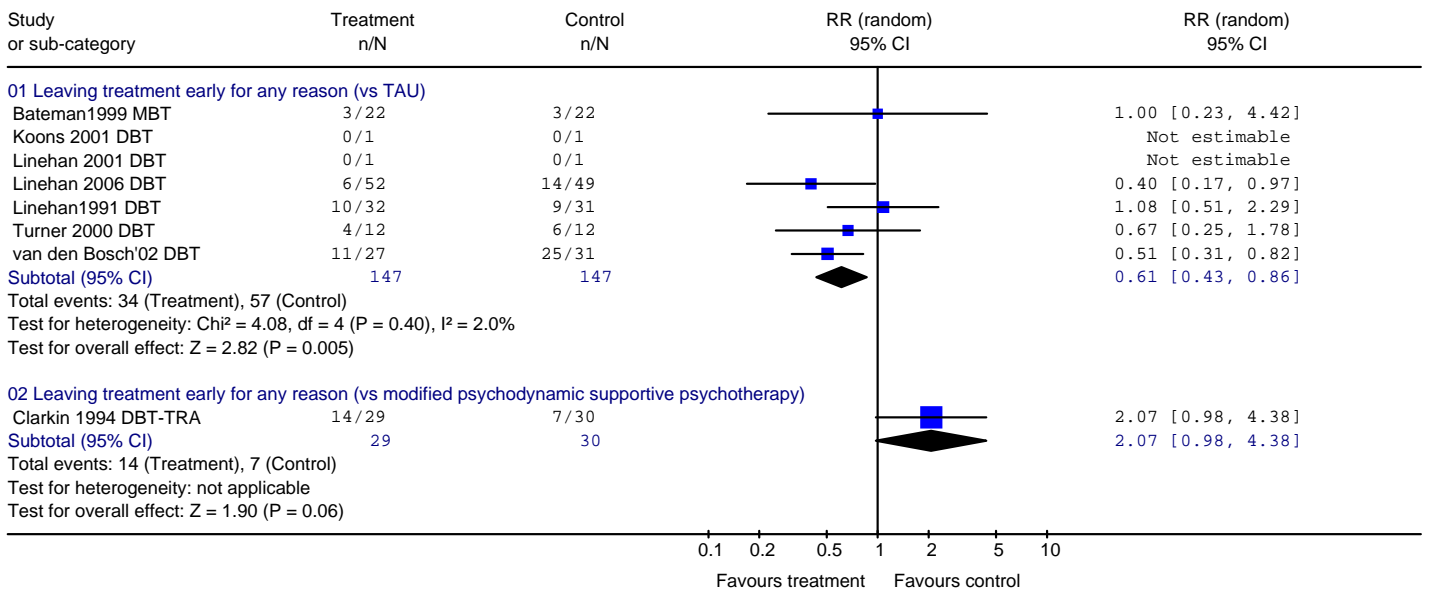
## Combo 01.15 complex interventions: general functioning

Review: BPD psychology  
 Comparison: 01 Complex interventions  
 Outcome: 15 General functioning



## Combo 01.16 complex interventions: acceptability and tolerability measures

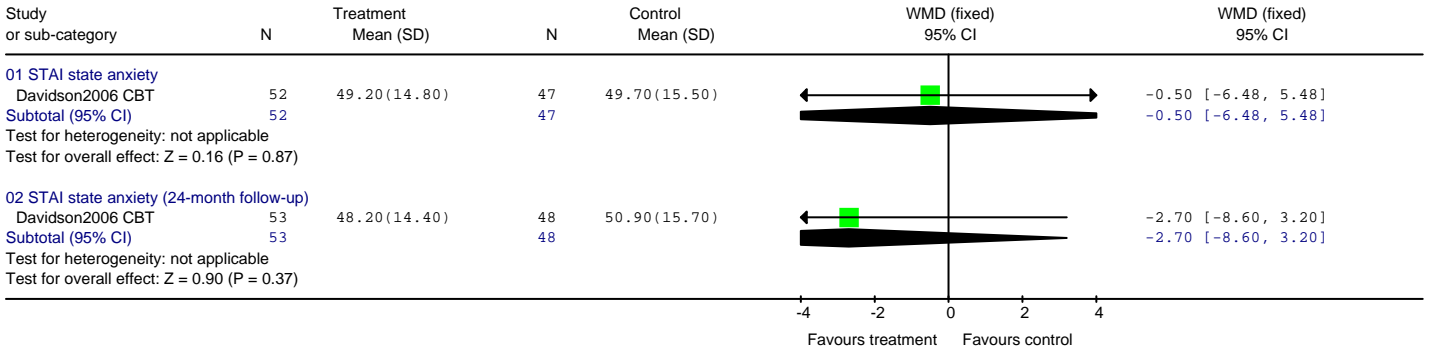
Review: BPD psychology  
 Comparison: 01 Complex interventions  
 Outcome: 16 Acceptability and tolerability outcomes



## Combo 02.01 individual psychological therapies: anxiety measures

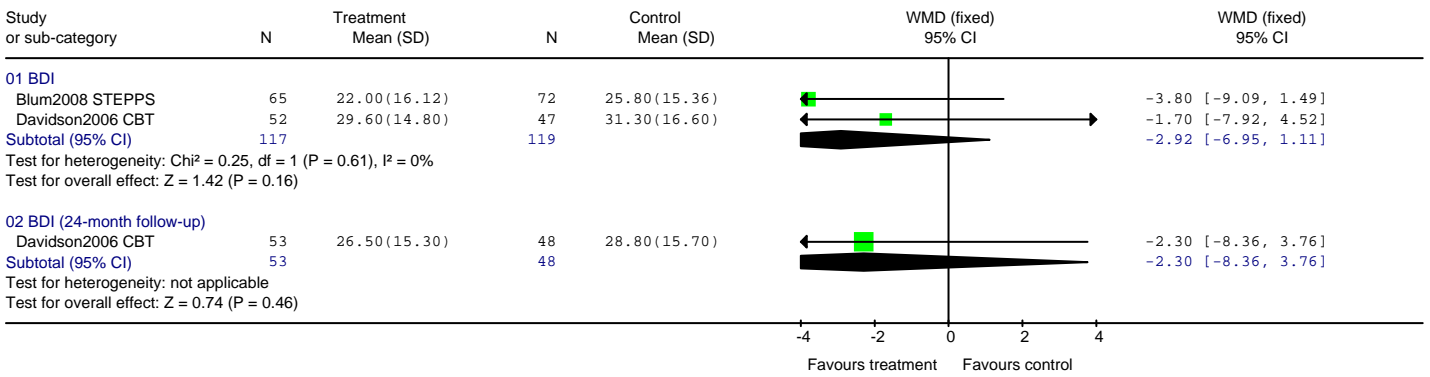
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Review: BPD psychology  
 Comparison: 02 Individual psychological therapies  
 Outcome: 01 Anxiety outcomes



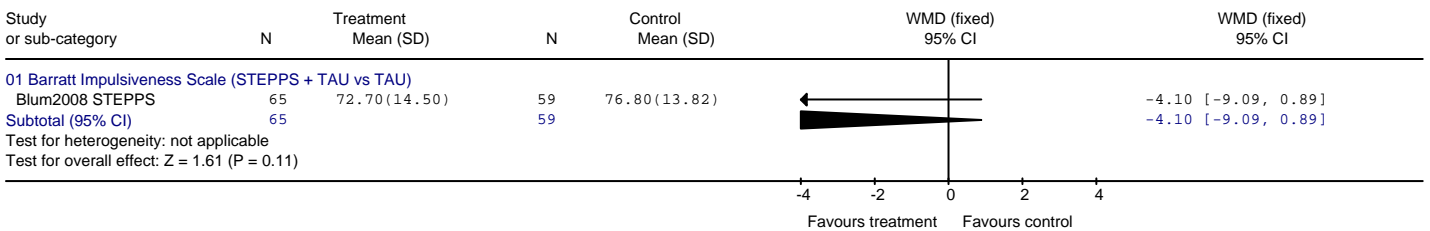
## Combo 02.02 individual psychological therapies: depression measures

Review: BPD psychology  
 Comparison: 02 Individual psychological therapies  
 Outcome: 02 Depression outcomes



## Combo 02.03 individual psychological therapies: impulsiveness measures

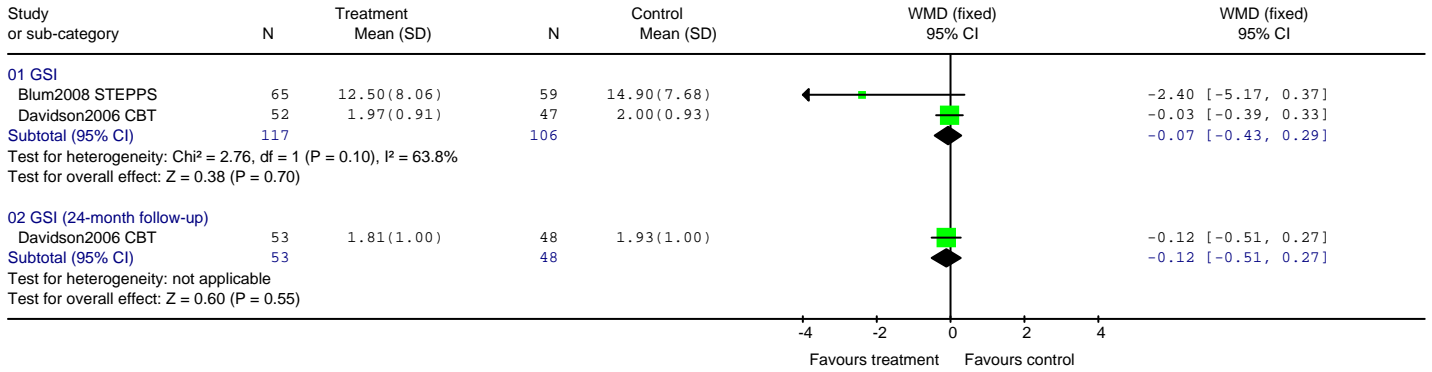
Review: BPD psychology  
 Comparison: 02 Individual psychological therapies  
 Outcome: 03 Impulsiveness outcomes



## Combo 02.04 individual psychological therapies: mental distress

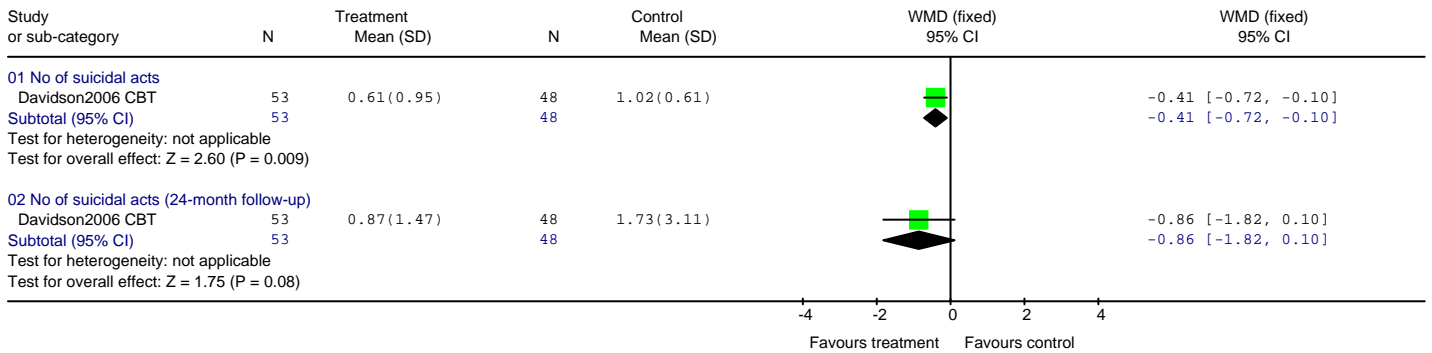
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Review: BPD psychology  
 Comparison: 02 Individual psychological therapies  
 Outcome: 04 Mental distress



