## Maternal and Child Nutrition

Meeting 22

Date: 23<sup>rd</sup> and 25<sup>th</sup> September 2024

Location Virtually via Zoom

Minutes: Final

Day 1

GC Members	-
Sarah Jefferies (SJ)	Present for items 1-6
Kate Maslin (KM)	Present for items 1-6
Samantha Ross (SR)	Present for items 1-6
Lucilla Poston (LP)	Present for items 1-6
	Present for items 1-6
Charlotte Wright (CW) Catherine McParlin (CM)	Present for items 1-6 (out 11am-11.30am)
	Present for items 1-6
Victoria Sibson (VS)	
Karen McClean (KM)	Present for items 1-6
Anita Kambo (AK)	Present for items 1-6
Amber Marshall (AM)	Present for items 1-6
Ellinor Olander (EO)	Present for items 1-6
Vivien Swanson (VS)	Present for items 1-6
Shereen Fisher (SF)	Present for items 1-6 (out 12.30-2pm)
Amanda Avery (AA)	Present for item 5
NICE staff	F
Maija Kallioinen (MK)	Topic Lead
Shalmali Deshpande (SD)	Technical Analyst
Sharangini Rajesh (SR)	Senior Technical Analyst
Ifigeneia Mavranezouli (IM)	Health Economic Adviser
Sarah Palombella (SP)	Senior Guidance Content Designer
attended until lunch	
Adam Storrow (AS)	Business Analyst
Gareth Haman (GH) attended	Senior Guidance Content Designer
after lunch (covering for SP)	
Apologies	
Charlie Fairhurst (CF)	Clinical Advisor
Jane Hirst (JH)	Co-opted member
Katie Tuddenham (KT)	Project Manager
Clifford Middleton (CM)	Quality Consistency & Engagement Manager

#### 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the first day of the 22<sup>nd</sup> meeting on the Maternal and Child Nutrition Guideline.

The Chair informed the Committee that apologies had been received. These are noted above.

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Maternal and Child Nutrition.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. New declarations were made as noted below:

Name	Job title, organisati on	Declarations of Interest, date declared	Type of interest	Decision taken
Dr Kate Maslin	Topic Advisor	Publication of articles about weight management before/after pregnancy: https://pubmed.ncbi.nlm.nih.gov/3895 1960/ https://pubmed.ncbi.nlm.nih.gov/3887 2055/	Direct, non- financial	Declare and participate Rationale: Not specific to guideline's evidence review topics.
Dr Kate Maslin	Topic Advisor	Applicant on a grant about weight loss medication in women	Indirect	Declare and participate Rationale: Not specific to guideline's evidence review topics.
Prof. Charlott e Wright	Committee member	New publication: Dundas, R., M. Boroujerdi, S. Browne, M. Deidda, P. Bradshaw, P. Craig, E. McIntosh, A. Parkes, D. Wight, C. Wright and A. H. Leyland (2023). "Evaluation of the Healthy Start voucher scheme on maternal vitamin use and child breastfeeding: a natural experiment using data linkage." Public Health Res (Southampt) 11(11): 1- 101.	Direct, non- financial profession al and personal	Declare and participate. Rationale: Relates to guideline's topics but not specific to any evidence review question.
Dr Samant ha Ross	Committee member	Submitted poster abstract about GP views on infant feeding support provision during the early pandemic to ABM for conference in November 2023, but withdrew from conference.	Direct, non- financial profession al and personal	Declare and participate Rationale: Relates to guideline's topics but not specific to any review question. The abstract is still searchable online although the member withdrew from the conference.



