

Obesity: identification and classification of obesity (update)

Review Question

NICE guideline xxxx

Review Questions

September 2023

Disclaimer

The recommendations in this guideline represent the view of NICE, arrived at after careful consideration of the evidence available. When exercising their judgement, professionals are expected to take this guideline fully into account, alongside the individual needs, preferences and values of their patients or service users. The recommendations in this guideline are not mandatory and the guideline does not override the responsibility of healthcare professionals to make decisions appropriate to the circumstances of the individual patient, in consultation with the patient and, where appropriate, their carer or guardian.

Local commissioners and providers have a responsibility to enable the guideline to be applied when individual health professionals and their patients or service users wish to use it. They should do so in the context of local and national priorities for funding and developing services, and in light of their duties to have due regard to the need to eliminate unlawful discrimination, to advance equality of opportunity and to reduce health inequalities. Nothing in this guideline should be interpreted in a way that would be inconsistent with compliance with those duties.

NICE guidelines cover health and care in England. Decisions on how they apply in other UK countries are made by ministers in the [Welsh Government](#), [Scottish Government](#), and [Northern Ireland Executive](#). All NICE guidance is subject to regular review and may be updated or withdrawn.

Copyright

© NICE 2023. All rights reserved. Subject to [Notice of rights](#).

Contents

1	Review Questions.....	5
---	-----------------------	---

1 Review Questions*

RQ 1.3 a) What approaches are effective and cost-effective in identifying overweight and obesity in children and young people, particularly those in black, Asian and minority ethnic groups?

RQ 1.3 b) What approaches are effective and cost-effective in identifying overweight and obesity in adults, particularly those in black, Asian and minority ethnic groups?

RQ 1.3 c) What are the barriers and facilitators to identifying overweight and obesity in children and young people, particularly those in black, Asian and minority ethnic groups?

RQ 1.3 d) What are the barriers and facilitators to identifying overweight and obesity in adults, particularly those in black, Asian and minority ethnic groups?

RQ 1.4 a) What approaches are effective and cost-effective in increasing uptake of weight management services in children and young people, particularly those in black, Asian and minority ethnic groups?

RQ 1.4 b) What approaches are effective and cost-effective in increasing uptake of weight management services in adults, particularly those in black, Asian and minority ethnic groups?

RQ 1.4 c) What are the barriers and facilitators to increasing uptake and adherence to weight management services in children and young people, particularly those in black, Asian and minority ethnic groups??

RQ 1.4 d) What are the barriers and facilitators to increasing uptake and adherence to weight management services in adults, particularly those in black, Asian and minority ethnic groups?

RQ 2.1 What is the effectiveness and cost-effectiveness of total or partial diet replacements, intermittent fasting, plant-based and low carbohydrate, in achieving and maintaining weight loss in adults living with overweight or obesity?

RQ 2.3 What intervention components and approaches are effective, cost-effective and acceptable for children and young people living with overweight and obesity?

RQ 2.4 What are the effectiveness and cost-effectiveness of healthy living programmes for preventing overweight and obesity in children and young people?

RQ 2.5 What is the effectiveness, cost-effectiveness and acceptability of psychological approaches to address the counterproductive effect of weight stigma in achieving or maintaining weight loss, or negating the adverse impact of weight stigma, in children, young people and adults?

*Please note, review questions 1.1, 1.2 and 2.2 have already been published on the NICE website – <https://www.nice.org.uk/guidance/cg189/history>