### Combo 02.05 individual psychological therapies: self-harm measures (continuous)

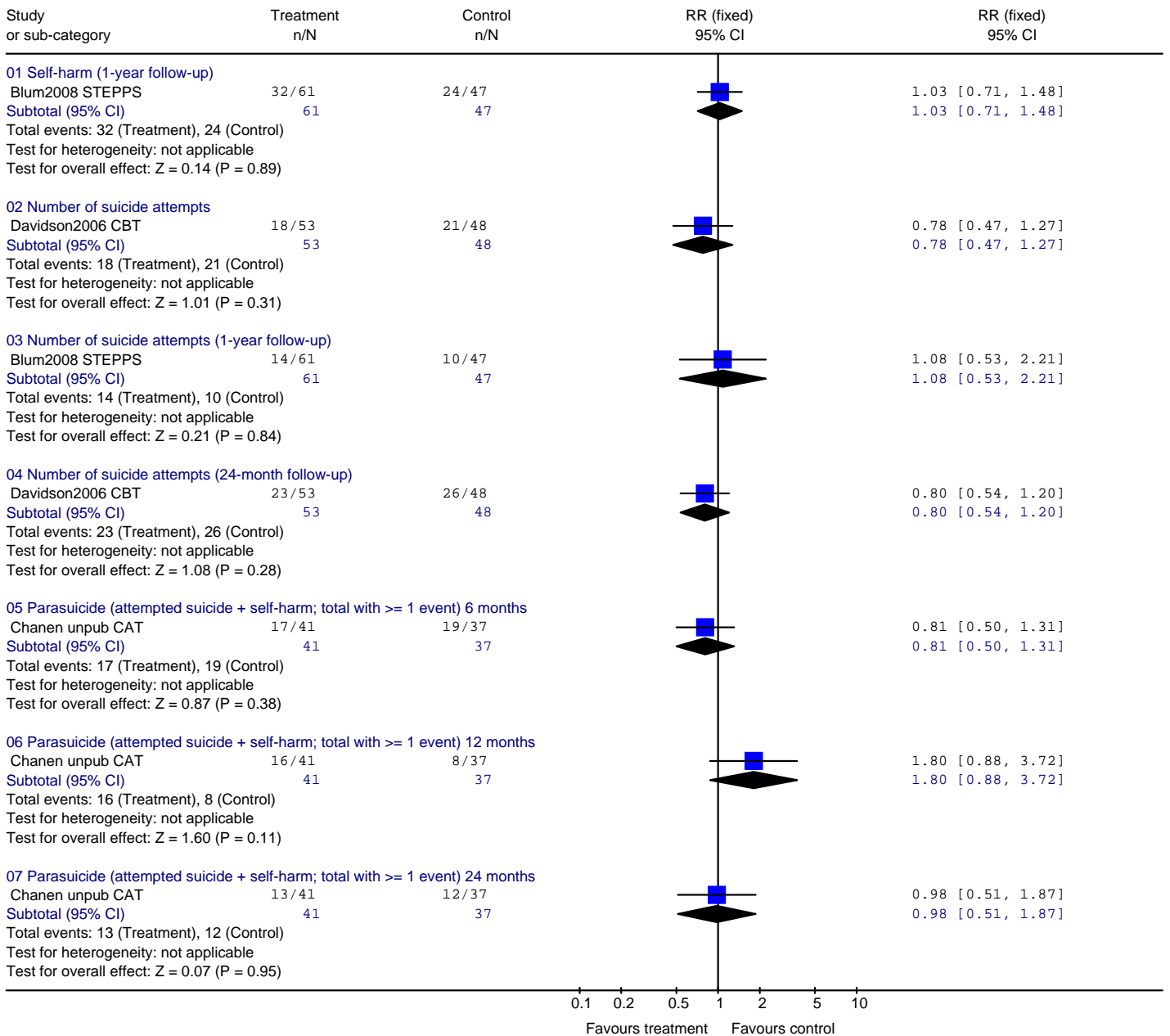
Review: BPD psychology  
 Comparison: 02 Individual psychological therapies  
 Outcome: 05 Self-harm outcomes



### Combo 02.06 individual psychological therapies: self-harm measures (dichotomous)

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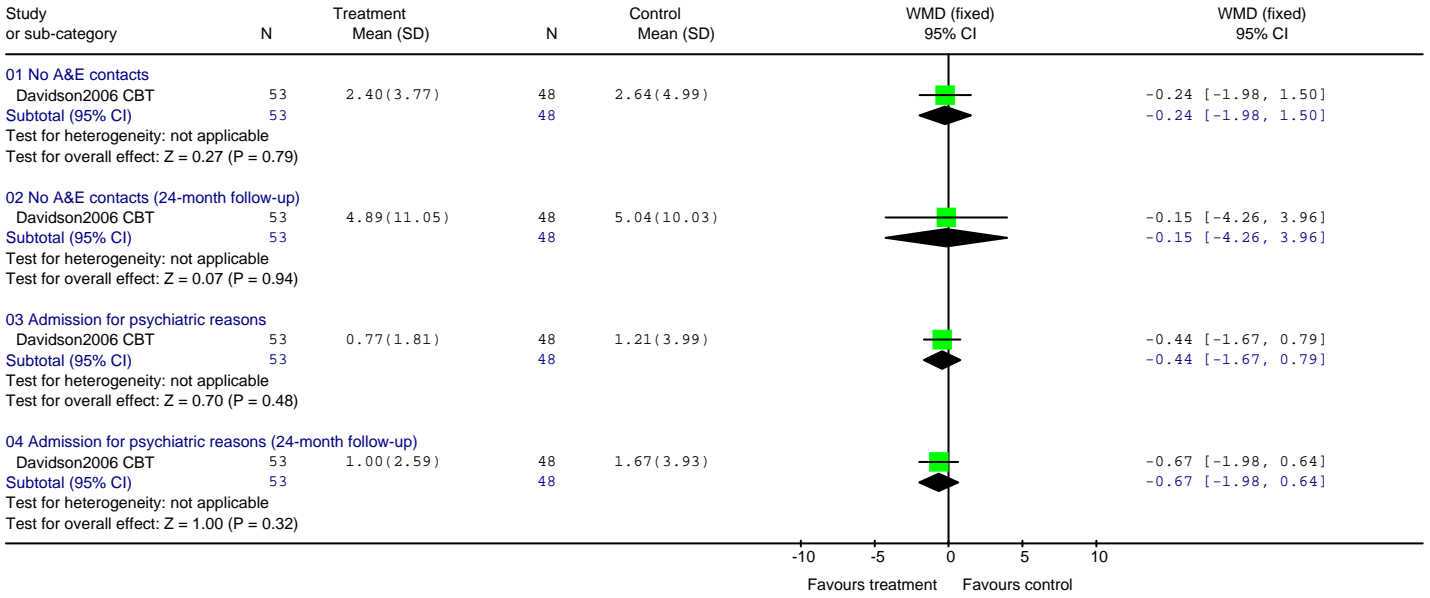
Review: BPD psychology  
 Comparison: 02 Individual psychological therapies  
 Outcome: 06 Self-harm outcomes (dichotomous)



**Combo 02.07 individual psychological therapies: service-use measures (continuous)**

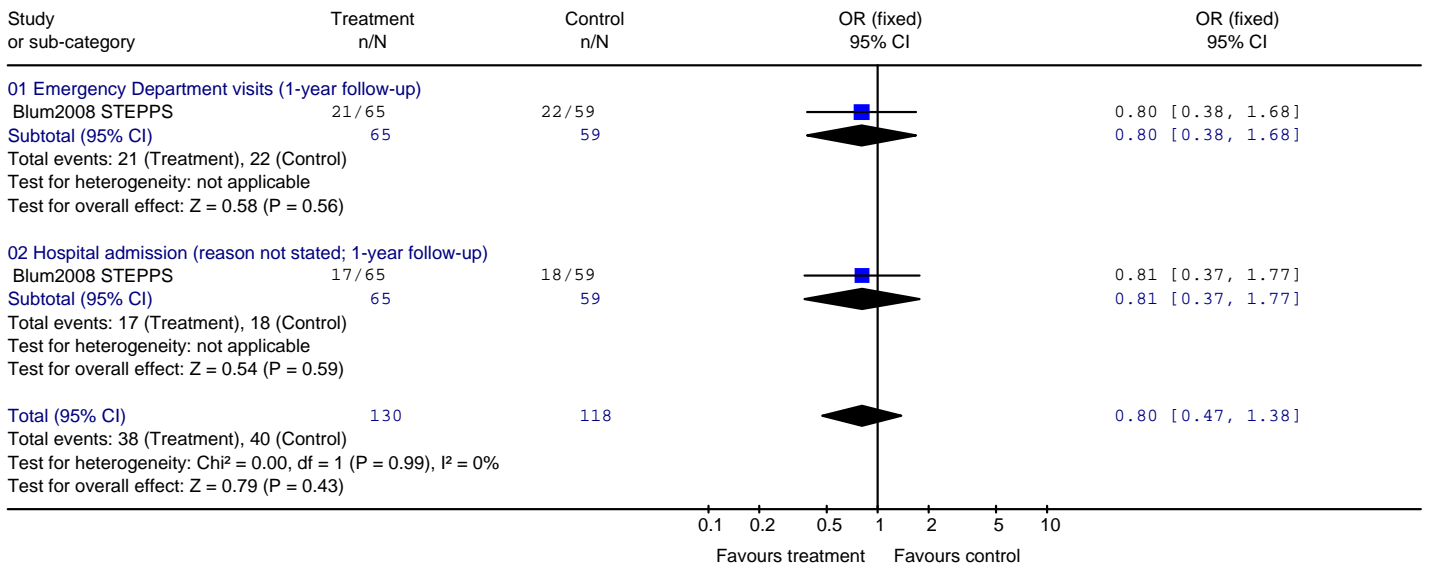
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Review: BPD psychology  
 Comparison: 02 Individual psychological therapies  
 Outcome: 07 Service-use outcomes



Combo 02.08 individual psychological therapies: service-use measures (dichotomous)

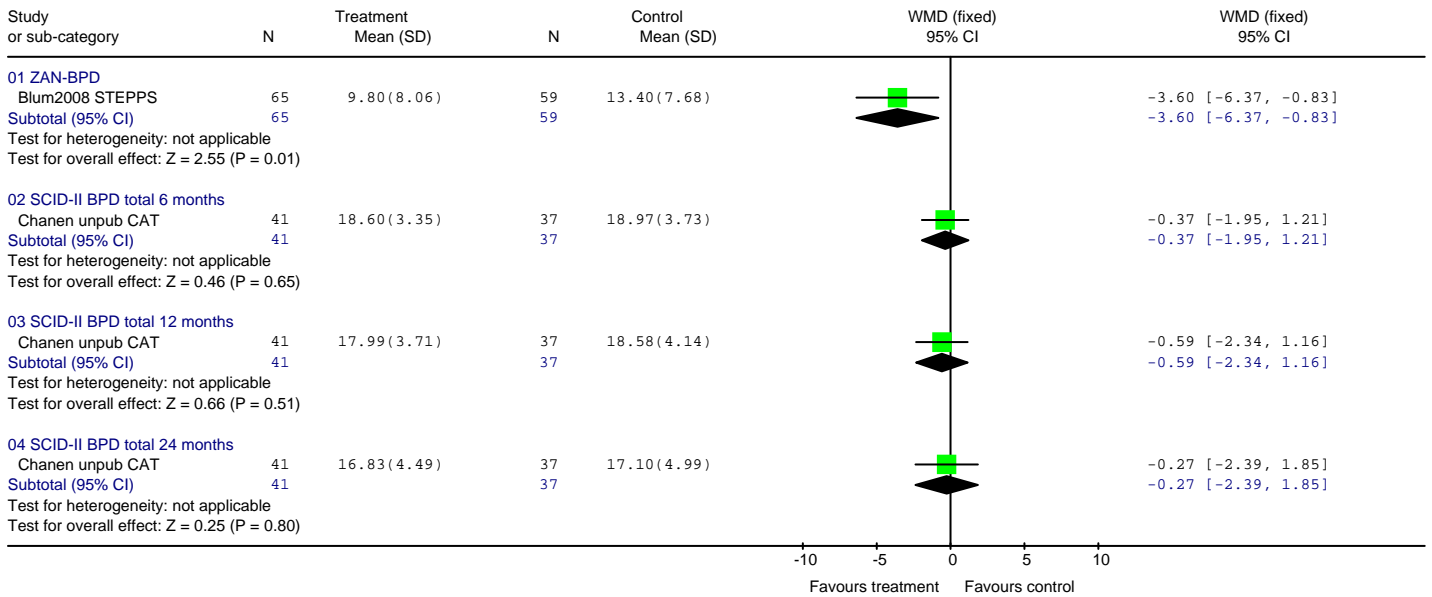
Review: BPD psychology  
 Comparison: 02 Individual psychological therapies  
 Outcome: 08 Service-use outcomes (dichotomous)





