

## Weight management guideline committee 13 meeting minutes

### Weight Management Guideline Update – Committee Meeting 13 – Day 1

**Date:** 17/04/2023

**Location:** Virtual

**Minutes:** Final

<b>Committee members present:</b>		
Marie Burnham (MB – Chair)		Present for notes 1 – 7
Kate Anderson		Present for notes 1 – 7
Margaret Ashwell		Present for notes 1 – 7
Nivedita Aswani		Present for notes 2 – 7
Sarah Britton		Present for notes 4 – 7
Twane Celliers		Present for notes 1 – 3
Preetpal Doklu		Present for notes 1 – 7
Julian Hamilton-Shield		Present for notes 1 – 7
Lisa Hodgson		Present for notes 1 – 7
Alex Miras		Present for notes 1 – 7
Grace O'Malley		Present for notes 1 – 7
Helen Parretti		Present for notes 1 – 7
Samantha Scholz		Present for notes 1 – 7
Billy White		Present for notes 2 – 7

<b>NICE Team in attendance:</b>		
Victoria Axe	Guideline Commissioning Manager	Present for notes 1 – 7
Keona Bennet	Administrator	Present for note 1
Susie Burlace (SB)	Medical Editor	Present for notes 1 – 7
Jackie Durkin	Administrator	Present for notes 1 – 7
Anthony Gildea (AG)	Technical Analyst	Present for notes 1 – 7
Jon Littler (JL)	Project Manager	Present for notes 1 – 7
Suzi McFall	Public Health Registrar	Present for note 6
Caroline Mulvihill (CM)	Technical Adviser	Present for notes 1 – 7
Lesley Owen	Scientific Adviser	Present for notes 1 – 7
Shreya Shukla (SS)	Senior Technical Analyst	Present for notes 1 – 7
Miaoqing Yang (MY)	Technical Adviser, Health Economics	Present for notes 1 – 7
Michellie Young (MYO)	Technical Analyst	Present for notes 1 – 7

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Apologies:	
Mfon Archibong	Committee Member
Bethan Dorsett	NICE Senior Digital Editor
Phoebe Kalungi	Committee Member
Omar Khan	Committee Member
Sarah le Brocq	Committee Member
Alfredo Mariani	NICE Technical Analyst, Health Economics
Kathryn Melia	Committee Member
Hannah Stockton	NICE Technical Analyst
Laurence Taggart	Committee Member
Suzy Taylor	Committee Member

### 1. Welcome and objectives for the meeting

The Chair, Marie Burnham (MB) welcomed the committee to day 1 of the thirteenth weight management guideline committee meeting and informed the committee of the apologies noted above.

The Chair asked all committee members to verbally declare any interests that have arisen since the last meeting. Julian Hamilton-Shield and Grace O'Malley declared the following new interests:

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Julian Hamilton Shield	Weight management services provider for early years	One-hour paid consultation with Novo Nordisk on Pediatric obesity prevention strategies involving injectable therapies.	Direct Financial	Declare and participate  Rationale: Not specific to the scope of the guideline. We are not reviewing pharmacological interventions
Grace O'Malley	Exercise/Physiotherapist	Savoye M, Nowicka P, Shaw M, Yu S, Dziura J, Chavent G, O'Malley G, Serrecchia JB, Tamborlane WV, Caprio S. Long-term results of an obesity program in an ethnically diverse pediatric population. <i>Pediatrics</i> . 2011 Mar;127(3):402-10. doi: 10.1542/peds.2010-0697. Epub 2011 Feb 7. PMID: 21300674;	Direct non-financial, personal and professional	Declare and participate  Rationale:

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		PMCID: PMC3065145.		
<p>The Chair and development team reviewed these prior to the meeting and noted that the interests declared did not prevent Grace from fully participating in the meeting.</p> <p>Finally, MB and committee members reviewed the minutes from committee meeting 12 and agreed them as an accurate record of the meeting.</p>				
<b>2 – 3. Review question 2.2 – Bariatric surgery referrals</b>				
<p>For the first two agenda items, the Chair introduced Shreya Shukla (SS), Senior Technical Analyst, and Anthony Gildea (AG), Technical Analyst, who guided the committee through the comments we had received from stakeholders during the recent consultation on our bariatric surgery referral recommendations. SS divided the comments into themes, and offered suggestions on how each of the comments should be responded to and how/if the recommendations should be altered. The committee made additional suggestions on changes and responses. The Chair thanked them for their support and moved on to the next item on the agenda.</p>				
<b>4 – 5. Review question 2.3 – Weight management programmes for children and young people</b>				
<p>For the next two agenda items, the Chair introduced Michellie Young (MYO), Technical Analyst, to discuss the clinical evidence, both quantitative and qualitative, supporting the recommendations we will be making on weight management programmes for children. MYO also guided the committee through some of the suggested recommendations that could be drawn from it.</p> <p>After the presentation, the committee were then invited to ask questions on how the evidence was sourced.</p> <p>MYO was then briefly joined by Miaoqing Yang (MY). MY briefly presented the health economic review to the committee, covering the cost effectiveness evidence of weight management programmes for children and young people.</p> <p>MB thanked everyone for their contributions and moved to the next item on the agenda.</p>				
<b>6. Health inequalities discussion and breakout session</b>				
<p>The Chair introduced Suzi McFall (SM), Public Health Registrar, and Lesley Owen (LO), Scientific Adviser. SM briefly discussed the approach we were taking on this guideline to tackling health inequalities, covering the various factors that underpin levels of obesity across the UK and how they can be approached. The committee were then broken into sub-groups to take a brief survey on how this was being approached before MB moved the meeting to the final item of the day.</p>				
<b>7. Next steps and any other business.</b>				
<p>The Chair reminded the committee that the second day of this meeting would be held in person at NICE's London office, as well as remotely on Zoom, on Friday 21 April. All in-person attendees were advised to contact JL if they had any urgent queries regarding their travel or accommodation needs.</p>				

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She then thanked everyone for their attendance and contributions before closing the meeting.

**Date of next meeting:** 21/04/2023

**Location of next meeting:** Virtual and in-person