

**Rehabilitation for chronic neurological disorders (including acquired brain injury)**
**Meeting 25**
**Date:** 8<sup>th</sup> May 2024

**Location:** Virtually via Zoom

**Minutes:** Final

<b>Committee members present:</b>	
Ian Bernstein (Chair)	Present for items 1 – 6
Rachel Keetley (Topic Advisor)	Present for items 1 – 6
Emer McGilloway (Topic Advisor)	Present for items 1 – 6
Parashar Ramanuj (Topic Advisor)	Present for items 2 – 6
Sue Williams	Present for items 1 – 6
Yvonne Pettigrew	Present for items 1 – 6
Teresa Clark	Present for items 1 – 6
Jacqueline Dean	Present for items 4 – 6
Mark Holloway	Present for items 1 – 6
Caroline Jones	Present for items 1 – 5
Gaby Parker	Present for items 1 – 5
Jenny Jim	Present for items 1 – 6
Joanne Powell	Present for items 2 – 6
Geraldine (Gerry) Roxburgh	Present for items 4 – 6
Lisa Bunn	Present for items 2 – 6

<b>In attendance:</b>		
Lisa Boardman	Guideline Lead	Present for items 1 – 6
Hayley Shaw	Project Manager	Present for items 1 – 2
Jen Francis	Project Manager	Present for items 1 – 6
Jen Francis	Senior Systematic Reviewer	Present for items 1 – 6
Alice Navein	Systematic Reviewer	Present for items 5 – 6
Kelly Williams	Systematic Reviewer	Present for items 1 – 6
Eric Slade	Senior Health Economist	Present for items 1 – 6
Clifford Middleton	Guideline Commissioning Manager	Present for items 4 – 6
Joanna Perkin	Senior Medical Editor	Present for items 1 – 6
Charlie Fairhurst	Clinical Advisor	Present for items 1 – 6

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<b>Apologies:</b>	
Ted Barker	Systematic Reviewer
Tim Reeves	Information Scientist
Maroulla Whiteley	Resource Impact Lead
Jill Kings	Occupational therapist
Rachel Farrell	Neurologist
Jane Williams	Topic Advisor
Nicholas Behn	Speech and language therapist
Nassif Mansour	GP
Hamise Smith	Dietician

### 1. Welcome and objectives of the meeting

The Chair welcomed the committee members and attendees to the 25<sup>th</sup> Guideline Committee meeting on rehabilitation for chronic neurological disorders (including acquired brain injury).

The Chair informed the committee that apologies had been received, as noted above.

### 2. Confirmation of matter under discussion and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was rehabilitation for chronic neurological disorders (including acquired brain injury).

The Chair asked everyone to verbally declare any interests that have risen since the last meeting. The below declarations were made:

Name	Role	Type of interest	Description of interest	Relevant dates			Comments
				Interest arose	Interest declared	Interest ceased	
Dr Ian Bernstein	Chair	Direct – non-financial professional and personal interests	<p>I am volunteering as a medic with Raleigh International from January to April 2025 in Costa Rica.</p> <p>Raleigh International is a trading name of Rayleigh Expedition Ltd. I will be supporting Raleigh's purpose to "provide the platforms and opportunities for young people to establish themselves and become global citizens, inspired to take an active role in their</p>	19.01.2025	05.05.2024	23.04.2025	<p>Declare and participate.</p> <p>Rationale: Not specific to the guideline.</p>

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			<p>community and work with others to make our planet more equal, fair, and sustainable.”</p> <p>Raleigh International are providing my accommodation and food. The work is not paid.</p>				
Dr Ian Bernstein	Chair	Direct – non-financial professional and personal interests	<p>I peer-reviewed an article submitted to the British Journal of General Practice: “Effectiveness of Routine Measurement of Health-Related Quality of Life in Improving the Patient-reported Outcomes in Patients with Chronic Knee and Back Problems – A Randomised Controlled Trial”. The article is about chronic musculoskeletal back and knee pain. If the article is published, my review may appear on BJGP Open.</p>	01.05.2024	05.05.2024	01.05.2024	<p>Declare and participate.</p> <p>Rationale: Not specific to the guideline.</p>
Ms Teresa Clark	Committee member	Direct – non-financial professional and personal interests	<p>Gave talk at Dental Conference about the use of botulinum neurotoxin for oromandibular indications (i.e. dystonia and sialorrhea).</p> <p>Unpaid, no benefits.</p>	27.02.2024	08.05.2024	27.02.2024	<p>Declare and participate.</p> <p>Rationale: There is some potential overlap with the guideline in that use of botulinum toxin may be referenced in the guideline in the context of rehabilitation. Benefit of expertise likely to</p>