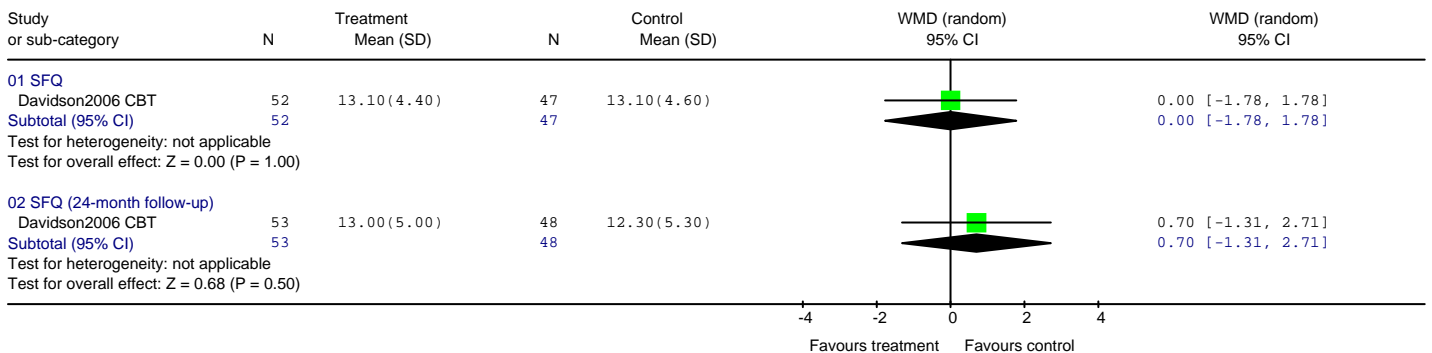
## Combo 02.09 individual psychological therapies: BPD symptoms

Review: BPD psychology  
 Comparison: 02 Individual psychological therapies  
 Outcome: 09 BPD symptoms



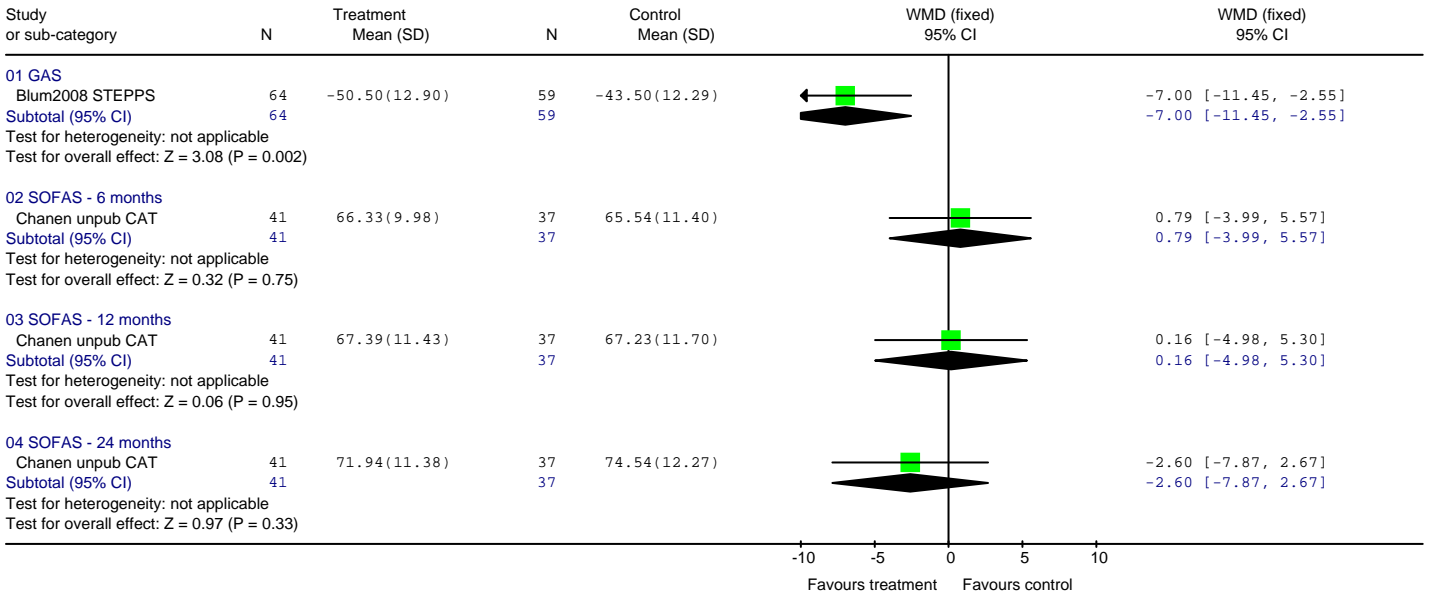
## Combo 02.10 individual psychological therapies: social functioning measures

Review: BPD psychology  
 Comparison: 02 Individual psychological therapies  
 Outcome: 10 Social functioning measures



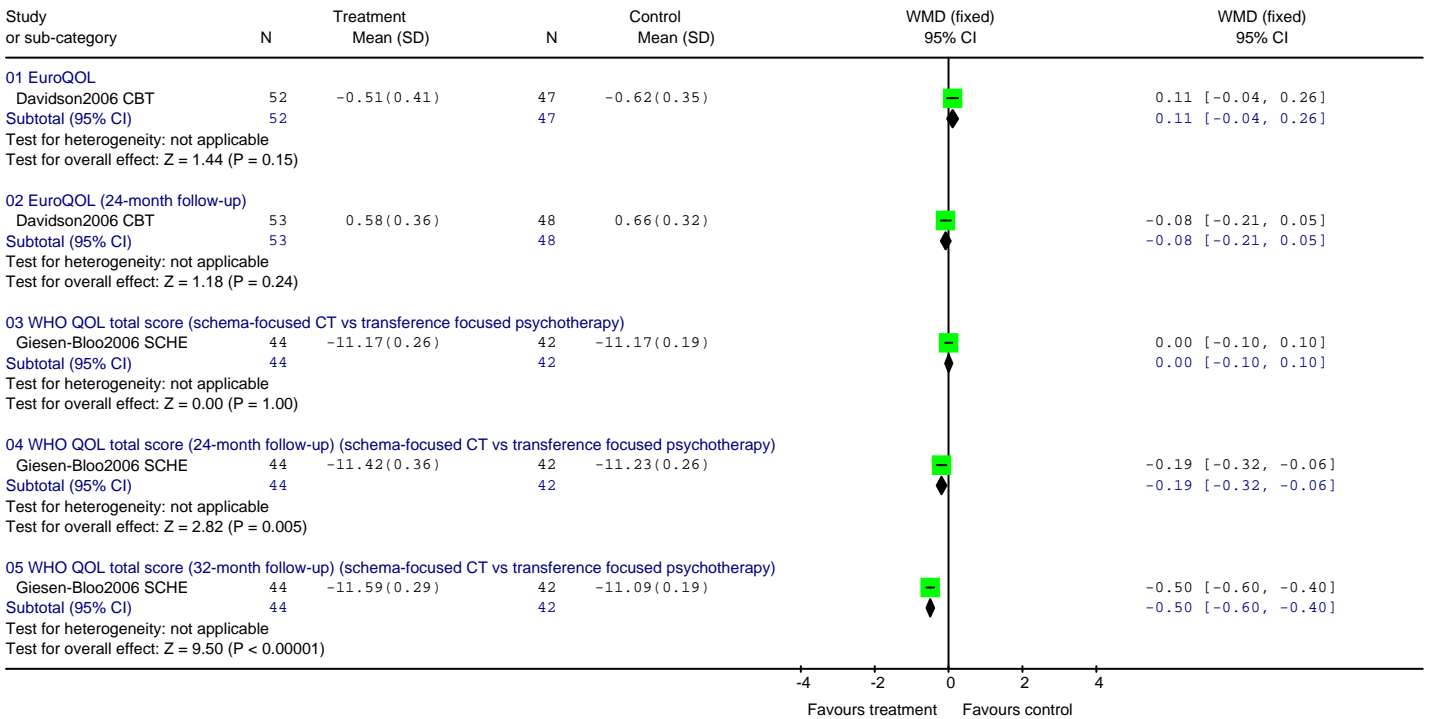
### Combo 02.11 individual psychological therapies: general functioning

Review: BPD psychology  
 Comparison: 02 Individual psychological therapies  
 Outcome: 11 General functioning



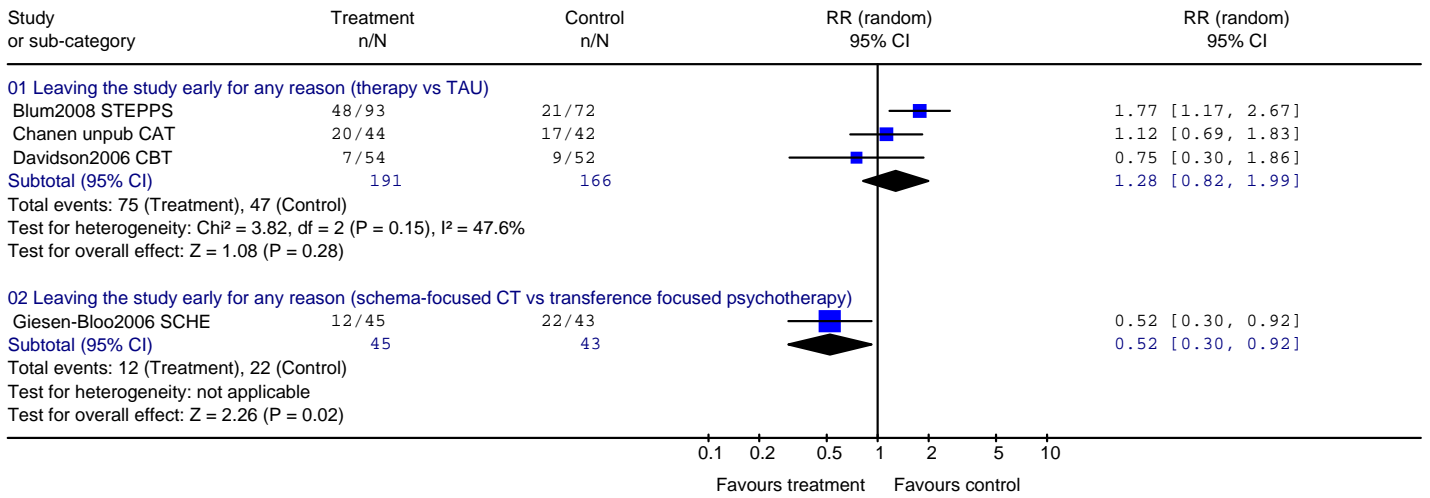
### Combo 01.12 individual psychological therapies: quality of life measures

