

Maternal and Child Nutrition

Meeting 18

Date: 30th November 2023

Location: Virtually via Zoom

Minutes: Final

Committee members present:	
Sarah Jefferies	Present for items 1-6
Kate Maslin	Present for items 1-6
Samantha Ross	Present for items 1-6
Ellinor Olander	Present for items 1-6
Anita Kambo	Present for items 1-6
Amber Marshall	Present for items 1-6
Vivien Swanson	Present for items 1-6
Lucilla Poston	Present for items 1-6
Charlotte Wright	Present for items 1-6
Shereen Fisher	Present for items 1-6
Victoria Sibson	Present for items 1-6
Karen McClean	Present for items 1-6
Amanda Avery	Present for items 5-6

In attendance:		
Angela Bennett	Director of Guidelines	Present for items 1-4
Maija Kallioinen	Guideline Lead	Present for items 5-6
Daniel Davies	Project Manager	Present for items 1-6
Shalmali Deshpande	Systematic Reviewer	Present for items 1-6
Sharangini Rajesh	Senior Technical Analyst	Present for items 1-6
Ifigeneia Mavranouzouli	Health Economics Advisor	Present for items 1-6
Adefisayo Abba-Abba	Systematic Reviewer	Present for items 1-6
Victoria Axe	Commissioning Manager	Present for items 1-5
Victoria Freeman	Systematic Reviewer	Present for items 1-6
Sarah Palombella	Senior Medical Editor	Present for items 4-6

Apologies:	
Charlie Fairhurst	Clinical Advisor
Catherine McParlin	Committee member

Jane Hirst	Co-opted Member
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1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 18th meeting on the Maternal and Child Nutrition Guideline.

The Chair informed the Committee that apologies had been received. These are noted above.

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Maternal and Child Nutrition.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. No new declarations were made.

3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting.

The Committee agreed that the minutes were a true and accurate account of the meeting.

4. Morning presentations.

The Chair introduced Victoria Freeman, Systematic Reviewer, who presented Evidence review 2.3: *'What interventions are effective to increase uptake of healthy eating during pregnancy in line with government advice?'*

The Chair introduced Angela Bennett, Director of Guidelines, who led the committee's discussion on the evidence for this review question and drafted recommendations based on the presented evidence and early draft recommendations from the topic group.

5. Afternoon presentations.

The Chair introduced Maija Kallioinen, Guideline Lead, who led the committee on drafting recommendations for review questions 3.2: *'What do parents perceive to be facilitators and barriers for maintaining breastfeeding after 8 weeks'* based on the early draft recommendations from the topic group.

The Chair introduced Maija Kallioinen, Guideline Lead, who led the committee on reviewing and signing off draft recommendations for:

- Continuing breastfeeding after returning to work or study
- Healthy weight change during pregnancy.

Maija Kallioinen, Guideline Lead, gave a guideline project update and spoke to the committee about the next steps for the Maternal and Child nutrition guideline,

6. Any other business

The Chair confirmed the next meeting will be held on Tuesday 19th December 2023.

The meeting finished at 16:30

Location of next meeting: Virtually via Zoom.