

## Maternal and Child Nutrition

### Meeting 6

**Date:** 12<sup>th</sup> September 2022

**Location:** Via Zoom

**Minutes:** FINAL

<b>Committee members present:</b>	
Sarah Jefferies	Present for items 1-8
Kate Maslin	Present for items 1-8
Samantha Ross	Present for items 1-8
Charlotte Wright	Present for items 1-8
Amanda Avery	Present for items 1-8
Philippa Atkinson	Present for items 1-8
Victoria Sibson	Present for items 1-8
Anita Kambo	Present for items 1-8
Ellinor Olander	Present for items 1-8
Shereen Fisher	Present for items 1-8
Amber Marshall	Present for items 1-8
Vivien Swanson	Present for items 1-8
Lucilla Poston	Present for items 1-8
Catherine McParlin	Present for items 1-8

<b>In attendance:</b>		
Lisa Boardman	Guideline Lead	Present for items 1-8
Eva Gonzalez-Viana	Systematic Reviewer	Present for items 1-8
Sarah Bartel	Business Manager/ Project Manager	Present for items 1-8
Shalmali Deshpande	Systematic Reviewer	Present for items 5-8
Ifigeneia Mavranouzouli	Senior Health Economist	Present for items 1-8
Adefisayo Abba-Abba	Systematic Reviewer	Present for items 4-8
Emma Clegg	Information Scientist	Present for items 1-8
Victoria Axe	Commissioning Manager	Present for items 1-8

<b>Apologies:</b>	
Charlie Fairhurst	NICE Clinical Advisor

<p><b>1. Welcome and aims of the meeting</b></p> <p>The Chair welcomed the Committee members and attendees to the 6<sup>th</sup> Guideline Committee meeting on Maternal and Child Nutrition. The Chair outlined the etiquette and housekeeping protocols expected at the meeting. The committee approved the minutes from the 5<sup>th</sup> Guideline committee meeting.</p> <p>No new declarations of interests were declared during the meeting.</p>
<p><b>2. Update re 3.1 and 3.2 breastfeeding protocols</b></p> <p>Eva Gonzalez-Viana, Senior Systematic Reviewer gave an update on 3.1 and 3.2 breastfeeding protocols.</p>
<p><b>3. Finalise issues for review question 2.2</b></p> <p>Eva Gonzalez-Viana, Senior Systematic Reviewer, led discussion on agreeing the protocol for draft review question 2.2: <i>'What are the most effective, cost-effective and acceptable interventions for helping women to achieve healthy and appropriate weight gain during pregnancy (for example, dietary interventions, regular weighing, physical activity)?'</i></p> <p>The committee discussed the protocol and agreed the edits made.</p>
<p><b>4. Agree protocol for draft review question 2.1:</b></p> <p>Eva Gonzalez-Viana, Senior Systematic Reviewer, led discussion on agreeing the protocol for draft review question 2.1: <i>'What gestational weight change is healthy and appropriate during pregnancy?'</i></p> <p>The committee discussed the protocol and agreed the edits made.</p>
<p><b>5. Evidence review 1.4</b></p> <p>Adefisayo Abba-Abba, Systematic Reviewer, presented evidence review 1.4: <i>'What dose of vitamin D is appropriate during pregnancy for women medically classified as overweight or obese?'</i></p> <p>The committee discussed the evidence and drafted recommendations.</p>
<p><b>6. Agree protocol for draft review question 2.3:</b></p> <p>Shalmali Deshpande, Systematic Reviewer, presented on the draft review question 2.3: <i>'What interventions are effective to increase uptake of healthy eating advice during pregnancy in line with government advice?'</i></p> <p>The committee discussed the protocol and agreed the edits made.</p>
<p><b>7. Agree protocol for draft review question 4.2:</b></p> <p>Eva Gonzalez-Viana, Senior Systematic Reviewer, led discussion on agreeing the protocol for draft review question 4.2: <i>'What interventions are effective to promote healthy eating behaviours in children up to 5 years in line with government advice?'</i></p> <p>The committee discussed the protocol and agreed the edits made.</p>
<p><b>8. Any other Business</b></p>

The Chair confirmed the next meeting will be on Tuesday 18<sup>th</sup> October 2022.

The meeting finished at 16:30

**Location of next meeting:** Via Zoom