

## Maternal and Child Nutrition

### Meeting 5

**Date:** 01<sup>st</sup> August 2022

**Location:** Via Zoom

**Minutes:** FINAL

<b>Committee members present:</b>	
Sarah Jefferies	Present for items 1-7
Kate Maslin	Present for items 1-7
Samantha Ross	Present for items 1-7
Charlotte Wright	Present for items 1-7
Amanda Avery	Present for items 1-7
Victoria Sibson	Present for items 1-7
Anita Kambo	Present for items 1-7
Ellinor Olander	Present for items 1-7
Shereen Fisher	Present for items 1-7
Amber Marshall	Present for items 1-7
Vivien Swanson	Present for items 1-7
Catherine McParlin	Present for items 1-7

<b>In attendance:</b>		
Lisa Boardman	Guideline Lead	Present for items 1-7
Eva Gonzalez-Viana	Systematic Reviewer	Present for items 1-7
Sarah Bartel	Business Manager/ Project Manager	Present for items 1-7
Shalmali Deshpande	Systematic Reviewer	Present for items 1-7
Adefisayo Abba-Abba	Systematic Reviewer	Present for items 1-7
Ifigeneia Mavranouzouli	Senior Health Economist	Present for items 1-7
Emma Clegg	Information Scientist	Present for items 1-7
Victoria Axe	Commissioning Manager	Present for items 1-7

<b>Apologies:</b>	
Philippa Atkinson	Committee member
Lucilla Poston	Committee member
Charlie Fairhurst	NICE Clinical Advisor

<p><b>1. Welcome and aims of the meeting</b></p> <p>The Chair welcomed the Committee members and attendees to the 5<sup>th</sup> Guideline Committee meeting on Maternal and Child Nutrition. The Chair outlined the etiquette and housekeeping protocols expected at the meeting. The committee approved the minutes from the 4<sup>th</sup> Guideline committee meeting.</p> <p>No new declarations of interests were declared during the meeting.</p>
<p><b>2. Evidence Review 1.2</b></p> <p>Shalmali Deshpande, Systematic Reviewer, presented on Evidence review 1.2: <i>'What dose of folic acid supplementation before and during the first 12 weeks of pregnancy is needed for women with a BMI <math>\geq</math> 25 kg/m<sup>2</sup> or more?'</i></p> <p>The committee discussed the evidence and drafted recommendations.</p>
<p><b>3. Agree protocol for draft review question 2.2</b></p> <p>Eva Gonzalez-Viana, Senior Systematic Reviewer, led discussion on agreeing the protocol for draft review question 2.2: <i>'What are the most effective, cost-effective and acceptable interventions for helping women to achieve healthy and appropriate weight gain during pregnancy (for example, dietary interventions, regular weighing, physical activity)?'</i></p> <p>The committee discussed the protocol and agreed the edits made.</p>
<p><b>4. Agree protocol for draft review question 1.5:</b></p> <p>Eva Gonzalez-Viana, Senior Systematic Reviewer, led discussion on agreeing the protocol for draft review question 1.5: <i>'What approaches, and interventions are effective to increase uptake of vitamin supplements (including Healthy Start vitamins) in line with government advice for pregnant women, breastfeeding women, babies and children up to 5 years?'</i></p> <p>The committee discussed the protocol and agreed the edits made.</p>
<p><b>7. Any other Business</b></p> <p>The Chair confirmed the next meeting will be on Monday 12<sup>th</sup> September 2022.</p> <p>The meeting finished at 16:30</p>

**Location of next meeting:** Via Zoom