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							outweighs risks.
Ms Teresa Clark	Committee member	Direct – non-financial professional and personal interests	Ran course for PTs and OTs at the RHN on spasticity and contracture management.  Unpaid, no benefits.	12.03.2024	08.05.2024	13.03.2024	Declare and participate.  Rationale: Partially specific to the guideline but unlikely to influence recommendation development and benefits outweigh the risks.
Ms Teresa Clark	Committee member	Direct – non-financial professional and personal interests	Taught 2 days at the University of Bern, Switzerland – spasticity and contracture management (PT MSc programme)  Unpaid, no benefits.	26.03.2024	08.05.2024	27.03.2024	Declare and participate.  Rationale: Partially specific to the guideline but unlikely to influence recommendation development and benefits outweigh the risks.
Ms Teresa Clark	Committee member	Direct – non-financial professional and personal interests	Ran course for PTs and OTs at the Tadworth Childrens trust on spasticity and contracture management.  Unpaid, no benefits.	16.04.2024	08.05.2024	17.04.2024	Declare and participate.  Rationale: Partially specific to the guideline but unlikely to influence recommendation development and benefits outweigh the risks.
Ms Teresa Clark	Committee member	Direct – non-financial professional	Supported by Merz (Xeomin) to attend	23.04.2024	08.05.2024	23.04.2024	Declare and participate.

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		al and personal interests	cadaveric ultrasound training in Manchester.  Travel, accommodation funded.				Rationale: Partially specific to the guideline but unlikely to influence recommendation development and benefits outweigh the risks.
Ms Teresa Clark	Committee member	Direct – non-financial professional and personal interests	Ran course for OTs at KCL on spasticity and contracture management.  Unpaid, no benefits.	24.04.2024	08.05.2024	26.04.2024	Declare and participate.  Rationale: Partially specific to the guideline but unlikely to influence recommendation development and benefits outweigh the risks.
Ms Teresa Clark	Committee member	Direct – non-financial professional and personal interests	Chapter to be published in 'The Student Physiotherapist's Companion: A Case-Based Test-Your-Knowledge Guide' on prolonged disorders of consciousness	End of 2024	08.05.2024	Ongoing	Declare and participate.  Rationale: May be partially specific to the guideline but benefits outweigh the risks and the guideline recommendations are not specific about rehabilitation for people experiencing disorders of consciousness
<b>3. Minutes of last meeting</b>							

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<p>The Chair asked the committee to confirm the minutes of GC23 and GC24. The committee confirmed the minutes were accurate.</p>
<p><b>4. Morning presentations</b></p>
<p>The Chair introduced Lisa Boardman, Guideline Lead, who took the committee through reviewing draft recommendations for 4.5: What is the effectiveness of interventions and approaches for improving and sustaining emotional health and mental wellbeing?</p> <p>The Committee was quorate at 10.05am.</p> <p>The committee reviewed the recommendations and discussed any changes to be made.</p>
<p><b>5. Afternoon presentations</b></p>
<p>The Chair re-introduced Lisa Boardman, Guideline Lead, who took the committee through reviewing draft recommendations for 4.1: What is the effectiveness of approaches for improving or maintaining independence in activities of daily living?</p> <p>The committee reviewed the recommendations and discussed any changes to be made.</p>
<p><b>6. Any other Business</b></p>
<p>The Chair closed the meeting at 16:30.</p>

**Location and date of next meeting:**

Virtual via Zoom, Friday 10<sup>th</sup> May 2024.