Review: BPD psychology  
 Comparison: 02 Individual psychological therapies  
 Outcome: 12 Quality of life measures



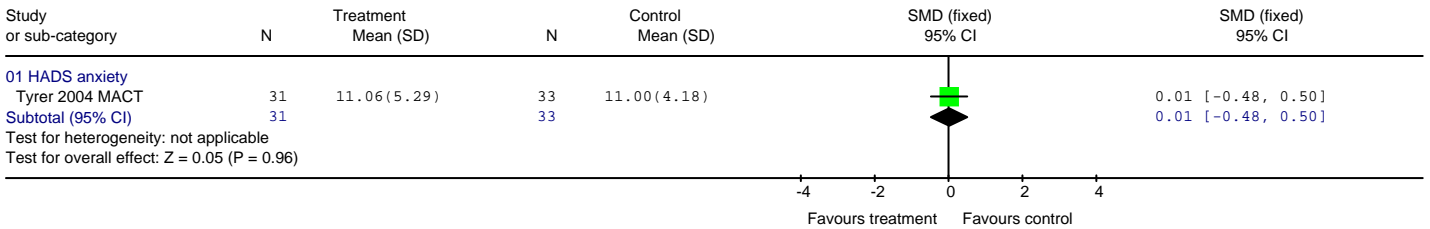
### Combo 02.13 individual psychological therapies: acceptability and tolerability

Review: BPD psychology  
 Comparison: 02 Individual psychological therapies  
 Outcome: 13 Acceptability and tolerability outcomes



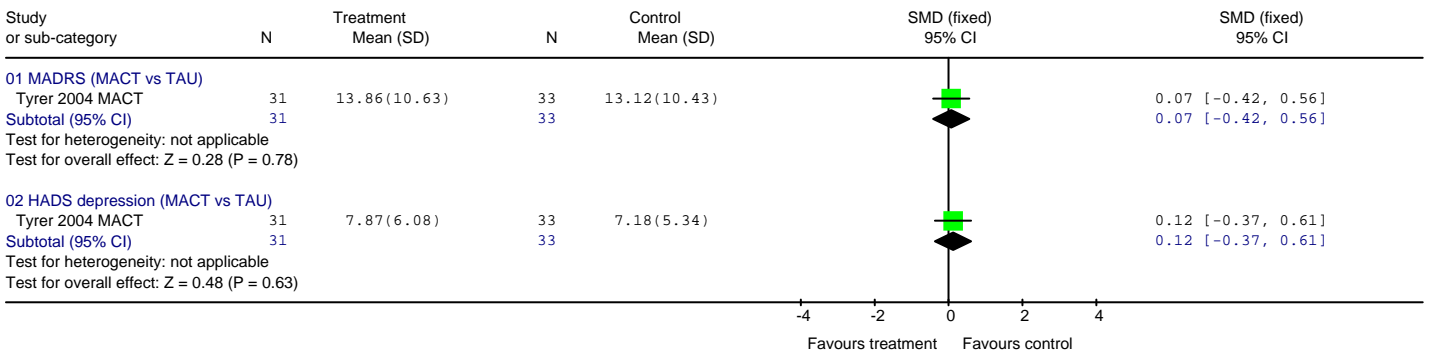
### Combo 03.01 brief interventions: anxiety measures

Review: BPD psychology  
 Comparison: 03 Low-intensity psychological therapies  
 Outcome: 01 Anxiety outcomes



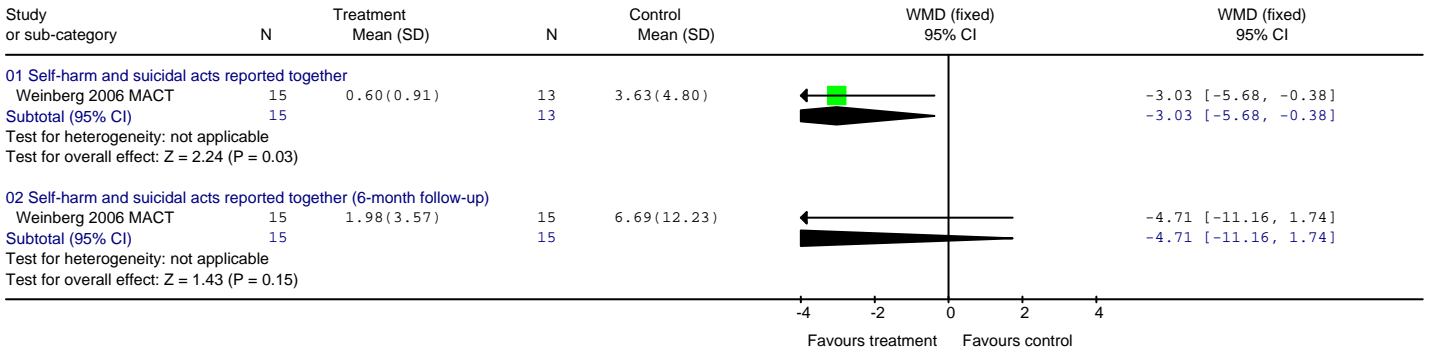
### Combo 03.02 brief interventions: depression measures

Review: BPD psychology  
 Comparison: 03 Low-intensity psychological therapies  
 Outcome: 02 Depression outcomes



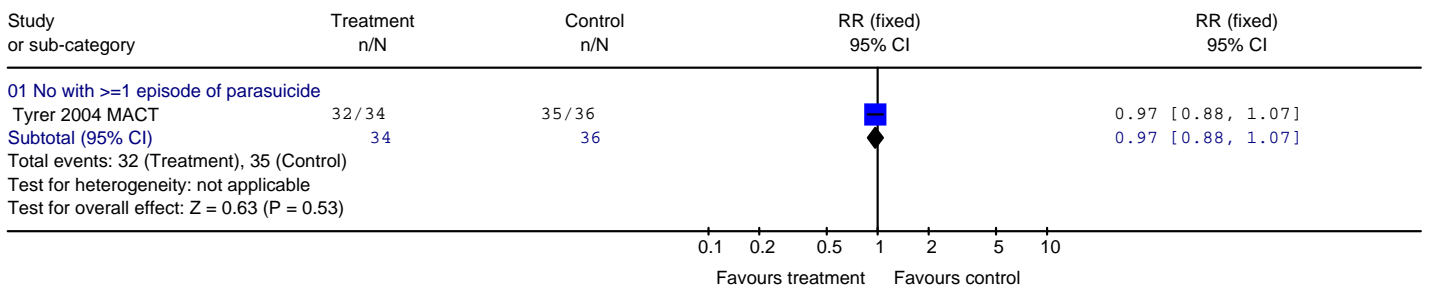
### Combo 03.04 brief interventions: self-harm measures (continuous)

Review: BPD psychology  
 Comparison: 03 Low-intensity psychological therapies  
 Outcome: 04 Self-harm outcomes



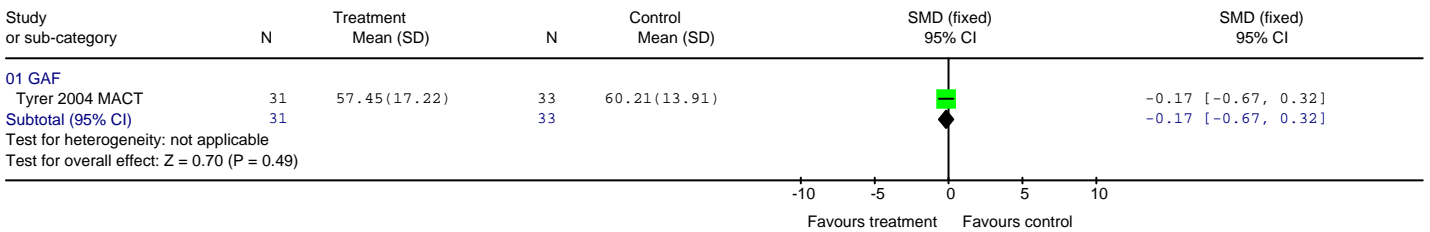
### Combo 03.05 brief interventions: self-harm measures (dichotomous)

Review: BPD psychology  
 Comparison: 03 Low-intensity psychological therapies  
 Outcome: 05 Self-harm outcomes (dichotomous)



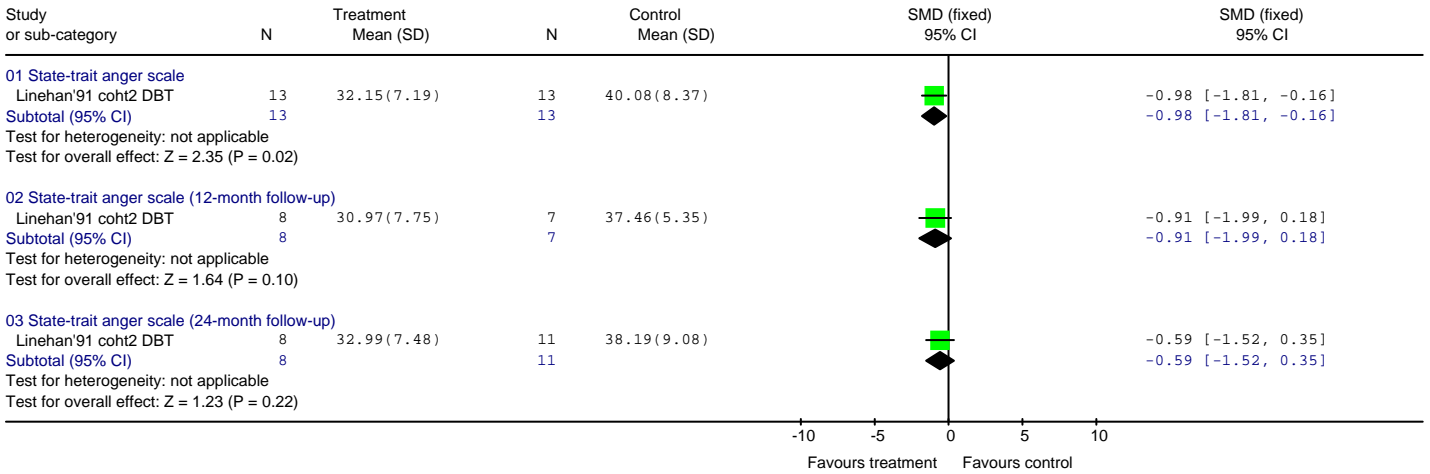
### Combo 03.07 brief interventions: general functioning

Review: BPD psychology  
 Comparison: 03 Low-intensity psychological therapies  
 Outcome: 07 General functioning



