

**Maternal and Child Nutrition**

**Meeting 4**

**Date:** 23<sup>rd</sup> June 2022

**Location:** Via Zoom

**Minutes:** FINAL

| <b>Committee members present:</b> |                       |
|-----------------------------------|-----------------------|
| Sarah Jefferies                   | Present for items 1-7 |
| Kate Maslin                       | Present for items 1-7 |
| Samantha Ross                     | Present for items 1-7 |
| Amanda Avery                      | Present for items 1-7 |
| Victoria Sibson                   | Present for items 1-7 |
| Anita Kambo                       | Present for items 1-7 |
| Ellinor Olander                   | Present for items 1-7 |
| Amber Marshall                    | Present for items 1-7 |
| Lucilla Poston                    | Present for items 1-7 |
| Phillippa Atkinson                | Present for items 1-7 |

| <b>In attendance:</b>   |                                   |                       |
|-------------------------|-----------------------------------|-----------------------|
| Lisa Boardman           | Guideline Lead                    | Present for items 1-7 |
| Eva Gonzalez-Viana      | Systematic Reviewer               | Present for items 1-7 |
| Sarah Bartel            | Business Manager/ Project Manager | Present for items 1-7 |
| Shalmali Deshpande      | Systematic Reviewer               | Present for items 1-7 |
| Adefisayo Abba-Abba     | Systematic Reviewer               | Present for items 1-7 |
| Ifigeneia Mavranouzouli | Senior Health Economist           | Present for items 1-7 |
| Emma Clegg              | Information Scientist             | Present for items 1-7 |
| Victoria Axe            | Commissioning Manager             | Present for items 1-7 |

| <b>Apologies:</b> |                       |
|-------------------|-----------------------|
| Shereen Fisher    | Co-opted Member       |
| Charlotte Wright  | Committee member      |
| Vivien Swanson    | Committee member      |
| Charlie Fairhurst | NICE Clinical Advisor |

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| <p><b>1. Welcome and aims of the meeting</b></p> <p>The Chair welcomed the Committee members and attendees to the 4<sup>th</sup> Guideline Committee meeting on Maternal and Child Nutrition. The Chair outlined the etiquette and housekeeping protocols expected at the meeting. The committee approved the minutes from the 3<sup>rd</sup> Guideline committee meeting.</p> <p>Declaration of interest were provided by Kate Maslin and Amber Marshall prior to the meeting and no new declarations of interests were declared during the meeting.</p>  |
| <p><b>2. Matters arising</b></p> <p>Lisa Boardman, Guideline Lead, led on the matter of Topic Group allocation for the guideline.</p>  |
| <p><b>3. Agree protocol for draft review question 1.1</b></p> <p>Adefisayo Abba-Abba, Systematic Reviewer, led discussion on agreeing the protocol for draft review question 1.1: <i>'Which groups of women should be advised to take high-dose folic acid supplements before and during the first 12 weeks of pregnancy?'</i></p> <p>The committee discussed the protocol and agreed the edits made.</p>  |
| <p><b>4. Agree protocol for draft review question 1.4:</b></p> <p>Shamali Deshpande, Systematic Reviewer, led discussion on agreeing the protocol for draft review question 1.4: <i>'What dose of vitamin D is appropriate during pregnancy for women with overweight or obesity?'</i></p> <p>The committee discussed the protocol and agreed the edits made.</p>  |
| <p><b>5. Agree protocol for draft review question 1.3:</b></p> <p>Eva Gonzalez-Viana, Senior Systematic Reviewer led discussion on review question 1.3: <i>'What approaches, and interventions are effective to increase uptake of folic acid before and during the first 12 weeks of pregnancy?'</i></p> <p>The committee discussed the protocol and agreed the edits made. They also discussed protocol approach for other uptake reviews:</p> <ul style="list-style-type: none"> <li>• <b>1.5</b> What approaches and interventions are effective to increase uptake of vitamin supplements (including Healthy Start vitamins) in line with government advice for pregnant women, breastfeeding women, babies and children up to 5 years?</li> <li>• <b>2.3</b> What approaches and interventions are effective to increase uptake of healthy eating advice during pregnancy in line with government advice?</li> <li>• <b>4.1</b> What approaches and interventions are effective to increase uptake of appropriate and timely introduction to solids (complementary feeding)?</li> <li>• <b>4.2</b> What approaches and interventions are effective to promote healthy eating behaviours in children up to 5 years (in line with government advice)?</li> </ul> |
| <p><b>6. Agree protocol for draft review question 2.2:</b></p> <p>Eva Gonzalez-Viana, Senior Systematic Reviewer led discussion on review question 2.2: <i>'What are the most effective, cost-effective and acceptable interventions for helping</i></p>   |

*women to achieve healthy and appropriate weight gain during pregnancy (for example, dietary interventions, regular weighing, physical activity)?'*

The committee discussed the protocol and agreed the edits made.

**7. AoB**

The Chair confirmed the next meeting will be on Monday 1<sup>st</sup> August 2022.

The meeting finished at 16:30

**Location of next meeting:** Via Zoom