

Depression in Chronic Physical Health Problems Guideline Development Group Meeting

Date and Time: Tuesday 22nd January 2008, 10.30am – 3pm

Minutes: Confirmed

Place: The Royal College of Psychiatrists' Research and Training Unit
6th Floor Standon House
21 Mansell Street
London
E1 8AA

Present: **GDG members**

David Goldberg (Chair) (DG)
Francis Creed (FC)
Chris Dowrick (CD)
Gwyn Grout (GG)
Mark Haddad (MH)
John Hindle (JH)
David Kessler (DK)
James Lindesay (JL)
Margaret Ogden (MO)
Jonathan Packham (JP)
David Taylor (DT)
Nicky Thomas (NT)

Experts

None

In attendance:

NCCMH Staff: Sarah Hopkins – Present for notes 1 – 8
Ryan Li
Nick Meader
Steve Pilling
Sarah Stockton - Present for notes 9 – 16

NICE staff Christine Sealey – Present for notes 7 – 8
Victoria Thomas – Present for notes 1 – 8

Observers: None

Notes

1. DG welcomed the group to the first meeting of this GDG. Apologies were received from Annie Bishop.
2. Steve Pilling explained the principles and practicalities surrounding declarations of interest. All members present declared no new personal specific, personal non-specific, non-personal specific or non-personal non-specific interest in the development of this guideline, except FC who declared a new personal, pecuniary interest: he has given talks sponsored by an educational grant from Eli Lilly.
3. Victoria Thomas presented an overview of the role of the Patient and Public Involvement Programme at NICE.
4. Victoria Thomas also provided an update on the ongoing recruitment of a carer member, and invited the GDG's input in this process.
5. Steve Pilling gave a presentation on the development of NICE guidelines, the scoping process, the process from clinical question to forming recommendations and the various products produced.
6. Steve Pilling explained the role of service users and carers in the GDG.
7. Christine Sealey, guidelines commissioning manager at NICE, was introduced and presented on the role of NICE, the Clinical Guideline Programme and the guideline development process (key phases and products). CS also highlighted confidentiality issues and briefed the GDG on how to deal with stakeholder and media communications.
8. The GDG discussed key stakeholders that might be actively involved in implementation, and it was agreed that the full list of stakeholders be made available to the GDG.
9. Steve Pilling gave an overview of the previous Depression guideline, including the evidence reviewed, the recommendations made, and the rationale behind the current guideline.
10. The GDG then discussed the current guideline scope in detail, including issues such as:
 - Identification and diagnosis
 - Primary and secondary care settings
 - Specific physical health conditions
 - Outcomes: scales, compliance, quality of life, impact on the physical illness
 - Depression as a side effect of treatment
 - Drug interactions.
11. The chair set out a plan of action for upcoming GDG meetings, and invited the group to consider clinical questions and to keep aware of new and ongoing research.
12. Nick Meader gave a presentation on meta-analysis and GRADE (a system for grading the quality of evidence).
13. Date, time and venue of the next meeting: Tuesday 4th March, 10.30am – 4pm, Royal College of Psychiatrists' Research and Training Unit, Aldgate, London