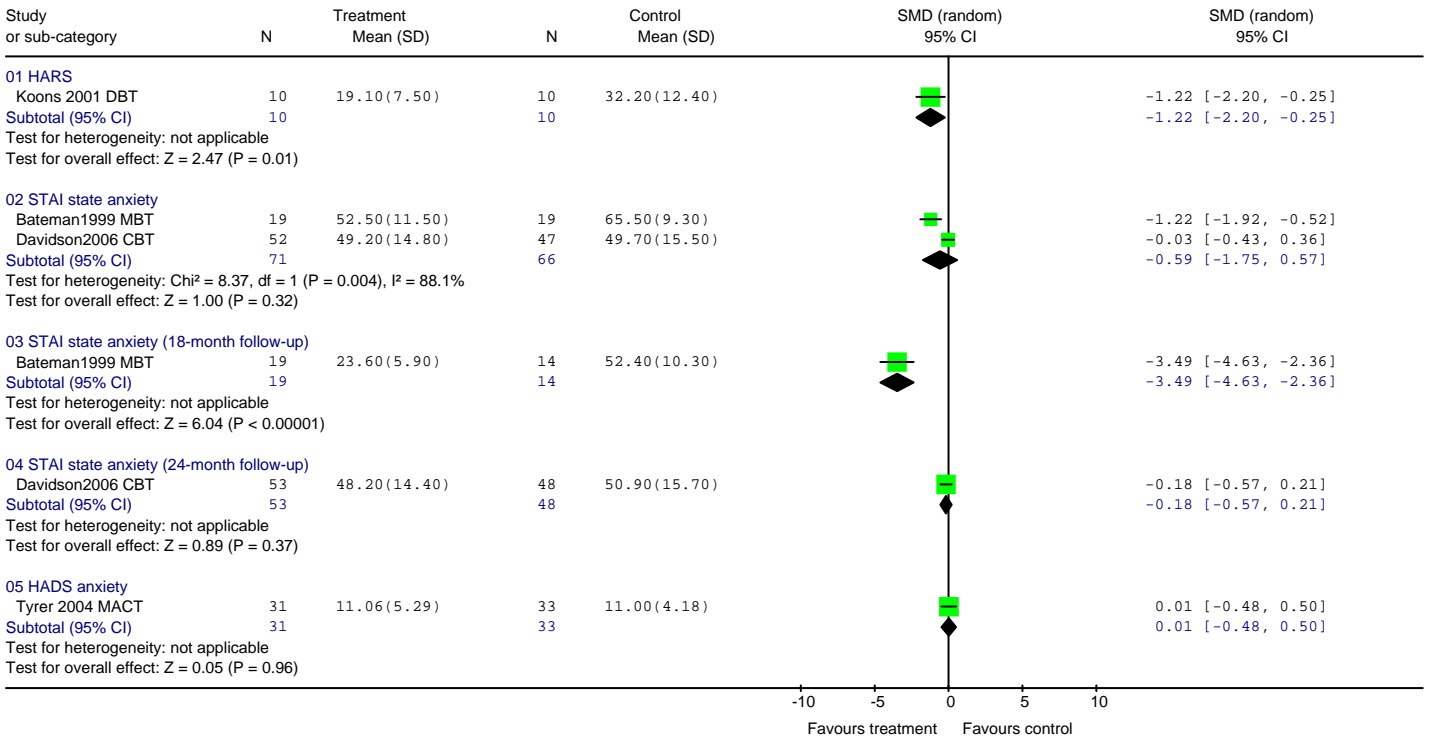
### Combo 05.01 all available trials: anger measures

Review: BPD psychology  
 Comparison: 05 Anger measures  
 Outcome: 01 Clinician-rated



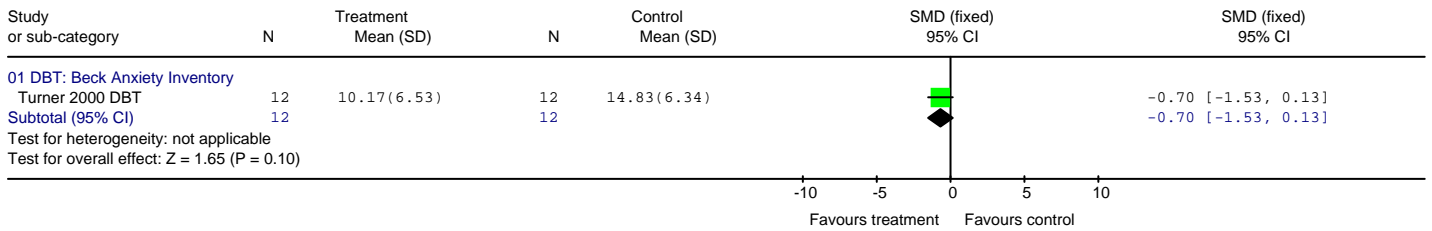
### Combo 06.01 all available trials: anxiety measures (clinician-rated)

Review: BPD psychology  
 Comparison: 06 Anxiety measures  
 Outcome: 01 Clinician-rated



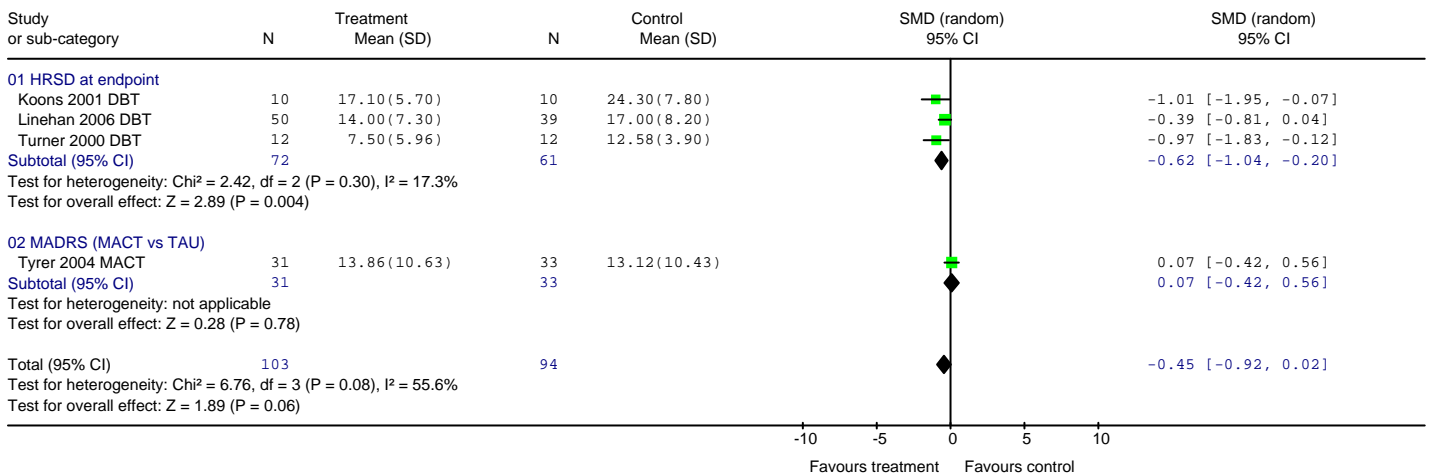
### Combo 06.02 all available trials: anxiety measures (self-rated)

Review: BPD psychology  
 Comparison: 06 Anxiety measures  
 Outcome: 02 Self-rated



### Combo 07.01 all available trials: depression measures (clinician-rated)

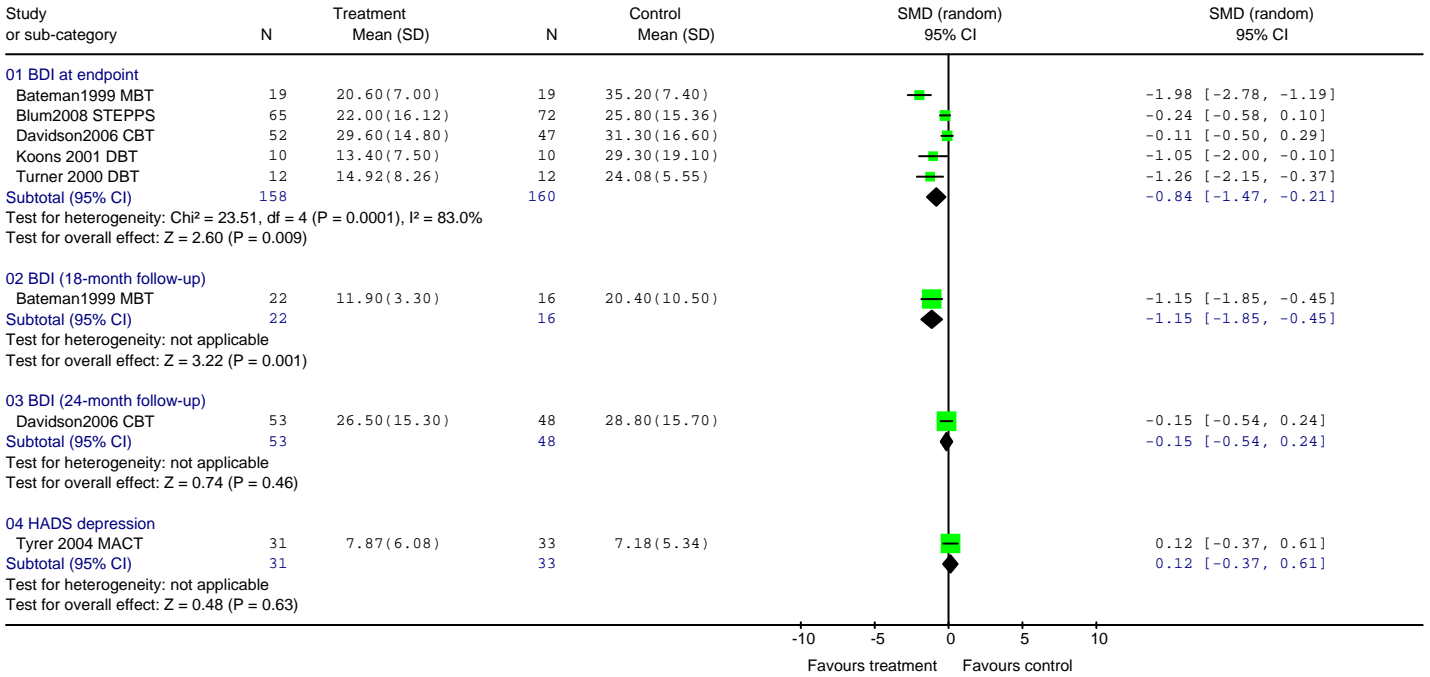
Review: BPD psychology  
 Comparison: 07 Depression measures  
 Outcome: 01 Depression outcomes (clinician-rated)



### Combo 07.02 all available trials: depression measures (self-rated)

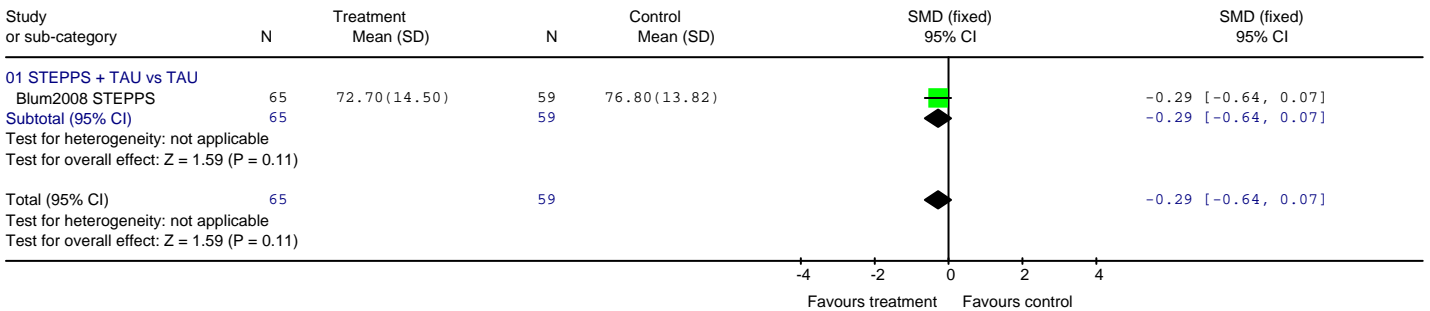
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Review: BPD psychology  
 Comparison: 07 Depression measures  
 Outcome: 02 Depression outcomes (self-rated)



