

Maternal and Child Nutrition

Meeting 14

Date: 11th July 2023

Location: Via Zoom

Minutes: FINAL

Committee members present:	
Sarah Jefferies	Present for items 1-6
Kate Maslin	Present for items 1-6
Amanda Avery	Present for items 1-6
Samantha Ross	Present for items 1-6
Ellinor Olander	Present for items 1-6
Anita Kambo	Present for items 1-6
Amber Marshall	Present for items 1-6
Victoria Sibson	Present for items 1-5
Lucilla Poston	Present for items 1-6
Catherine McParlin	Present for items 1-6
Charlotte Wright	Present for items 1-6
Karen McClean	Present for items 1-6
Shereen Fisher	Present for items 2-6

In attendance:		
Katharina Dworzynski	Guideline Lead	Present for items 1-6
Daniel Davies	Project Manager	Present for items 1-6
Shalmali Deshpande	Systematic Reviewer	Present for items 1-6
Sharangini Rajesh	Senior Technical Analyst	Present for items 1-6
Ifigeneia Mavranouzouli	Senior Health Economist	Present for items 1-6
Adefisayo Abba-Abba	Systematic Reviewer	Present for items 1-6
Victoria Axe	Commissioning Manager	Present for items 1-6
Victoria Freeman	Systematic Reviewer	Present for items 1-6
Sarah Palombella	Senior Medical Editor	Present for items 1-6

Apologies:	
Lisa Boardman	Guideline Lead
Charlie Fairhurst	Clinical Advisor
Vivien Swanson	Co-opted Member

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 14th meeting on the Maternal and Child Nutrition Guideline. The Chair welcomed the new member of the committee and made introductions.

The Chair informed the Committee that apologies had been received. These are noted above.

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Maternal and Child Nutrition.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. No interests were declared.

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The minutes were updated to include an additional declaration made during item 2 by Samantha Ross.

Following this update the Committee agreed that the minutes were a true and accurate account of the meeting.

4. Review of all draft recommendations so far for evidence reviews.

The Chair introduced Katharina Dworzynski, Guideline Lead who presented on the review of all draft recommendations so far for evidence reviews, supported by members of the technical team.

1.1 Which groups of women should be advised to take high-dose folic acid supplements before and during the first 12 weeks of pregnancy?

1.2 What is the optimum dose of folic acid supplementation before and during the first 12 weeks of pregnancy for women with a BMI \geq 25 kg/m² or more?

1.3 What interventions are effective to increase uptake of folic acid supplementation before and during the first 12 weeks of pregnancy? (*Economic priority high*)

1.4 What dose of vitamin D is appropriate during pregnancy for women medically classified as overweight or obese?

1.5 What interventions are effective to increase uptake of vitamin supplements (including Healthy Start vitamins) in line with government advice for pregnant women, breastfeeding women, babies, and children up to 5 years?

4.1 What approaches and interventions are effective to increase uptake of appropriate and timely introduction to solids (complementary feeding)?

3.4 What are the facilitators and barriers to help women returning to work and study to continue breastfeeding?

The committee discussed the drafted recommendations for the evidence review and discussed and agreed any changes to be made.

5. Review of all draft recommendations so far for evidence reviews.

The Chair introduced Katharina Dworzynski, Guideline Lead, Sharangini Rajesh, Senior Technical Analyst, and members of the technical team who presented evidence reviews:

2.1 What gestational weight gain is healthy and appropriate during pregnancy?

And

2.2: What are the most effective and cost-effective interventions for helping women to achieve healthy and appropriate weight change during pregnancy?

The committee discussed the recommendations made for the evidence reports and made changes as required. Lucilla Poston made a declaration of interest regarding one of the papers.

6. Any other business

The Chair confirmed the next meeting will be on Thursday 31st August.

The meeting finished at 16:40

Location of next meeting: In person at the NICE Offices, 2 Redman Place, Stratford, London. E20 1JQ.