

## Osteoporosis: risk assessment, treatment and prevention of fragility fractures Committee meeting 10

**Date:** 12/06/2024

**Location:** Virtual (Zoom)

**Minutes:** Final

<b>Committee members present:</b>		
Alison Tedstone (Chair)		(Present for notes 1 – 6)
Nicola Peel (Topic adviser)		(Present for notes 1 – 6)
Alison Ahmed		(Present for notes 1 – 6)
Irene Baker		(Present for notes 1 – 6)
Sherwin Criseno		(Present for notes 1 – 6)
Elaine Dennison		(Present for notes 1 – 6)
Paul Hamilton		(Present for notes 1 – 6)
Karen Knapp		(Present for notes 1 – 6)
Kay Morgan		(Present for notes 1 – 6)
Rachel Muir		(Present for notes 1 – 6)
Nicholas Pipkin		(Present for notes 1 – 6)
Rajesh Varma		(Present for notes 1 – 6)
Karen Whitehead		(Present for notes 1 – 6)

<b>In attendance:</b>		
Annette Chalker	Technical Analyst	(Present for notes 1 – 6)
Sarah Glover	Information Specialist	(Present for notes 1 – 6)
Amber Hernaman	Project Manager	(Present for notes 1 – 6)
Clare Jones	Senior Technical Analyst	(Present for notes 1 – 6)
Kate Lovibond	Senior Health Economist	(Present for notes 1 – 6)
Maria Majeed	Technical Analyst	(Present for notes 1 – 6)
Qudsia Malik	Senior Technical Analyst	(Present for notes 1 – 6)
Lisa Miles	Technical Analyst	(Present for notes 1 – 6)
Suzie Panek	Resource Impact	(Present for notes 1 – 5)
Muksitur Rahman	Health Economist	(Present for notes 1 – 6)

Toby Sands	Technical Analyst	(Present for notes 1 – 6)
Carlos Sharpin	Guideline Lead	(Present for notes 1 – 6)
Claire Sloan	Health Economist	(Present for notes 1 – 6)

<b>Apologies:</b>	
Iain Macleod	Committee member
Nick Staples	Guideline Commissioning Manager
Stuart Ralston	Committee member
Angela Cooper	Technical Analyst
Rebecca Boucher	Editor
Bernard Higgins	Clinical Advisor

<b>1. Welcome and objectives for the meeting</b>
<p>The Chair welcomed the Committee members and attendees to the 10<sup>th</sup> Osteoporosis guideline committee. The Committee members and attendees introduced themselves.</p> <p>The Chair informed the Committee that apologies had been received. These are noted above.</p> <p>The Chair outlined the objectives of the meeting, which included.</p> <p>Evidence review;</p> <ul style="list-style-type: none"> <li>• Strategy for Monitoring</li> </ul> <p>Protocols;</p> <ul style="list-style-type: none"> <li>• Follow up (6.1)</li> <li>• Electronic lists (2.2)</li> </ul>
<b>2. Confirmation of matter under discussion, and declarations of interest</b>
<p>The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was strategy for monitoring.</p> <p>The Chair asked everyone to verbally declare any interests that had arisen since the last meeting. Declarations of interest are noted below.</p> <p><b>Add -</b></p> <ul style="list-style-type: none"> <li>1.1 NP raised her DOI of co-author on couple of papers on monitoring of biochemical markers.</li> <li>1.2 RV raised speaker for menopause and HRT and for hypercholesterolemia and benadoic acid.</li> </ul>

1.3 KM changes to job from primary care to secondary care.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Prof Karen Knapp	Diagnostic Radiographer	In contract as co-editor of a text book on Artificial Intelligence for Radiographers. Christina Malamateniou, Aarthi Ramlaul, Karen Knapp and Maryann Hardy. Primarily radiography, but may contain some information on vertebral fracture prediction. Karen Knapp is NOT author of the chapter, which could include this.	Direct financial interest	Declare and participate.
Karen Whitehead	Lay member	One of steering committee setting up a new Rare Disease Research Digital Platform – funded by NIHR & organized by CamRare Registered Charity – I am a committee member due to having Pregnancy Associated Osteoporosis (PAO) – a rare type of osteoporosis - & because of my work with the PAO UK Group & PAO research, etc. Relevant to NICE committee’s work because PAO is a rare type of premenopausal osteoporosis.	Direct financial interest	Declare and participate.
Karen Whitehead	Lay member	Co-Author in various new articles about Pregnancy Associated Osteoporosis (PAO)	Direct non-financial professional and	Declare and participate.

		for various front-line maternity healthcare professional publications, including the Practising Midwife eg. "Spotlight: How can Midwives help to Identify Pregnancy Associated Osteoporosis in pre- and post-natal women?" Relevant to NICE committee's work because PAO is a rare type of premenopausal osteoporosis.	personal interest	
Karen Whitehead	Lay member	Listed as co-author new PAO research paper presented & published: Orhadje E, Berg K, Whitehead K, Hauser B, Ralston S. The combination of height loss and back pain which severely limits normal activities are highly predictive of pregnancy associated osteoporosis. 28th May 2024, JBMR Plus Abstracts of the ECTS 2024 Congress (No. P275)	Direct non-financial professional and personal interest	Declare and participate.
Karen Whitehead	Lay member	One of the volunteer co-ordinators of the Pregnancy Associated Osteoporosis (PAO) Group, which is progressing becoming a new UK Registered Charity (& I have volunteered as one of the founding trustees), along with setting up a new PAO Website & a PAO Clinical Group, along with undertaking various new support and awareness raising	Indirect financial	Declare and participate.

		activities, including a new campaign #measurethatmum I am sometimes, but not always directly personally publicly involved, which is why this is listed as indirect interests. All my work is completely voluntary. Relevant to NICE committee's work because PAO is a rare type of premenopausal osteoporosis.		
<b>3. Minutes of last meeting</b>				
Agreed.				
<b>4. Strategy for monitoring evidence review</b>				
Annette Chalker presented the clinical evidence to the committee, Muksitir Rahman presented the health economic evidence and Carlos Sharpin made live edits to the recommendations.				
<b>5. Protocols</b>				
Clare Jones presented the follow up and electronic lists protocols and made live edits on the day.				
<b>6. AOB</b>				
None.				

**Date of next meeting:** 30/07/2024

**Location of next meeting:** Zoom