Combo 08.01 all available trials: impulsiveness measures

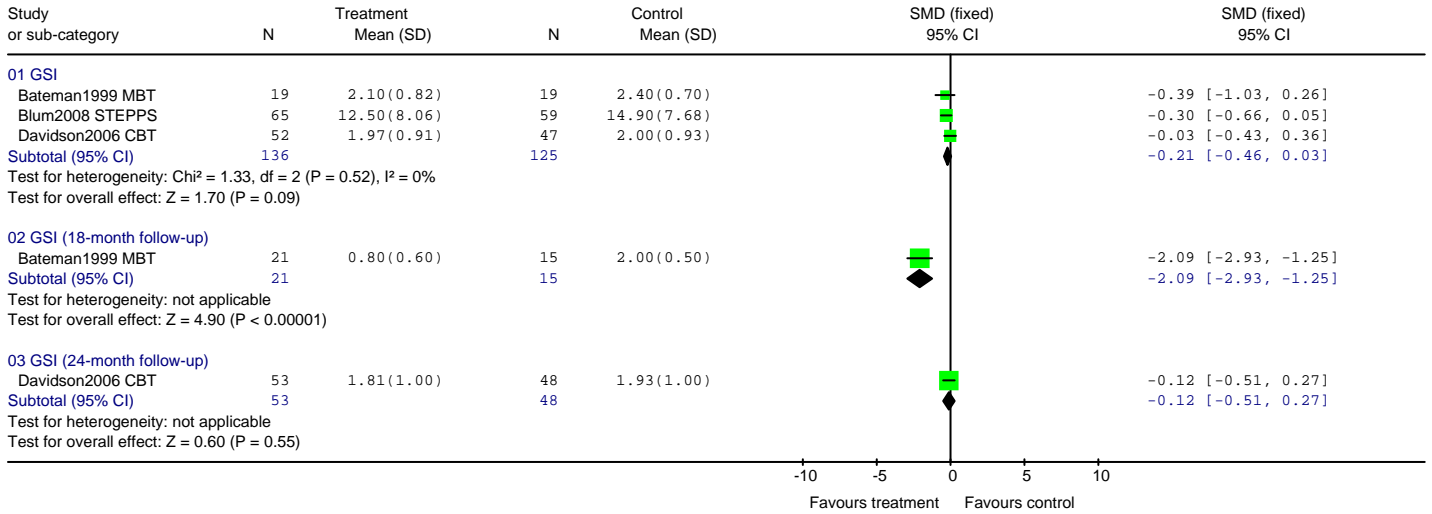
Review: BPD psychology  
 Comparison: 08 Impulsiveness measures  
 Outcome: 01 Barratt Impulsiveness Scale



Combo 09.01 all available trials: mental distress

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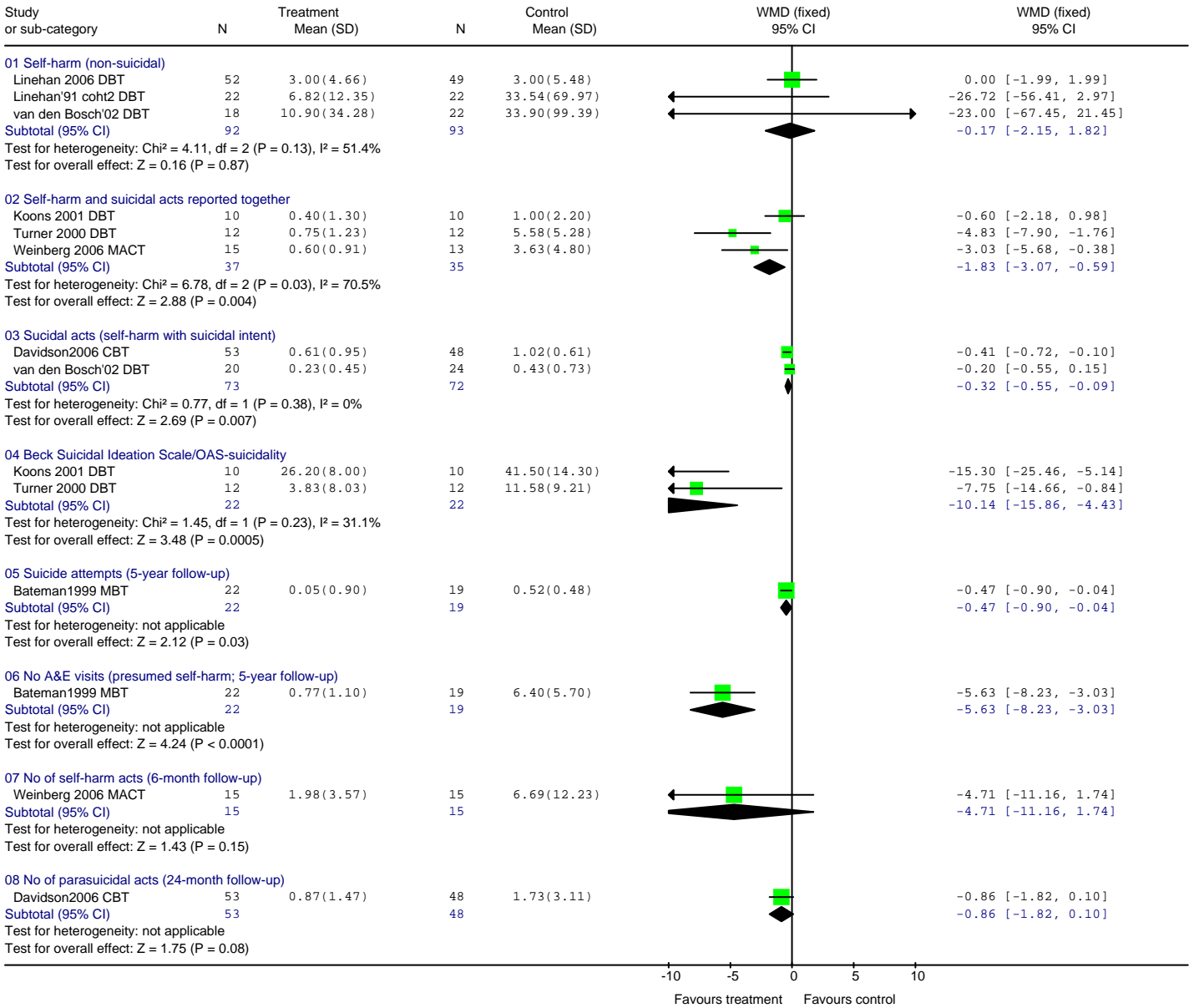
Review: BPD psychology  
 Comparison: 09 Mental distress measures  
 Outcome: 01 Mental distress





**Combo 10.01 all available trials: self-harm and suicide-related measures (continuous)**

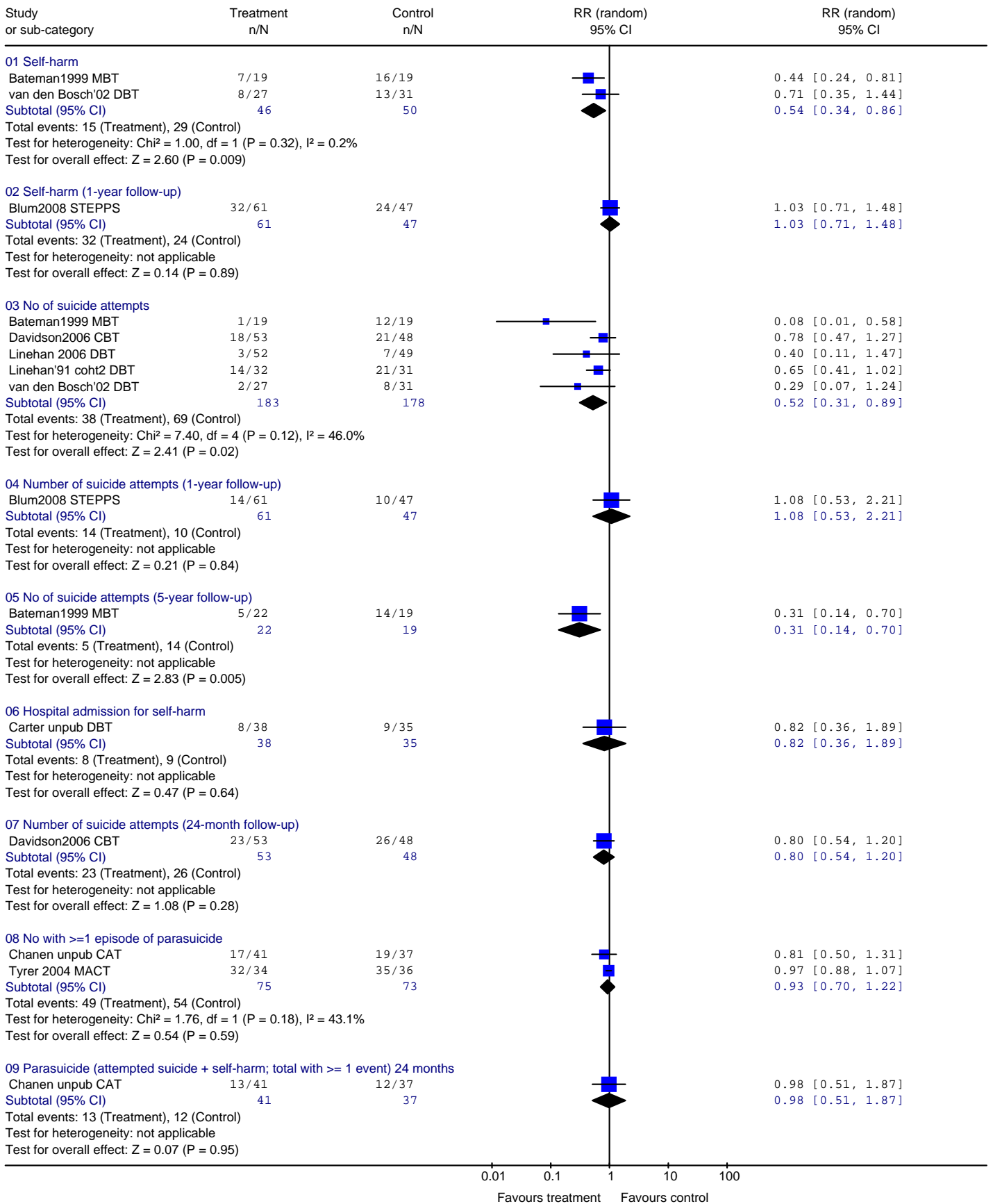
Review: BPD psychology  
 Comparison: 10 Self-harm and suicide-related measures  
 Outcome: 01 Self-harm and suicide-related outcomes



**Combo 10.02 all available trials: self-harm and suicide-related measures (dichotomous)**

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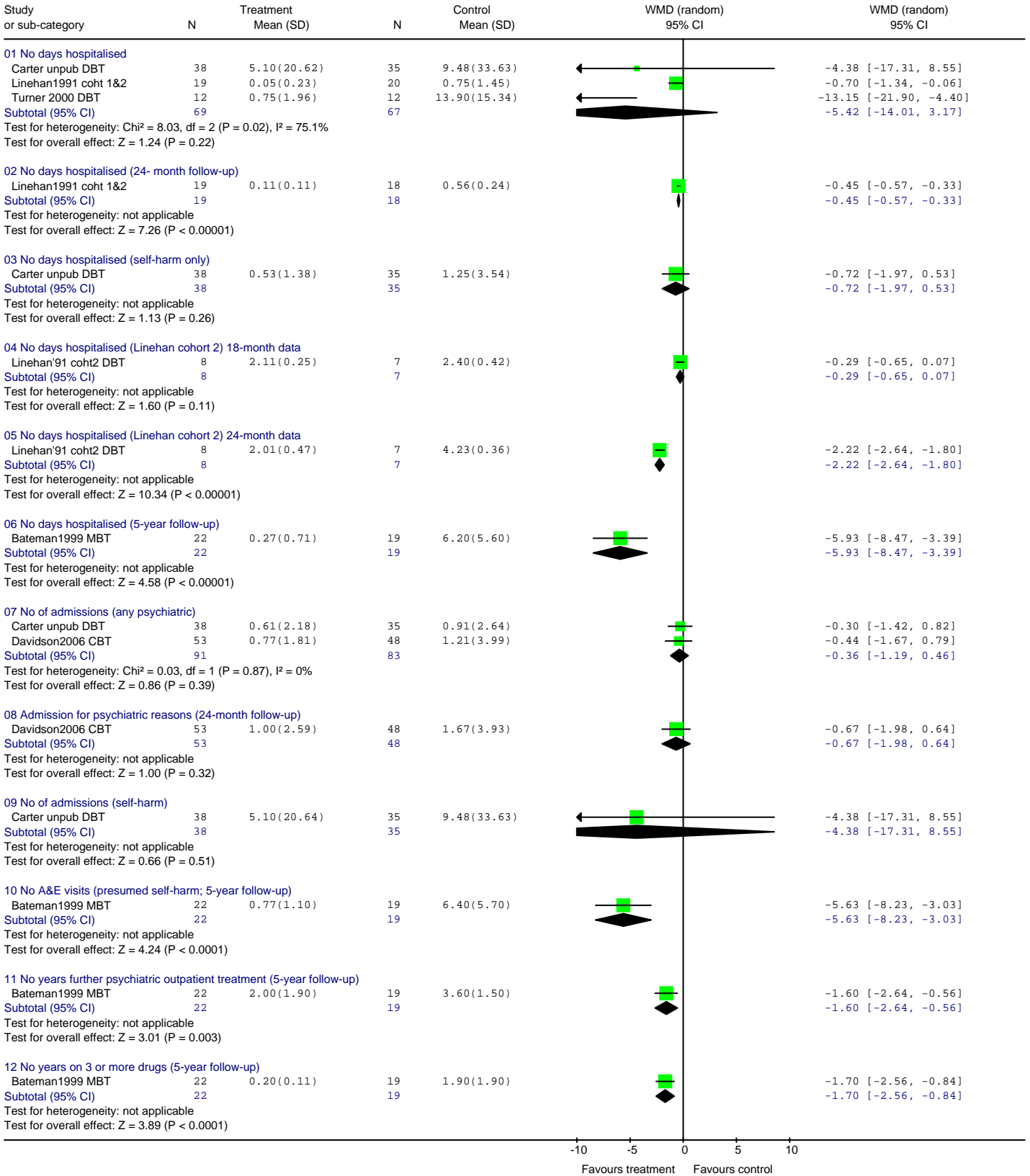
Review: BPD psychology  
 Comparison: 10 Self-harm and suicide-related measures  
 Outcome: 02 Self-harm outcomes (dichotomous)



