

## Type 2 Diabetes in adults (medicines update) Committee meeting 7

**Date:** 20/02/2024

**Location:** Virtual

**Minutes:** Final

**NICE** National Institute for  
Health and Care Excellence

<b>Committee members present:</b>		
Waqaar Shah (Chair)		Present for notes 1 – 8
Chirag Bakhai		Present for notes 1 – 8
Neel Basudev		Present for notes 1 – 8
Catherine Bewsey		Present for notes 1 – 8
Mimi Chen		Present for notes 1 – 8
Sithembile Thokozile Chinaire		Present for notes 1 – 8
Hussain Contractor		Present for notes 1 – 8
Dan Cuthbertson (Topic Adviser)		Present for notes 1 – 8
Hugh Gallagher		Present for notes 1 – 8
Natasha Jacques		Present for notes 1 – 8
Sharon McCarthy		Present for notes 1 – 8
Soon Song		Present for notes 1 – 8
Annette Swinkels		Present for notes 1 – 8
John Turner		Present for notes 1 – 8
Dominic Taylor		Present for notes 1 – 8

<b>In attendance:</b>		
Jackie Durkin	Administrator	Present for notes 1 – 3
Rupert Franklin	Senior Guideline Commissioning Manager	Present for notes 1 – 8
Sarah Glover	Information Specialist	Present for notes 1 – 8
James Hawkins	Senior Health Economist	Present for notes 1 – 8
Caroline Mulvihill	Technical Adviser, Guideline Lead	Present for notes 1 – 8
Sade Naku	Health Economist	Present for notes 1 – 8
Adam O'Keefe	Project Manager	Present for notes 1 – 8

Muksitur Rahman	Health Economist	Present for notes 1 – 8
Emily Terrazas-Cruz	Senior Technical Analyst	Present for notes 1 – 8
Philip Williams	Finance Analyst	Present for notes 1 – 8
George Wood	Senior Technical Analyst	Present for notes 1 – 8

**External in attendance:**

Beatrice Downing, NICE Guidelines Technical Support Unit, University of Bristol	Present for notes 1 – 8
Nicky Welton, NICE Guidelines Technical Support Unit, University of Bristol	Present for notes 1 – 8

**Apologies:**

Anne Dornhorst	Committee member
Sallianne Kavanagh	Committee member (Vice Chair)
Gosia Wamil	Committee member
Astrid Aregui	Senior Medical Editor, NICE

**1. Welcome, introductions and apologies**

The Chair welcomed the Committee members and attendees, including colleagues from the NICE Guidelines Technical Support Unit at University of Bristol to the seventh meeting on Type 2 Diabetes in adults (medicines update). The Chair informed the Committee that apologies had been received. These are noted above.

**2. Confirmation of matter under discussion, and declarations of interest**

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was initial and subsequent treatment of type 2 diabetes.

The Chair asked committee members to verbally declare any new interests, these are noted below:

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Soon Song	Committee member, Consultant Diabetologist	RCP Edinburgh Diabetes and Endocrinology Symposium – Chair of the Symposium Organising Committee and gave a talk on ‘A young person with type 2 diabetes’. No honorarium received.	Direct, non-financial professional and personal	Declare and participate  Not specific to the scope of the guideline

				update
Soon Song	Committee member, Consultant Diabetologist	Published in BMJ Open Diabetes Research and Care an invited editorial 'Young-onset type 2 diabetes and retinopathy: evidence of an adverse phenotype'.	Direct, non-financial professional and personal	Declare and participate  Not specific to the scope of the guideline update
Soon Song	Committee member, Consultant Diabetologist	Invited speaker at the East Coast Area Diabetes (ECAD) meeting in Dublin on young type 2 diabetes. No honorarium received.	Direct, non-financial professional and personal	Declare and participate  Not specific to the scope of the guideline update
Sithembile Thokozile Chinaire	Committee member, Diabetes Nurse	Presented at Diabetes Professional Care Conference on Continuous Glucose Monitoring for DEXCOM.	Direct financial	Declare and participate  Not specific to the scope of the guideline update
Sithembile Thokozile Chinaire	Committee member, Diabetes Nurse	Published book "Type 2 Diabetes Navigation Guide For Everyone African, Middle eastern and South Asian Descent"	Direct Non-financial, professional and personal	Declare and participate  Not specific to the scope of the guideline update
Dominic Taylor	Committee member, Consultant Nephrologist	Awarded grant from Kidney Research UK to investigate equity of access to SGLT2 inhibitors for patients with chronic kidney disease.  This observational study involves analysis of primary care data only. The funding does not provide cover DT's	Direct Non-financial, professional and personal (for conducting the research)  Indirect financial (as	Declare and participate  Not specific to the scope of the guideline update

		time. The grant is not sponsored by industry.	funding goes to the Trust)	
The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.				
<b>3. Minutes of previous meeting</b>				
The minutes of the previous meeting were accepted as a true and accurate record.				
<b>4. Health economics discussion</b>				
The Chair introduced Muksitur Rahman and Sade Naku, Health Economists led a discussion on the Health economic modelling approach, checked some key assumptions with the committee and invited questions.				
<b>5. Presentation of results from NMA on adverse events and continuous outcomes</b>				
The Chair welcome Beatrice Downing and Nicky Welton from NICE's Guidelines Technical Support Unit at University of Bristol, who presented the committee with results from the Network Meta-Analyses on adverse events and continuous outcomes and sought input committee into the other NMAs being developed.				
<b>6. NMA results: committee discussion</b>				
The committee discussed the evidence presented to them though decided not to draft any recommendations at this stage.				
<b>7. Health inequalities considerations</b>				
Item deferred due to time constraints.				
<b>8. AOB</b>				
Adam O'Keefe, Project Manager (AO) outlined next steps before the Chair thanked participants and closed the meeting.				

**Date of next meeting:** Guideline Committee Meeting 8: Tuesday 19<sup>th</sup> and Wednesday 20 March 2024

**Location of next meeting:** Virtual