

Weight management guideline committee 11 meeting minutes

Weight Management Guideline Update – Committee Meeting 11 – Day 1

Date: 28/11/2022

Location: Virtual

Minutes: Final

Committee members present:		
Marie Burnham (Chair)		Present for notes 1 – 7
Kate Anderson		Present for notes 1 – 7
Margaret Ashwell		Present for notes 1 – 7
Nivedita Aswani		Present for notes 1 – 7
Sarah Britton		Present for notes 1 – 7
Preetpal Doklu		Present for notes 1 – 7
Julian Hamilton-Shield		Present for notes 1 – 7
Lisa Hodgson		Present for notes 1 – 7
Phoebe Kalungi		Present for notes 1 – 7
Omar Khan		Present for notes 2 – 7
Sarah le Brocq		Present for notes 1 – 6
Grace O'Malley		Present for notes 2 – 7
Helen Parretti		Present for notes 1 – 7
Samantha Scholz		Present for notes 5 – 7
Suzy Taylor		Present for notes 1 – 7
Billy White		Present for notes 1 – 7

In attendance:		
Victoria Axe	Guideline Commissioning Manager	Present for notes 1 – 7
Susie Burlace (SB)	Content Editor	Present for notes 1 – 7
Annabel Davies (AD)	University of Bristol	Present for notes 1 – 3
Giacomo de Guisa	Technical Analyst	Present for notes 1 – 3
Jeremy Dietz (JD)	NICE Technical Adviser, Health Economics	Present for notes 1 – 7
Julian Higgins (JH)	University of Bristol	Present for notes 1 – 3
Jon Littler (JL)	Project Manager	Present for notes 1 – 7
Faizan Mahmood (FM)	NICE Technical Analyst, Health Economics (Observing)	Present for notes 1 – 7
Alfredo Mariani (AM)	Technical Analyst – Health Economics	Present for notes 1 – 7
Shreya Shukla (SS)	Technical Adviser	Present for notes 1 – 7
Francesca Spiga (FS)	University of Bristol	Present for notes 1 – 3

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Adam Storrow (AS)	Resource Impact Lead	Present for notes 1 – 7
Carolyn Summerbell (CS)	University of Durham	Present for notes 1 – 3
Miaoqing Yang (MY)	Technical Adviser – Health Economics	Present for notes 1 – 7
Michellie Young (MYO)	Technical Analyst	Present for notes 1 – 7
Apologies:		
Rachel Batterham	Committee member	
Keona Bennett	NICE Administrator	
Twane Celliers	Committee Member (co-opted)	
Kate Kelley	Associate Director, Guideline Development Team	
Kathryn Melia	Committee Member	
Laurence Taggart	Committee Member (co-opted)	

1. Welcome and objectives for the meeting

The Chair (MB) welcomed the committee members and NICE attendees to the eleventh weight management guideline committee.

MB then informed the committee that apologies had been received which are noted above.

The Chair asked all committee members to verbally declare any interests that have arisen since the last meeting. The following interests were declared:

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Phoebe Kalungi	Public Health Practitioner	Delivered 'children and young people's nutritional health' training nationally on behalf of the School and Public Health Nurses Association (SAPHNA) – Delivered as part of her role as Community Child Healthy Weight Lead	Direct financial	Declare and participate Rationale: Non-promotional/educational
Phoebe Kalungi	Public Health Practitioner	Delivered a series of national webinars on child and adolescent health for the Institute of Health Visiting – Delivered as part of her role as Community Child Healthy Weight Lead	Direct financial	Declare and participate Rationale: Non-promotional/educational. Not specific to the scope of the guideline

The Chair noted that the interests declared did not prevent the attendees from fully participating in the meeting.

Finally, MB and committee members reviewed the minutes from committee meeting 10 and agreed them as an accurate record of the meeting.

2. Cochrane authors presentation on review question 2.4 – *What are the effectiveness*

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and cost effectiveness of healthy living programmes for preventing overweight or obesity in children and young people?

MB introduced Shreya Shukla who, with assistance from colleagues at the University of Bristol and the University of Durham, gave a further presentation of the clinical evidence for the healthy living programme review question.

With support presentations from Julian Higgins (JH, University of Bristol), Carolyn Summerbell (University of Durham) and their team, SS expanded on the evidence presented to the committee and how this could ultimately impact recommendations.

MB thanked SS and JH for their presentation, and the University writing team for their attendance and support and moved to the next item on the agenda. Staff from the Universities of Bristol and Durham then left the meeting.

3. Review question 2.4 – health economic presentation

Continuing with the healthy living programme discussion, MB introduced Alfredo Mariani (AM), Faizan Mahmood (FM) and Miaoqing Yang (MY) to take the committee through the health economic data they had sifted through for this review question. This concerned various interventions and the costs associated.

After taking questions, MB thanked MY, FM and AM for their presentation and moved to the next item on the agenda.

4. Review question 2.4 – committee discussion

For the last section of discussion on review question 2.4, SS led a conversation on possible recommendations with the committee, taking their suggestions on recommendation wording and structure.

MB thanks the committee for their input, and SS and the team for work.

4. Discussion and recommendation drafting for review question 2.1 – *What referral criteria for bariatric surgery are most effective to achieve weight loss and maintain a healthier weight in adults living with obesity?*

MB introduced SS who led a discussion on the total/partial diet replacement review question. Having already had the evidence presented to them the committee were asked to begin drafting recommendations.

MB thanked MYO and SS for their work and moved to the next item on the agenda.

6. Finalising review question 2.2 – *What referral criteria for bariatric surgery are most effective to achieve weight loss and maintain a healthier weight in adults living with obesity?*

MB re-introduced SS, who led the committee on the final conversation regarding the recommendations on the bariatric review question before the process of preparing it for stakeholder consultation began.

Towards to end of this item, it was agreed that a little more discussion time would be helpful. SS agreed to raise the question again briefly on the second day of the November committee.

MB thanked the committee for their input, and the development team for their work in preparing this review for consultation, and then moved to the final item on the agenda.

7. AOB, Summary and next steps

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MB thanked everyone for their attendance on the first of two days of discussion, reminding them of the second day on Wednesday 30 November 2023, and closed the meeting.

Date of next meeting: 30/11/2022

Location of next meeting: Virtual