**Combo 11.01 all available trials: service use measures - admissions**

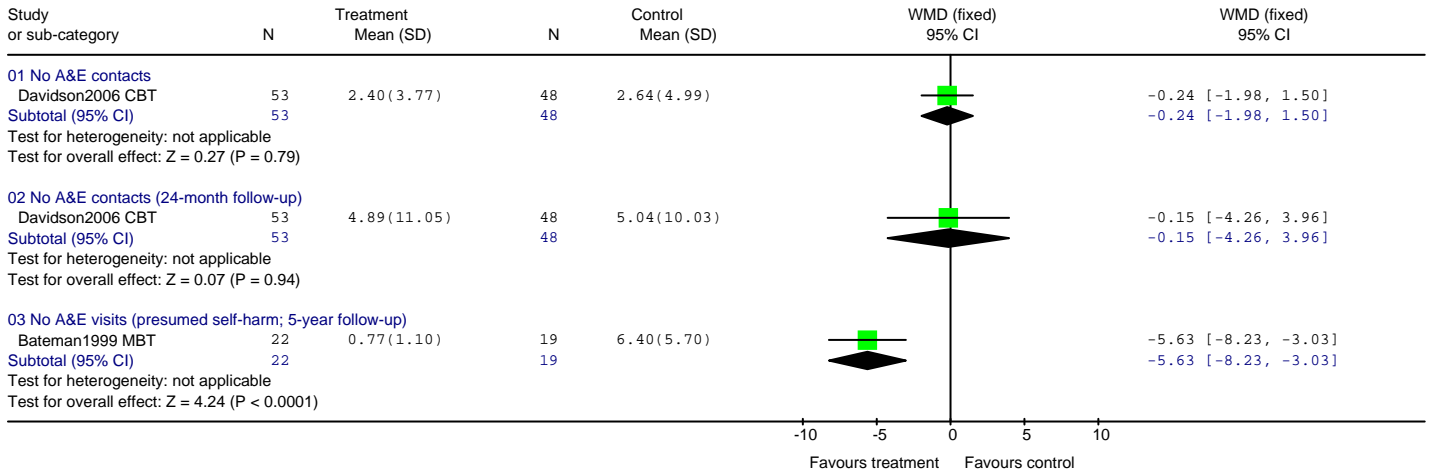
# DRAFT FOR CONSULTATION

Review: BPD psychology  
 Comparison: 11 Service use measures  
 Outcome: 01 Admissions



**Combo 11.02 all available trials: service use measures – emergency department use**

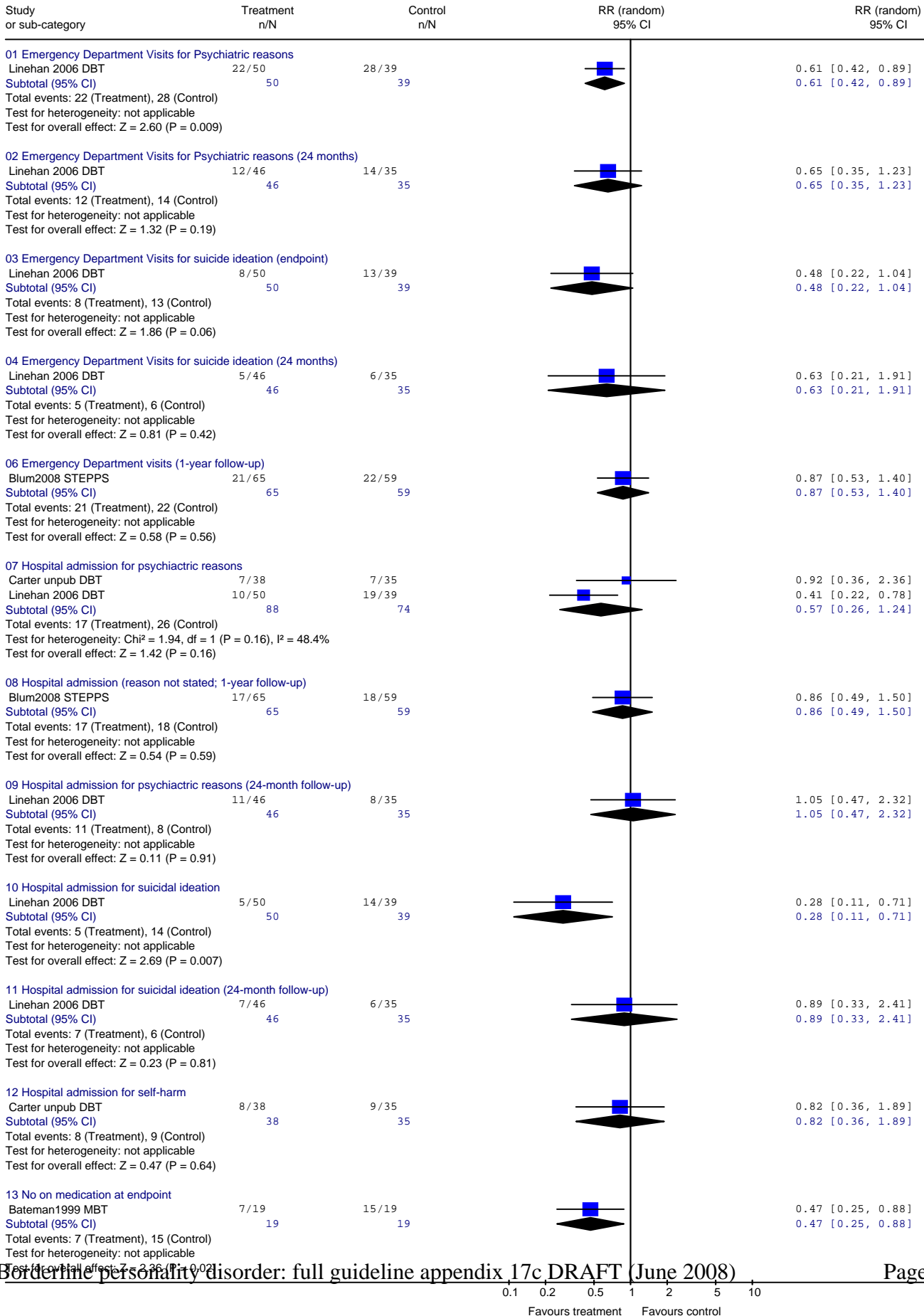
Review: BPD psychology  
 Comparison: 11 Service use measures  
 Outcome: 02 Emergency department use



**Combo 11.03 all available trials: service use measures (other, dichotomous)**

# DRAFT FOR CONSULTATION

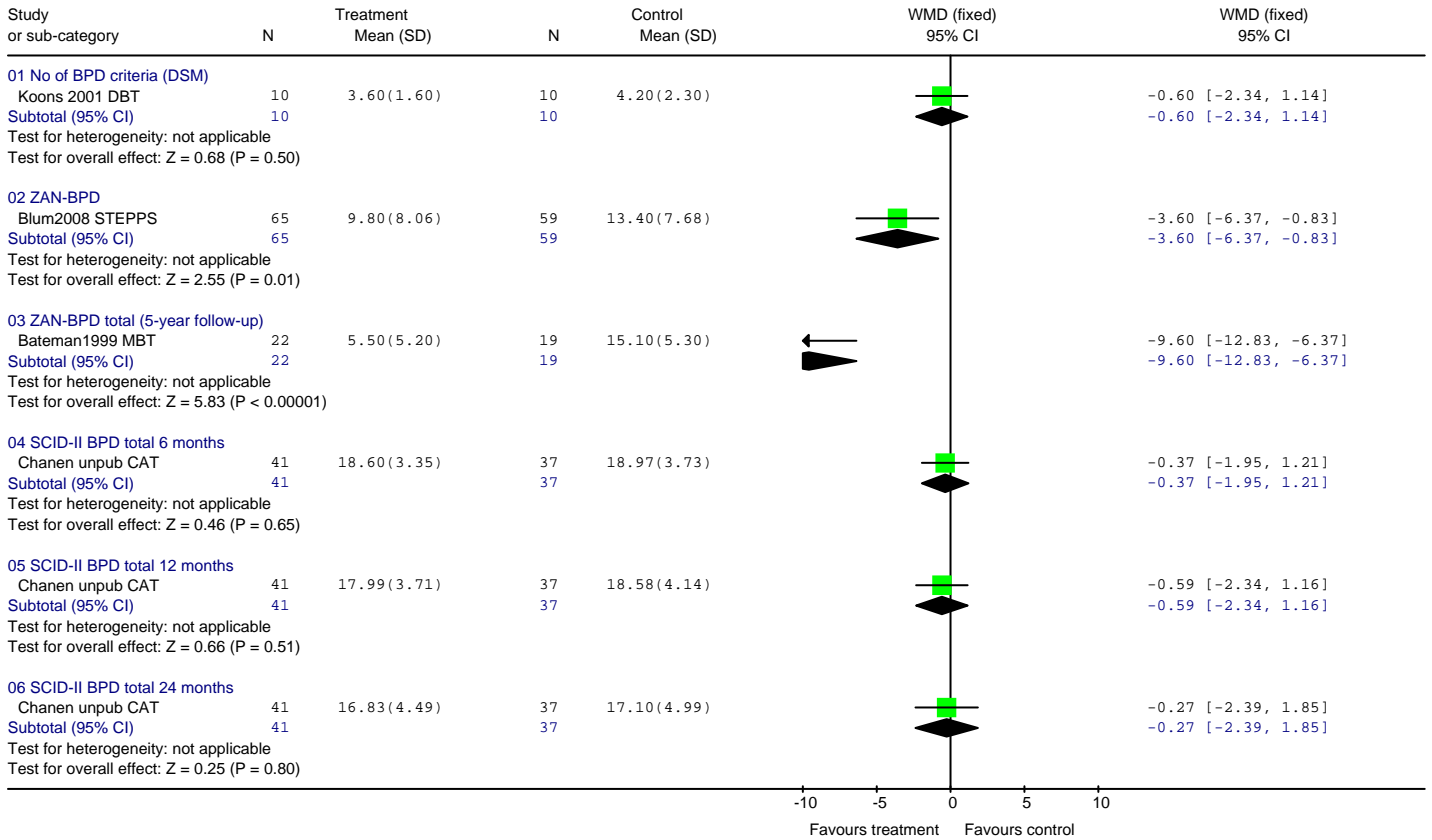
Review: BPD psychology  
 Comparison: 11 Service use measures  
 Outcome: 03 Service use outcomes (dichotomous)





