

## Maternal and Child Nutrition

### Meeting 16

**Date:** 20<sup>th</sup> September 2023

**Location:** Virtually via Zoom

**Minutes:** FINAL

<b>Committee members present:</b>	
Sarah Jefferies	Present for items 1-6
Kate Maslin	Present for items 1-6
Amanda Avery	Present for items 1-6
Samantha Ross	Present for items 1-6
Ellinor Olander	Present for items 1-6
Anita Kambo	Present for items 1-6
Amber Marshall	Present for items 1-6
Lucilla Poston	Present for items 1-6
Catherine McParlin	Present for items 1-6
Charlotte Wright	Present for items 1-6
Karen McClean	Present for items 1-6
Vivien Swanson	Present for items 1-6

<b>In attendance:</b>		
Maija Kallioinen	Guideline Lead	Present for items 1-6
Daniel Davies	Project Manager	Present for items 1-6
Shalmali Deshpande	Systematic Reviewer	Present for items 1-6
Sharangini Rajesh	Senior Technical Analyst	Present for items 1-6
Ifigeneia Mavranouzouli	Health Economics Advisor	Present for items 1-6
Adefisayo Abba-Abba	Systematic Reviewer	Present for items 1-6
Victoria Axe	Commissioning Manager	Present for items 1-6
Victoria Freeman	Systematic Reviewer	Present for items 1-6
Sarah Palombella	Senior Medical Editor	Present for items 1-6

<b>Apologies:</b>	
Charlie Fairhurst	Clinical Advisor
Shereen Fisher	Co-opted Member
Jane Hirst	Co-opted Member
Victoria Sibson	Committee member

### 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 16<sup>th</sup> meeting on the Maternal and Child Nutrition Guideline.

The Chair informed the Committee that apologies had been received. These are noted above.

### 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Maternal and Child Nutrition.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Amber Marshall	Lay Member	Lay Member Representative on James Lind RCM Midwifery and Maternity Priority Setting Partnership Steering Group – 11.09.2023	Direct Financial Interest	Declare and participate

### 3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting.

The Committee agreed that the minutes were a true and accurate account of the meeting.

### 4. Morning presentations.

The Chair introduced Maija Kallioinen, Guideline Lead who provided the committee with an update on progress so far, the current state of the guideline and plans for the future.

The Chair introduced Victoria Freeman, Systematic Reviewer, Ifigeneia Mavranouzouli, Health Economics Advisor and Maija Kallioinen, Guideline Lead who presented Evidence review 2.2b: *What are the most effective and cost-effective healthy lifestyle interventions for women with gestational diabetes?*

The committee discussed the effectiveness and health economic evidence along with draft recommendations from the topic group for this review question. The committee agreed on recommendations based upon the evidence.

### 5. Afternoon presentations.

The committee continued to discuss and draft recommendations for RQ 2.2: *What are the most effective and cost-effective healthy lifestyle interventions for women with gestational diabetes?*

The Chair introduced Maija Kallioinen, Guideline Lead and Sharangini Rajesh, Senior Systematic Reviewer who presented on the prioritisation of update searches for evidence.

The Chair introduced Maija Kallioinen, Guideline Lead who led the committee on a review of the draft recommendations for RQ 2.1: *What gestational weight gain is healthy and appropriate during pregnancy?*

**6. Any other business**

The Chair confirmed the next meeting will be held on Tuesday 31<sup>st</sup> October 2023.

The meeting finished at 16:30

**Location of next meeting:** Virtually via Zoom.