Dr Victoria Sibson	Committee member	MRC-funded research on infant food insecurity, led by Swansea university. First Steps is a paid collaborator.	Indirect	Declare and participate Rationale: Potentially relates to guideline's topics but research is ongoing and have no influence on the recommendatio ns made.
Dr Victoria Sibson	Committee member	Speaker fee for First Steps for my participation in the Goodwood Health Summit, speaking about the importance of early years nutrition	Direct, financial	Declare and participate Rationale: Educational talk which is unlikely to directly impact on development of recommendatio ns.
Dr Victoria Sibson	Committee member	Funding for First Steps from the Nutritional Wellbeing Foundation	Indirect	Declare and participate Rationale: Funding from a charitable foundation to the charity that the member is a director of is not a conflict of interest.
Dr Victoria Sibson	Committee member	Funding for First Steps from Impact on Urban Health	Indirect	Declare and participate Rationale: Funding from a charitable foundation to the charity that the member is a director of is not a conflict of interest.
Dr Victoria Sibson	Committee member	Funding for First Steps from the Henry Oldfield Trust	Indirect,	Declare and participate Rationale: Funding from a charitable foundation to



				the charity that the member is a director of is not a conflict of interest.
Dr Victoria Sibson	Committee member	Advocacy work for the Baby Feeding Law Group as a part of my paid employment at First Steps	Direct, financial	Declare and participate Rationale: This is part of the member's role as the director of First Steps Nutrition Trust. This is not in conflict with the member's ability to be part of the guideline committee.
Dr Victoria Sibson	Committee member	Opinion piece including my quotes, on conflict of interest in SACN in the BMJ (by Sophie Borland) https://www.bmj.com/content/386/bmj. q1909	Direct, non- financial profession al and personal	Declare and participate Rationale: Not specific to guideline
Dr Victoria Sibson	Committee member	First Steps policy report: Drinks marketed as growing up and toddler milks and drinks	Direct, non- financial profession al and personal	Declare and participate Rationale: Related to guideline topics but benefit of expertise likely to outweigh risks. As Director of First Steps Nutrition Trust it should be expected that the committee member would contribute to and promote outputs from the organisation. As outputs are impartial and evidence based should not pose a conflict to work on the guideline.



Dr Victoria Sibson	Committee member	Editorial in Clinical and Experimental Allergy: specialised infant milks	Direct, non- financial profession al and personal	Declare and participate Rationale: Not specific to guideline.
Dr Victoria Sibson	Committee member	Editor of Maternal and Child Nutrition	Direct, non- financial profession al and personal	Declare and participate Rationale: May be specific to guideline in some areas but benefit of expertise likely to outweigh risks.
Dr Victoria	Committee member	Peer reviewer and subject matter expert for NIHR	Direct, non-	Declare and participate
Sibson			financial profession al and personal	Rationale: May be specific to guideline in some areas but benefit of expertise likely to outweigh risks.
Lucilla Poston	Committee member	Professor of Maternal and Fetal Health, King's College London	Direct, financial	Declare and participate
				Rationale: Paid employment in academia
Lucilla Poston	Committee member	Member MRC Africa Research Leadership Panel. Honorarium	Direct, financial	Declare and participate
		received.		Rationale: Not specific to the guideline
Lucilla Poston	Committee member	Chair, Scientific Advisory Board, BORNE Charity (premature birth)	Direct, non-	Declare and participate
			financial profession al and personal	Rationale: Not specific to the guideline
Lucilla Poston	Committee member	Research Grant; Co-Investigator Almond Board of California Can	Indirect	Declare and participate
		almond nut consumption improve nocturnal glycaemic control in women diagnosed with gestational diabetes mellitus?		Rationale: Potentially specific to the review question
		Grant received by the university.		on healthy lifestyle interventions for women with

				gestational diabetes but research ongoing and was not included in the evidence review. Grant received by the university, not personally.
Prof. Vivien Swanso n	Committee member	Member of the Scottish Preconception Health Research Network	Direct, non- financial profession al and personal	Declare and participate. Rationale: Being part of a research network is not in conflict of committee membership.
Prof. Vivien Swanso n	Committee member	Keynote Lecture: 'Why bother with breastfeeding behaviour'. British Psychological Society, Division of Health Psychology Annual Conference, Stirling June 2024.	Direct, non- financial profession al and personal	Declare and participate. Rationale: May be specific to guideline but benefit of expertise likely to outweigh risks.
Prof. Vivien Swanso n	Committee member	Research Grant Awarded to University of Stirling as Co-Investigator: Olfactory communication in the first weeks of life: from chemical mechanisms to improving breastfeeding outcomes. Funder Wellcome, £3.5 million.	Indirect	Declare and participate. Rationale: Not specific to guideline.

