

Devices for remote monitoring of Parkinson's disease

Information for the public

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NICE has said that devices for remote monitoring of Parkinson's disease can be offered to people with Parkinson's disease.

The recommended devices are:

- Kinesia 360
- KinesiaU
- PDMonitor
- Personal KinetiGraph (PKG)
- STAT-ON.

When choosing which device to use, your doctor should think about what each device can do and how they might particularly suit you. You should also get help to set up and work the device if you need it.

The devices can monitor and record your symptoms over several days while you're at home, to help work out if you need changes to your care. They can also help with discussions between you and your doctor, and with carers.

Because they allow your symptoms to be recorded while you're at home it might mean you do not have to go to the clinic as often.

The NHS has been asked to gather more information about how using these devices affects the health and quality of life of people with Parkinson's disease and their carers.

Is this treatment right for me?

Your healthcare professionals should give you clear information, talk with you about your options and listen carefully to your views and concerns. Your family can be involved too, if you wish. Read more about [making decisions about your care](#).

Questions to think about

- How well do the devices work compared with other ways of checking for symptoms?
- Are there any risks or side effects?
- What happens if I do not want to use one of these devices?
- Who gets the information from the device and how will that change my care? Does anyone else have access to it?
- How long and how often do I have to wear it for?

Information and support

The [NHS website](#) may be a good place to find out more.

These organisations can give you advice and support:

- [Parkinson's UK](#), 0808 800 0303
- [Cure Parkinson's](#), 0207 487 3892

You can also get support from your local [Healthwatch](#).

NICE is not responsible for the quality or accuracy of any information or advice provided by these organisations.

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