

## Maternal and Child Nutrition

### Meeting 9

**Date:** 19<sup>th</sup> December 2022

**Location:** Via Zoom

**Minutes:** FINAL

<b>Committee members present:</b>		
Sarah Jefferies		Present for items 1-7
Kate Maslin		Present for items 1-5
Charlotte Wright		Present for items 1-7
Amanda Avery		Present for items 1- 7
Samantha Ross		Present for items 1-7
Anita Kambo		Present for items 1-7
Ellinor Olander		Present for items 1-7
Amber Marshall		Present for items 1-7
Vivien Swanson		Present for items 1-3
Shereen Fisher		Present for items 1-7
Victoria Sibson		Present for items 1-7
Lucilla Poston		Present for items 1-7
Catherine McParlin		Present for items 1-7

<b>In attendance:</b>		
Lisa Boardman	Guideline Lead	Present for items 1-7
Eva Gonzalez-Viana	Systematic Reviewer	Present for items 1-7
Sarah Bartel	Business Manager/ Project Manager	Present for items 1-7
Shalmali Deshpande	Systematic Reviewer	Present for items 1-7
Victoria Freeman	Systematic Reviewer	Present for items 1 -7
Ifigeneia Mavranouzouli	Senior Health Economist	Present for items 4-7
Adefisayo Abba-Abba	Systematic Reviewer	Present for items 1-7
Emma Clegg	Information Scientist	Present for items 1-3
Victoria Axe	Commissioning Manager	Present for items 1-3

<b>Apologies:</b>	
Charlie Fairhurst	NICE Clinical Advisor
Philippa Atkinson	GC Member

### 1. Welcome and aims of the meeting

The Chair welcomed the Committee members and attendees to the 9<sup>th</sup> Guideline Committee meeting on Maternal and Child Nutrition. The Chair outlined the etiquette and housekeeping protocols expected at the meeting. The committee approved the minutes from the 8<sup>th</sup> Guideline committee meeting.

No new declarations of interests were declared during the meeting.

### 2. Agree protocol for draft review question 4.3:

Eva Gonzalez, Senior Systematic Reviewer, presented on review question 4.3: *'What are the barriers and facilitators to increasing the uptake of government advice for women and families with children up to five years in the following areas:*

- *folic acid supplements (including before pregnancy) (1.3)*
- *vitamin supplements (including Healthy Start vitamins) (1.5)*
- *healthy eating and drinking in pregnant women (2.3)*
- *appropriate and timely introduction to solids (complementary feeding) for babies from 6 to 12 months (4.1)*
- *healthy eating and drinking in children from 12 months to 5 years (4.2)'*

The committee discussed the review questions and agreed on the protocol.

### 3. Agree protocol for draft review question 3.3:

Shalmali Deshpande, Systematic Reviewer, led discussion on review question 3.3: *'What are the facilitators and barriers for parents to follow existing guidance on safe and appropriate formula feeding?'*

The committee discussed the protocol and agreed the edits made.

### 4. Evidence review 1.5

Eva Gonzalez, Senior Systematic Reviewer, presented the evidence for review 1.5: *'What interventions are effective to increase uptake of vitamin supplements (including Healthy Start vitamins) in line with government advice for pregnant women, breastfeeding women, babies and children up to 5 years?'*

Lisa Boardman, Guideline Lead, also gave a reminder of the recommendations approach for review 1.3.

The committee discussed the evidence presented and drafted recommendations

### 5. Presentation of economic studies for Evidence review 1.5:

Ifigeneia Mavranouzouli, Senior Health Economist presented the economic studies for evidence review 1.5: *'What interventions are effective to increase uptake of vitamin supplements (including Healthy Start vitamins) in line with government advice for pregnant women, breastfeeding women, babies and children up to 5 years?'*

The committee discussed the evidence and economic studies.

**6. Discussion on drafting recommendations for evidence review 1.5:**

Lisa Boardman, Guideline Lead, presented on evidence review 1.5 '*What interventions are effective to increase uptake of vitamin supplements (including Healthy Start vitamins) in line with government advice for pregnant women, breastfeeding women, babies and children up to 5 years*'

The committee heard from the topic group on this review and agreed upon recommendations to be written.

**7. Any other business**

The Chair confirmed the next meeting will be on Tuesday 24<sup>th</sup> January 2023.

The meeting finished at 16:30

**Location of next meeting:** Via Zoom