

## Depression in Chronic Physical Health Problems Guideline Development Group Meeting

**Date and Time:** Tuesday 4<sup>th</sup> March 2008, 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists' Research and Training Unit  
6<sup>th</sup> Floor Standon House  
21 Mansell Street  
London  
E1 8AA

**Present:** **GDG members**

David Goldberg (Chair) (DG)  
Francis Creed (FC)  
Chris Dowrick (CD)  
Gwyn Grout (GG)  
Mark Haddad (MH)  
John Hindle (JH)  
David Kessler (DK)  
James Lindesay (JL)  
Margaret Ogden (MO)  
Jonathan Packham (JP)

### **Experts**

None

**In attendance:**

NCCMH Staff: Victoria Bird (VB)  
Rachel Burbeck (RB)  
Ryan Li (RL)  
Ifigeneia Mavranezouli (IM)  
Nick Meader (NM)  
Steve Pilling (SP)  
Mario Rizzo (MR)  
Beth Shackleton (BS)  
Sarah Stockton (SS)

NICE staff: None

Observers: None

## Notes

1. DG welcomed the group to the second meeting of this GDG and introduced Steve Wilcox, occupational psychologist. Apologies were received from Annie Bishop and Nicky Thomas.
2. All members present declared no new personal specific, personal non-specific, non-personal specific or non-personal non-specific interest in the development of this guideline, except DG who declared a new personal, pecuniary interest; he was recently appointed as a consultant to Ultrasys, to provide advice on computerised CBT.
3. The minutes of the last meeting were agreed as a true and accurate account.
4. The recruitment of a carer member for the GDG is ongoing.
5. Nick Meader explored with the GDG the areas for possible clinical questions, such as: methods of and populations for identification; models of care; access; psychological /psychosocial interventions; pharmacological interventions; interactions and adverse events; managing side effects; inadequate treatment response; atypical depression; therapeutic drug monitoring; adherence and physical health outcomes.
6. The GDG discussed the use of unpublished studies.
7. SS gave a presentation on the techniques and search strategies used to locate studies systematically.
8. NM presented an overview of physical health populations and outcomes, and the prevalence of depression.
9. The GDG discussed the difficulties in classifying depression in those with chronic health problems.
10. The GDG discussed how the guideline would be structured.
11. The GDG decided how the group would be split to form three topic working groups to discuss:
  - service configuration
  - psychology
  - pharmacology
12. IM presented an introduction to health economics.
13. Date, time and venue of the next meeting: Wednesday 16<sup>th</sup> April, 10.30am – 4pm, Royal College of Psychiatrists' Research and Training Unit, Aldgate, London