# 3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting.

The Committee agreed that the minutes were a true and accurate account of the meeting.

# 4. Morning presentations

The Chair introduced Maija Kallioinen, Topic Lead, who led the review of the guideline in light of the comments received from stakeholders at consultation. The committee discussed and agreed changes as required.

# 5. Afternoon presentations

Maija Kallioinen, Topic Lead, led the review of the guideline in light of the comments received from stakeholders at consultation. The committee discussed and agreed changes as required.

# 6. Any other business

The Chair confirmed the second day of the 22<sup>nd</sup> GC meeting will be held on Wednesday 25<sup>th</sup> September 2024.

The meeting finished at 16:30.

Location of next meeting: Virtually via Zoom

### **NICE** National Institute for Health and Care Excellence

## Maternal and Child Nutrition GC 22

#### Day 2

GC Members				
Sarah Jefferies (SJ)	Present for items 1-5			
Kate Maslin (KM)	Present for items 1-4			
Samantha Ross (SR)	Present for items 1-5 (out 1pm-2pm)			
Lucilla Poston (LP)	Present for items 1-5			
Charlotte Wright (CW)	Present for items 1-5			
Catherine McParlin (CM)	Present for items 1-5			
Victoria Sibson (VS)	Present for items 1-5			
Karen McClean (KM)	Present for items 1-5			
Anita Kambo (AK)	Present for items 1-5			
Amber Marshall (AM)	Present for items 1-5			
Ellinor Olander (EO)	Present for items 1-5			
Vivien Swanson (VS)	Present for items 1-5 (out 12.45-2pm)			
Shereen Fisher (SF)	Present for items 1-5 (out 2pm-3pm)			
Amanda Avery (AA)	Present for items 4-5			
NICE staff				
Maija Kallioinen (MK)	Topic Lead			
Katie Tuddenham (KT)	Project Manager			
Shalmali Deshpande (SD)	Technical Analyst			
Sharangini Rajesh (SR)	Senior Technical Analyst			
Ifigeneia Mavranezouli (IM)	Senior Health Economist			
Sarah Palombella (SP)	Senior Medical Editor			
Adam Storrow (AS)	NICE Resource impact			
Apologies				
Charlie Fairhurst (CF)	Clinical Advisor			
Jane Hirst (JH)	Guideline Committee			
Clifford Middleton (CM)	Quality Consistency & Engagement Manager			

#### 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the second day of the 22<sup>nd</sup> meeting on the Maternal and Child Nutrition Guideline.

The Chair informed the Committee that apologies had been received. These are noted above.

## 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Maternal and Child Nutrition.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. No new interests were declared.

#### 3. Morning presentations

The Chair introduced Maija Kallioinen, Topic Lead, who led the review of the guideline in light of the comments received from stakeholders at consultation. The committee discussed and agreed changes as required.

### 4. Afternoon presentations

The Chair introduced Sarah Palombella, Editor, who presented on the Information for the Public section of the guideline.

Maija Kallioinen, Topic Lead, led the review of the guideline in light of the comments received from stakeholders at consultation. The committee discussed and agreed changes as required.

Maija Kallioinen, Topic Lead, reminded the committee of the NICE publications policy. **5. Any other business** 

Maija Kallioinen, Topic Lead discussed next steps with the committee.

The meeting finished at 15:00.