

# NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

## NICE guidelines

### Equality impact assessment

## Maternal and child nutrition: nutrition and weight management in pregnant women, and nutrition in children up to 5 years

The impact on equality has been assessed during guidance development according to the principles of the NICE equality policy.

### **1.0 Checking for updates and scope: before scope consultation (to be completed by the Developer and submitted with the draft scope for consultation)**

1.1 Is the proposed primary focus of the guideline a population with a specific communication or engagement need, related to disability, age, or other equality consideration?

If so, what is it and what action might be taken by NICE or the developer to meet this need? (For example, adjustments to committee processes, additional forms of consultation.)

We will consider how to engage with pregnant women who are harder to reach – for example teenage mothers or those who are not engaged in the NHS system due to cultural background, asylum seekers, or the inability to speak English, for example.

1.2 Have any potential equality issues been identified during the check for an update or during development of the draft scope, and, if so, what are they?

1. Lower socio-economic groups, those living in deprived areas, those experiencing food insecurity and economically vulnerable groups, such as young teenage mothers, refugees and asylum seekers.
2. Age related assumptions, in particular about young teenage mothers and older mothers

3. Women and parents with disabilities, including learning disabilities and other physical and mental health conditions
4. Women going through assisted conception
5. LGBTQ+ women and parents
6. Fathers and others with parental responsibility and partners of mothers
7. Children with developmental problems
8. Geographical variation e.g. places without adequate provision of primary care (outside cities).
9. Different outcomes for some black and minority ethnic groups (e.g. BMI measures)
10. Take account of religious and cultural considerations within the recommendations.

### 1.3 What is the preliminary view on the extent to which these potential equality issues need addressing by the Committee?

1. We will consider the evidence about different outcome measures for some black and minority ethnic groups (e.g. BMI measures)
2. We will look for evidence about interventions that particularly support women, parents, fathers, children and families from lower socio-economic groups, those experiencing food insecurity and economically vulnerable groups.
3. We will make sure the recommendations tackle age related service assumptions, especially around young teenage mothers and older mothers.
4. The recommendations should reflect the diverse circumstances in which women experience pregnancy and weight management issues including religious and cultural considerations, existing physical and mental health conditions, LGBTQ+ women and parents, experience of assisted conception, geographical location and access to primary services.
5. The role of fathers and partners should be considered in the reviews about early years child nutrition and the continuation of breast feeding.

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