
Myalgic encephalomyelitis (or encephalopathy)/chronic fatigue syndrome: diagnosis and management

Roundtable discussion - Agenda

18th October 2021 – 14:00-17:00

Thames Room, 2nd Floor 2 Redman Place, London, E20 1JQ

Chair:

Carol Black Roundtable Chair

External attendees:

25% M.E. Group
Academy of Medical Royal Colleges
Action for ME
British Association for CFS/ME
Chartered Society of Physiotherapy
Forward-M.E.
#ME Action
The ME Association
ME Research UK
The ME Trust
NHS England & NHS Improvement
Royal College of General Practitioners
Royal College of Occupational Therapists
Royal College of Paediatrics and Child Health
Royal College of Physicians
Royal College of Psychiatrists
Science for ME
Tymes Trust

NICE & Guideline developer attendees:

Gillian Leng	Chief Executive
Paul Chrisp	Director, Centre for Guidelines
Christine Carson	Programme Director, Centre for Guidelines
Peter Barry	ME/CFS Guideline Chair
Iloria Finlay	ME/CFS Guideline Vice Chair
Kate Kelley	Developer Guideline Lead
Philip Alderson	Clinical Adviser
Toni Tan	Technical Adviser
Rupert Franklin	Senior Guideline Commissioning Manager
Rebecca Smith	Associate Director External Communications
Helen Finn	Senior Communications Manager
Philip Ranson	Media Relations Manager

National Institute for Health and Care Excellence

Objectives:

- To set out NICE’s approach to developing the ME/CFS guideline.
- To discuss and understand the concerns that have been raised regarding the guideline.

Agenda Item	Title	Lead
1	<p><u>Welcome</u></p> <ul style="list-style-type: none"> • Introductions • Aims and objectives of the meeting • Code of conduct for the meeting 	Chair
2	<p><u>Principles of guideline development</u></p> <ul style="list-style-type: none"> • Overview of NICE’s guideline development process 	Paul Chrisp
3	<p><u>Guideline Summary</u></p> <ul style="list-style-type: none"> • Summary of the content of the guideline • Explanation of the rationale behind some key recommendations • Methodological approach 	Peter Barry
4	<u>Diagnosis</u>	
5	<u>Graded Exercise Therapy</u>	
	Break	
6	<u>Children and young people</u>	
7	<u>Cognitive Behavioural Therapy</u>	
8	<p><u>Next Steps</u></p> <ul style="list-style-type: none"> • Summary of the next steps following the roundtable discussion 	Paul Chrisp
9	<p><u>Summary of discussion and any other business</u></p> <ul style="list-style-type: none"> • Summary of the discussion • AOB 	Chair All