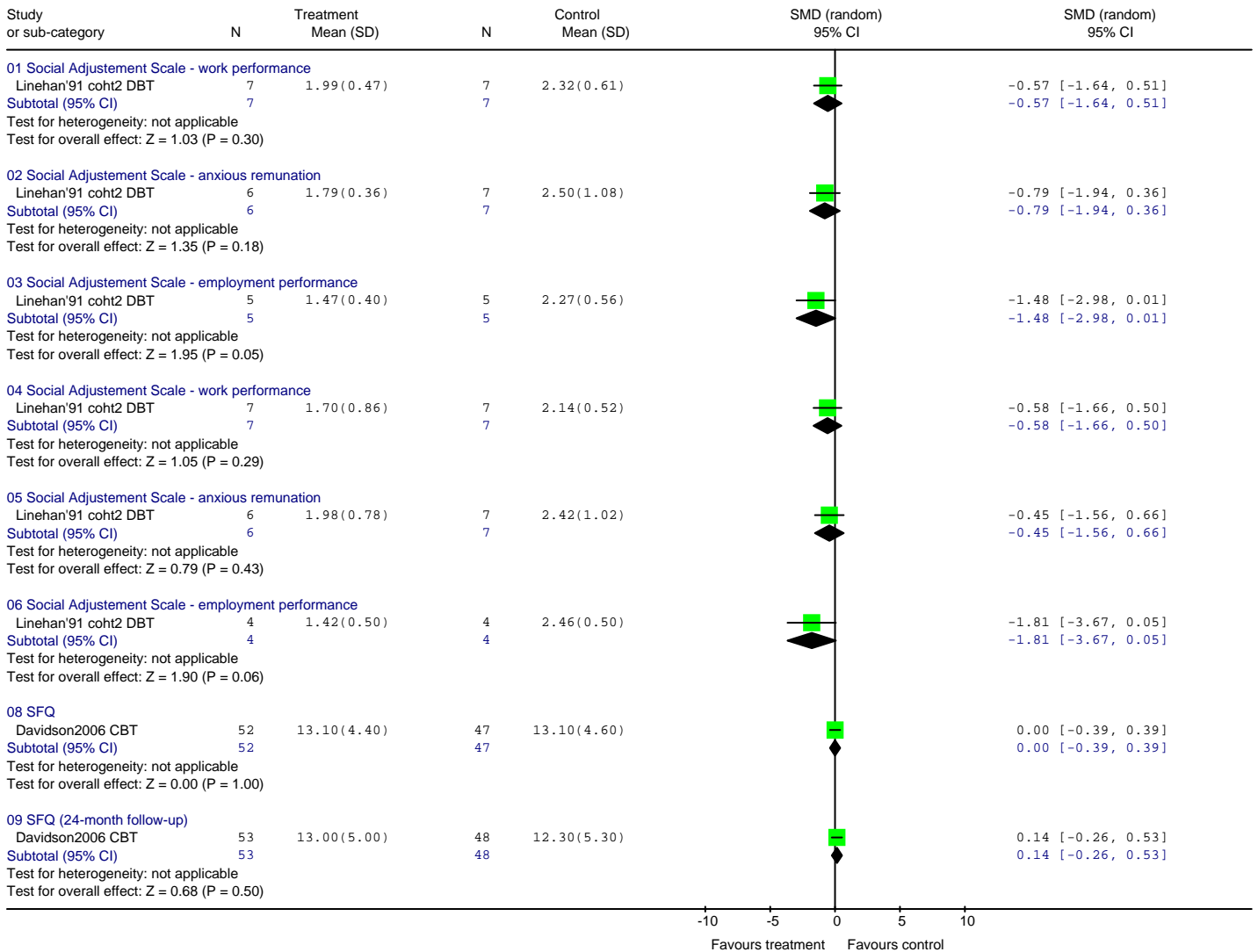
### Combo 12.01 all available trials: BPD symptoms

Review: BPD psychology  
 Comparison: 12 BPD symptoms  
 Outcome: 01 BPD symptoms



### Combo 13.01 all available trials: social functioning measures

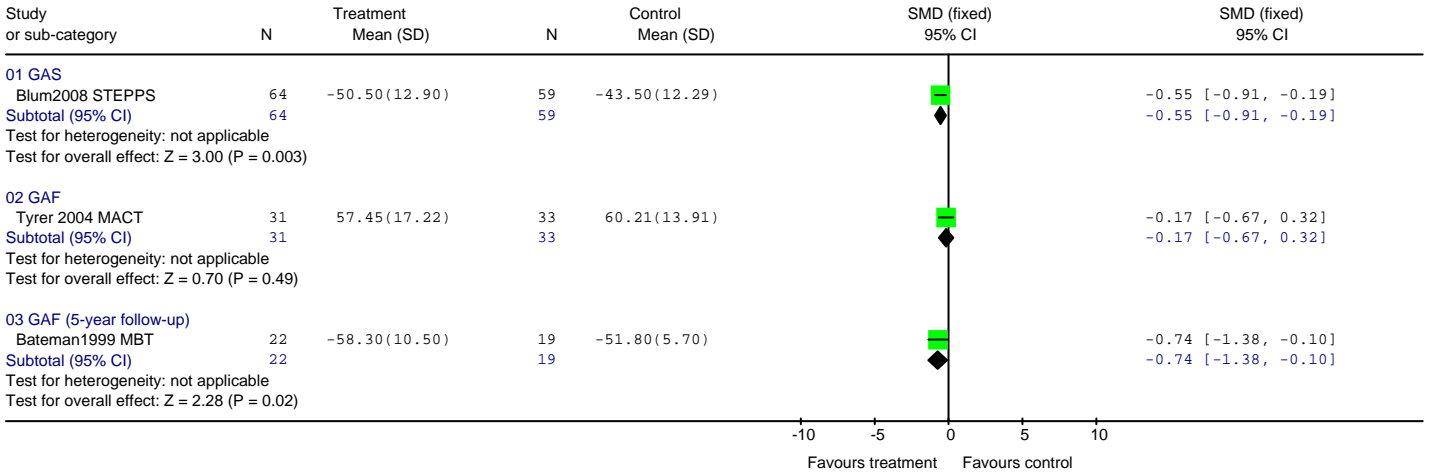
Review: BPD psychology  
 Comparison: 13 Social functioning measures  
 Outcome: 01 Social functioning



### Combo 14.01 all available trials: general functioning measures

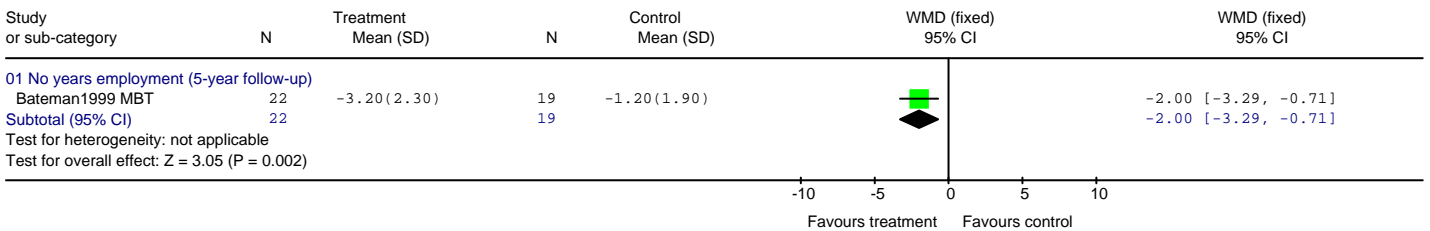
# DRAFT FOR CONSULTATION

Review: BPD psychology  
 Comparison: 14 General functioning measures  
 Outcome: 01 General functioning



## Combo 15.01 all available trials: employment-related measures

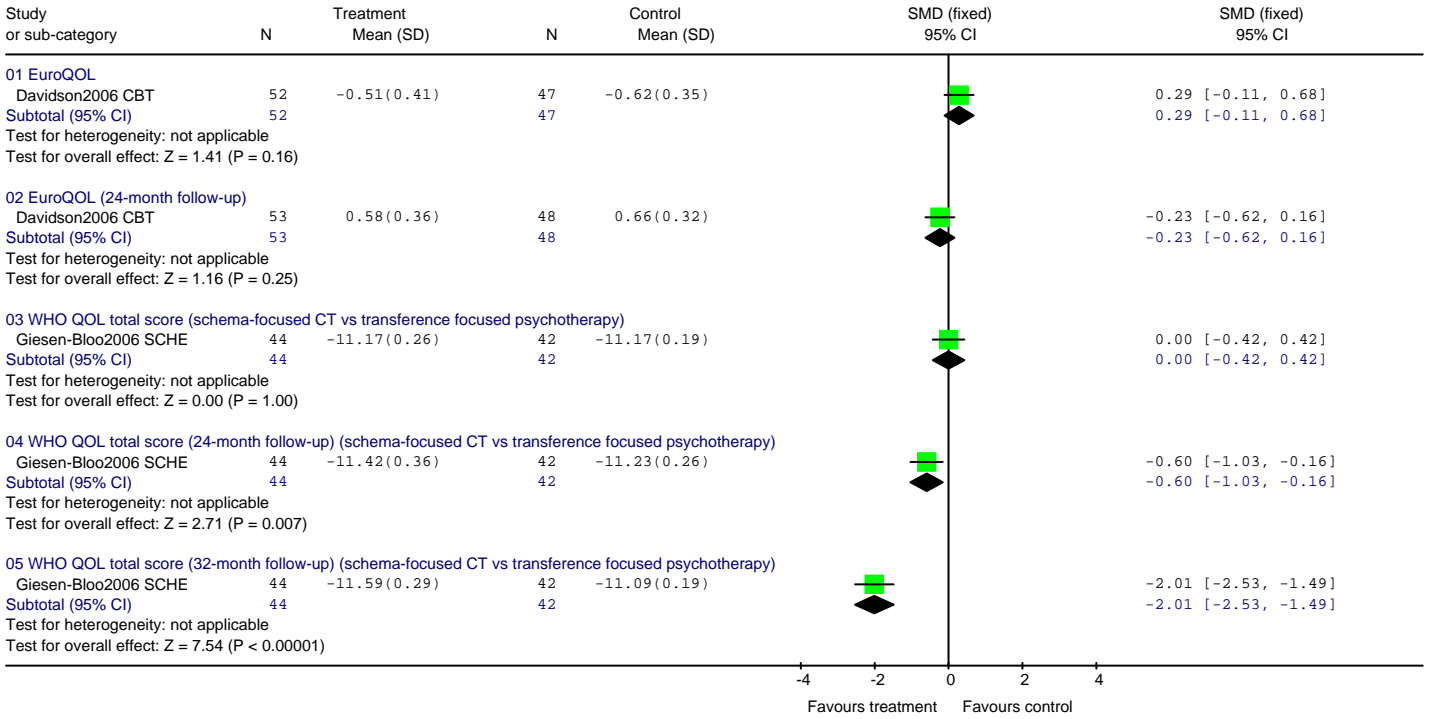
Review: BPD psychology  
 Comparison: 15 Employment-related outcomes  
 Outcome: 01 Employment-related outcomes



## Combo 16.01 all available trials: quality of life measures

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Review: BPD psychology  
 Comparison: 16 Quality of life measures  
 Outcome: 01 Quality of life measures



Combo 17.01 all available trials: acceptability and tolerability measures

Review: BPD psychology  
 Comparison: 17 Acceptability and tolerability measures  
 Outcome: 01 Acceptability and tolerability outcomes

