

## Depression in Chronic Physical Health Problems Guideline Development Group Meeting

**Date and Time:** Wednesday 28 May 2008, 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists' Research and Training Unit  
6<sup>th</sup> Floor Standon House  
21 Mansell Street  
London  
E1 8AA

**Present:** **GDG members**

David Goldberg (Chair)  
Neil Andrews  
Francis Creed  
Chris Dowrick  
Gwyn Grout  
Mark Haddad  
John Hindle  
David Kessler  
James Lindesay  
Margaret Ogden  
Jonathan Packham  
David Taylor  
Nicky Thomas

**Experts**

None

**In attendance:**

NCCMH Staff: Steve Pilling  
Victoria Bird  
Nick Meader  
Suffiya Omarjee  
Maria Rizzo

NICE staff: None

Observers: None

1. David Goldberg (the Chair) introduced Neil Andrews as a new member to the GDG, and informed the group that Annie Bishop has had to withdraw as a GDG member. Apologies were received from Ryan Li, Jonathan Packham and Steve Wilcox.
2. No new personal specific, personal non-specific, non-personal specific or non-personal non-specific interests were declared.
3. Margaret Ogden reported having had a teleconference with Steve Pilling and Ryan Li to discuss service-user related issues.
4. David Kessler and Nick Meader presented a brief overview of the outcomes from the recent Case Identification topic group, including:
  - Meta-analysis of how well various depression screening tools performed
  - Identifying remaining issues to be resolved by the topic group, such as for which populations is screening most appropriate.
5. Steve Pilling reminded the group that external publications resulting from the work of this guideline are subject to NICE and NCCMH rules on authorship, which each member agreed to as a condition of joining the GDG.
6. David Taylor talked through his draft paper on antidepressant drug interacts, which was circulated to the group. The GDG felt that from this work, a table could be generated listing major physical health conditions, and antidepressants to prefer or avoid accordingly, which could prove useful for clinicians.
7. Suffiya Omarjee presented the draft health economic (HE) plan, and explained the rationale behind prioritising topic areas, and how the feasibility of certain analyses may be determined by the availability of suitable data. The GDG decided that models of care should be upgraded from low to medium priority for HE analysis. Suffiya Omarjee will revise the HE plan and seek the GDG's final sign-off, then submit the plan to NICE.
8. Steve Pilling discussed the responsibility of the GDG in terms of writing the guideline, including the following chapters:
  - Introduction
  - Methods
  - Service user and carer experiences
  - Evidence chapters
  - Recommendations.
9. The Psychology topic group convened, and Maria Rizzo presented an in-progress review of the evidence for cognitive behaviour therapy (CBT).
10. The Pharmacology topic group convened, and Victoria Bird presented an in-progress review of the evidence for fluoxetine.
11. Date, time and venue of the next meeting: Wednesday 16 July, 10.30am – 4pm, Royal College of Psychiatrists' Research and Training Unit, Aldgate, London